

## This is a list of area therapists in private practice who work with children and/or adolescents.

*SMMUSD cannot be held responsible for the quality of care provided, we are simply providing this list to include possible options for off-campus therapy.*

Services may be covered in part or in full by your health insurance or employee benefit plan.  
Please check your coverage carefully by asking the following questions:

- Do I have out of network mental health insurance (or "behavioral health") benefits?
- What is my deductible and has it been met?
- How many sessions per year does my health insurance cover?
- What is the coverage amount per therapy session?
- Is approval required from my primary care physician?

If you do have out of network coverage, some of these therapists will, upon your request, provide you with a "superbill" for services rendered that you can submit to your insurance company for reimbursement consideration. Please contact the provider directly to find out more about insurance reimbursement as well as available appointment times, as some do have evening and weekend hours.

<p><b>Sandra De Silva, Ph.D.</b> Teletherapy online <a href="http://www.drsandradesilva.com">www.drsandradesilva.com</a> (310) 425-5381 <i>Speaks Spanish</i></p>	<p><b>Janet Medrano Reyes, LCSW</b> Teletherapy online, in person if requested <a href="https://www.jmedranotherapy.org">https://www.jmedranotherapy.org</a> (424) 256-3661 <i>Speaks Spanish</i></p>
<p><b>Carla Nuñez, LCSW</b> Teletherapy online <a href="https://carlanuneztherapy.com/">https://carlanuneztherapy.com/</a> (424) 272-1996 <i>Speaks Spanish</i></p>	<p><b>Rachel Marks, Psy. D.</b> 315 S. Beverly Dr. Suite 307 Beverly Hills, CA 90212 (424) 284-8799 <i>Specializes in LGBTQ issues</i></p>
<p><b>Cristy Pareti, Psy.D., LMFT</b> <b>Insight Psychotherapy Group</b> 1500 Rosecrans Suite 500 Manhattan Beach, CA 90266 (310) 571-5936 <i>Scale slides to \$75 with an intern - Can also see students at Santa Monica school sites. In network with Cigna, Optum/United/UMR/Oxford, Aetna, MPI, First Health, and Oscar</i></p>	<p><b>Maria Enriquez, LCSW</b> 12240 Venice Blvd, Suite 15A Los Angeles, CA (East of Centinela) or 13101 W. Washington Blvd., Suite 122 Los Angeles, CA. (East of Lincoln) (310) 429-9607 <i>Speaks Spanish, specializes in Trauma, Depression and Anxiety</i></p>
<p><b>Andrea Von Troschke, LMFT</b> 11911 San Vicente Blvd, #242 Los Angeles, CA 90049 (310) 569-0106 <i>Specialties in Art Therapy and hypnotherapy, speaks German</i></p>	<p><b>Rhona Rosenblatt, LCSW</b> 860 Via De La Paz, Suite F-3 Pacific Palisades CA 90272 <a href="http://www.rhonarosenblatt.com/">http://www.rhonarosenblatt.com/</a> (424) 256-8122 <i>Specialties in Somatic Work, Grief &amp; Loss, Adoption, Anxiety, Trauma, Parenting, Transitions</i></p>
<p><b>Susan Zinn, LPCC, LMHC, NCC</b> 530 Wilshire Blvd., Suite 306 Santa Monica, CA 90401 (424) 322-0140 <i>Specializes in Eating Disorders</i></p>	<p><b>Carol Hirshfield, Ph.D.</b> 11340 W. Olympic Blvd., Suite 265 Los Angeles, CA 90064 (310) 473-3200 <i>Specializes in divorce/co-parenting issues</i></p>
<p><b>Cynthia Rajchman, LMFT</b> 1334 Westwood Blvd, Suite 2B Los Angeles, CA 90024 (213) 536-1314 <i>Speaks Spanish and Portuguese</i></p>	<p><b>Emily Ferro, LCSW &amp; Associates</b> 185 Pier Ave, Suite 109, Santa Monica, CA, 90405 (310) 362-5148 <a href="https://www.ferrolcsw.com/">https://www.ferrolcsw.com/</a> <i>Specializes in children and teens, anxiety, depression, trauma, relationship issues, life transitions, parenting support, family therapy</i></p>

