

## **Sex Over Dinner**

One facilitator, each person speaks to each prompt. Manage tangents, steer back to speaker, limit cross talk—have fun!

### **To begin the evening, prompt no. 1:**

Take turns speaking to the following prompt:

My view of sexuality as a teenager was...because....

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### **For sometime in the middle of the meal, prompt no. 2**

My most healing or transformative experience with sexuality has been...

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### **And to bring the evening toward closure, prompt no. 3:**

If I could live into a sexual/relational experience I have not yet had but yearn for, it would be...

Inspired by Michael Hebb's work at [www.deathoverdinner.org](http://www.deathoverdinner.org)