

CONSTITUTION OF THE LUMBERTON HIGH SCHOOL CHEERLEADERS/MASCOTS/MANAGERS/BLEU CREW

ARTICLE I – Name

The name of this organization shall be the Lumberton High School Cheerleaders.

ARTICLE II – Purpose

The purpose of the Cheerleaders shall be to **lead the crowd**, cheer during football, basketball, volleyball, soccer, baseball, softball, and other LHS events throughout the year; to help promote interest, enthusiasm, and participation in high school activities; to promote school spirit; and to develop character, leadership, cheerleader skills, and individual responsibility while maintaining high moral standards as representatives of Lumberton High School and the Lumberton community.

ARTICLE III – Membership

Section A– Members

All female or male students of LHS shall be eligible for membership on the Cheerleading Squad upon completion of the established requirements for entrance. However, any cheerleader or mascot who has resigned from or who has been removed from his or her squad during any school year may receive a deduction in their overall tryout score at the first tryout following their resignation or removal. The deduction will be determined at the discretion of the sponsor/coach and/or the Principal and will reasonably be based upon the conduct and/or circumstances resulting in the resignation or removal of the cheerleader or mascot from the squad. **Cheerleading will take precedence over all other extra-curricular activities and employment.**

Section B– Expectations for Entrance

1. Be a Lumberton High School student.
2. Once selected, have and maintain an average of 70 in every subject at the end of each eligibility-grading period.
3. Have a pleasing personality, spirit of cooperation, and the ability to get along with teachers and other students.
4. Have and keep a reputation of high moral character.
5. Have and maintain a single marital status.
6. Attend EACH full day of summer camp.
7. Be in cheer class for the full school year.
8. Remain in cheer class for the full class period every day and be available for after school practices if called.
9. Seniors must be willing to participate in the training program (tryout clinic) for the following year.

10. Have and maintain a passing physical on file with the trainer by the first day of clinic for tryouts (updated annually as required).

A cheerleader's activities must NEVER reflect adversely on the squad or the school, or it may result in the loss of membership as a cheerleader.

Section C– Tryout Qualifications

1. Must be enrolled at Lumberton ISD.
2. An application, permission form, letter of agreement, and deduction acknowledgment must be completed and signed by parents and the student.
3. A copy of the Constitution will be distributed and must be read and signed by parents and students.
4. In order for a student to become a member of the cheerleading squad, they must be physically and emotionally capable of practicing, cheering, stunting, tumbling, and jumping extensively.
5. Students MUST have a doctor's release for recent injuries or illness before being allowed to participate. Students must have a passing physical on file by the first day of the tryout clinic.
6. The student must be able to give freely of their time for any cheerleader activity throughout the year including before, during, or after school and in the summer when scheduled. Students must not hold jobs that will interfere with cheerleader activities and must plan for after school practices until 5PM every day.
7. The student and parents must be fully aware of the expenses of the cheerleading squad. They must be willing to meet all financial obligations. Money that is paid is not refundable. They must be prepared to pay for the uniform and camp deposit immediately following tryouts.
8. Parents must be willing to assist the student in obeying all the rules and regulations of the school and the organization at all times.
9. The student must be willing to participate fully in all fundraising activities for the individual, or the whole group, and the parents must be willing for the student to participate. Participation in fundraising is to lower costs to parents for certain events.
10. Students must be willing to participate in the training program (tryout clinic) prior to trying out in front of judges. Any absence must be a medical emergency with a doctor's note or must be approved by the sponsor.
11. Students must be in compliance with school policy. If a student was dropped or dismissed from another club or activity for immoral actions or failure to abide by the student code of conduct, the student may not be able to try out for cheerleader.
12. Disciplinary actions (referrals, ISS, detention, DAEP placement, excessive unexcused absences, etc.) may result in penalty deductions being assessed to the tryout score.

Section D– Selection Process

1. All students will be taught a band dance and an individual cheer. They will also be expected to do jumps, a tumbling pass, and standing tumbling.
2. Each student may be selected by outside judges, school discipline, and attendance

records.

3. Returning cheerleaders are required to try out.

4. The judges' scores will count 100%.

5. The Varsity squad will consist of the top qualified junior, and senior level students.

The Junior Varsity squad will consist of the top qualified freshman and sophomore level students.

