



# The OT Centre

Helping adults and children with independence and quality of life  
through Occupational Therapy

*" Passion, Integrity, Quality & Expertise "*

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## Alice Shipman

BSc OT, MBA

Curriculum Vitae

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# Alice Shipman

MAKE AN ENQUIRY ...

01550 537 537

Occupational Therapy for children and young adults, including Developmental Delay, Acquired Brain Injury, Profound and Multiple Learning Difficulties, Progressive neurological conditions, Autistic Spectrum Disorder, Sensory Processing Disorder . . .



## Conditions

Developmental Delay  
Acquired Brain Injury  
Profound and Multiple Learning Difficulties  
Progressive neurological conditions  
Autistic Spectrum Disorder  
Sensory Processing Disorder

## Specialist skills

Paediatrics  
Neurorehabilitation  
Aids & Equipment  
Assistive Technology  
24 Hour Postural management

## Languages

English

## Regulation/M'rship

HCPC: OT60011  
BAOT: BT0802952  
COTSS-IP 8809

## Find an OT ...



[from a google map](#)

Alice is an Occupational Therapist with remarkable professional experience working with children and young adults both in the UK and internationally. Alice practices at the National Star College, a world-class further education college and rehabilitation centre for young adults with complex disabilities, alongside her work through The OT Centre. She has previously worked overseas in Malawi managing a multidisciplinary paediatric practice, assisting in the development and expansion of therapy services in the country. Alice has presented at a number of international forums including the World Federation of Occupational Therapy Congress and has been a guest lecturer at Coventry, Southampton and Leeds Universities, sharing her passion, knowledge and experience with undergraduates.

Alice is regarded as a friendly and supportive team player who cares passionately about Occupational Therapy and providing high standards of service. She has extensive experience working with children and young adults who have complex cognitive, physical, environmental and social needs, in a number of clinical settings including mainstream and specialist education. She has provided innovative and effective solutions to enable individuals to access and participate meaningfully in activities of daily living. She has worked with individuals with a wide range of conditions, including Cerebral Palsy, Muscular Dystrophies, Autism and Learning Difficulties, offering assessments and interventions.

Alice is able to liaise effectively with clients, their carers, families and professionals to develop and prioritise client-centred goal plans and embed her practice. She seeks to come alongside individuals and their families, understanding their motivations in order to provide client centred, realistic and enabling therapy provision.

Alice has a heart for her local community and has shared her knowledge and skills widely providing training sessions for charities and church groups locally to equip individuals to support and further enable inclusion of young people with additional needs.

Alice has previously worked overseas in Malawi managing a multidisciplinary paediatric practice. During her three years in Malawi, Alice assisted in the development and expansion of therapy services in the country and was a part of a group working to establish a curriculum for an Occupational Therapy programme.

Alice has a 1st Class Honours degree in Occupational Therapy and has completed a Masters in Business Administration (MBA) extending and diversifying her skill set.

Alice is registered with the Health & Care Professions Council and is a member of the British Association of Occupational Therapists and Royal College of Occupational Therapists Specialist Section in Independent Practice.



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## **EDUCATION & PROFESSIONAL QUALIFICATIONS**

### **University of Bath**

Master of Business Administration                      Distinction                      2017

### **University of Southampton**

Bachelor of Science in Occupational Therapy                      First                      2009

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## **EMPLOYMENT HISTORY**

**June 2018 – Today:**                      **Occupational Therapist, The OT Centre**

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**September 2014 – Today:**                      **National Star  
Independent Specialist College for young adults with complex disabilities, Cheltenham**  
**Post Held:**                      **Senior A Occupational Therapist**

Responsible for a clinical caseload of 16-25 year olds with varying complex disabilities. Providing high quality assessment, individualised treatment sessions and evaluation to develop young people's independence in areas that matter to them. Strong multidisciplinary focus to ensure skills are embedded, optimising individuals participation in activities of daily living. A 24 hour postural management approach is taken to ensure students complex postural needs are addressed. Specialised in providing sensory processing training and strategies across the college (holds SI level 1 qualification) and supporting in particular students with challenging behaviours. Supervise a number of junior therapy staff and student placements.

