Student Reference Handout 2025-26

This handout is put together through the crowdsourcing effort of the Graduate Engineering Student Council (GESC).



Disclaimer: This document is provided for reference and educational purposes. GESC is not responsible for the accuracy and reliability of the information.

For feedback and questions, please contact **Skye Taylor**, 2024-24 AY Chair of GESC at **skyesolace@virginia.edu**.

This document was first created by Harsh Anand (PhD Systems Engineering, 2021-2024) as part of the International Student Citizen Leader Fellowship Program.

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1. Graduate Engineering Student Council

Council Position	Name	Contact
Graduate Engineering Student Council Board Contacts (Graduate Students)		
Chair	Skye Taylor (SIE)	skyesolace@virginia.edu
Vice-Chair	Andie Daniels (MAE)	ad6qv@virginia.edu
Secretary	Emily Baum (CHE)	byx3au@virginia.edu
Treasurer	Megan Marcellin (SIE)	mcm5ft@virginia.edu
Academic Chairs	Sanha Kim (CHE) Gabriella Wynn (MAE)	msk4u@virginia.edu hjn5hk@virginia.edu
Community Chairs	Jessica Arora (SIE) Imoen Stack ()	nkk7hy@virginia.edu smw4sj@virginia.edu
Social Chair	Sophia Bakar (CEE)	sab9fn@virginia.edu
Constitution Chair	Collyn Clark (SIE)	vjk2zh@virginia.edu
Outreach/Advocacy	Benjamin Goffin (SIE) Ekim Koca (SIE)	bdg3ux@virginia.edu zvr4wy@virginia.edu
International Student Liaison	Isaac Boateng () Joseph Maliakkal ()	hhe9pj@virginia.edu yep3vb@virginia.edu
Representatives to Graduate Studies Committee	Reagan Portelance (BME) Andrew Lloyd Davis (MAE) Keri-Anne Lue (MAE)	rlp5fh@virginia.edu gtv6bk@virginia.edu pav3jj@virginia.edu
Faculty and Staff Contacts		
Faculty Contact	Amy Clobes Jim Smith	amc5hu@virginia.edu jas9e@virginia.edu
Social Media and Communication		
	Instagram	@uvagesc
Social Media Accounts	Twitter	<u>@uvagesc</u>
	Facebook	UVa Graduate Engineering Student Council (GESC)

GESC Resources:

- 2024 SEAS grads slack channel (moderated by GESC):
 - https://join.slack.com/t/uvagesc/shared_invite/zt-2jo80wdch-TpgUNqrf~3wUqUtO ZilqsQ

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^{*}For sponsorship/promotion on this page, please contact our Chair (Skye) and Vice-Chair (Andie).

References:

- Published version 2022-08-18
 - UVA Graduate Studies Guide:
 - https://gradstudies.virginia.edu/uva-and-charlottesville-quide
 - UVA Law school student living guide: https://www.law.virginia.edu/charlottesville
 - UVA Graduate & Postdoctoral Diversity Resources: https://graddiversity.virginia.edu/resources
 - UVA Global Greeters guide (2020): https://issp.virginia.edu/sites/issp2018.virginia.edu/files/2020%20Summer%20Gu ide%20%231.pdf
 - UVA SEAS Online Orientation Modules (2021)
 - GESC INTL Town Hall Meeting Notes (2021): https://docs.google.com/document/d/1q1yCBiSqTl4AmwzXul2LhJBO-Fqb_bqn9h Krtqvsh8Y/edit?usp=sharing
 - o UVA MSE Jump Start Guide 2022

2. Department Specific Information

1. Biomedical Engineering

Board Position	Name	Contact		
Graduate Student	Graduate Student Board (GSB) Executive Contacts (Graduate Students)			
President	Wisam Fares	wf8ga@virginia.edu		
Vice President	Kareem El-Ghazawi	kte8kd@virginia.edu		
Social	Julian Vitello Stef Maslova	yyu4ny@virginia.edu gej7dk@virginia.edu		
Outreach	Kareem El-Ghazawi Manasi Krishnakumar	kte8kd@virginia.edu jkd6ng@virginia.edu		
Student Advocate	Lilly DeConstanza	nza6nq@virginia.edu		
International Student Liaison	Yonatan Degefu	njr7jk@virginia.edu		
Seminar and Symposium Series Chair	Lavie Ngo Malcolm O'Malley	lln5zuj@virginia.edu mfo2up@virginia.edu		
Diversity, Equity & Inclusion	Tanya Cruz Lexi Wallace Kaitlyn Wintruba	ybk7qt@virginia.edu qtk5gt@virginia.edu npw7gn@virginia.edu		
Recruitment	Shay Ladd Sami Felton	cdm2bh@virginia.edu smf2qp@virginia.edu		
Professional and Career Development	Hayley Sussman Danielle Klunk	hs6fk@virginia.edu dk4fe@virginia.edu		
Sustainability (Green Labs)	Audrey Kidd	aku8fb@virginia.edu		
Master of Engineering Chair	Gabirella Haiz	gvh5qm@virginia.edu		

