

THE INSULT THAT MADE A MAN OUT OF "MAC"

Let Me PROVE I Can Make YOU A NEW MAN!

ARE you "fed up" with seeing the huskies walk off with the best of everything? Sick and tired of being soft, frail, skinny or flabby — only HALF ALIVE? I know just how you feel. Because I myself was once a puny 97-pound "runt." And I was so ashamed of my scrawny frame that I dreaded being seen in a swim suit.

The Secret of How I Got My Build

Then I discovered a wonderful way to develop my body fast. It worked wonders for me — changed me from the scrawny "runt" I was at 17, into "The World's Most Perfectly Developed Man." And I can build up YOUR body the very same natural way — without weights, springs or pulleys. Only 15 minutes a day of pleasant practice — in the privacy of your room.

My "Dynamic-Tension" method has already helped thousands of other fellows become real he-men in double-

quick time. Let it help YOU. Not next month or next year — but Right NOW!

"Dynamic-Tension" Builds Muscles FAST!

If you're like I was, you want a powerful, muscular, well-proportioned build you can be proud of any time, anywhere. You want the "Greek-God" type of physique that women rave about at the beach — the kind that makes other fellows green with envy.

Mail Coupon Now for My 32-Page Illustrated Book

Mailing the coupon can be the turning point in your life. I'll send you a copy of my 32-page illustrated book, "How Dynamic-Tension Makes You a NEW MAN." Tells how and why my method works: shows many pictures proving what it has done for others. Don't delay. Mail coupon NOW. CHARLES ATLAS, Dept. 325 B, 115 East 23rd St., New York, N.Y. 10010.

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Dear Charles Atlas: Here's the kind of Body I Want

(Check as many as you like)

<input type="checkbox"/> Broader Chest and Shoulders	<input type="checkbox"/> More Energy and Stamina
<input type="checkbox"/> Increased Stomach Muscles	<input type="checkbox"/> More Magnetic Personality
<input type="checkbox"/> Tireless Legs	<input type="checkbox"/> More Weight—Solid—on the Right Places
<input type="checkbox"/> Slimmer Waist and Legs	

I enclose 15c. Please send me a copy of your famous book showing how "Dynamic-Tension" can make me a new man. 32 Pages, crammed with photographs, answers to vital health questions, and valuable advice. This does not obligate me in any way.

Print Name.....
 Address.....
 City & State.....
 In England: Charles Atlas, 81 Putnam St., London, W.1

Disrupt is highlighted in Yellow

Intrigue is highlighted in Blue

Click is highlighted in Green

DIC

SUBJECT LINE : Easiest body growth program ever!

Charles Atlas was awarded "The World's Most Perfectly Developed Man" just by doing this simple program!

You would say he was hard worker and lifted heaviest of the weights in the gym right?

He has genetics of the Hercules you would think.

But that is all WRONG!

He was a skinny, made fun of guy. He had a body of a SCARECROW!

And all he did was this simple 15min workout with no weights everyday!

[Click here to know more.](#)

PAS

SUBJECT LINE : Aren't you tired of being skinny?

Aren't you annoyed of this BIG BOY pushing you around everyday making your nose
bleedy?

Is it not shameful for you when girls laugh at your slenderness?

Are you really a complete loser? ASK YOURSELF!

Did you said NO?

Good, that means it's not too late to start changing,

But you have to start NOW!

[Click here to find out how to do it!](#)

HSO

SUBJECT LINE : How my biggest bully became my best friend

The world is unpredictable place!

Back to the day's when I was your age, I remember myself....

I was a skeleton, no girl would've ever looked in my direction.

I was made fun of in school, pushed around, bigger boys always stealing my backpack...

For them I was a TOY.

To me, that was devastating and heartbreaking.

Everyday after coming home, I just wanted to kill myself...

I couldn't look myself in a mirror,

But neither did I knew how to change the situation.

One day walking by the shop I saw this notice board.

There was this guy called Charles Atlas, muscular beautiful looking man.

I would say a SUPERMAN in my eyes.

In the paper Charles was teaching that he can make you as powerful as a greek GOD

With just 15min per day of exercise and NO weights!!!

I COULDN'T BELIEVE IT!!!

But I had to give it a try it as this was the fight for my life!

And here I am 3 months later.

A beautiful young man looking in the mirror smiling at my body!

Matter of fact,

I'm best friends with the guy that used to bully me!

We pick up girls together! All thank's to this random guy Charles Atlas,

With his simple exercise course I was able to train my body to an amazing physique and

become friends with the guy i hated most.

Crazy how the world works huh?

If you want to try the same program I used click [here!](#)