Whilst at the college Alice has been involved in numerous projects including: developing a one handed wheelchair lap belt 'handyclix' which is currently in the final stages of production, visiting Norway with the 'All Aboard' project to evaluate and review specialist education overseas and supported an adaptive skiing trip for seven young adults with complex disabilities to Andorra.

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**July 2011 – April 2014:**                      **Sandi Rehabilitation Centre, Malawi  
(Worked in Lilongwe & established the Blantyre centre)**  
**Post Held:**                      **Centre Manager and Occupational Therapist**

Responsible for managing a multi-disciplinary team, overseeing the business operations and finances whilst maintaining a clinical caseload. Based in Lilongwe for eighteen months then relocated to Blantyre to establish and manage a second centre. Caseload was varied working with children aged 0-18 years with conditions including Cerebral Palsy, Global Developmental Delay, Autism or functional daily challenges such as feeding, skills for dressing and managing in school. With limited resources and access to other services, practice was innovative and worked closely with parents, carers and school providers to ensure progress and embed skills. One of the provisions Alice developed was a life skills based group for young adults to attend the centre on a daily basis to receive vocational rehabilitation, skill development sessions within activities of daily living whilst building confidence, communication and social skills.

During her time in Malawi Alice was an active member of the Occupational Therapy Association of Malawi (OTAM) who were working towards developing a World Federation approved Occupational Therapy Programme.

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**August 2011- December 2012:**                      **DIPD Charity, Malawi  
Development & Integration of People with Disabilities (DIPD) - Lilongwe, Malawi**  
**Post Held:**                      **Volunteer Occupational Therapist and Community Trainer**

Volunteered providing therapy and inclusion training for teachers and volunteers at the weekend in rural settings and at a local refugee camp. Much of the work related to training families and caregivers about disability and supporting them to meet the needs of their children with disabilities.

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**September 2010 – July 2011:**                      **Birmingham Community NHS Healthcare Trust  
Post Held:**                      **Paediatric Occupational Therapist**

Predominantly based in schools and community clinics providing assessment and therapy to children aged 0-18 and their families. Equipment assessment and provision was a significant part of this role and ensuring the home environment was suitable for their needs. Actively involved in service development to review and implement SMART Goal based therapy provision.

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**August 2009– September 2010:**                      **NHS Gloucestershire Occupational Therapy Department  
Rotations in Paediatrics, Trauma & Orthopaedics & General Medicine**  
**Post Held:**                      **Band 5 Occupational Therapy Rotation**

Rotational programme initially in paediatrics, providing hospital based support and community OT provision for children with predominantly physical disabilities. Assessment clinics, utilising standardised assessments and writing treatment programmes were key in this role. Working on the Trauma and Orthopaedics and medical wards, lent itself to developing sound discharge planning skills, working within the multidisciplinary team as well as running groups and health promotion sessions.

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## **CONTRIBUTIONS, ARTICLES AND AWARDS**

2018	Guest Lecturer at Coventry University - 'The OT Process at National Star College'
2017	MBA Dissertation: An exploration of 'value' in the Lego® Serious Play® method
2016	Sensory Integration Level 1: Foundations and Neuroscience. Presented pitch for Handyclix seat belt as shortlisted finalist for Nesta Inclusive Technology Prize
2015	Guest Lecturer at Leeds & Southampton University representing OT Frontiers
2014	The World Federation of Occupational Therapy 16th Congress Yokohama, Japan - 'Innovations, Challenges and Collaboration for building OT Education in Malawi
2013	Assisted with development and writing for the Occupational Therapy Curriculum Programme currently in development in Malawi
2012	ErgOTherapies Article (French OT Journal) - Occupational situation in Africa Occupational Therapy in Malawi – Article for OT Frontiers Newsletter
2009	Reflection published in College of Occupational Therapy Annual Review College of Occupational Therapy Discretionary Award - June University of Southampton Professional Development Award - July

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## **REGULATION & MEMBERSHIPS**

- Health and Care Professions Council (HCPC).
- Member of the British Association of Occupational Therapists: BT0802952
- Member of the College of Occupational Therapists Specialist Section for Independent Practice
- Member of OT Frontiers
- Member of the World Federation of Occupational Therapy

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## **PERSONAL PROFILE**

When I'm not working, I am often found playing sport, travelling to new places or baking cakes. I'm an active member of my local church and enjoy spending time with friends and family.

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## **REFEREES**

References are available on request.

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