

- **When God seems far away**

Psalms 139:2-4 (esv)

- (2) You know when I sit down and when I rise up; you discern my thoughts from afar.
- (3) You search out my path and my lying down and are acquainted with all my ways.
- (4) even before a word is on my tongue, behold, O Lord, you know it all together

- **When you've sinned**

Psalms 51:10-11 (esv)

- (10) Create in me a clean heart, O God, and renew a right spirit within me.
- (11) Cast me not away from your presence, and take not your Holy Spirit from me

- **Feeling anxious?**

Philippians 4:6-7 (esv)

- (6) do not be anxious about anything, but in everything by prayer supplication with thanksgiving let your requests be made known to God.
- (7) and the peace of God which surpasses all understanding will guard your hearts and your minds in Christ Jesus

- **Feeling bitter and critical?**

1 Corinthians 13:1 (esv)

If I speak in the tongues of men and angels but have not love, I am a noisy gong or clanging symbol

- **Feeling heartbroken?**

Proverbs 3:5-6 (esv)

- (5) Trust in the Lord with all your heart and do not lean on your own understanding.
- (6) In all your ways acknowledge him and he will make straight your paths

- **Feeling depressed?**

Philippians 4:13 (esv)

I can do all things through him who strengthens me

- **Feeling lonely?**

Psalms 23:4 (esv)

Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me, your rod and your staff they comfort me