Student scores may depend on the following:

- a. Motion Technique and Sharpness
- b. Jump Technique
- c. Tumbling Skill
- d. Voice Projection
- e. Facial Expression & Smile
- f. Spirit
- g. Rhythm & Tempo
- h. Grades and Conduct
- i. Attendance

Section E- Transfer Students

A student transferring from another school to Lumberton High School may not try out for cheerleader until the designated tryout time.

ARTICLE IV- Parental Permission

Section A

Parents must give their child permission to participate in all activities of the organization before a student is officially accepted as a member. Permission forms are attached. Activities include but are not limited to:

1. In or out of town athletic games.
2. In or out of town competitions, contests, etc.
3. Meetings, poster parties, locker decorating, etc.
4. Practices before and after school and summer practices.
5. Summer Camp
6. Parade
7. Special clinics during the year.
8. Community service projects
9. Selling programs at games.

Section B

The parents must be willing to purchase all parts of necessary uniforms, camp clothes, competition expenses, wind suits, competition uniforms, summer camp fees, and provide money for other costs involved in being a member.

ARTICLE V- HEAD CHEERLEADERS

Section A- Selection of Head Cheerleaders

The selection process will **begin after tryouts**, and requirements to run for Head Cheerleader will be outlined. The Head Cheerleader must be a returning member on their squad. Head Cheerleaders may be evaluated by teachers, squad, and the sponsor/coaches. Points accumulated from tryouts, notebooks, outside judges, and the squad may be used in making the selection. Head Cheerleaders will also be chosen on their past participation as a cheerleader, leadership skills, and performance abilities. They may be asked to choreograph and/or perform, demonstrate, teach skills, and communication skills with others.

Additional requirements may include, but are not limited to, demerits, merits, academic average, interview, attendance, notebook of yearly plans, and fundraising participation.

Section B- Duties of Head Cheerleaders

Head Cheerleaders shall follow all rules and enforce the Constitution including:

- a. Consult with sponsor/coach on any topic of importance or business.
- b. Be privileged to call meetings with consent of the sponsor/coach.
- c. Obey all cheerleading rules and regulations.
- d. Monitor everyone's progress and learning of cheers and dances, and catch up with anyone who has missed practice.
- e. Notify all members of practices, games, attire, hairstyle, etc.
- f. Ensure all members are aware of what is expected of them, and see that their obligations to the team are being fulfilled.
- g. Preside over the squad in absence of sponsor/coach.
- h. Conduct practice when so directed.
- i. Teach cheers and dances.
- j. Lead cheerleaders in stretching at the beginning of practices and performances.
- k. In charge of signs and run-throughs every week.

Section C- Vacancy/Exceptions

In case of a vacancy, the next highest qualified person determined by the sponsor and coach may be chosen to fill the job of Head Cheerleader. It is not required for the position to be filled.

The Sponsor/Coach shall have the prerogative to set the number of Head Cheerleaders. They shall have the right to increase or decrease the number at any time.

Section D- Removal from position

A Head Cheerleader will automatically lose leadership position if placed on probation for any reason.

A Head Cheerleader who is deemed not eligible due to grades or any UIL or district rules will be removed from the position immediately.

ARTICLE VI – Managers

Section A – Selection Process

The Coach/sponsor will determine if managers will be selected.

1. Manager applicants may complete a questionnaire and possibly an interview with a sponsor/coach.
2. Confidential teacher evaluations will be completed and signed by each candidate's teachers.
3. Sponsor/Coach will choose the managers aided by teacher evaluation forms and interviews.

Section B – Duties

1. Assist Sponsor/Coach and Head Cheerleaders in any duties, errands, or requests.
2. Attend all practices and performances.
3. In charge of accessories and other assigned duties.
4. Assist sponsor/coach in checking roll.
5. In charge of getting out and putting away music (sound system, extension cords, etc.).
6. In charge of taking and returning run-through, posters, and supplies for games.
7. Responsible for the upkeep of the cheer room and storage room.
8. Buy and wear uniforms agreed upon with the sponsor/coach.
9. Participate in all fundraisers.
10. Managers will follow all rules & regulations in the Constitution.
11. Managers may be dismissed at any time by discretion of sponsor/coach for not fulfilling responsibilities.

