

Selected Resources

COVID-19

Minnesota Department of Health:

<https://www.health.state.mn.us/diseases/coronavirus/basics.html>

Centers for Disease Control and Prevention

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

World Health Organization

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

University of Minnesota Center for Infectious Disease Research and Policy (CIDRAP)

<http://www.cidrap.umn.edu/>

Mental and Behavioral Health

University of Minnesota's Earl E. Bakken Center for Spirituality & Healing Information and Resources for Mental Health and Wellbeing

<https://www.csh.umn.edu/covid19>

NAMI Minnesota Mental Health Crisis Resources in Minnesota

<https://namimn.org/support/resources/crisis-resources/>

Adult Mental Health Crisis Response Phone Numbers

<https://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care/adult-mental-health/resources/crisis-contacts.jsp>

Suicide Awareness Voices of Education

<https://save.org/>

How to Talk to Kids About COVID 19

<https://www.health.harvard.edu/blog/how-to-talk-to-children-about-the-coronavirus-2020030719111>

<https://childmind.org/article/talking-to-kids-about-the-coronavirus/>

Food Insecurity

Second Harvest Heartland

<https://www.2harvest.org/who--how-we-help/services-and-programs/services/food-bank.html>

Minnesota Food Pantries

<https://www.foodpantries.org/st/minnesota>

Child Abuse and Neglect

Childhelp Hotline

<https://www.childhelp.org/childhelp-hotline/>

Minnesota Child Protection Agencies

<https://mn.gov/dhs/people-we-serve/children-and-families/services/child-protection/contact-us/>

Domestic Violence

Domestic abuse/harassment resource sheet

[http://www.mncourts.gov/Documents/2/Public/Protective Orders/PHONE_NUMBER_RESOURCE_SHEET.pdf](http://www.mncourts.gov/Documents/2/Public/Protective%20Orders/PHONE_NUMBER_RESOURCE_SHEET.pdf)

Cornerstone

<https://cornerstonemn.org/>

Financial and Housing Resources

NAMI Financial and Housing Resources

<https://namimn.org/support/resources/financial-housing-resources/>

Volunteer Opportunities

Hands On Twin Cities

<https://www.handsontwincities.org/>