2. Chemical Engineering

Board Position	Name	Contact
Graduate St	tudent Board (GSB) Executive Cont	acts (Graduate students)
President	Emily Ferrarese	nph3uy@virginia.edu
Vice President	Dean Yost	czt4dc@virginia.edu
GESC Rep	Aditi Gourishankar	jkd4kk@virginia.edu
Secretary	Phu Phan	vra6ap@virginia.edu
Community Outreach	Rachel Fetter	jsa4cf@virginia.edu
CHEERS Coordinators	Kayla Wozny Jacob Kennedy	rka7tp@virginia.edu sqd8sx@virginia.edu

Social Media Representative	Maria Victoria Zuniga	
International Student Liaison	Joseph Maliakkal	yep3vb@virginia.edu
Social Chair	Charles Leroux Sean Bannon Kelly Bukovic Sammy Fieser	kvm8bz@virginia.edu smb5wu@virginia.edu kmb5pu@virginia.edu dwc8tn@virginia.edu
IDEA Liaison	Francis Elimibi Moudio	qqn2vv@virginia.edu
Recruitment	Tommy Lam	tl6dy@virginia.edu

ChemE-specific resources:

 Che Housing Document: https://docs.google.com/spreadsheets/d/1bZFsCvmCyAkeXLfZD0jRKZvfMq9TirndZtCJTgXRUfY/edit?usp=sharing

3. Civil and Environmental Engineering

Board Position	Name	Contact	
Graduate St	Graduate Student Council (GSC) Executive Contacts (Graduate students)		
President-GESC Rep	Mehran Akrami	ymr3ct@virginia.edu	
Student Advocacy Committee	Kajol Basnet	avw2cn@virginia.edu	
Community Enrichment Committee	Dan Pelletier	urv2ey@virginia.edu	

4. Computer Science and Engineering

Board Position	Name	Contact
Computer Science Department Graduate Student Group (CSGSG) Executive Contacts (Graduate students)		
President (and GESC Reps)	Matthew Clark Tonmoy Hossain	wdd6ts@virginia.edu pwg7jb@virginia.edu
Social	Shaid Hasan Elizabeth Palmieri Maria Cardei Oishee Hoque	qmz9mg@virginia.edu cxm7ja@virginia.edu cbr8ru@virginia.edu gza5dr@virginia.edu
Diversity Chair	Dane Williamson	dw3zn@virginia.edu

Mentorship Chair	Muhammad Shoaib	mshoaib@virginia.edu
Leadership Chair (Academic)	Nivetha Jayakumar Sheharyar Khalid	vfb8zv@virginia.edu sheharyar@virginia.edu
Graduate Program Representative	Steven Lamp (CS) Akhil Shekar (CPE)	vxn3kr@virginia.edu as8hu@virginia.edu
Faculty Contacts		
Faculty Contact	Robbie Hott	jrhott@virginia.edu
Social Media and Communications		
	Discord	https://discord.gg/uQu8wey5Uk
Contact	Mail	csgsg@virginia.edu
	Website	https://csgsg.org/

5. Electrical and Computer Engineering

Board Position	Name	Contact	
Graduat	Graduate Student Board (GSB) Executive Contacts (Graduate students)		
President	Shafat Shahnewaz	gsq2at@virginia.edu	
Vice President	Nikhat Khan	yqr2yz@virginia.edu	
General Secretary	Abhishek Trivedi	fep3be@virginia.edu	
Treasurer	Kidus Fasil	kf5fr@virginia.edu	
Academic Chair	Maliha Maliat	kaj4aq@virginia.edu	
Social Chair	Hannaneh Karimi	efy3rq@virginia.edu	

Note: September Elections

6. Material Science and Engineering

Board Position	Name	Contact
Graduat	e Student Board (GSB) Executive Cont	acts (Graduate students)
Executive Chair	Timothy Montoya	mvr9uh@virginia.edu
Vice Chair	Megan Lenox	wuf6nc@virginia.edu
GESC Rep	Imoen Stack	smw4sj@virginia.edu
Treasurer	Matthew Caulfield	bgh8yg@virginia.edu
Quals Chair	Deb Sur	ds8vw@virginia.edu
Webmaster	Sarah Beth Holles	ehg7tm@virginia.edu
Social	Matthew Caulfield	bgh8yg@virginia.edu
Service Chair	Elania Truhard	hex8ff@virginia.edu