<p><b>Melanie Mulligan, Psy.D.</b> 12065 Jefferson Blvd Los Angeles, CA 90230 (310) 905-032</p>	<p><b>Justin Stroock, LMFT</b> 2001 Barrington Ave. Suite 303 Los Angeles, Ca 90025 (310) 314-9723</p>
<p><b>Randy Gold, Psy.D.</b> 22231 Mulholland Highway, Suite 208 Calabasas, CA 91302 (818) 773-3474</p>	<p><b>Stephanie Demery, LMFT</b> 11911 San Vicente Blvd., Suite 280 Brentwood, CA 90049 (310) 684-3899</p>
<p><b>Allison Carter, Psy.D.</b> 22231 Mulholland Highway, Suite 210 Calabasas, California 91302 (818) 224-4486</p>	<p><b>Annie Wilson, LCSW</b> 11340 W. Olympic Blvd, Suite 245 Los Angeles, CA 90064 (310) 740-9821</p>
<p><b>Lisa Jo Cohen, Ph.D.</b> Family in Sync 870 Hampshire Road Suite B-1 Westlake Village, CA 91361 (805) 370-1455 <i>Specialty in working with young children / Parent-child interaction therapy</i></p>	<p><b>Hannah Leib, LCSW</b> 2001 South Barrington Avenue Los Angeles, CA 90025 (323)388-3145 <a href="https://www.growandglowchildtherapyla.com">https://www.growandglowchildtherapyla.com</a> <i>Specializes in anxiety, OCD, self esteem, and children of divorce. In network with Aetna, United Healthcare, Optum, Oxford, and UMR</i></p>
<p><b>Nisa Baty, LCSW</b> 1247 7<sup>th</sup> Street Suite 202 Santa Monica, CA 90401 (310) 804-8269</p>	<p><b>Lesley Stahl, Psy.D.</b> 12301 Wilshire Blvd, Suite 210 Los Angeles, CA 90025 (310) 740-6710</p>
<p><b>Catherine Huh, LCSW</b> 2510 Main Street Suite 201 Santa Monica, CA. 90405 (413) 329-8313</p>	<p><b>Daniel Anderson, Ph.D.</b> 610 Santa Monica Blvd, Suite 208 Santa Monica, CA 90401 (424) 235-3302</p>
<p><b>Stefanie Goldstein, Ph.D.</b> <b>Center for Mindful Living</b> 11850 Wilshire Blvd, Suite 200 Los Angeles, CA 90025 (310) 597-2056 <i>Specializes in Mindfulness based therapy</i></p>	<p><b>Ellen Michel, LMFT</b> 11150 W. Olympic Blvd., Suite 760 Los Angeles, CA. 90064 (310) 383-5148 <i>Speaks Spanish, specializes in substance abuse, anxiety and trauma. Offers family support groups.</i></p>
<p><b>Veronica (Ronnie) Vehemente, LCSW</b> <b>Family Room LA</b> 1821 Wilshire Blvd, Suite 540 Santa Monica, CA. 90403 (310) 364-4688 <i>Specializes in trauma, grief and loss, life transitions, parenting, post-partum and perinatal support.</i></p>	<p><b>Julia Socolovsky, LMFT</b> 11850 Wilshire Blvd, Suite 200 Los Angeles, CA 90025 (310) 929-0350 Julia@juliamft.com <i>Specializes in children 0-11 and parenting and provides EMDR therapy for adults. Speaks Spanish.</i></p>
<p><b>Molly Brumagin, LMFT</b> 28990 Pacific Coast Highway Ste 220 Malibu, CA 90265 (310) 663-4213 <i>Specializes in anxiety, sensory processing, parent coaching, developmental delays</i></p>	<p><b>Danielle Jonas, LCSW and associates</b> <a href="https://www.daniellefajejonaslcsw.com/">https://www.daniellefajejonaslcsw.com/</a> 26th and Broadway in Santa Monica or virtual (929) 260-1401 <i>Specializes in grief and loss, trauma, living with illness, life transitions, anxiety and depression and parent/family work</i></p>
<p><b>Tejal Yarmand, LMFT</b> 13400 Washington Blvd, suite 202A Marina Del Rey, CA 90292 (310) 467-3346</p>	<p><b>Stephen Ball, Psy.D.</b> The Oaks Psychological Group 32123 Lindero Canyon Blvd., Suite 202 Westlake Village, CA 91361 (818) 597-9333</p>

