



Welcome to the WARRIOR Experience! This ticket is for ANYONE and provides access to any or all of the following workouts!

Thursday, June 5th

7:30 pm Summit Sun Salutations at Sunset - Spencer's Butte Hike with Mary

-Bring towel or portable yoga mat and water

Friday, June 6th

4:30 pm - 5:45 pm "Sweat with the Stars" - workout 75 with Master Trainers & Team

-bring a mat, sweat towel, and water bottle

-please wait outside the Wilder room until our session is over and we usher you in

Saturday, June 7th

10:15 am - 11:30 am "Leather and Lace" workout 75 with Ellen & Diva

-bring a mat, sweat towel, and water bottle

-please wait outside the Wilder room until our session is over and we usher you in

3:15 pm - 4:00 pm "Get Loopy" workout 45 with Ellen & Chris

-bring a mat, sweat towel, and water bottle

-please wait outside the Wilder room until our session is over and we usher you in