Occupational Therapy Activities Week of June 15-6/20

Fine Motor Activities Clothespin pinching!

- Print out the provided worksheets onto card stock or glue onto cardboard (you can also laminate)
- Take ten clothespins and put a number 1-10 on each one
- Place the numbered clothespin on the corresponding spot

*Challenge: make a pattern with colored clothespins

*play a game where you have to place a clothespin on someone's shirt to "tag them"

*pick up cotton balls with clothespins



Gross Motor Fun

Penguins in Summer?

- Print out the Penguin Beach
 Day Sock Toss directions and
 pictures and attach to plastic
 cups. (you can also create
 your own designs for your cups)
- Follow the directions on the attached handouts to stack cups
- Use rolled up socks to throw at the stacked cups to knock them over



*you can also challenge yourself to stack cups in different ways!

Visual Motor Skills

Summer Writing Practice

- Print out the summer Boxed words worksheet.
- Talk with your child about tall letters, short letters and hand down letters (dirt diggers)
- Help your chil identify which word fits in each slot and why
- Direct your child to fill in the word.



* you can show your child pictures from your phone for cues of each word

Summer activities!

- I am including summer activity ideas and a table.
- Print out the table
- Place a sticker or make a smiley face in a box any time your child completes any of the summer suggested activities. (you can also pull from the activities on the OT google site)
- When we return to school in the fall, bring in your chart for a prize! (or take a picture and email it to me)

Have a Safe and fun filled summer,
I will miss you!