ARTICLE VII– Mascots

Section A - Selection Process

1. The tryout process will include a skit or song/dance performance in costume. Mascots must also demonstrate interaction with the crowd and possible emotions asked to be demonstrated by the judges. (laughter, sadness, cheering crowd on, etc.)
2. Confidential teacher evaluations may be completed and signed by each candidate's teachers.
3. Mascot candidates must be current enrolled LISD students-incoming 9th, 10th, or 11th graders.

Section B - Duties

1. Mascots will follow the rules and regulations and the Constitution as the other team members.
2. Mascots must attend summer camp and learn cheers.
3. Attend all assigned practices & performances required by the coach.

4. Participate in fund-raisers.
5. Purchase practice clothes and uniform requirements and wear assigned days.
6. The mascot **must work with the cheerleaders** and **always be an asset to the team and motivator to the crowd!**

ARTICLE VIII – Responsibilities of Cheerleaders/Mascot/Managers/Blue Crew

Section A – Character/Individual Responsibilities

Members of the Cheerleading Squad are expected to have, and continue to display, the following characteristics. Members who choose not to display these characteristics will be subject to demerits, probation, or dismissal at the discretion of the sponsor/coach or principal.

1. Members should exhibit good taste in appearance and follow school dress code.
2. Members should display exemplary social behavior at all times; including their presences on social media platforms.
3. Members should attend places and activities, which are of reputable character.
4. Members should avoid talking about other cheerleaders or negatively about the school.
5. Members should have high moral standards.
6. Members must be honest with each other and in school.
7. Members must willingly display school spirit and support LHS.
8. Members must show good sportsmanship and deter negative reactions from others.
9. Members must have a good general attitude.
10. Members must not smoke.
11. Members must not drink, use drugs, or participate in or attend any activity that would be degrading to the cheerleaders or LHS.

ARTICLE IX – Attendance

Section A

Attendance is required for all performances and meetings. This includes all games, practices, clinics, competitions, camps, selling programs, fundraisers, parades, decorating lockers, hanging signs, or any other activity assigned by the sponsors/coaches. No activities will be scheduled without prior approval by the sponsor/coach.

Absolutely no practices will be held without a sponsor/coach present.

Section B

Members are required to contact the sponsor/coach or Head Cheerleader before being absent from a performance or practice. Failure to do so may result in an unexcused absence and demerits, regardless of the reason for the absence.

Cheerleaders will be allowed 5 parent notes to cover absences from practice PER

SEMESTER; after 5 parent notes, doctor's excuses will be required or the absence will automatically be considered unexcused. They must notify the sponsor/coach prior to missing practice, or it may constitute an unexcused absence.

If you are absent from school, the sponsor/coach must be notified. The cheerleader should call the school, 409-923-7830 and leave a message for the sponsor/coach, or contact the coach directly. Preference is communicating through the district approved application (currently StudentSquare).

Section C

Members must be present at all practices and performances unless excused by the sponsors/coaches. Other extracurricular activities or jobs shall not interfere with cheerleading.

Members must always be present at school on the day before and the day of performance, or they may not perform that day.

Section D

When a member is absent, it is their duty to find out what they missed, and be prepared the following day. Failure to be prepared may result in demerits. It would be beneficial to call more than one person about the next day's requirements. Cheerleaders may receive probation at the discretion of the sponsor/coach.

Section E – Excuses

1. Any absence from cheerleading activities is unexcused (except for certain events listed below):

- a. Personal illness or accident (requires a note from doctor).
 - i. Cheerleaders will be allowed 5 parent notes to excuse absences to practices per semester; after that doctors notes will be required.
- b. Funeral or death in the family.
- c. Special circumstances with permission of sponsor/coach.

2. Written excuses from doctors must be turned in on the day a member returns following an absence. If the excuse is not received, the absence will be unexcused. If the absence from a practice is unexcused, the student will receive six (6) demerits. One unexcused absence from a practice will result in automatic probation (suspension from all cheer activities for a period no greater than two weeks during football or basketball season. If it occurs when there are no performances, the sponsor/coach will determine the penalty. Cheerleaders will still dress out and sit with the sponsor/coach unless unable to participate due to failing grades).

