

## Links To Helpful Information

[Video for Parents](#)

[Caregiver Guide on Grief](#)

[Activities for Children](#)

[Toolkits- National Alliance For Children's Grief](#)

[Helping Children Cope](#)

## Children's Books On Loss/Grief

The Invisible String by Patrice Karst

The Thing About Jellyfish by Ali Benjamin

The Memory Box: A Book About Grief by Joanna Rowland

Can You Still See Me? A Story of Grief and Hope Through the Eyes of a Child by Megan Bryzelak

When Someone Dies: A Children's Mindful How-To Guide on Grief and Loss by Andrea Dorn

What Does Grief Feel Like? By Korie Leigh

Grief is Like a Snowflake By Julia Cook

## Urgent Mental Health Resources

**CHL North County Youth Mobile Crisis: 978 840 9340: Triage Line: 800 977 5555**

- Help with mental health emergencies and mental health referrals

**Behavioral Health Help Line: 833 773 2445;**

- information about Community Behavioral Health Centers and new mental health urgent care options

## **Local Counseling Agencies**

### **RFK-Perkins Behavioral Health**

(978) 368-6442

### **Child Care Resources – North Central**

#### **Seven Hills Foundation**

Kim Dion, Program Director

kdion@sevenhills.org

1480 John Fitch Highway, Fitchburg, MA 01420

978 343 7395

### **Community Health Link**

100 Erdman Way, Leominster, MA 01453

Phone: 978-466-8376

### **LUKinc([www.LUK.org](http://www.LUK.org))**

(508) 762-3000

### **South Bay Community Services**

(508) 791-4976

### **You, Inc. Family resource center**

508-796-1411

Parent coaching and outpatient counseling services

Jeff's Place (located in Framingham)- an agency that solely deals with Grief and Loss

<https://www.jeffsplace.org/>