<p><b>Yael Sherne, AMFT</b>  9615 Brighton Way, Suite 219  Beverly Hills, CA 90210  (323) 763-0637  <i>Specializes in family therapy, parenting and perinatal mental health</i></p>	<p><b>Veronica Mendez, LCSW</b>  3705 West Pico Boulevard  Los Angeles, CA 90019  (305) 771-5954  <i>Speaks Spanish. Specializes in early childhood (0-5) and teens, Depression, Anxiety, and Trauma</i></p>
<p><b>Dr. Christa Scholtz</b>  Clinical Psychologist &amp; Educational Therapist  <a href="mailto:christa@drchristascholtz.com">christa@drchristascholtz.com</a>  (747) 236-3391  <a href="http://www.drchristascholtz.com">www.drchristascholtz.com</a>  <i>Specializes in Anxiety, Depression, Relationship Issues, ADHD/Executive Functioning, Trauma</i></p>	<p><b>Ashley Spunt, AMFT</b>  Santa Monica and Calabasas  (310) 567-9878  <a href="mailto:ashlevspunt@gmail.com">ashlevspunt@gmail.com</a>  <a href="#">Website</a>  <i>Specializes in anxiety, depression, and family issues</i></p>
<p><b>Leah Dickinson, PhD</b>  2660 Townsgate Road  Westlake Village, CA 91361  (805) 608-4180  <a href="https://www.drleahdickenson.com/">https://www.drleahdickenson.com/</a>  <i>Specializes in mood disorders, trauma, major life changes. Online sessions available.</i></p>	<p><b>Alexander Shibuya Farbstein, LCSW</b>  Los Angeles, CA  424-272-8690  <a href="https://www.thisshitishard.co/">https://www.thisshitishard.co/</a>  <i>Ages 13+, specializes in BIPOC/ intersectional identities, LGBTQIA2S+, Adoptees (especially transracial adoptions), Trauma, Learning differences</i></p>
<p><b>Debra Green, LMFT</b>  12401 Wilshire Blvd Suite 300  Los Angeles, CA 90049  (310) 699-0946  <a href="https://thegrtherapy.com/">https://thegrtherapy.com/</a></p>	<p><b>Dr. Lara Sando, PhD</b>  310-363-0435  <a href="mailto:lara@drarasando.com">lara@drarasando.com</a>  <i>Specializes in work with younger children</i></p>
<p><b>Abigail Taubman, LCSW</b>  1153 Valencia St.  Los Angeles, CA. 90015  (818) 527-5326  <a href="http://www.abigailtaubman.com">www.abigailtaubman.com</a>  <i>Specializes in anxiety, depression, trauma, grief, and LGBTQ+ populations. Will see older adolescents 16+ and young adults. Online sessions available.</i></p>	<p><b>SoKer Psychotherapy</b>  <a href="http://www.sokerinc.com">www.sokerinc.com</a>  <i>Group practice of 30 diverse licensed clinicians. Specialties include children, youth and family, parenting, family conflict, stressors, social relationships, self harm reduction, LGBTQ and gender identity. Therapists utilize a variety of treatment modalities including CBT, TF CBT, EMDR, DBT and somatic experiencing. Sessions are provided via telehealth only. Accepts Kaiser insurance or sliding scale as needed.</i></p>
<p><b>Barbara Thomas, APCC</b>  (424) 835-1763  <a href="mailto:barbara@feelinggoodinstitute.com">barbara@feelinggoodinstitute.com</a>  <i>Specializes in CBT for adolescents and adults online and can meet in person in Beverly Hills</i></p>	<p><b>Misty Goldenberg, Educational Therapist</b>  (310) 570-2385  <a href="http://www.evolveingtherapypractice.com">www.evolveingtherapypractice.com</a>  <i>Specializes in supporting students with learning differences, dyslexia, attention issues, executive functioning, and social emotional learning</i></p>
<p><b>Dr. Erin Foster, Ed.D, LMFT</b>  (310) 691-0867  <a href="https://drerinfoster.com/">https://drerinfoster.com/</a>  Can meet in person in Malibu, outdoors, or virtually  <i>Specializes in family issues, relationship stress, divorce, behavioral analysis, conflict resolution, anxiety, depression, and PTSD w/ individuals, families, and couples. Therapy dog available to work with clients.</i></p>	<p><b>Grace Bindley, AMFT</b>  <b>Supervised by Dr. Erin Foster, Ed.D, LMFT</b>  310-907-6755  Can meet in Malibu or virtually  <a href="mailto:gracebindley.therapysolutions@gmail.com">gracebindley.therapysolutions@gmail.com</a>  <i>Specializes in Anxiety and Depression with Children, Families, and Couples</i></p>
<p><b>David Andreone, AMFT</b>  4214 Overland Ave.  Culver City, CA 90230</p>	<p><b>Sabrina Bolin, AMFT</b>  (323) 996-2142  Can meet in person or virtually</p>