3. Unexcused absence from a performance is 6 demerits and will result in automatic probation.

4. Members who hold jobs are expected to arrange work schedules around cheerleading activities. They should notify their employer that they are a cheerleader, and must be a responsible team player to this dedication. Working is not an excused absence from scheduled events or practices. Members must make sure the employer is aware of this

rule. Playoff games will not give employers much notice, but members are required to participate.

5. The number of excused absences will be left to the discretion of the sponsors/coaches and principal.

6. If unable to perform in a practice or performance, a doctor's note will be necessary. If a cheerleader is injured, they must have a written note from the doctor to return to cheer activities.

7. All cheerleaders are expected to cheer at all designated games (this may include volleyball, football, basketball, soccer, baseball, etc.).

Section F – Performance Requirements

All members are required to attend games in uniform whether they perform or not. They will still be representing the team and LHS. Students must sit near the sponsor/coach unless unable to participate due to failing grades. Ineligible members may practice but may not attend games in uniform.

Members must ride to and return from games or competitions in the provided transportation. Sponsor/Coach may permit the member to travel to or from an event other than on the provided transportation. This may be done on an individual basis due to special circumstances. Members must be signed out by their parents or provide documentation allowing the coach/sponsor to release responsibility to another parent.

Section G – Cheerleading Class

Cheerleaders are expected to attend cheer class daily. Missing class keeps the squad from participating as a team. **Members should NOT make appointments during cheer class. This could result in not being allowed to perform that week or losing their spot in the competition routine.**

If class/practices are missed, extra conditioning may be assigned the following day after practice with the coach. Assigned conditioning must be made up before the member will be allowed to participate in performances.

Bring Daily: Assigned practice clothes & appropriate cheerleader shoes every day with a ponytail holder. **Cheerleader Bags are to be used for cheerleading only, NOT as a school backpack.**

ARTICLE X – Uniforms

Section A – Regulations for Uniforms

1. Uniforms are purchased by the cheerleader and are the sole responsibility of the cheerleader.

2. Uniforms are to be clean, in good condition, and fit properly before each performance or the members will be subject to not perform and receive demerits.

3. No part of the uniform or camp clothes will be worn except when instructed by the sponsors/coaches.
4. No jewelry at any time during practice or performing (including belly rings).
5. Corsages may not be attached to uniforms.
6. Sponsors/Coaches will decide on hairstyle for each performance.
7. Appropriate undergarments **MUST** be worn with uniform, or students could be forced to forfeit performance.

Section B – Cheer Class Uniforms

1. Cheerleaders must dress out completely every day.
2. Members must wear assigned practice shirts, shorts, socks, and cheerleading shoes everyday to class. Hair must be in a ponytail unless too short. Short hair must be pulled back out of the face.
3. Cheer practice wear should not be worn except for practice or as an assigned uniform.

ARTICLE XI – Grades

Section A- Eligibility

Cheerleaders/Mascots/Managers are expected to **maintain a 70 average in all classes** at each eligibility and 9 week grading period.

ARTICLE XII – Probation & Dismissal

Section A – Probation and Dismissal

Accumulation of 6 demerits will result in probation; accumulation of 12 demerits will result in dismissal. Some demerits cannot be worked off (at sponsor/coach discretion).

Section B – Conditions of Probation

1. When a member is placed on probation, the sponsor/coach will contact them.
2. If their behavior does not improve within the time specified by the sponsor/coach, the member will be dismissed from the squad.
3. Any head cheerleader placed on probation will automatically relinquish their office and rejoin the other members unless the sponsor/coach deems this detrimental to the team. The position may be filled at the sponsor/coach's discretion.
4. A member who is placed on probation will be penalized by not performing at performances set by sponsor/coach. The member will still dress out and sit with the sponsor/coach. If the probation occurs during a time when no performances occur, the sponsor/coach will determine the penalty.

Section C- Automatic Probation

Any cheerleader caught with, or on camera with, the following will result in automatic

probation and/or possible removal from squad depending of the severity of evidence:

Drinking
Vaping
Smoking

Section D – Conditions of Dismissal

1. Automatic dismissal includes suspension from school or being assigned to DAEP.
2. When a member is dismissed, a letter will be sent home to the parents explaining the situation.
3. Members who are dismissed or resign will have a schedule change immediately.

