

THE MASTER WAR MODE DAY PLAN + REPORT

▶ The Mastery Checklist Explained to achiev...

✓/✗	D/10	I/10	/20	Master Checklist:	Task Time:
✓	6 ▾	10 ▾	16 ▾	Find 10 prospects	2h
✓	4 ▾	10 ▾	14 ▾	Send 10 super personalized outreaches	3h
✓	10 ▾	10 ▾	20 ▾	Watch personale finance videos	20min
✓	10 ▾	10 ▾	20 ▾	Fast for Ramadan	15h
✓	10 ▾	10 ▾	20 ▾	Wake up for sahoor	40min
✓	10 ▾	9 ▾	19 ▾	Watch MPUC	~20min
✓	10 ▾	8 ▾	18 ▾	Review all the work I did today	10 min
✓	7 ▾	10 ▾	17 ▾	Improve my fv	1h
✓	10 ▾	10 ▾	20 ▾	Study for math exam	1h
✓	10 ▾	10 ▾	20 ▾	No fap	24h
✓	10 ▾	10 ▾	20 ▾	Pray Taraweeh	40min
✓	10 ▾	10 ▾	20 ▾	Rest/sleep	8h
✓	8 ▾	10 ▾	18 ▾	Go for a walk	1h
✓	9 ▾	10 ▾	19 ▾	Watch Andrew Tate's motivational video	15min
✓	8 ▾	10 ▾	18 ▾	100 push ups through the day	10min
✓	10 ▾	10 ▾	20 ▾	Eat a lot of healthy food and drink a lot of water after iftar	30min
✓	7 ▾	10 ▾	17 ▾	Watch videos in the Ecom campus	30min
✓	10 ▾	10 ▾	20 ▾	Make my bed	1min
✓	1 ▾	10 ▾	11 ▾	Play with PS during the night after finishing all the tasks	2h
✓	1 ▾	10 ▾	11 ▾	Play clash royale	30min

Start The Day With Tasks Valued 20 Then Move Down	Total Hours Planned In The Day: /24
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	 DAY NUMBER + DATE + TIME 
Day Number:	23
Date:	04/04/2023
Start Time:	10am

	 3 Things That I Am Grateful To Have In My Life 
1.	My family and friends
2.	A laptop and internet
3.	My knowledge

	 My Top 3 Priority Tasks That MUST Be Completed 
1.	Fast and pray
2.	Find 20 prospects
3.	Send 20 outreaches

Hour-By-Hour Tracking: **[Plan+Measure=Improve]**

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Sub-Task:	 Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?

 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?
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MY MORNING WAR PLAN

 What Do I Plan To Accomplish This Morning? 
Wake up and start my day

 What Is The Main Goal For This Morning? 
Complete the easiest tasks

 How Will I Start My Morning With Power? 
30 push ups

10 am: Task 	Wake up and start the easiest tasks
Sub-Task's 	Start doing my tasks
Reflection 	Done

11 am: Task 	Continue the tasks
Sub-Task's 	Focus
Reflection 	Done

12 am: Task 💰	Finish what is left and rest a bit
Sub-Task's 🔔	Finish the easiest tasks
Reflection ✍️	Done

🎯 **END-OF-THE-MORNING REPORT** 🎯

🧠 What Did I Learn This Morning? 🧠
Reminded myself that I had to do an ODDA loop

❌ What Problems Did I Face This Morning? ❌
No problems

🔑 How Will I Solve These Problems For This Afternoon? 🔑
I didn't face any

🏹 **MY AFTERNOON WAR PLAN** 🏹

🧠 What Do I Plan To Accomplish This Afternoon? 🧠
All the tasks left

 **What Is The Main Goal For This Afternoon?** 

Pray and fast

 **How Will I Start My Afternoon With Power?** 

40 push ups

1 pm:	Study
Intention 	Focus
Reflection 	Done

2 pm: Task 	Find 10 prospects
Intention 	Focus
Reflection 	Done

3 pm: Task 	Improve my fv
Intention 	Put creativity in the game
Reflection 	Done

4 pm: Task 💰	Send some outreaches
Intention 🔔	Focus
Reflection ✍️	Done

5 pm: Task 💰	Go for a walk
Intention 🔔	Rest my mind
Reflection ✍️	

6 pm: Task 💰	Come back home and finish the outreaches
Intention 🔔	Focus
Reflection ✍️	Done

7 pm: Task 💰	Eat iftar
Intention 🔔	Eat
Reflection ✍️	Done

8 pm: Task 💰	Get ready to go and pray
Intention 🔔	Pray
Reflection ✍️	Done

9 pm: Task 💰	Come back home
Intention 🔔	Finish prayer
Reflection ✍️	Done

10 pm: Task	Watch personal finance videos
Intention 🔔	Learn
Reflection ✍️	Done

11 pm: Task 💰	Plan my day
Intention 🔔	Plan tomorrow
Reflection ✍️	Done

12 pm: Task 💰	Sleep
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Intention 🔔	Rest
Reflection ✍️	Done



End-Of-The-Day Report:



🧠 **What Did I Learn Today?** 🧠

That I can improve my outreach and studied in the Ecom campus

❌ **What Problems Did I Face In The Day?** ❌

I was a bit lazy compared to yesterday

🔑 **How Will I Solve These Problems Tomorrow?** 🔑

Remove distractions

NEW **What Do I Plan To Do Differently Tomorrow?** NEW

Find more prospects and send more outreaches

♻️ **What Do I Plan To Do The Same Tomorrow?** ♻️

Most of the tasks

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

Daniel

 **What Tasks Were Left Undone?** 

None

Brain Dump:

Did a good job today. Figured out some places I had problems and fixed them. Tomorrow will be back stronger and tougher.