

This is a list of area therapists in private practice who work with children and/or adolescents.

SMMUSD cannot be held responsible for the quality of care provided, we are simply providing this list to include possible options for off-campus therapy.

Services may be covered in part or in full by your health insurance or employee benefit plan.
Please check your coverage carefully by asking the following questions:

- Do I have out of network mental health insurance (or "behavioral health") benefits?
- What is my deductible and has it been met?
- How many sessions per year does my health insurance cover?
- What is the coverage amount per therapy session?
- Is approval required from my primary care physician?

If you do have out of network coverage, some of these therapists will, upon your request, provide you with a "superbill" for services rendered that you can submit to your insurance company for reimbursement consideration. Please contact the provider directly to find out more about insurance reimbursement as well as available appointment times, as some do have evening and weekend hours.

<p>Sandra De Silva, Ph.D. Teletherapy online www.drsandradesilva.com (310) 425-5381 <i>Speaks Spanish</i></p>	<p>Janet Medrano Reyes, LCSW Teletherapy online, in person if requested https://www.jmedranotherapy.org (424) 256-3661 <i>Speaks Spanish</i></p>
<p>Carla Nuñez, LCSW Teletherapy online https://carlanuneztherapy.com/ (424) 272-1996 <i>Speaks Spanish</i></p>	<p>Rachel Marks, Psy. D. 315 S. Beverly Dr. Suite 307 Beverly Hills, CA 90212 (424) 284-8799 <i>Specializes in LGBTQ issues</i></p>
<p>Cristy Pareti, Psy.D., LMFT Insight Psychotherapy Group 1500 Rosecrans Suite 500 Manhattan Beach, CA 90266 (310) 571-5936 <i>Scale slides to \$75 with an intern - Can also see students at Santa Monica school sites. In network with Cigna, Optum/United/UMR/Oxford, Aetna, MPI, First Health, and Oscar</i></p>	<p>Maria Enriquez, LCSW 12240 Venice Blvd, Suite 15A Los Angeles, CA (East of Centinela) or 13101 W. Washington Blvd., Suite 122 Los Angeles, CA. (East of Lincoln) (310) 429-9607 <i>Speaks Spanish, specializes in Trauma, Depression and Anxiety</i></p>
<p>Andrea Von Troschke, LMFT 11911 San Vicente Blvd, #242 Los Angeles, CA 90049 (310) 569-0106 <i>Specialties in Art Therapy and hypnotherapy, speaks German</i></p>	<p>Rhona Rosenblatt, LCSW 860 Via De La Paz, Suite F-3 Pacific Palisades CA 90272 (424) 256-8122 <i>Specialties in Somatic Work, Grief & Loss, Adoption, Anxiety, Trauma, Parenting, Transitions</i></p>
<p>Susan Zinn, LPCC, LMHC, NCC 530 Wilshire Blvd., Suite 306 Santa Monica, CA 90401 (424) 322-0140 <i>Specializes in Eating Disorders</i></p>	<p>Carol Hirshfield, Ph.D. 11340 W. Olympic Blvd., Suite 265 Los Angeles, CA 90064 (310) 473-3200 <i>Specializes in divorce/co-parenting issues</i></p>
<p>Melanie Mulligan, Psy.D. 12065 Jefferson Blvd Los Angeles, CA 90230 (310) 905-032</p>	<p>Justin Stroock, LMFT 2001 Barrington Ave. Suite 303 Los Angeles, Ca 90025 (310) 314-9723</p>
<p>Randy Gold, Psy.D. 22231 Mulholland Highway, Suite 208 Calabasas, CA 91302 (818) 773-3474</p>	<p>Stephanie Demery, LMFT 11911 San Vicente Blvd., Suite 280 Brentwood, CA 90049 (310) 684-3899</p>