ARTICLE XIII – Demerits/Merits

Section A- Description

Demerits are the means by which the sponsor/coach determines which members are not upholding their obligations to the team. Demerits affect their participation on the squad. Some demerits cannot be worked off at sponsor/coach discretion.

Section B- Examples of Demerits

Demerits that can be worked off:

Gum during practice or performances.	1
Tardiness to any team activity.	1
Jewelry during practice or performances.	1
Wearing uniform or practice clothes or shoes except when assigned.	1
Not using the “buddy system.”	1
Leaving room or bus disorderly and/or not putting equipment or supplies away properly.	1
Talking while the Head Cheerleader or sponsor/coach are giving instructions.	2
Not wearing assigned practice clothes.	1
Failure to meet deadlines.	1
Tumbling or building without sponsor/coach present.	2

Demerits that cannot be worked off:

Cell phone usage during practice or game.	1
Cell phone or technology device taken during school hours.	1

Failing to respect and cooperate with the Head Cheerleader and other members.	2
Not cheering during performances.	2
Not wearing appropriate or assigned uniforms.	2
Not wearing the appropriate or assigned hairstyle and ribbon.	2
Hickies – Cannot perform.	2
Before/After School Detention (per hour) (Detention Log will be checked at the end of each 9 week period.)	1
Saturday School/Friday School	3
Refusal to perform a skill that was performed at tryouts	1
Unladylike behavior, attracting undesirable attention, or behaving in an undignified manner. (Cursing, arguing, etc.)	3
Physical contact (hand holding, hugging, kissing, etc.) with non-team members during performances or in uniform.	3
Referral (Checked at the end of each 9 week period)	3
OSS/ISS = 3 demerits per day	3
Failure to respect and cooperate with the sponsor/coach. (Lying, talking back, disrespect, etc.)	3
Leaving practice or performance without permission.	3
Unexcused missed practice. Students cannot perform that week, but must dress out and sit with a sponsor/coach.	6
Unexcused missed performance.	6
Assigned to AEP or suspended from school.	12

Section C – Examples of Merits

Merits can be earned when assigned or approved by sponsor/coach. Examples include: running, posters, flyers, extra work, service projects (pre-approved by sponsor/coach), etc.

ARTICLE XIV – Competition

The competition squad will be determined by sponsor/coach.

The sponsor/coach has the right to remove a cheerleader from the competition squad if they miss practice for any reason, has a poor attitude, influences the team in a negative way, doesn't learn assigned parts, or if non-participation from certain members will benefit the squad as a whole.

The sponsor/coach may choose to combine the Junior Varsity and Varsity squads for competition and take the top scores from tryouts, or hold competition tryouts and interviews to determine that squad.

ARTICLE XV – Letter Jackets

Any student who participates on the Varsity squad during football season will be eligible for a letter jacket in the fall. Students who compete with Varsity during competition season will become eligible in the Spring. Letter jackets will be awarded at the coaches discretion.

ARTICLE XVI – Booster Club

The Cheerleader Booster Club will serve as a booster club and support group for the cheerleaders and sponsor/coach.

Booster club officers will be selected annually. Booster club officers and members may be dissolved at the sponsor/coach's discretion, should they deem it necessary. This support group is to aid the team and the sponsor/coach and follow their directions and those directions from the principals. Its purpose is to benefit the whole cheerleading team and not specific individuals.

Booster club members are expected to display appropriate behavior at all times when attending any/all cheerleading events. Consumption of alcoholic beverages/illicit drugs is strictly prohibited when attending a school/cheerleading event. Booster club members exhibiting inappropriate behavior will be dismissed from the event and may be dismissed from the CBC.

The Booster Club does not determine cheerleader policies or procedures.

Parents and members of the Cheer Booster Club should not interfere with CBC or Coach/Sponsor approved vendors.

The sponsor/coach will work in conjunction with the Booster Club in all decision-making, including distribution of funds. Any checks written by the Cheerleader Booster Club must be first discussed/approved with the sponsor/coach.

All dates for fundraisers or activities must be confirmed with the LHS calendar and approved by being sent to the Athletic Director, then approved at the district level prior to being official.

