RHYTHM - INSTRUCTIONS

- Remind students what notes and rests are
- Quick review of note and rest types/lengths (flashcards)
- Explain to students that music is made when you put sounds and silences (notes and rests) into different patterns, or rhythms
- Starting with rhythm sheet 1, have the kids start trying the rhythms with your assistance
 - Use the images to direct the kids to each rhythm
- Tell kids each rhythm will be 3 measures long & remind them, for us each measure has 4 beats
 - So each rhythm will be 12 beats long
- For each note, tell the kids to clap or hum
- For each rest, tell the kids to say "shh"
- You will need to count out the 1 2 3 4 counts -- the kids can join you in the counting
- Demonstrate each rhythm before asking them to do it with you

Rhythm 1	O											
	1	2	3	4	1	2	3	4	1	2	3	4
Rhythm 2	0						0					
	1	2	3	4	1	2	3	4	1	2	3	4
Rhythm 3					O						0	
	1	2	3	4	1	2	3	4	1	2	3	4
Rhythm 4					0		0					
	1	2	3	4	1	2	3	4	1	2	3	4

Rhythm 1			
	1 2 3 + 4	1 2 3 4	1 2 3 + 4
Rhythm 2		0	
	1 2 3 4	1 2 3 4	1 2 3 4 +
Rhythm 3			
	1 2 3 4 +	1 2 3 + 4	1 2 3 4
Rhythm 4			
	1 2 3 4	1 + 2 + 3 4	1 2 3 4

Rhythm 1	O				0			L _				
	1	2	3	4	1	2	3	4	1	2	3	4
Rhythm 2	0		*				0					
	1	2	3	4	1	2	3	4	1	2	3	4
Rhythm 3						_				*		
	1	2	3	4	1	2	3	4	1	2	3	4
Rhythm 4		*		*							L	
	1	2	3	4	1	2	3	4	1	2	3	4

Rhythm 1]]] 7]
	1 2 3 + 4	1 2 3 4	1 2 3 + 4
Rhythm 2			
	1 2 3 4	1 2 3 4	1 2 3 4 +
Rhythm 3	1 3 1 7		
	1 2 3 4 +	1 2 3 + 4	1 2 3 4
Rhythm 4		17 1 1	
	1 2 3 4	1 + 2 3 4	1 2 3 4