

L.A. 8 – “Why Am I Here?”

Rate the Statement

Read the following statements about life. Rank them from 1 (most agree with) to 12 (least agree with). Next, answer the two questions below.

_____ Fulfill your own needs and desires, and with what is left help others.

_____ Mistakes are a regular and important part of life

_____ Whether we achieve it or not, we should always strive for perfection

_____ Life is about having fun – enjoy the ride!

_____ Get all your work done, sleep can happen later!

_____ Your last few hours on Earth should not be the only reflecting you’ve done in your life

_____ Be thankful for the hard times, they only make you stronger.

_____ It is our responsibility to take action against climate change for future generations

_____ Before getting a career you should go travel and experience the world.

_____ It is more important to be respected than liked.

_____ There is no such thing as luck, it’s seizing opportunity

_____ There is no such thing as good luck or bad luck

Reflect:

Which statement is your number 1? How can you connect to this statement? Why is it important?

Which statement is your number 12? Why would you say it’s your least favorite?

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Name that Person or Celeb!

Rosa Parks	Shaq O’Neal	Mark Rober	T-Swift
Mahatma Gandhi	Elon Musk	Morgan Wallen	Tony Ten Fingers
Donald Trump			

“There are seven days in a week, and “someday” is not the name of one” _____

“To truly be successful you must put in 80-100 hour weeks.” _____

“We can sleep when we’re dead; the night is still young!” _____

“If you too, can come to love the land as our ancestors did, all of the problems of the world will fall away like autumn leaves in the wind” _____

“If something goes disastrously wrong, I’ll flip it in my brain to make it fun. If you do that enough, life doesn’t seem so heavy” _____

“You are the only one who gets to decide what you are remembered for” _____

“The best way to find yourself is to lose yourself in the service of others” _____

“Stand for something or you will fall for everything. Today’s mighty oak is yesterday’s nut that held its ground” _____

“My whole life is about winning. I don’t lose often. I almost never lose” _____

PERSONAL RESPONSE #1

CHOOSE ONE OF THE STATEMENTS THAT YOU CONNECTED WITH TODAY. CHOOSE ONE THAT YOU CAN CONNECT TO YOUR OWN LIFE AND EXPERIENCES.

- 1) WRITE THE QUOTE NEATLY ON A SPOT ON THE BACK OF YOUR JERSEY.
- 2) COMPLETE A PERSONAL RESPONSE THAT CONNECTS TO YOUR CHOSEN QUOTE AND INCLUDES:
 - a. 6-8 SENTENCES
 - b. THE USE OF (“I”) – FIRST PERSON NARRATION
 - c. STRONG EXAMPLES FROM YOUR PERSONAL LIFE AND HOW YOU SEE THE WORLD (OUR UNIT’S THEME)
 - d. WORDS OR PHRASES SUCH AS:
 - i. “IT REMINDS ME OF”... “I CAN RELATE TO THIS QUOTE BECAUSE”... “SOMETIMES IN LIFE I”... “IT STANDS OUT TO ME BECAUSE...”

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“There are seven days in a week, and “someday” is not the name of one” SHAQUILLE O’NEAL

“To truly be successful you must put in 80-100 hour weeks.” ELON MUSK

“We can sleep when we’re dead; the night is still young!” MORGAN WALLEN

“If you too, can come to love the land as our ancestors did, all of the problems of the world will fall away like autumn leaves in the wind” TONY TEN FINGERS

“If something goes disastrously wrong, I’ll flip it in my brain to make it fun. If you do that enough, life doesn’t seem so heavy” MARK ROBER

“You are the only one who gets to decide what you are remembered for” TAYLOR SWIFT

“The best way to find yourself is to lose yourself in the service of others” MAHATMA GANDHI

“Stand for something or you will fall for everything. Today’s mighty oak is yesterday’s nut that held its ground” ROSA PARKS

“My whole life is about winning. I don’t lose often. I almost never lose” DONALD TRUMP

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To what extent does the journal reflection:

Provide a clear response that meets the length guidelines (8+ sentences)?

1 2 3 4 5

Weak Fair Great

Show an understanding and connection to the text or activity being explored in an organized fashion?

1 2 3 4 5

Weak Fair Great

Provide examples and use appropriate “reflective language” when possible?

1 2 3 4 5

Weak Fair Great

Total: /15 Comments:

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“Life is about having fun - enjoy the ride!”

Compared to all the other statements listed, this quote certainly “struck some chords” with me. What could possibly be more important than seeking out fun each and every day? As we saw in some of the texts we just viewed and read, who knows when our hourglass will run out. Life is meant to be fun and to have fun, which looks different for everyone. For me, it's all about seeking out ways to laugh and have adventure every day. Some days I have to work harder than others to find this fun and adventure. Yes, of course we are still responsible for our daily work, chores, school, relationship obligations, etc., but my goal is to turn those events and responsibilities into “the ride of a lifetime”.

This topic reminded me of all the good times with friends - the road trips, the golf rounds, hot tubbing and watching the game. It reminded me of the fun and adventure my family tries to seek out each and every day. I pictured our best camping trips and the times the kids stayed up way past bedtime playing ball tag in the house all wired off pop and Twizzlers. I believe that we should live each day like there's no tomorrow (right Tim McGraw?), so I'm going to stay true to that.