International Student Liaison	Farzard Bastani	smm9wb@virginia.edu
Liaison to the Department Chair	Doyle Weishar	abp9uq@virginia.edu
Diversity, Equity & Inclusion	Imoen Stack	smw4sj@virginia.edu
Recruitment	Harjot Singh	efj8hm@virginia.edu
Professional Development	Keithen Orson	kgo8pk@virginia.edu
Undergrad Liaison	Makenzie Savage	mzh6qh@virginia.edu
Social Media and Communications		
Social Media	Blog	GSB Blog
account(s)	Facebook	GSB Facebook Page

7. Mechanical and Aerospace Engineering

Position	Name	Contact
Gradua	te Student Board (GSB) Executive Cont	acts (graduate students)
President	Junior Noss	hzt9eg@virginia.edu
Vice President	Soroush Zare	cyj7tf@virginia.edu
Treasurer	Max Chern	sah6cr@virginia.edu
Social	Keri-Anne Lue Kiersten Wark	pav3jj@virginia.edu knw9dy@virginia.edu
Diversity, Equity & Inclusion	Nazirah Rojo	nf5ay@virginia.edu
Recruitment	Maria Carbon	yns5rn@virginia.edu
GESC Representative	Matthew Caulfield	bgh8yg@virginia.edu
Professional Development	Gabriella Wynn	hjn5hk@virginia.edu
International Student Liaison	Ayush Mehta	pkz2bn@virginia.edu
Faculty and Staff Contacts		
	Matthew Panzer, Grad Program Director	mbp2q@virginia.edu
Faculty Contact	Sydney Witucki, Grad Program Coordinator	kek7mv@virginia.edu
Speaker (Seminar)	Baoxing Xu	<u>bx4c@virgina.edu</u>

Series Chair				
Space and Media Chair	Amy Harris	alh7n@virginia.edu		
Social Media and Communications				
Social	Twitter	<u>@uvamae</u>		
	Instagram	@uvamaegsb		
	GSB Website	<u>Link Here</u>		
Communication	Email GSB Exec	mae_gsb@virginia.edu		
	Slack	Contact mae gsb@virginia.edu to be added		

8. Systems and Information Engineering

Board Position	Name	Contact		
Graduate Student Council (GSC) Executive Contacts (Graduate students)				
Council Coordination Committee	Yeonbin Son	rnv3vc@virginia.edu		
Student Advocacy Committee	Nora Scheer	wfr4da@virginia.edu		
Community Enrichment Committee	Megan Elizabeth Gunn Constanza Paz Lorca Diaz	meg9hq@virginia.edu wrk2pp@virginia.edu		
Social Media and Communications				
Social Media account(s)	GroupMe	<u>GroupMe</u>		

GoogleDoc Logistics:

• Links updated 2024-05-24

3. Graduate Student Living in Charlottesville

Welcome to Charlottesville! It's a beautiful place to live with tons of activities. This quick guide will help you understand some of the neighborhoods where graduate students live, and how to find the best place for you.

Resources

- Your department listserv! Never a bad idea to ask people around you everyday!
- UVA off-ground housing search: https://offgroundshousing.student.virginia.edu/
- "UVA Housing, Sublets & Roommates" FB group: https://www.facebook.com/groups/808020899282439
- "UVA Off Campus Housing" FB group: https://www.facebook.com/groups/uvahousing
 Apartments.com, Zillow
- UVA BME/BIMS Housing Spreadsheet: UVA BME/BIMs Roommate/Housing Search
- UVA School-wide <u>Grad Housing Spreadsheet</u>
- UVA ChemE Housing Spreadsheet: <u>UVA BME/BIMs Roommate/Housing Search</u>
 UVA CHE Housing/Roomate Spreadsheet
- Blue Ridge Apartment Council https://brac.com

Shared Housing (House-style)

There are many housing options in the area, but you might have to compete with undergraduates. Leases of shared houses are usually renewed as early as November for the following year, so it is good to be on the lookout as early as possible!

You can find a roommate or a group of people to share a house by using social media platforms like Facebook or other resources (e.g. links above).

