Recording and Resources for May 26 2024 Seeds of Hope "Facing the Future with Clarity, Courage and Creativity"

The program

Here's the link to the Zoom recording of our program: May 26 2024 SOH.mp4. You may need to download it before your device can play it. If you listen to the recording by yourself, we invite you to pause after the introduction to the breakout group and journal your responses to the questions.

We heard most of Michael Dowd's sermon <u>Being the Calm in the Storm (30-min) Dowd,</u> <u>2023</u>). Here are my informal notes if you want a quick review:

■ Dave's notes on Michael Dowd, Being the Calm in the Storm

Dave read a couple of paragraphs from Chapter 6, "Hope Is Complicated," in Brian McLaren's new book, *Life After Doom: Wisdom and Courage for a World Falling Apart.* You can read the whole chapter here:

https://dianabutlerbass.substack.com/p/life-after-doom?utm_campaign=post&utm medium=email&triedRedirect=true

Here's the song we played before the break:

■ Love Song to the Earth - Paul McCartney, Sean Paul, Natasha Bedingfield, & ...

We watched a portion of Lynne Twist's interview from Day 7 of Wisdom for Life's "The Heart of Nature Summit"

https://drive.google.com/file/d/19sstFf0Rb37eTN6ExW2QSPGft-SCOrgGyou/view?usp=sharing.

We watched a portion of Marianne Williamson's interview from Day 7 of Wisdom for Life's "The Heart of Nature Summit" Marianne Williamson — Heart of Nature 24.mkv

Our closing song was <u>The Way Knows the Way (English with Spanish Intro) (Enhanced</u>
Audio) - Lyndsey Scott

Related inspiring videos

We had to cut this talk out due to time constraints, but we highly recommend it—especially minutes 13:11 to 19:15 <u>Is There a Solution for Climate Change? Bayo Akomolafe</u>

Indigenous leader Pat McCabe:

- Paradigm as Choice in the Great Turning: a Work That Reconnects Network ...
- CACOR: The Big Picture: Beyond Hope and Fear Michael Dowd This presentation to the Canadian Association for the Club of Rome (CACOR) is an excellent

Post-doom introduction Michael felt very good about. "Don't take anything for granted; celebrate it all! Live life fully, love the life you live, and be the biggest blessing to others for as long as you can. This is how to experience joy independent of the circumstances – even in the face of the end of the world as we know it and possible near term human extinction."

We Are the Great Turning Podcast: As Joanna Macy approaches the end of a long life dedicated to healing our imperiled planet, she and her student and friend Jessica Serrante look into the face of The Great Unraveling, draw on The Work that Reconnects, and explore ways to live into The Great Turning.

"Holding the Fire: Indigenous Voices on the Great Unraveling"--Dahr Jamail speaks with Dilafruz Khonikboyeva about how people can live through collapse while maintaining their core identities and values. Dilafruz also reminds us how Indigenous people have always had a symbiotic relationship with Earth, living as one with and being in love with Earth. Listen on Apple Podcasts:

https://podcasts.apple.com/us/podcast/holding-the-fire-indigenous-voices-on-the-great-unraveling/id1710638300?i=1000639059392

Vision of a life-affirming world: The Human Predicament | Samantha Sweetwater

Writings to deepen and expand

A visionary booklet: Life Code | Samantha Sweetwater

"Life Code is an offering from another world - a world where an advanced civilization of Creator, Preserver, Destroyer beings, like us humans, has successfully navigated technological adolescence without breaking life. They and their planet flourish as they co-evolve Life's Song. They come to us with an invitation to remember what we already know in our bones: this potential world lives in us. It wants to be born through our humanness."

From a conversation with Jude Currivan at the Unity Summit (recording no longer available):

"With expanded awareness and accurate assumptions, we choose our attitudes, consciously direct our attention, align with our highest inner promptings, take committed action, and allow our loving universe to manifest beyond our wildest dreams."

"Love is the primordial energy of the universe that created and sustains everything seen and unseen."

"Everything is happening for our benefit—not happening to us but for us."

"Trust the loving universe." "Ask, 'What would love do, then do it."

Basic requirements for living generatively in uncertain times:

1. Sustain a trusting connection with our Source/Life Force

- 2. Exercise our freedom and power to respond to any situation with the best that's in us.
- 3. Devote ourselves to serve the highest good of the Whole.
- 4. Cultivate awareness of our interconnectedness with the earth, the web of life, each other, and the Universe that holds us all
- ~David Inglis

"We're born to a dangerous time. Consider it an affliction or consider it an assignment." ~Steven Jenkinson