All fundraisers will be used to benefit the group as a whole. Monies collected may only be distributed to individuals for LHS cheerleading purposes. Examples include: camp, competitions, uniform, supplies, etc.

All monies earned in the name of LHS Cheerleaders through the CBC belong to the booster club. Individual accounts are for bookkeeping purposes only. Decisions to spend the money will be made in conjunction with sponsor/coach and will be used in good faith to represent Lumberton High School Cheerleaders.

All monies, regardless of terminology for bookkeeping purposes, remain in depository of the boosters during membership and separation from membership for any reason. If a cheerleader/manager/mascot is removed from or leaves the class/group, the money in their individual account will stay in the CBC main account. Individual account money is to be used for cheerleading purposes only and will not be distributed to individuals upon their exit from the organization. Individual money will be distributed for individual cheerleaders only. No parent expenses may be taken from individual accounts.

Sponsor / Coach will decide if individual accounts will be used.

ARTICLE XVII – Veto Clause

Since the sponsor/coach is accountable to the principal and the parents for the welfare of this organization, it is expressly understood that all student powers herein set forth are delegated by the sponsor/coach and may be revoked at any time.

ARTICLE XVII – Interpretations

The interpretation of the Constitution is the sole right of the sponsor/coach and the principals. They have the right to add or change at any time those things they feel must be changed for the benefit of the organization. This Constitution is meant to be a basic operating instrument and is not intended to cover every operating policy for the year.

LETTER OF AGREEMENT

Name of Student Trying Out:_____

Grade of Student in 2026-2027: _____

I will be trying out for (check all that apply for you):

- ☐ **Varsity Squad (incoming juniors and seniors)**
- ☐ **Junior Varsity Squad (incoming freshman and sophomores)**
- ☐ **I want to be considered for the competition team. (Article XIV)**

I understand I can obtain a copy of the 2026-2027 Constitution on the LHS Cheerleader website. I have received and read, and I understand all the LHS Cheerleader/Mascot team rules and requirements as stated in the Constitution. I understand that the Constitution will become effective immediately once results from tryouts have been posted. I am willing for my son/daughter to accept this responsibility and fully understand the consequences if he/she does not. As a parent/guardian, I will do my best to help my child meet these requirements and abide by all the rules and discuss them and the consequences with my child. I understand that a violation of any of these rules may lead to a temporary or permanent suspension from the squad. I understand qualified judges will judge my child, and I will agree to abide by those decisions.

PARENT SIGNATURE

DATE

STUDENT SIGNATURE

DATE

CHEERLEADER/MASCOT DRUG/ALCOHOL CONTRACT

As a school leader, I realize that smoking, drinking, drugs, and immoral conduct are reasons for my immediate probation and possible expulsion from the team. I agree not to smoke, vape, drink, use drugs, or participate in immoral conduct. I have read the Constitution and agree to follow all rules set forth by the sponsors/coaches and principals of LHS. I understand that this form is due **Friday, March 6, 2026 at 3:35 PM** in order to participate in tryouts. I further understand that a new passing physical is due no later than **March 9, 2026 prior to the start of the clinic.**

STUDENT SIGNATURE

DATE

See back page

As a parent/guardian, I understand that by the very nature of the activity, cheerleading carries a risk of physical injury. No matter how careful the participants and sponsor/coaches are, or what landing surface is used, the risk cannot be eliminated. The risk of injury includes minor injuries,

such as muscle pulls, dislocations, and broken bones. The risk of injury also includes catastrophic injuries such as permanent paralysis or even death from landing or falls on the back, neck or head. I understand these risks and will not hold Lumberton High School or any of its personnel responsible in the case of accident or injury.