The nearest residential area to the Engineering campus is the Jefferson Park Avenue and Fry's Spring neighborhood where many graduate students traditionally live because it is within walking distance. There are many other residential areas in Charlottesville, including Pantops, Rugby, Fifeville, Belmont, and further north near Barracks, but living in these areas may require transportation such as a car and can be less convenient in the long run. Make sure you check the <u>transportation section</u> of this guide if you are thinking of locations far from the campus!

Example Monthly Prices:

\$550-\$800 per person (3-4 bedrooms/roommates) \$900-\$2000 per person (1-2 bedrooms/roommates)

Pros	Cons

Generally inexpensive in More living space (entire house) Generally walkable distances Often has yard space for gardening and crafts

Furnishing required Living alone is more expensive than in an apartment Utility payments may or may not be included

Apartment-style

Many first-year students who move from far away choose to live in apartment buildings. Searching for an apartment is generally similar to searching for a house!

One big motivating factor is that some apartments come furnished, making it easier to settle in during the first year (it is important to check to make sure!). While certain popular apartment complexes are further away, some provide specific and regular transportation to the University area. Some examples of popular apartment buildings are:







(1) Shamrock Apts. Very close to campus, these smaller, simple, unfurnished apartments run from \$600 pp for a 2 bedroom to \$1000 for a single room.

(2) Eagle's Landing This popular apartment complex has both furnished and unfurnished rooms and suites, and offers a shuttle service directly to the engineering area of campus. Prices run from \$600 to \$800 pp for a shared space and \$1550 for a private space.

(3) 1800 JPA

This group of apartments is usually rented out by individuals but is quite close to campus on JPA. Prices run from \$1300-\$1800 total for various apartment sizes, but availability varies.

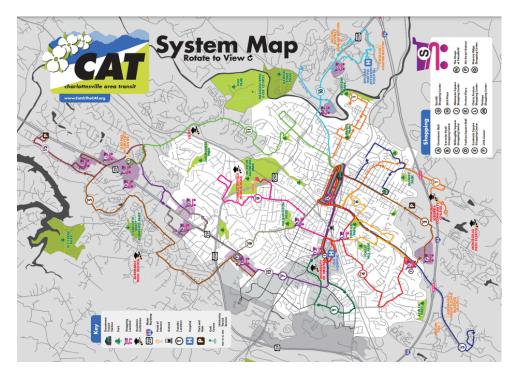
There are also plenty of other apartment complexes in every Charlottesville neighborhood, which may be cheaper or more upscale but harder to access.

Other further-out complexes (which usually require a car) include: Sherwood Manor, Cavalier Crossing (has shuttle), The Woodlands, and Ivy Garden Apartments.

Pros	Cons
Amenities (gym, pools, etc) Furnished spaces available Less expensive than a house if living alone Some places offering multi-year leases (same price as the first year)	Utility payments and hidden fees will increase prices Shared building Less living space

4. Transportation and Parking

The university offers parking permits for the lots around the engineering area. **These cost \$768** a year (lot E3) and can be useful for students with cars who live far from campus (but often have very long wait lists). **Charlottesville (CAT) and UVA (UTS) also have an extensive bus system** through the Charlottesville Area Transit program that connects residential areas to campus and downtown. Cheaper parking permits are available for parking garages further from the engineering campus but are serviced by the buses (Emmet-Ivy Garage, Culbreth Garage).



Transit around and beyond Cville

- 1.1. Free services around grounds and Cville:
 - Catch the CAT! (bus service around town)
 - UVA students ride for free! (With student ID) See map above!
 - CAT buses regular and holiday schedules (effective 2021-09): https://www.charlottesville.gov/481/CAT-Schedules-Maps
 - CAT buses have fixed leaving time at certain stops! The schedule table informs you about when the buses will leave at those specific stops!
 - Free Trolley (bus service between grounds and downtown)
 - UVA Transit Service (free **UTS** buses)
 - o UTS summer schedule: https://parking.virginia.edu/service-schedule
 - UTS fall weekday & weekend schedules: the first table in the link https://parking.virginia.edu/university-transit-service-0
 - Other free UTS services (link to the schedule):
 - UTS OnDemand: free shuttles for weekday late night transit (8pm-5am), usually during weekdays. Need to be booked via "Transloc" app, and wait for the shuttle at specific locations ("hubs").
 - How to use the UTS OnDemand? https://parking.virginia.edu/ondemand
 - Weekend Taxi Service: free to UVA students, offered by yellow cap, very limited service area around UVA (see map in the link), only on weekends late night transit (10pm-5am).
 - How to use the Weekend Taxi Service? https://parking.virginia.edu/weekend-taxi-riders-guide
 - DART: free transportation for UVA people who cannot use other UTS services due to disabilities.
 - How to use DART? https://parking.virginia.edu/system/files/DARTRidersGuide2021-2022.pdf
- **1.2.** Other services, Ground, around and beyond town:
 - Uber, Lyft
 - Yellow Cab (Cville local Taxi)
 - Jaunt
 - Dockless scooters and bikes
 - Greyhound buses
 - Megabus
 - Flixbus
- **1.3.** Air
 - Charlottesville airport (CHO)
 - Link to the airport parking info and rates
 - Richmond International Airport (RIC) Richmond, VA (1.25hr away)
 - Dulles International Airport (IAD) Washington DC area (2hr away)
 - Reagan National Airport (DCA) Washington DC area (2.5hr away)

