



CLUB COMP RULES AND AWARDS INFO PACK

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GRADED CLUB COMPETITION

The club competition is an individual discipline shot over the course of the season. Each scorecard is a 20-shot card scored in Integer with a total out of 200.

Your final score is the total of your 10 best score cards entered over the season, to give you a total out 2000.

3P is an exception where the scorecards are made up of 60 shots (20 shots in each position; Prone, Kneeling and Standing)

SEASON DURATION:

Competition season runs for 12 months from 1st December to 30 November.

WHAT DISCIPLINES CAN I SHOOT:

You may compete in one or more of the following disciplines:

- Bench Rest
- Prone (ISSF)
- Bench Sporter
- F-Class
- F-Sporter
- 3P (ISSF)
- 10m Air (ISSF)
- 10m Supported

HOW DO I ENTER MY SCORES?

At every visit to the club, you may choose to enter a score.

Please print your scorecard and hand in to the range officer to sign. Please ensure your name and discipline is clearly written on the scorecard and dated. Once completed, place the scoresheet in the red box at the firing point.

Please ensure that the stage on the electronic targets is not set to sighters as sighters will not be accepted.



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Note: official paper targets are accepted.

Note: The Integer scores shot in the more formal Club Championships contribute to this competition.

HOW IS MY SCORE CALCULATED?

The score for the season is the total of your best 10 scores shot over the course of the season. For example, if your 10 best scores were all 190, your overall score will be 1900 from a possible 2000.

WHAT ARE THE AWARDS:

The awards are given to the best 3 scores per discipline per Grade. We have an annual dinner in December to celebrate the end of the shooting season. All awards are given out here, all club members are encouraged to attend.

HOW DO I GET A GRADE:

The Grade is based on your club grade which is calculated yearly and based off the average of your top 10 scores (20 shot strings scored out of 200) shot between 1 January and 30 November.

The grade is calculated at the end of December and remains the club grade for the following season. Note: The club grade is fixed for the season and does not change like the State grade.

The gradings are based off the NSW grading System as below:

Prone		Air Rifle	
A Grade	Above 194	A Grade	Above 183
B Grade	Above 190, less than 194	B Grade	Above 173, less than 183
C Grade	Above 184, less than 190	C Grade	Above 163, less than 173
D Grade	Less than 184	D Grade	Less than 163
Benchrest		3P (3x20)	
A Grade	Above 198.5	A Grade	Above 1100



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B Grade	Above 196, less than 198.5	B Grade	Above 1000, less than 1100
C Grade	Less than 196	C Grade	Less than 1000

Note: The score above are integer scores



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CLUB CHAMPIONSHIP

The club championships have been introduced with the aim to provide our members with the opportunity to practice under match conditions which is great for performance improvements during match conditions.

WHAT DISCIPLINES CAN I SHOOT:

You may compete in on or more of the following disciplines:

- Bench Rest
- Prone (ISSF)
- F-Class (Rules Are in Appendix 1)
- 3P (ISSF)
- Air Rifle (ISSF)

Club members can compete in multiple disciplines on the same day, the RO needs to be notified so it can be coordinated.

WHEN DOES THE COMPETITION TAKE PLACE?

This competition consists of 10 formal matches shot at set dates over the course of the season.

The dates for 2026 are as follows:

Prone, Benchrest are included. 10m Air Rifle, 10m Supported Air Rifle and F-Class will be added based on participation

- February – Sunday 8/2/26
- March – Sunday 22/3/26
- April – Sunday 26/4/26
- May – Sunday 31/5/26
- June – Sunday 28/6/26
- July – Sunday 26/7/26
- August – Scores taken from the Club Prize Shoot 30/8/26
- September – Sunday 27/9/26
- October – Sunday 25/10/26
- November – Sunday 29/11/26



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3-Position

- February – Sunday 8/2/26
- March – Sunday 22/3/26
- April – Sunday 26/4/26
- May – Sunday 31/5/26
- June – Sunday 28/6/26
- July – Sunday 26/7/26
- August – Sunday 30/8/26 (Club OPM)
- September – Sunday 27/9/26
- October – Sunday 25/10/26
- November – Sunday 29/11/26

TRA Online Competition

Competition dates are aligned with the TRA Online Competition every month. We strongly suggest that people register and compete in both competitions with a single match. More information on the competition, including the registration, is available here:

<https://tradb.tra.org.au/Online-Competition.php>

WHAT ARE THE FORMAT AND RULES?

All rules and competition formats are as per ISSF and TRA rules.