<p>Allison Carter, Psy.D. 22231 Mulholland Highway, Suite 210 Calabasas, California 91302 (818) 224-4486</p>	<p>Annie Wilson, LCSW 11340 W. Olympic Blvd, Suite 245 Los Angeles, CA 90064 (310) 740-9821</p>
<p>Lisa Jo Cohen, Ph.D. Family in Sync 870 Hampshire Road Suite B-1 Westlake Village, CA 91361 (805) 370-1455 <i>Specialty in working with young children / Parent-child interaction therapy</i></p>	<p>Hannah Leib, LCSW 2001 South Barrington Avenue Los Angeles, CA 90025 (323)388-3145 https://www.growandglowchildtherapy.com <i>Specializes in anxiety, OCD, self esteem, and children of divorce. In network with Aetna, United Healthcare, Optum, Oxford, and UMR</i></p>
<p>Nisa Baty, LCSW 1247 7th Street Suite 202 Santa Monica, CA 90401 (310) 804-8269</p>	<p>Lesley Stahl, Psy.D. 12301 Wilshire Blvd, Suite 210 Los Angeles, CA 90025 (310) 740-6710</p>
<p>Catherine Huh, LCSW 2510 Main Street Suite 201 Santa Monica, CA. 90405 (413) 329-8313</p>	<p>Daniel Anderson, Ph.D. 610 Santa Monica Blvd, Suite 208 Santa Monica, CA 90401 (424) 235-3302</p>
<p>Stefanie Goldstein, Ph.D. Center for Mindful Living 11850 Wilshire Blvd, Suite 200 Los Angeles, CA 90025 (310) 597-2056 <i>Specializes in Mindfulness based therapy</i></p>	<p>Ellen Michel, LMFT 11150 W. Olympic Blvd., Suite 760 Los Angeles, CA. 90064 (310) 383-5148 <i>Speaks Spanish, specializes in substance abuse, anxiety and trauma. Offers family support groups.</i></p>
<p>Veronica (Ronnie) Vehemente, LCSW Family Room LA 1821 Wilshire Blvd, Suite 540 Santa Monica, CA. 90403 (310) 364-4688 <i>Specializes in trauma, grief and loss, life transitions, parenting, post-partum and perinatal support.</i></p>	<p>Angie Vargas, LCSW Virtual or in-person in Santa Monica and Pasadena (424) 272-5914 https://sabiduriadeloalto.org <i>Speaks Spanish, see website for specialties. Sees adults and children/teens age 7+</i></p>
<p>Cynthia Rajchman, LMFT 1334 Westwood Blvd, Suite 2B Los Angeles, CA 90024 (213) 536-1314 <i>Speaks Spanish and Portuguese</i></p>	<p>Emily Ferro, LCSW (310) 362-5148 https://www.ferrolcsw.com/ <i>Specializes in anxiety, depression, trauma, parenting support, and animal assisted therapy</i></p>
<p>Molly Brumagin, LMFT 28990 Pacific Coast Highway Ste 220 Malibu, CA 90265 (310) 663-4213 <i>Specializes in anxiety, sensory processing, parent coaching, developmental delays</i></p>	<p>Danielle Jonas, LCSW and associates https://www.daniellefajejonaslcsw.com/ 26th and Broadway in Santa Monica or virtual (929) 260-1401 <i>Specializes in grief and loss, trauma, living with illness, life transitions, anxiety and depression and parent/family work</i></p>
<p>Tejal Yarmand, LMFT 13400 Washington Blvd, suite 202A Marina Del Rey, CA 90292 (310) 467-3346</p>	<p>Stephen Ball, Psy.D. The Oaks Psychological Group 32123 Lindero Canyon Blvd., Suite 202 Westlake Village, CA 91361 (818) 597-9333</p>
<p>Yael Sherne, AMFT 9615 Brighton Way, Suite 219 Beverly Hills, CA 90210 (323) 763-0637 <i>Specializes in family therapy, parenting and perinatal mental health</i></p>	<p>Veronica Mendez, LCSW 3705 West Pico Boulevard Los Angeles, CA 90019 (305) 771-5954 <i>Speaks Spanish. Specializes in early childhood (0-5) and teens, Depression, Anxiety, and Trauma</i></p>