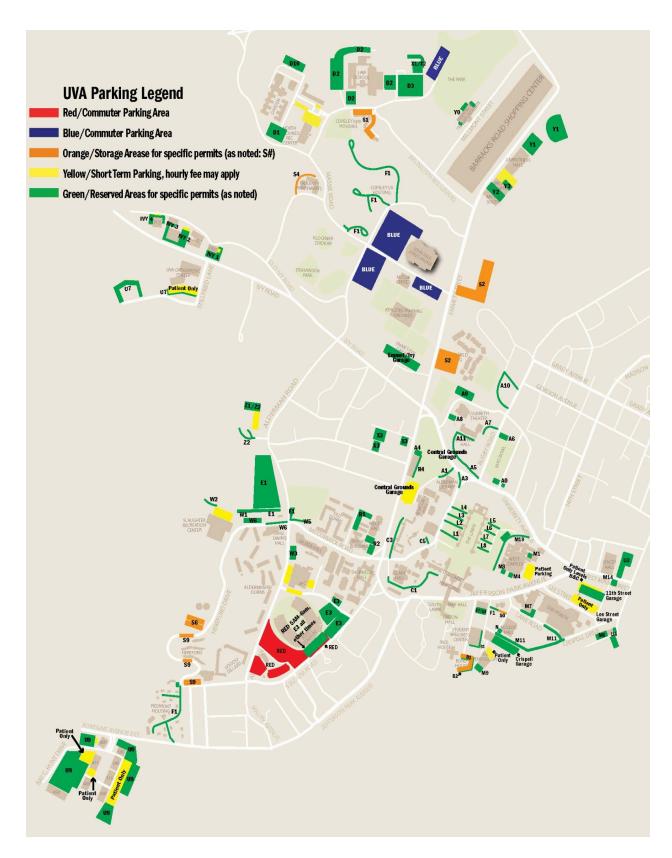
- Baltimore Washington International Thurgood Marshall Airport (BWI) (3hr away)
- Lynchburg Regional Airport (LYH) Lynchburg, VA (1.25hr away)
- Shenandoah Valley Regional Airport (SHD) Weyers Cave, VA (1hr away)

1.4. Rail

- Amtrak
- Washington DC Metro

2. Parking

- UVA Parking Resources Homepage: https://parking.virginia.edu/
- ParkMobile App for zone parking
 - ParkMobile Zones with pricing:
 - https://parking.virginia.edu/parkmobile-zones
- Parking zones locations, see next page
 - https://parking.virginia.edu/system/files/Parking%20System%20Map%207.22.pdf



GoogleDoc Logistics:

• Links updated 2024-05-24

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5.UVA and SEAS Resources

Emergency services:

- UVA police department: https://uvapolice.virginia.edu/
 - Emergencies dial 911
 - o Non-emergencies dial <u>924-7166</u>
- UVA Just Report It: <u>link and information</u>
 - UVA platform for reporting discrimination, violence, harrassment, etc.
 - When you see something, say something
 - Confidential and anonymous reporting of UVA.
- Emergencies and Crisis contact info by UVA student health: https://www.studenthealth.virginia.edu/emergencies-and-crises
- Examples of phishing/scamming emails: https://security.virginia.edu/examples-phishing
- Contact University Ombuds if the normal channels of assistance do not work, etc.: https://eocr.virginia.edu/ombuds

Locations at UVA campus

- Locations & buildings at UVA: https://visitormap.virginia.edu/
- Locations & buildings at SEAS UVA:
 https://engineering.virginia.edu/sites/default/files/common/offices/graduate-programs-office/ ce/Files/UVAEngineering new%20GWL%20location718.pdf

UVA VPN: remote access to UVA digital library resources

How to set up? https://www.library.virginia.edu/services/off-grounds-access/

UVA Building access and ID services:

