YEAR 7 SPORTS COACHING MORNING

SATURDAY 7 SEPTEMBER 2018 – MAIDENHEAD RUGBY CLUB (SL6 1BN)

This morning provides an opportunity for new parents to meet with the Headmaster James Wilding, Head of Year 7 Gareth Miller, Form Tutors and the Sports Coaching staff. Moreover, we will be introducing parents to the social events of the Year, starting with the Society's Fireworks on 12 October.

The morning allows parents and boys to meet with the Sports Staff, who cover our land and water-based programme. In attendance are Mr Jost, Head of Rowing and Mr Robson who is our Head of Outdoor Education, with responsibility for our other water-based activities such as sailing and kayaking, as well as our orienteering and Duke of Edinburgh's award programme.

In addition, we provide the opportunity for all Year 7 boys to take part in a full morning's rugby coaching with the staff coaching them this year.

PARKING

When leaving the dual carriageway and approaching the rugby club, please park in the **car park immediately on your right** in the appropriate spaces. The car parks either side of the club house are for **permit holders only**.

PROGRAMME

09:10	Boys arrive at MAIDENHEAD RUGBY CLUB in SCHOOL UNIFORM
09:10	Boys change into rugby kit.
09:20	Boys and parents introduced to Staff Sports Coaches by Mr M Turner Director of Sport
09:30	Refreshments available for parents and family
11:00	End of Session, Boys go off to change
from 11:15	Refreshments for boys
by 11:45	Collection by parents who have not remained

Details of Rugby morning below.

During the session we will try to provide boys with a good and enjoyable morning's rugby as well as starting to formulate our A-B squads for our fixtures.

1	9.25 a.m.	Warm-up.
2	9.40 a.m.	Drills and skills.
3	10.30 a.m.	Matches
4	11.00 a.m.	End of session. Boys change back into uniform and then have refreshments in the club house.

We look forward to seeing you on Saturday 7 September for what should be an enjoyable morning.

Yours sincerely

Mark Turner

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Director of Sport