

PREMARITAL

(Resource Sheet with links: northeastchristian.org/resources)

At Northeast Christian, we believe preparing for marriage is one of the most important things you'll ever do. These resources will equip you with the tools, knowledge, and insight to build intimacy and passion in your relationship and avoid settling into destructive patterns.

BIBLICAL FOUNDATION

- [Matthew 19:6](#)
- [1 Corinthians 13:4-7](#)
- [Ephesians 5:21-33](#)

NORTHEAST RESOURCES

- Northeast **Messages** relating to marriage and relationships at northeastchristian.org/watch
- Connect to a **Small Group** community that can support you through life's ups and downs.
- Contact us to **Talk** or for **Counseling** referral: (970) 243-6672 or office@northeastchristian.org

PREMARITAL PROGRAM

- **Saving Your Marriage Before It Starts** (SYMBIS) Premarital Program is a comprehensive assessment and coaching tool for couples preparing for marriage. Contact us at (970) 243-6672 or office@northeastchristian.org

ONLINE RESOURCES

- [RightNow Media](#) is an extensive library of Bible study videos, including marriage videos.

PREMARITAL

- [“Saving Your Marriage Before It Starts”](#) by Les and Leslie Parrott
Uncover common myths of marriage, learn to communicate with instant understanding, discover the secret to resolving conflict, master the skills of money management, and more! This book will provide an in-depth look into how to prepare for marriage.
 - [SYMBIS Workbook for Men](#)
 - [SYMBIS Workbook for Women](#)
- [Marriage: 6 Gospel Commitments Every Couple Needs to Make](#) by Paul David Tripp
A long-term, vibrant marriage needs to be grounded in more than romance—it requires the life-changing power of the gospel. This book suggests six biblical commitments to the Lord and one another, including a lifestyle of confession and forgiveness, building trust, and appreciating differences, which will equip couples to cultivate thriving, joy-filled marriages built on Christ.
- [“Boundaries in Dating”](#) by Dr. Henry Cloud and John Townsend
Set healthy boundaries to help you grow in freedom, honesty, and self-control. If many of your dating experiences have been difficult, Boundaries in Dating could revolutionize how you handle relationships. Even if you're doing well, the insights you'll gain from this much-needed book can help you fine-tune or completely readjust important areas of your dating life.
- [“Outdated”](#) by Jonathan Pokluda
In a world where dating is increasingly based on split-second decisions and geared toward casual



relationships rather than marriage, it's easy for single people to feel discouraged, used, or unworthy of true love and lasting affection.

- [**“Things I Wish I’d Known Before We Got Married”**](#) by Gary Chapman

This book includes wisdom and tips to help develop the loving, supportive, and mutually beneficial marriage men and women long for. It’s the type of information Gary wished he had before getting married. Each chapter includes insightful “Talking it Over” questions and suggestions. The book contains information on interactive websites and additional resources to enhance the couple's experience.

- [**“Preparing Your Heart For Marriage”**](#) by Gary Thomas

The wedding is planned, but are you spiritually prepared for your wedding day? Trusted relationship author Gary Thomas coaches engaged couples on how to grow closer to the Lord in the days leading up to the wedding to prepare them for all the days after the wedding.

“Be devoted to one another in love. Honor one another above yourselves.” —Romans 12:10