

CAMP MENU

Coffee and Tea, Toast, Lunch and Dinner will be provided by us – you can bring your fav toast toppings (or your own breakfast) and snacks. You are also welcome to bring your own beverages - alcoholic beverages are okay.

Leave no trace - what you bring in you have to take with you.

The food will be:

- Grass fed and finished beef from the Verge Farm Store
- Pasture raised chicken eggs from our neighbor Sue (PDC Grad Fall 2022)
- Organic Vege from Local farm Reclaim Organics
- Organic Vege from The Verge Farm
- Organic Vege from Mitch and Madi's Farm
- Coffee from Barking Cat (PDC Grad fall 2022)
- Sourdough from Yann Assemat (PDC

| | WED 21ST | THURS 22ND | FRIDAY 23RD |
|-----------|----------|--|---|
| Beverages | | Tea n Coffee | Tea n Coffee |
| Breakfast | x | Toast N Spreads - Bring your fav toast toppings | Toast N Spreads - Bring your fav toast toppings |
| Lunch | х | Grazing platterSalads | - Egg salad |

| | | | Sandwiches |
|--------|---|--|------------|
| Dinner | Burgers - Verge farm store Patties (20% organs) | Big ol pot of Chilli - Beef and veg options - Greens | х |

If you have any questions or concerns feel free to get in touch with madi@vergepermaculture.ca