- UVA ID center: https://idoffice.virginia.edu/
- Mobile app for UVA office & dorm locks:
 - You can unlock the office & dorm electronic locks (that you have permission to) with your cell phone!
 - Mobile app for UVA door access: "Mobile ID" (website)

Cavalier Advantage and Meal Plan balances:

- CSGoldMobile system: https://csg-web1.eservices.virginia.edu/login/
 - Mobile app for the balances: "Get Mobile" (<u>iphone</u> & <u>android</u>)

Career development services & consultants:

• CECD: Center of Engineering Career Development, SEAS, UVA

- Link to CECD online resources:
 https://engineering.virginia.edu/about/offices/center-engineering-career-development-undergraduates
- PhD+: UVA Career and Academic development services for graduate students
 - Different modules available for different career paths!
- CTE: UVA Center for Teaching Excellence
 - o "Tomorrow's Professor Today" training program for UVA grads

Academia support services

- SEAS Graduate Writing Lab (GWL):
 - Services specifically for tasks of SEAS grads.
 - One-to-one consulting available
 - Online training modules available for tasks at different stages of graduate students
- UVA writing center:
 - One-to-one consulting available, scheduling link on the website above.

Mental Health Resources:

- UVA Counseling & Psychological Services (CAPS)
 - CAPS Counselors at SEAS: Liz Ramirez-Weaver and Katie Fowler
 - You need to make an appointment via UVA student health system
 - <u>"TimelyCare" app</u> is helpful and handy when you want to talk to some professional counselors in confidential zoom calls.

Student Health:

UVA student health, information and reservation: https://www.studenthealth.virginia.edu/

Wellness:

- Center for Diversity in Engineering (CDE):
 - Support (activities, events and space) for minority students at UVA SEAS
 - Location of its student lounge: <u>Thornton D111</u>
- Student Disability Access Center (SDAC)
- Center for American English Language and Culture (CAELC)
 - Host VISAS cafe every week: structured mixer between UVA local and international students
 - Providing other language and integration related services for international students and scholars.

GoogleDoc Logistics:

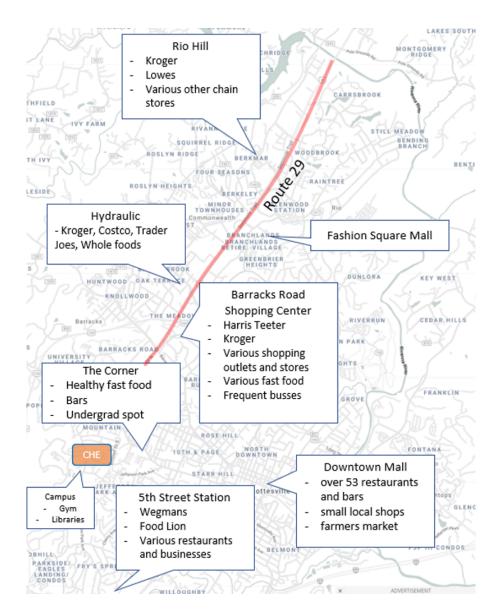
• Links updated 2022-08-19

6. Fun things to do in Charlottesville

You're not a robot, so we've compiled a list of fun activities to get your mind and body away from the stresses of grad school, so that you can return to work refreshed and rejuvenated! Also included in this list are locations to get groceries and how to save a buck when you do so.

1. Groceries

There are dozens upon dozens of locations where you can shop in Charlottesville, all with varying proximity to different residential areas. Most of the shopping up Route 29 (north of campus) is best accessed by car, but many bus paths run from campus to places such as Downtown, 5th Street Station, Barracks, and the Corner are easily accessible by bus and by foot.



Grocery stores:

- Harris Teeter
 - 5% off for UVA
 - 10% off at certain times
 - Other offers as well
- Kroger
 - Moocho App
- Wegmans
- Costco
 - o Membership is required
- Trader Joe's
- Walmart (Far)
- Sam's Club
 - Membership is required
- Food Lion
- Target (further away from Walmart)
- Farmer's Market during Spring (better weather) downtown
- Foods of all nations
- Instacart (delivered groceries)
- Corner Grocery (For basic stuff)
- Whole Foods

New furnitures, tools, electronics, home improvement places:

- Lowe's
- Havertys
- Best Buy
- Staples

Stores for second-hand furnitures, clothes, books, tools, etc.:

- The Habitat Store: https://cvillehabitatstore.org/info.html
- The Salvation Army Thrift Store: https://salvationarmypotomac.org/charlottesvilleva/family-store/
- Goodwill

Food pantries:

- https://www.cvilleloaves.org/
- https://pantryatuva.org/

2. Dining and Restaurants

UVA dining halls (buffets):

