## Note: Green text is Jackson,.....

**Guest Introductions:** 

Name: Jesse Lopez

**Job Title:** 

**Company:** 

**Years in Profession:** 

Details, awards, anything else you want us to

mention:

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#### **Guest Introductions:**

Name: Mike Overman

Job Title: Head Athletic Trainer

**Company:** Magnolia High School

Years in Profession: 15

Details, awards, anything else you want us to

mention:

Show Intro: What's up y'all and Welcome to the Sports Medicine Broadcast, #198 - When the pain is real"

Topic: This week our guests are...

Introductions: I am your host \_Jeremy Jackson\_\_, and with me today is \_Cooper,josh,juanita, ivette,nick,tiana\_\_\_

join our conversation:
sportsmedicinebroadcast.com
#TheSMB
link to this episode:
sportsmedicinebroadcast.com/ATInjuries

## Listener feedback:

Israel Montano (winner of a sportshealth.com/smb giftcard) writes:

Loved the presention <u>Dr. Pham</u> gave. I now feel better prepared to handle eye injuries after a fellow sister school had one athlete with a complete eye avulsion during baseball practice last year.

# **Topics:**

nick- Mike Overman can you tell us your athletic trainer story briefly

tiana- Jesse Lopez can you tell us yours briefly

cooper - Mike tell us about your injury how did it happen, how did you evaluate, who called for help- he didn't sit down in the golf cart, he lost his balance and his right foot fell in the concrete and it Pop. They called 911 and had surgery the next day.

tiana - Jesse please tell us your injury story- He started running to the field to check the girl and he lunge to the ground and he felt like a pop. He felt that it was tight and after he went to check with doctor. He torn his ACL. He had surgery after 2 months.

Jackson's Story depending on time

Let's talk about the rehab process

Mike: First week it was a terrible pain and going to the physical therapy clinic.

Jesse:He was getting excited to start and getting his quads pumps and other exercises.

### Jackson:

tiana-What are some things you have learned from the whole experiences?

nick-have you made any changes to your emergency action plan because of this?

chrissy cope - trucked during pregame wasn't watching the field

McFarlin - checking a kid for concussion and gets hit in head with a punt causing a concussion

Episode #200 - plans are to have a 4 hour BLAB featuring about 8 - 30 minute segments featuring various ATs. March 2nd 9 - 1 CST Links will be posted here

**Contact Mike:** 

**Contact Jesse:** 

**Partner:** 

School Health - sportshealth.com/smb

February: SPATS

# Shout out to some specific people who support us

- GHATS for sponsoring C.E.U. opportunities.
- VATARGV.org I will be broadcasting and interviewing at SPATS this Summer

#### **Contact US:**

via our website:

sportsmedicinebroadcast.com/<u>ATInjuries</u>
Watch live almost every Wednesday on our website
and join in the conversation by following the links

Follow us on twitter: @PHSSportsMed

For Jeremy, th	hat's	a	wrap
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tweets: