

## PKMN Trainer Cynthia

Aster. Female Gabite. Level 42. Brave. Capable of taking hits.  
Type: Dragon/Ground.

Ability: Sand Veil. Boosts the pokemon's evasion in a sandstorm.  
Moves Known: Dig, Sandstorm, Dragon Claw, Slash.  
Met at Celestic Town.

Coronet. Female Milotic. Level 37. Adamant. Likes to thrash about.  
Type: Water.

Ability: Marvel Scale. Ups defense when suffering.  
Moves Known: Aqua Tail, Hydro Pump, Recover, Surf.  
Met at Mt. Coronet.

Rosaceae. Female Roselia. Level 40. Impish. Somewhat vain.  
Type: Grass/Poison.

Ability: Natural Cure. All status problems are healed upon switching out.  
Moves Known: Petal Dance, Leech Seed, Ingrain, Toxic.  
Met at Eterna Forest.

Rascal. Male Lucario. Level 41. Adamant. Often dozes off.  
Type: Fighting/Steel.

Ability: Steadfast. Raises speed after flinching.  
Moves Known: Aura Sphere, Copycat, Quick Attack, Foresight.  
Apparently met at Jubilife City.

Eros. Male Togekiss. Level 34. Hardy. Alert to sounds.  
Type: Normal/Flying.

Ability: Hustle. Increases attack but reduces accuracy.  
Moves Known: Wish, Ancient Power, Metronome, Aerial Ace  
Apparently hatched at Floaroma Town.

Banshee. Female Spiritomb. Level 37. Naughty. Mischievous.  
Type: Ghost/Dark.

Ability: Pressure. Opponent runs out of moves faster.  
Moves Known: Sucker Punch, Hypnosis, Ominous Wind, Confuse Ray.  
Met at Route 209.

## PKMN Trainer Cyrus

Polaris. Female Weavile. Level 42. Calm. Hates to lose.

Type: Dark/Ice.

Ability: Pressure. Opponent runs out of moves faster.

Moves Known: Quick Attack, Avalanche, Feint Attack, Metal Claw.

Met at Sunyshore City.

Sirius. Genderless Rotom. Level 38. Hardy. Very finicky.

Type: Ghost/Electric.

Ability: Levitate. Immune to ground-type moves.

Moves Known: Ominous Wind, Shock Wave, Substitute, Thunder Wave.

Met at Old Chateau.

Vega. Female Crobat. Level 39. Quiet. Often scatters things.

Type: Poison/Flying.

Ability: Inner Focus. Prevents flinching.

Moves Known: Air Cutter, Bite, Mean Look, Poison Fang.

Met at Mt. Coronet.

Altair. Male Gyarados. Level 38. Lonely. A little quick-tempered.

Type: Water/Flying.

Ability: Intimidate. Lowers the foe's attack.

Moves Known: Ice Fang, Aqua Tail, Bite, Twister.

Met at Route 205.

Mintaka. Male Honchkrow. Level 40. Sassy. Thoroughly cunning.

Type: Dark/Flying.

Ability: Insomnia. Can't fall asleep.

Moves Known: Feint Attack, Fly, Night Shade, Taunt.

Met at Lost Tower.

Antares. Male Houndoom. Level 39. Bashful. Loves to eat.

Type: Dark/Fire.

Ability: Flash Fire. Fire-type moves increase fire-type damage.

Moves Known: Feint Attack, Beat Up, Roar, Fire Fang.

Met at Route 214.

## Traveling Medic Cheryl

Hope. Female Chansey. Level 20. Gentle. Strong willed.

Type: Normal.

Ability: Natural Cure. All status problems are healed upon switching out.

Moves Known: Soft-Boiled, Double-Slap, Refresh, Sweet Kiss.

Met at Floaroma Town.

Tomyris. Female Vespiquen. Level 33. Sassy. Proud of its power.

Type: Bug/Flying.

Ability: Pressure. Opponent runs out of moves faster.

Moves Known: Heal Order, Slash, Bug Bite, Defend Order.

Met at Route 218.

Myth. Female Umbreon. Level 36. Docile. Often lost in thought.

Type: Dark.

Ability: Synchronize. Passes on status problems.

Moves Known: Bite, Quick Attack, Feint Attack, Helping Hand.

Met at Route 212.

Boo. Male Dusknair. Level 37. Naive. Nods off a lot.

Type: Ghost.

Ability: Pressure. Opponent runs out of moves faster.

Moves Known: Confuse Ray, Shadow Punch, Pursuit, Curse.

Met at Lost Tower.

Charybdis. Female Gastrodon. Level 34. Hasty. Alert to sounds.

Type: Water/Ground.

Ability: Sticky Hold. Prevents item theft.

Moves Known: Mud Bomb, Body Slam, Hidden Power, Water Pulse.

Apparently met at Route 205.

Alpine. Male Abomasnow. Level 36. Bold. Loves to eat.

Type: Grass/Ice.

Ability: Snow Warning. Summons a hailstorm.

Moves Known: Wood Hammer, Ingrain, Ice Shard, Mist.

Met at Route 217.

## Aura Guardian Riley

Anubis. Male Lucario. Level 37. Serious. Good endurance.

Type: Fighting/Steel.

Ability: Steadfast. Raises speed after flinching.

Moves Known: Me First, Aura Sphere, Bone Rush, Endure.

Apparently met at Jubilife City.

Gaia. Female Rhyhorn. Level 25. Rash. Somewhat of a clown.

Type: Ground/Rock.

Ability: Lightning Rod. All electric-type moves will target this pokemon.

Moves Known: Horn Attack, Rock Blast, Stomp, Fury Attack.

Met at Iron Island.

Cassandra. Female Absol. Level 33. Bold. Quick to flee.

Type: Dark.

Ability: Super Luck. More likely to land critical hits.

Moves Known: Swords Dance, Quick Attack, Double Team, Pursuit.

Met at Oreburgh Depths.

Thor. Male Meditite. Level 29. Jolly. Likes to fight.

Type: Fighting/Psychic.

Ability: Pure Power. Boosts attack.

Moves Known: Calm Mind, Hidden Power, Confusion, Force Palm.

Met at Mt. Coronet.

Atlantis. Female Gyarados. Level 25. Rash. A little quick tempered.

Type: Water/Flying.

Ability: Intimidate. Lowers the foe's attack.

Moves Known: Thrash, Bite, Dragon Rage, Leer.

Met at Mt. Coronet.

Khione. Female Piloswine. Level 33. Modest. Nods off a lot.

Type: Ice/Ground.

Ability: Oblivious. Immune to infatuation or taunts.

Moves Known: Icy Wind, Mud Bomb, Take Down, Fury Attack.

Met at Acuity Lakefront.