- With a meal plan <\$10 per time. Without meal plan ~\$10 per time (they accept credit cards and other transaction options).
- Take-out option available.
- Dining Hall location & menu
 - NewComb Hall (Fresh Food Company). Price, hours and daily menu
 - o Observatory Hill Dining Room. Price, hours and daily menu
 - o Runk Dining Room. Price, hours and daily menu

UVA dining restaurants:

- Food trucks (Street Eats) at UVA (information and schedule)
 - Usually next to the Amphitheater and the Scott Stadium
 - You could order foods via Grubhub and pick them up there!
 - With Grubhub app: Find campus -> University of Virginia
- NewComb Hall (Pavilion XI, the Pav) (information and schedule)

Cville local food recommendation and deliveries:

- Yelp
- Grubhub
- Doordash

3. Mailing

- FedEx
 - Close to Barracks road, can be easily accessed by bus
- USPS
 - Barracks shopping center, downtown mall
 - Store locator
- UPS
 - There are few dropboxes around the campus (hours are listed on the dropbox)
- Amazon drop place
 - Whole Foods

4. Movie & Concert Theaters

- Alamo Drafthouse Cinema
 - Near Wegmans
 - Need a car to get there
- Violet Crown
 - Downtown Cville, 20 min walk from the central ground

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- Regal Stonefield
 - Near Trader Joe's
 - o No crossroads at 29 (Seminole trail) around there, might need a car to get there.
- Paramount
 - At downtown
- Charlottesville Symphony
- The Jefferson Theater (small concert venue for special/indie artists)
 - http://www.jeffersontheater.com/
- Friday's at the Downtown Mall (free concerts)

5. Sports

- UVA Intramural sports (IM) Seasonal favorites (kickball, cornhole, soccer, tennis) https://recsports.virginia.edu/intramural-sports
- UVA Gym/Rec Facilities
 - Aquatic Fitness Center close to SEAS (indoor pool, basketball courts, fitness center)
 - Slaughter Gym rock climbing, fitness center. Walking distance from SEAS
 - Memorial Gym rec sports, fitness center
 - o North Grounds furthest gym, nice facilities, indoor pool. Paid parking available.
- UVA Run Clubs http://virginia.clubrunning.org/
- Women's Roller Derby https://www.charlottesvillederbydames.com/
- Charlottesville Men's Cricket Club https://charlottesvillecricket.wordpress.com/
- Virginia Rugby Football Club https://virginiarugby.org/
- Others
 - Mini Golf https://puttputt.com/charlottesville/
 - Bowlero (for bowling)

6. Hiking

Around Charlottesville

- Ragged Mountain Natural Area 7-mile loop around the reservoir
 - Dogs are not allowed
- <u>Ivy Creek Natural Area</u> a network of 7 miles of hiking trails through woods and adjacent to shoreline
 - Dogs are not allowed
- Saunders-Monticello Trail and Kemper Park Trails
 - Saunders Monticello Trail a paved 4-mile out-and-back trail on a gradual incline up to Monticello
 - Kemper Park Trails A network of other dirt trails through woods and meadows
 - A good place to take dogs! Dogs, however, are not allowed on the boardwalk portions of the Saunders-Monticello Trail

This document was first created by Harsh Anand (PhD Systems Engineering, 2021-2024) as part of the International Student Citizen Leader Fellowship Program.

- http://www.rivannatrails.org 20-mile loop around charlottesville
 - Great for hiking and biking

Shenandoah National Park

Admission: \$30 for single vehicle or \$55 for an annual pass (as of January 2020). There are also usually several fee free days per year

- Old Rag very popular 9-mile hike that involves a lot of rock scrambling
 - Will be crowded! Best to get there early in the day
- Riprap Hollow a nice 9-mile loop involving scenic views and swimming holes
 - If not feeling up to 9 miles, you can do a 3-mile out-and-back to the two best viewpoints on the trail at Chimney Rock
- <u>Turk Mountain</u> one of the best short hikes in Shenandoah's South District with 2.5 miles up to great views at the top
- Moorman's River a pretty easy walk, but plenty of swimming holes, perfect for a hot summer day
 - Parking is outside of Shenandoah (no admission required)

Near Blue Ridge Parkway

- Humpback Rocks- a short, but steep trail up to a great viewpoint only about 40 minutes from Charlottesville
 - Options for a 2-mile out-and-back (most popular) or 4-mile loop trail
- Spy Rock
- The Priest
- Crabtree Falls

Good Hiking Website Resources for this Area:

- Hiking Upward
- Mid-Atlantic Hikes
- AllTrails

For transportations, please check the transportation section of this guide.

