

Name: _____

Date: _____

Energy in your Day

Draw how you got to school today.	Draw yourself in the classroom.

Draw your lunch, so you have energy for recess!	Draw yourself at recess!

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Think about your day at school - when are you moving?

We learned that there is energy in movement - when did you experience energy as movement in your day?

What are some different forms of energy?

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Where else do you think there is energy?