<p>(424) 484-3014  Can meet in person or virtually  <i>Specializes in working with teens and families; depression, anxiety, and relationship issues</i></p>	<p>Los Angeles, CA. 90042  <a href="https://therapyonfig.com/">https://therapyonfig.com/</a>  <i>Specialize in Life Transitions, Relationship Issues and ADHD</i></p>
<p><b>Jenny Flora Wells, ACSW</b>  (614) 706-0578  Virtual therapy only at this time for ages 12+  <a href="http://jennyflorawells.com">jennyflorawells.com</a>  <i>Specializes in trauma, anxiety, depression, family conflict, relationship issues, stress, and life transitions, using EMDR, Somatic Therapy, and Nervous System Regulation.</i></p>	<p><b>Brooke Schwartz, LCSW and associates</b>  1849 Sawtelle, Suite 610  Los Angeles, CA. 90025  (323) 886-5426  <a href="https://www.bschwartzpsychotherapy.com/">https://www.bschwartzpsychotherapy.com/</a>  Can meet in person or virtually, ages 11+  <i>Specializes in DBT for high achievers and perfectionists, body image, trauma, LGBTQ+, and parent work. Accepts Lyra health and can do sliding scale.</i></p>
<p><b>Peggy Zherdev, LCSW</b>  23371 Mulholland Dr #441  Woodland Hills, CA 91364  (818) 324-2892  <a href="mailto:zherdevcounseling@gmail.com">zherdevcounseling@gmail.com</a>  <a href="https://headway.co/providers/peggy-zherdev">https://headway.co/providers/peggy-zherdev</a>  <i>Specializes in ADHD, Anxiety, Depression, Trauma, Grief and Loss, and Parenting. Speaks Spanish. Accepts Kaiser, Anthem, Blue Shield, Aetna and Cigna. In person and virtual.</i></p>	<p><b>Jordyn Levine LCSW &amp; Associates</b>  1849 Sawtelle Blvd, Suite 610  Los Angeles, CA 90025  (310) 884-6635  <a href="https://www.jordynlevinelcsw.com/">https://www.jordynlevinelcsw.com/</a>  <i>Anxiety, OCD, Panic Disorder, Health Anxiety, Parenting Support</i></p>
<p><b>Beatrice Schreiber, AMFT</b>  <b>Supervised by: Katja D. Pohl, Psy.D.-PSY 25919</b>  2730 Wilshire Blvd Suite 250  Santa Monica, CA 90403  (424) 465-2342  <i>Ages 12+, specializes in trauma, EMDR, and family work. Speaks German. Sliding scale available.</i></p>	<p><b>Dr. Elizabeth Ollen, PhD</b>  1849 Sawtelle Blvd. Suite 610  Los Angeles, CA 90025  (310) 243-6932  <i>Ages 12+, specializes in anxiety, depression, trauma, self-harm, emotion dysregulation. LGBTQ clients and family, foster/adoption, and identity development</i></p>
<p><b>Kaley Leshem LCSW &amp; Associates</b>  1849 Sawtelle Blvd, Suite 610  Los Angeles, CA 90025  (310) 564-6024  <a href="https://www.kaleyleshemlcsw.com/">https://www.kaleyleshemlcsw.com/</a>  <i>Eating disorders, body image, trauma, and family therapy</i></p>	<p><b>Noa Saadi, LCSW</b>  Virtual only, adolescents and adults  (310) 829-8733  <a href="https://www.noasaadi.com">https://www.noasaadi.com</a>  <i>Trauma, EMDR, somatic based therapy, and therapy focused on enhancing the parent-child relationship</i></p>