WEEK 2 - 28 Days To A Client

THE MASTER WAR MODE DAY PLAN + REPORT

V / X	U+I Of Task	Task List For The Day - Fill In ALL 20!
1. 🗸	Q1 ·	WORKOUT
2. 🗸	Q1 ·	SEND OUTREACH FOR 1 PROSPECT
3. 🔽	Q1 ·	SEND ANOTHER OUTREACH
4. 🗸	Q1 ·	RESEARCH PROSPECT P&D
5. 🗸	Q1 ·	RESEARCH ANOTHER PROSPECT P&D
6. 🔽	Q2 ·	MPU CALL
7. 🔽	Q2 ·	HAVE 4 COFFEES
8. 🔽	Q1 ·	MORNING ROUTINE
9. 🗙	Q2 ·	DO 50 PUSHUPS
10. X	Q2 ·	READ PLANNER
11. 🗸	Q3 ·	GO FOR WALKS
12. X	Ø3 ·	REVIEW CAPTAIN LESSONS
13. 🔽	Q1 ·	READ JUMMA
14. 🔽	Q3 ·	EAT
15. 🔽	Q3 ·	DO CHORES
16. 🔽	Q1 ·	RESEARCH TARGET MARKET FOR 1 PROSPECT
17. 🗸	Q1 ·	RESEARCH ANOTHER TARGET MARKET
18. 🔽	Q2 ·	REVIEW PREVIOUS TECHNIQUES
19. X	Q1 ·	PSYCHE MYSELF UP WHEN FEELING ENTROPY
20. 🗙	Q1 ·	STAY IN THE ARENA

	TODAY NUMBER + DATE + TIME
Day Number:	12
Date:	24th
Start Time:	8AM

	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	THE OPPORTUNITY TO ACHIEVE FREEDOM
2.	COMPETITION
3.	Research target market.

1.	Send 1 complete outreach
2.	50 pushups and 25 squats
3.	Head to jumma



[Plan+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
A Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not. Then Why?



What Do I Plan To Accomplish This Morning?	
Make the full fv, research the prospect and target avatar.	
⊚What Is The Main Goal For This Morning?⊚	
Get up and ACtivate the cylinders in my mind and build unbreakable power in my mine ready for the day	
IT IS DAY OF INNOVATION	

🔑 How Will I Start My Morning With Power? 🔑

I will get up and drop down and do 10. And go on a 10 min walk

(Delete Any Boxes Below
That Are Before The Time
That You Start Your Day +
After The End OF Your
Day In Your Own Copy)

8 am: Task \$	GET UP
Intention 🔔	GEt up and drop down and give me 10
	head down and use the bathroom Then get ready and set out for a 10 min walk
Reflection /	Completed
9 am: Task \$	WORKOUT
Intention 🔔	HEAD TO THE GYM AND ENTER PAIN TO ACHIEVE ACCESS.
Reflection /	Shit workout today, i need to wake up earlier so i have more time to workout.
10 am: Task \$	Prospect P&D for about 30 mins. THEN START TO RESEARCH
Intention 🔔	COmpare her to the main goals of my avatar Then see if there is an alignment in my life coach avatar.
Reflection /	Will make a draft here.
	Mapped out what fv im going to make
11 am: Task \$	Make the draft

Intention 🔔	10 push UPS Open up all the techniques i have broken down Make the overall objective. Find ways to complete that objective.
Reflection /	Making it
12 am: Task \$	Now refine that then take a shower at 12:20 then head out at 12:50
Intention 🔔	do 10 push ups. review all tactics and desires targeted by the main competitor. List just the tactics and think of new ways to approach them.
Reflection /	Reined for 10 mins then hopped in shower and left.

©END-OF-THE-MORNING REPORT

What Did I Learn This Morning?

