

Subject Line: How to build your beach body in 28 days..

Based on a True Story

Hi (Name), my name is Samantha and I was able to achieve my dream body at 56 years old!

I used to weigh over 250 pounds, I was stressed, anxious, and worst of all I HATED seeing myself in the mirror...

Until prestige labs changed my life, for GOOD.

I used to have so many limiting beliefs that I placed on myself

I used to believe that my genetics held me back

I used to believe that my busy schedule kept me from having any time to workout

I used to believe that I was too “old” to burn fat.

I used to believe that I didn’t deserve to be happy...

28 days later, and I couldn’t have been more wrong.

It worked for me and I KNOW it can work for you.

Your beach body is just one click away...

[Click Here to learn more about our FREE Beach Body Challenge.](#)