PARENT SIGNATURE

DATE

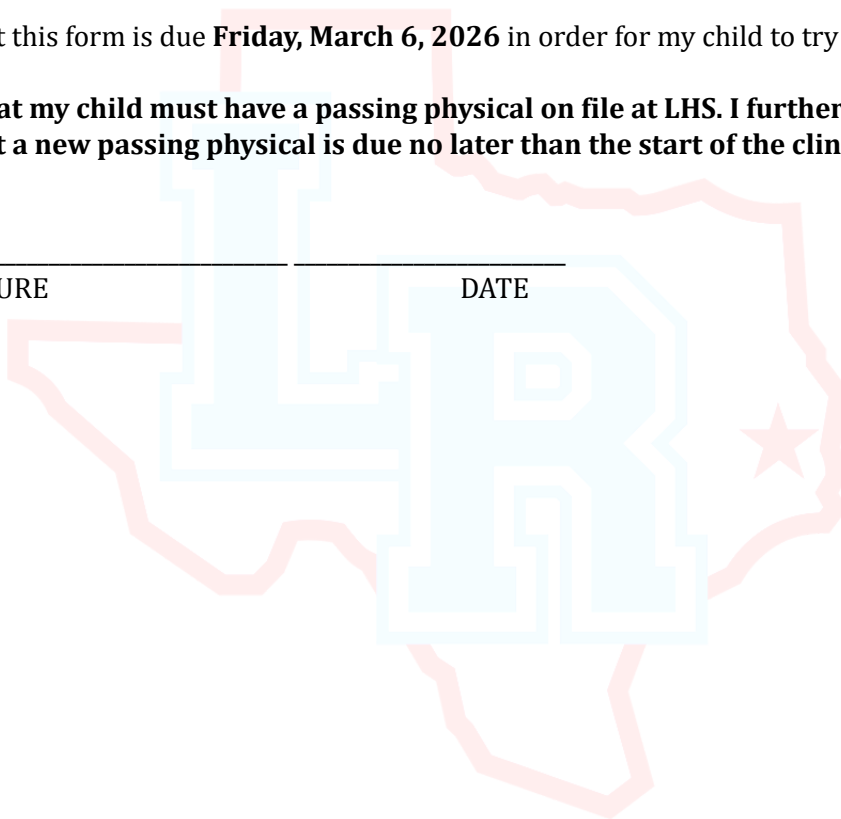
I also understand all costs involved as stated in The Constitution. If my child is selected as a cheerleader/mascot, the camp fee of at least \$482 due on Monday, March 23, 2026 and the apparel charges (up to \$800+) will be required to be PAID IN FULL by Friday, March 27, 2026.

All fees are non-refundable.

I understand that this form is due **Friday, March 6, 2026** in order for my child to try out.

I understand that my child must have a passing physical on file at LHS. I further understand that a new passing physical is due no later than the start of the clinic, Monday, March 9, 2026.

PARENT SIGNATURE

DATE

Point Deductions for 2026-2027 School Year

Points Deducted	Reason for Deductions
1	Detention (1 point per day)
3	OSS/ISS (3 points per day)
3	Office Referral
5	Documentation from law enforcement for an illegal activity or charge.
25	Positive Drug Test
25	10 or more unexcused absences
25	Suspension from School
50	Removal from the cheer team from the date of tryout results to make the team until the 1st tryout following removal.
10	Resignation from the cheer team prior to the 1st day of school.
25	Resignation from the cheer team from the 1st day of school until the 1st tryout following resignation.
0	Resignation from the cheer team for illness, injury, moving from the district or other reasons approved by the coach/principal.
50	DAEP/AEP

Above are the possible deductions for the 2026-2027 school year. If any of the above actions apply to you, a deduction will be taken off your total score. Judges will not be aware of your deductions at any point. By signing this, you are stating that you are aware of the above deductions. You will be provided with documentation of your deductions by Tuesday, March 10, 2026. While these are provided on March 10th, deductions will be updated up to the date of tryouts.

Parent Signature

Date

Candidate Signature

Date

Calendar will be LIVE and available using this link!

Screenshots may be inaccurate!
All changes will reflect in the live link.
To access easily on your mobile device download the Google Sheets app.

 2026-2027 LHS Calendar

<https://docs.google.com/spreadsheets/d/1eyr-iodtM4Y3t-6v995OL74qvI3gEyDIgl4yFsTFWfk/edit?usp=sharing>

LHS Cheer Website can be accessed using this link:

<https://lhs.lumbertonisd.org/clubs-orgs/cheer>



All Rank One forms and a current physical have to be on file to participate in the tryout clinic.

<https://lumbertonisd.rankone.com/New/NewInstructionsPage.aspx>