I learnt how great the creativity lesson andrew posted

Also i need to wake up at 7 so i have more time to work out

XWhat Problem's Did I Face This Morning?X

I couldnt get the gym as early as i would have liked due to family members also i need more time to workout

	Phow Will I Solve These Problems For This Afternoon?
I will wake up	at 7
	MY AFTERNOON WAR PLAN
	■ What Do I Plan To Accomplish This Afternoon? ■
Make 2 outres Send IT	ch messages
	⊚What Is The Main Goal For This Afternoon?⊚
E COURAGOU PUSHUPS AND	LLL TASKS TO THE END OF THE DAY WITHOUT FEAR. S AND STAY IN THE ARENA SITUPS ARE GREAT SURE BUT STAYING IN THE ARENA IS WHERE REAL
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Reflection /	Read jumma and wasted about 10 mins of time	
2 pm: Task \$	Refine then make outreach	
Intention 🔔	DONT BE AFRAID !O pushups and psyche myself up read my planner. REVIEW NOTES and tactics for 5 mins Start it	
Reflection /		
3 pm: Task \$	Refine and watch MPU	
Intention 🔔	Refine it as if I was breaking down competitors	
Reflection /	Refining outreach currently	
4 rome Togle ©		
4 pm: Task \$	FUEL UP THIS IS WHERE THE REAL TEST BEGINS.	
Intention 🔔	BEGIN THE NEXT SIEGE.	
Reflection /		
	T	
5 pm: Task \$	Map out funnel	
Intention 🔔	Map out funnel pick the best possible fv and make the draft	

Reflection /	Mapped out funnels and stuff ready to make draft however will prepare making food now	
6 pm: Task \$	Prepare food and break the fast	
Intention 🔔		
Reflection /	done	
	•	
7 pm: Task \$	Finish eating then head up to,	
	Make the draft	
Intention 🔔	HAVE A COFFEE	
	GIVE ME 10 FUCKING PUSHUPS review all tactics and desires targeted by the main competitor.	
	List just the tactics and think of new ways to approach them.	
	AT WAR THERE IS NO REST ONLY THE WEAK DIE FIRST	
	NO SACRIFICE NO VICTORY DONT JUST READ IT FEEL IT	
Reflection /	completed	
	T	
8 pm: Task \$	MORE MORE MORE. MAKE THE BEST FUCKING COPY	
Intention 🔔	GIVE ME 10 FUCKING PUSHUPS	
	review all tactics and desires targeted by the main competitor. List just the tactics and think of new ways to approach them.	
	miss just the tactics and think of new ways to approach them.	

Reflection /	Sent Kaitlyn David email now beginning draft.
9 pm: Task \$	NOW THE REAL FUCKING WAR.
	MAKE THE MESSAGE
Intention 🔔	DONT BE A COWARD GO TO SLEEP LIKE YOU HAVE ACHIEVED
Reflection /	Made the draft Heading to fucking bed after making outreach.
10 pm: Task \$	REFINE IT GO GO GO!
Intention 🔔	WOULD I PARTNER WITH SOMEONE LIKE ME BE DIFFERENT THAN EVERYONE ELSE
Reflection /	Made the probe outreach and im sleepin im wiped for some reason.
11 pm: Task \$	REFINE IT AGAIN THEN HEAD TO BED
II piii. Iasa y	
	I HOPE YOU MADE IT THIS FAR AND DIDNT CRUMBLE LIKE A COWARD IF YOU DID BROADCAST IT TO EVERYONE IN THE ROSTER.
Intention 🔔	WOULD I PARTNER WITH SOMEONE LIKE ME BE DIFFERENT THAN EVERYONE ELSE
	THEN SLEEP
Reflection /	
<i></i> ,	



⊗What Did I Learn Today?
I learnt some new techniques from the swipe breakdown and that i need to wake up earlier to get more done.
\times What Problems Did I Face In The Day? \times
I got lethargic and felt tired towards the end of the day to where my brain is hurting
How Will I Solve These Problems Tomorrow?
It must be due to low water intake as i am now fasting. i will drink 21 of water to stay hydrated
What Do I Plan To Do Differently Tomorrow? NEW
I will not be cooking tomorrow so i will have loads of time
Also i will be sending the elisa and dani outreaches tommorow
What Do I Plan To Do The Same Tomorrow?
I will be sending 2 outreaches

Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?
Elisa Danny
∛What Tasks Were Left Undone?
Pushups planner and managing myself so i can best perform and stay in the arena