Benchrest, Prone and F-Class are a standard 60 shot match. 3-Position is adjusted to a 60 (20 shot each of Prone, Kneeling and Standing). Scores are recorded in Decimals.

How do I enter?

Once the competition dates are confirmed, the competition events will be listed on our website where you may book online via the website booking functionality. Bookings open 4 weeks in advance. You may also attend on the day, but spaces may be limited and you may lead to wait for a lane to compete.

HOW IS MY SCORE CALCULATED?



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The score for the season is the total of your best 5 decimal scores (60 shot match) out of the 9 competitions per season. The Annual North Sydney Prize Shoot will also be included in as one of the nine scores

AWARDS:

The following awards are given out for each discipline; Benchrest and Prone:

- 1st Overall (Club Champion)
- 2nd Overall
- 3rd Overall

F-Class awards will include 1st place. Other may be given depending upon the number of entrants

END OF YEAR AWARDS NIGHT:

At the end of each season the club hosts an end of season celebration where the awards for the year are announced and presented.

It is typically held on the second Saturday in December. Information will be sent out ahead of time, it is a great social night where we can acknowledge the club members who have distinguished themselves throughout the year.



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APPENDIX 1 – F-CLASS CLUB COMPETITION EQUIPMENT RULES

The undermentioned Rules are to be adopted by the North Sydney Small Bore and Air Rifle club here in referred to as "NSSBARC".

F-Class this is to standardise the 'F-Class' Competition for our club and provide and framework for the competition.

F-CLASS RIFLES AND EQUIPMENT

1. TRA approved Rimfire F Class rifles will be chambered for the .22 long rifle cartridge and the loading of the cartridge into the breach will be by manual bolt action ONLY.
2. **Bipod / Rest**
 - a. A Bipod is a commercially available standard folding hunting bipod . It must be a 'standard' bipod. Eg Harris or Atlas Style folding bipods.
 - a. Front Rest must be a basic support unit with an open rounded bag that does not provide lateral support and no windage, or joystick adjustment. The rifle can not be clamped in the rest and an RO must be able to easily lift it from the rest.
2. **Rear Rifle support**
 - a. Support is provided by shoulder, hand or rear bag. Rear bag must not have a solid base built into it. Its construction should be like a soft bean. Packers under the rear bag are permitted where needed for extra height or by different surface types.
2. **Aftermarket/Homemade Parts**
 - a. Only genuine trigger guards, and butt plates are to be fitted. Permitted aftermarket parts are scope bases, scope rings, and sling swivel bipod adaptors. None of these parts must permanently change the action, barrel, or stock/chassis. Not permitted to be fitted are aftermarket or homemade trigger guards and butt plates.
2. **Shooting Mats**

Design & material is unrestricted. However, the mat must not be used to aid the stability of the bipod. A mat strap/sling must not be used to assist with securing the bipod legs in such a way to pin the rifle between the shooting mat strap and shooter.



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APPENDIX 2 – COMPETITION COURSE OF FIRE

F-CLASS, BENCHREST AND PRONE COURSE OF FIRE

Setup time (15 minutes) - To setup equipment on the firing point

Preparation and Sighter time (15 minutes) – Sighting shots and preparation. The following commands and warnings will be announced by the RO:

- Preparation and Sighter time START
- 30 Seconds remaining
- STOP

Match Firing (50 Minutes) – 60 Shots are to be fired within the 50 minute period. The following commands and warnings will be announced by the RO:

- Match firing START
- 10 minutes remaining
- 5 minutes remaining
- STOP

3-POSITION COURSE OF FIRE

Setup time (15 minutes) - To setup equipment on the firing point

Preparation and Sighter time (15 minutes) – Sighting shots and preparation. The following commands and warnings will be announced by the RO:

- Preparation and Sighter time START
- 30 Seconds remaining
- STOP

Match Firing (90 Minutes) – 20 Shots in each position are to be fired within the 90 minute period. The following commands and warnings will be announced by the RO:

- Match firing START
- 10 minutes remaining
- 5 minutes remaining
- STOP



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APPENDIX 3 – SUPPLEMENTARY DOCUMENTS

ISSF Technical Rules (includes Competitions rules and details on 3-P, Air Rifle and Prone equipment):

https://www.issf-sports.org/getfile.aspx?mod=docf&pane=1&inst=458&file=Technical_Rules.pdf

TRA Supplementary Rules (Includes Benchrest and Benchrest equipment rules):

<https://tra.org.au/wp-content/uploads/2022/01/Aust-Supplementary-Rules-2021-V1.pdf>