

Create a Family Media Plan

Adapted from Common Sense Media

Please use this planner to have a family conversation about your technology expectations. Check off the expectations you agree to, and feel free to add your own family rules. Use this plan as a place to have conversations and to adjust expectations as your students get older.

List the devices you have access to:

List the services you agree are OK in your family (streaming, online tools, etc.):

Family Expectations

Here are some ways that we can ensure we are safe with technology:

- ☐ Ask for permission before trying a new app or website.
- ☐ Keep private information safe. Don't share passwords or key personal information without family permission.
- ☐ If you feel uncomfortable or unsafe with things you encounter online, talk to your family.
- ☐
- ☐
- ☐
- ☐

When online we will be healthy in the following ways:

- ☐ Prioritize the people that are with us in person over those that are online.
- ☐ Never intentionally tease, embarrass, or bully when communicating online.
- ☐ Maintain balance with technology in our lives.
- ☐
- ☐
- ☐
- ☐