

Avatar: 30-60-year-old overweight parents who are white-collar workers

P: highlighted in yellow

A: highlighted in blue

S: highlighted in green

Subject line: do you struggle with your weight and don't know why?

Feeling uncomfortable in your own body?

Tired of being out of breath after a light jog?

Wouldn't you want to look just like Brad Pitt?

Imagine how much **respect** you would get from your **children** and colleges

As a parent don't you want your kid to look up to you?

Don't you want your kid to depend on a **strong** and capable parent to **protect** them?

If your body isn't anything to be proud of; Then how can you expect anyone to take a look at you and think of you as any more than lazy or weak

When people take a glance at you. They subconsciously judge you based on how you look

You can either continue to binge-watch your Netflix shows and watch your funny Facebook videos because *"you don't have enough time to work out"*

or you can finally become a real-life **superhero** to the people around you and be the absolute **best** version of yourself

Find out the secrets to getting your dream body