

TAKEAWAYS FROM TIME TO SPILL PODCAST EPISODE - FEATURING KEN COLEMAN - "WHERE'S MY PATH?"

Career Clarity

BRILLIANT advice from Ken!! You can get further information from his Career Clarity download [here](#)

Mentors

1. When looking for a mentor, look no further than the relationships you already have - parents, grandparents, aunts, uncles, coaches & teachers - they can all help guide you towards finding a mentor; someone they know.
2. You want a mentor who can give you both knowledge & wisdom. Come up with some questions for a mentor that are both knowledge-based & wisdom-based. Knowledge would be more of a fact - like what are some good programming applications they can recommend. And then Wisdom would be more opinion - like what are some roadblocks I can expect when becoming a programmer? Make sense??
3. To be a good mentee, you must be humble, hungry & prepared so that you don't waste a mentor's time. Successful people want to help. If you have a spirit of humility & hunger & you're prepared, a mentor will feel very much rewarded by just directing & guiding you because they can tell you care & they can tell that you want to do something with what they give you.

Ken's Advice For Teens

1. Learn the value of patience. Learn the skill of patience.
2. "Waiting On Purpose" - Waiting is a skill because some of the poorest decisions human beings make in any area of life are a result of not being able to strategically wait. People give up too soon & their opportunity was right around the corner & they just couldn't wait.
3. Waiting is strategic. It's not sitting around just waiting for somebody to come give you a great opportunity. That's laziness, that's fear based, doubt based. The skill of waiting is I know what I'm supposed to do & I'm getting up every day, and I'm chopping wood. And I'm doing what I'm supposed to do. But while I'm doing it, I am disciplined in the waiting. I know that I have to persist in order to get that desired result.