GoogleDoc Logistics:

• Links updated 2022-08-19

7.Budget Management

A rule of thumb is to spend no more than 30% of one's income on housing, but this is generally advice for older professionals with mortgages. Remember that your housing costs will not always be the advertised price – monthly utilities may be between \$50 and \$200 a month, and apartments may include hidden fees. Some students may come in and rent an apartment for over \$1500 a month in their first year, not realizing that this is unusually high and this can end up being quite limiting and hard to budget around, so it is best to find a more affordable place earlier in your career.

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Section updated 2022-08-19

8.Maps

The following maps may help you navigate Grounds:

- UVA Engineering Map
- Map of UVA
- Parking Map
- UVA Transit Bus schedules and maps
- Charlottesville Area Transit Map (UVA students show ID to ride free)

GoogleDoc Logistics:

• Section updated 2022-08-19

9. Funding Resources

There are a lot of resources available for additional fundings. Usually different departments have different funding sources. Make sure you ask the experienced students in your department for more department-specific funding opportunities! Student guides in each department can be helpful too!

In general, the following funding opportunities are possible:

- Then there are the bigger fellowship databases and broader searches- PROFELLOW
- STEMGRADSTUDENTS.SCIENCE.GOV
- Let others who know you know you are looking. That way if they come across something, they can send it to you.
- Check out the OGPA <u>FUNDING & OPPORTUNITIES</u> & <u>LOOKING FOR FUNDING</u>
 pages & the <u>SCHOLARSHIPS & FELLOWSHIPS</u> page from Grad & Postdoc Diversity
 Office
- Sign up for the engineering library's <u>FUNDING DISCOVERY TOOLS WORKSHOP</u> or watch our <u>SP2020 FUNDING DISCOVERY TOOLS WORKSHOP ON YOUTUBE</u>
- Use this training to set up your own automated searches in <u>PIVOT & GRANTFORWARD</u>
- <u>HEALTH SCIENCES LIBRARY FINDING FUNDING PAGE</u>- databases, tutorials (including Pivot & Grantforward), etc.
- UVA GRAD & POSTDOC DIVERSITY PROGRAMS FUNDING SEARCH PAGE
- Attend an event at UVA on finding funding (Engineering library, GWL, PhD+).
- Check your program/department resources for funding opportunities
- Check the opportunities at the bottom of the Engineering Graduate Student Newsletter
- Pay attention to mass emails, forwarded emails, and department emails as they may contain opportunities
- Search other fellowship and funding databases
- ILLINOIS GRADUATE COLLEGE FELLOWSHIP FINDER
- RUTGERS FELLOWSHIP & GRANT DATABASE
- <u>BERKLEY'S GUIDE TO FELLOWSHIPS & GRANTS</u> (lists databases & URM fellowships)
- GRAPES-UCLA GRADUATE & POSTDOC FUNDING SEARCH

GEORGE MASON GRADUATE FELLOWSHIPS (list of well known fellowships and pdf listings/guides)

GoogleDoc Logistics:

Section updated 2022-08-19

Appendix: Authorship contribution

Published edition 2022-08-18 (backup version available in GESC google drive)

- **Harsh Anand (ESE):** Conceptualization; Leadership; Resources; Writing Original Draft; Review; Editing; Maintenance
- Kelly Dunham (GWL): Resources; Review; Comments; Editing
- Yunkai Sun (MSE): Resources; Review; Editing; Comments
- Sudhir Shenoy (CPE): Resources (S1,S6); Review
- Tyler Daspit (MAE): Resources (S3,S6); Review; Comments
- Rhea Braun (ChemE): Resources (S1,S3); Review
- Clark Luckhardt (MSE): Resources (S4); Review; Comments
- Yonathan Aberra (BME): Resources (S1,S2); Review; Comments
- Ana Estrella-You (ESE): Review; Editing; Comments
- Mark Wischhusen (MSE): Review; Comments
- Collyn Clark (ESE): Review; Editing
- Fateme Nikseresht (CS/ESE): Review; Comments
- Corina Espelien (MAE): Resources (S1); Review
- Reagan Portelance (BME): Review; Editing
- Aya Yehia (ESE): Resources (S1); Review
- Faiyaz Elahi Mullick (CPE): Resources (S1); Review
- Emma Tiernan (MAE): Resources (S1); Review
- Rory McDaniel (CS): Resources (S1); Review
- GESC Exec Team 2022-2023

Published edition 2024-05-24

• Andie Daniels (MAE): Resources (all); Review; Comments; Editing

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