<p>Dr. Christa Scholtz Clinical Psychologist & Educational Therapist christa@drchristascholtz.com (747) 236-3391 www.drchristascholtz.com <i>Specializes in Anxiety, Depression, Relationship Issues, ADHD/Executive Functioning, Trauma</i></p>	<p>Ashley Spunt, AMFT Santa Monica and Calabasas (310) 567-9878 ashleyspunt@gmail.com Website <i>Specializes in anxiety, depression, and family issues</i></p>
<p>Leah Dickinson, PhD 2660 Townsgate Road Westlake Village, CA 91361 (805) 608-4180 https://www.drleahdickenson.com/ <i>Specializes in mood disorders, trauma, major life changes. Online sessions available.</i></p>	<p>Alexander Shibuya Farbstein, LCSW Los Angeles, CA 424-272-8690 https://www.thisshitishard.co/ <i>Ages 13+, specializes in BIPOC/ intersectional identities, LGBTQIA2S+, Adoptees (especially transracial adoptions), Trauma, Learning differences</i></p>
<p>Debra Green, LMFT 12401 Wilshire Blvd Suite 300 Los Angeles, CA 90049 (310) 699-0946 https://thegrtherapy.com/</p>	<p>Dr. Lara Sando, PhD 310-363-0435 lara@drarasando.com <i>Specializes in work with younger children</i></p>
<p>Abigail Taubman, LCSW 1153 Valencia St. Los Angeles, CA. 90015 (818) 527-5326 www.abigailtaubman.com <i>Specializes in anxiety, depression, trauma, grief, and LGBTQ+ populations. Will see older adolescents 16+ and young adults. Online sessions available.</i></p>	<p>SoKer Psychotherapy www.sokerinc.com <i>Group practice of 30 diverse licensed clinicians. Specialties include children, youth and family, parenting, family conflict, stressors, social relationships, self harm reduction, LGBTQ and gender identity. Therapists utilize a variety of treatment modalities including CBT, TF-CBT, EMDR, DBT and somatic experiencing. Sessions are provided via telehealth only. Accepts Kaiser insurance or sliding scale as needed.</i></p>
<p>Barbara Thomas, APCC (424) 835-1763 barbara@feelinggoodinstitute.com <i>Specializes in CBT for adolescents and adults online and can meet in person in Beverly Hills</i></p>	<p>Misty Goldenberg, Educational Therapist (310) 570-2385 www.evolvingtherapypractice.com <i>Specializes in supporting students with learning differences, dyslexia, attention issues, executive functioning, and social emotional learning</i></p>
<p>Dr. Erin Foster, Ed.D, LMFT (310) 691-0867 https://drerinfoster.com/ Can meet in person in Malibu, outdoors, or virtually <i>Specializes in family issues, relationship stress, divorce, behavioral analysis, conflict resolution, anxiety, depression, and PTSD w/ individuals, families, and couples. Therapy dog available to work with clients.</i></p>	<p>Grace Bindley, AMFT Supervised by Dr. Erin Foster, Ed.D, LMFT 310-907-6755 Can meet in Malibu or virtually gracebindley.therapysolutions@gmail.com <i>Specializes in Anxiety and Depression with Children, Families, and Couples</i></p>
<p>David Andreone, AMFT 4214 Overland Ave. Culver City, CA 90230 (424) 484-3014 Can meet in person or virtually <i>Specializes in working with teens and families; depression, anxiety, and relationship issues</i></p>	<p>Sabrina Bolin, AMFT (323) 996-2142 Can meet in person or virtually Los Angeles, CA. 90042 https://therapyonfig.com/ <i>Specialize in Life Transitions, Relationship Issues and ADHD</i></p>

<p>Jenny Flora Wells, ACSW (614) 706-0578 Virtual therapy only at this time for ages 12+ jennyflorawells.com <i>Specializes in trauma, anxiety, depression, family conflict, relationship issues, stress, and life transitions, using EMDR, Somatic Therapy, and Nervous System Regulation.</i></p>	<p>Brooke Schwartz, LCSW and associates 1849 Sawtelle, Suite 610 Los Angeles, CA. 90025 (323) 886-5426 https://www.bschwartzpsychotherapy.com/ Can meet in person or virtually, ages 11+ <i>Specializes in DBT for high achievers and perfectionists, body image, trauma, LGBTQ+, and parent work. Accepts Lyra health and can do sliding scale.</i></p>
<p>Peggy Zherdev, LCSW 23371 Mulholland Dr #441 Woodland Hills, CA 91364 (818) 324-2892 zherdevcounseling@gmail.com https://headway.co/providers/peggy-zherdev <i>Specializes in ADHD, Anxiety, Depression, Trauma, Grief and Loss, and Parenting. Speaks Spanish. Accepts Kaiser, Anthem, Blue Shield, Aetna and Cigna. In person and virtual.</i></p>	<p>Lories Khoury, LMFT 720 Wilshire Blvd, suite 204 Santa Monica, CA. (818) 392-4648 https://growtherapy.com/ <i>Specializes in Anxiety, Eating Disorders, and supporting athletes. Takes most private insurances and MediCal insurance. In person and virtual.</i></p>
<p>Beatrice Schreiber, AMFT Supervised by: Katja D. Pohl, Psy.D.-PSY 25919 2730 Wilshire Blvd Suite 250 Santa Monica, CA 90403 (424) 465-2342 <i>Ages 12+, specializes in trauma, EMDR, and family work. Speaks German. Sliding scale available.</i></p>	<p>Dr. Elizabeth Ollen, PhD 1849 Sawtelle Blvd. Suite 610 Los Angeles, CA 90025 310-243-6932 <i>Ages 12+, specializes in anxiety, depression, trauma, self-harm, emotion dysregulation. LGBTQ clients and family, foster/adoption, and identity development</i></p>