NATIONAL YOUTH SPORTS-SAN ANTONIO
RULES- BASKETBALL 8-9 YEAR OLDS

Applies to both practices and games. NYS modifies rules each season as needed.

Objective	**24-Hour Rule: ****NEW****** Parents, guardians,spectators and players must wait at least 24 hours after a game or practice before addressing concerns with a coach or team. This policy is in place to promote thoughtful communication and reduce emotionally charged discussions. All concerns should be expressed in a respectful and constructive manner. The focus is on helping players develop their skills. Our goal is to improve the skill level of players and prepare them for the next level. We ask all coaches, parents, and officials to be positive and encourage players at all times.
Safety	• If a child is not feeling well, they should not participate in any practices or games. • Each child is responsible for his/her own drink. • No jewelry at practice or game.
Sportsmanship	We ask all coaches, parents and officials to encourage sportsmanship and fair play at all times. Any unsportsmanlike conduct, bad behavior-foul language, disrespect of officials, players, or other coaches - may lead to ejection and/or suspension from the league. Any coach, parent or player ejected will be suspended from participating at their next scheduled game. Continued unsportsmanlike conduct may lead to indefinite suspension from the league. NO NOISE MAKERS ALLOWED
Uniforms	Players wear NYS provided jerseys or approved jerseys and must be tucked in to participate in games. Proper gym shoes must be worn. No jewelry Soft headbands and wristbands allowed.
Player Information	10 players on team roster (any more or less must be approved by NYS) Each player must be registered with NYS roster sheet to play (roster checks during game). Players must be listed (name and jersey #) on the official scoresheet before the game starts. Game is played 5 on 5, and can play 4 on 4 if not enough players are available. Teams with 3 or less players for the game is considered a forfeit. Each player will play approximately half of every game. Each child must play an equal amount in every game, strict adherence will be recorded on scoresheets.

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	Coach may adjust players' playing time based on the circumstances of each player. Players must attend practice.
Game Specs	The size of the playing area is full court, depending on facilities, the game may be cross court. The basket rim height is approximately 10 feet. **COED** - Basketball size is 28.5 inches or compact size. **GIRLS** Basketball size 27.50 inches or compact size. Free throw line is 15 ft. from the basket.
Game Time	Quarters- 4, eight minute quarters with running clock (except timeouts and last 2 minutes of 4th qtr.) Time between quarters - 1 minute Timeouts- 2, thirty second timeouts per team per half Half-time- 3 minutes Teams should start returning to the court when the official blows the whistle and announces ready for play, a second whistle may result in the clock starting.
Game Play	Home team is listed first on schedule and sits to the left of the score table facing the court. Jump ball starts each game. Ball possession alternates each quarter or jump ball. Player substitutions, with referee's acknowledgment, may occur between quarters, timeouts, or injury. Offense has 10 seconds to bring the ball across half court. Five second lane violations called. Rough play may result in a technical foul (two free throws and possession of ball) Shooting fouls result in free throws- missed = 2 free throws; made = 1 free throw Players foul out on the 5th foul. On the 7th team foul in one half of play, then one and one free throws awarded. Tiebreaker - First overtime 3 minutes running clock, 1 timeout per team - Second overtime Sudden-Death(first team to score a point wins) - 3 minutes, running clock, no time outs. If no one scores by the end of Sudden-death, the game ends in a tie (unless in tournament)
Defense	Defense is man to man or zone; double teaming allowed. Pressing allowed, unless the winning team is up by 20 points or more. Stealing is allowed but fouls will be counted resulting in free throws. No slapping or reaching in for the ball.

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Scorekeepers	Volunteers keeping score at the table must be adults (18 and over). Scorekeepers are not allowed to coach players from the score table. The home team is responsible for running the game clock. The visiting team is responsible for completing the scoresheet. Scorekeepers are responsible for having coaches sign off on the scoresheet after the game. Game time will be kept by officials or scoreboard clock will be used to manage the game time.
Coaching	Head coach and 1 assistant allowed at the player bench. Head coach must enter players' names and jersey number on the scoresheet and sign off on the score after the game. Coaches have authority to sit a player if acting unsportsmanlike or continuously misses practices without an excuse. Must notify the referee and note on the scorecard.
Officiating	One or two officials on the court- they may instruct players on the court. Officials will allow players to play and will call the game based on skill level. **Rough play or unsportsmanlike conduct by players- taunting or trash talking- may result in technical fouls and two free throw attempts and possession of the ball.** Officials may provide advice to players and/or coaches. Officials may encourage, congratulate, or compliment players and coaches. After the game, players/coaches thank each other for a good game.
Tournament	Tournament play available for this group depending on the season. Brackets determined by seeding (wins/losses and head-to-head competition). Points scored on or against will not be considered in seeding.
Parents	Parents must obey the Parent Code of Conduct. Parents not following code of conduct will be asked to leave the game. No Exceptions. Parent Code of Conduct While we encourage parents to get involved, during games we ask all parents to allow the coaches to coach and officials to officiate. Please limit your coaching from the sidelines.. NO NOISE MAKERS ALLOWED **Parental/Guardian Presence:** It is mandatory for a parent or guardian to be present at all practices and games to ensure the

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	safety and well-being of the athlete. This allows for immediate parental involvement in case of injury or other concerns. Parents are not allowed to approach refs.