Use the message notes and <u>Discussion Guide</u> to dive deeper into this message from Pastor Eric Gilbert. This message premiered 4/13/2025 on <u>3trees.Online.Church</u> and the <u>3trees Church Facebook</u> and <u>YouTube</u>.

# You can download the <u>DISCUSSION GUIDE</u> here: "HEAL | God Does"

Mark 5:25-34 CSB Now a woman suffering from bleeding for twelve years 26 had endured much under many doctors. She had spent everything she had and was not helped at all. On the contrary, she became worse. <sup>27</sup> Having heard about Jesus, she came up behind him in the crowd and touched his clothing. <sup>28</sup> For she said, "If I just touch his clothes, I'll be made well." <sup>29</sup> Instantly her flow of blood ceased, and she sensed in her body that she was healed of her affliction. <sup>30</sup> Immediately Jesus realized that power had gone out from him. He turned around in the crowd and said, "Who touched my clothes?" <sup>31</sup> His disciples said to him, "You see the crowd pressing against you, and yet you say, 'Who touched me?'" <sup>32</sup> But he was looking around to see who had done this. <sup>33</sup> The woman, with fear and trembling, knowing what had happened to her, came and fell down before him, and told him the whole truth. <sup>34</sup> "Daughter," he said to her, "your faith has saved you. Go in peace and be healed from your affliction."

# Twelve years.

That's 4,380 days.

Twelve years of waking up with the same issue.

- Doctors
- Counselors
- Bank account drained.
- Nothing worked.

#### Some of you can relate.

- You've been battling the same issue for years.
- You've also tried everything.
  - Doctors.
  - Counselors.
  - Specialists.
  - Rehabilitation centers.
  - Bank account drained.
  - Nothing worked?

For this woman, she literally spent all she had.

Still....

Twelve years of **shame**, **silence**, and being **shoved aside**.

- She wasn't just sick—she was stigmatized.
- She didn't just lose her **health**—she lost her **home**.

But one day... she heard about Jesus.

 Ref. v. 27 "Having heard about Jesus, she came up behind him in the crowd and touched his clothing"

And what she heard turned her fragile state fierce.

- HOPE was stirred.
  - Just as Heb 11:1 describes, it became a substance within her!

She came to **believe** that...

God does save.

God does **HEAL**.

That's my hope for you today.
That you will realize GOD DOES.....

As we explore God's healing power within this text, the first thing that I hope you discover is that:

1. GOD DOES SEE OUR PAIN

Mark 5:32 And [Jesus] looked around to see who had [touched Him].

#### Tension in the Text:

This woman had **no name** in the story—just a **condition**.

• Society did not recognize her by **name**, but rather by **need**.

## Have you ever been there?

- The people around you fixated on your **need** more than your **name**.
  - ...your issue more than your identity.
- They chose to define you by your...
  - Divorce
  - Addiction
  - Sickness
  - Grief

But in a **sea of people**, Jesus stopped everything to **see one person**.

- He looked past her **shame** to see her **soul**.
- You can be overlooked by everyone else and still be the focus of Jesus.
- When others look past you,
   Jesus locks eyes with you.

"God does not waste an ounce of our pain or a drop of our tears."

—Charles Swindoll

Encouragement for Life: Words of Hope and Inspiration (Nashville: Thomas Nelson, 2006), 72.

- She had been hidden by pain, but she was highlighted by grace.
- **Desperation** doesn't **disqualify** you—it **draws** Jesus near.

An **issue** of blood.

- Many of us all of us have issues.
  - Physical
  - Emotional
  - Spiritual

There are **people sitting around** you every day who are **bleeding** on the <u>inside</u>—and **no one knows**.

But Jesus sees them.
 He sees you.

If you've ever felt invisible, rejected, or misunderstood....

- ⇒ What can you do?
- Stop avoiding the press.
- Tell God the truth in prayer.
   Start with one sentence: "Jesus, here's what's bleeding in me."
- Trust that Jesus is not repelled by your pain
   —He's moved by it.

Jesus didn't just acknowledge her <u>condition</u>
—He released His <u>compassion</u>.

#### Application:

Where in your life have you assumed God isn't paying attention?

#### 2. GOD DOES RELEASE HIS POWER

**Mark 5:29-30** Instantly her flow of blood ceased, and she sensed in her body that she was healed of her affliction. <sup>30</sup> Immediately Jesus realized that **power** had gone out from him.

#### Tension in the Text:

Twelve. Years!

But one **act of faith** became the <u>intersection</u> between **human weakness** and **divine strength**.

 One moment with God did what twelve years of medicine could not.

"There is nothing too great for God's power and nothing too small for His love." —Corrie ten Boom, Each New Day (Grand Rapids: Revell, 1977), 54

- Her bleeding stopped where her believing started.
- For years, her problem persisted, but in one moment, God's power prevailed.
- She didn't need permission
   —just persistence.

And sure, her faith was **risky**, but God's power was **ready**.

 She came trembling, but she left transformed.

God's **power flows** where **faith presses**.

The miracle occurred in a moment
 —but it reshaped an entire lifetime.

This woman didn't have a **polished prayer** 

—she just reached.

- You may not feel strong today.
- You may feel like you're crawling spiritually.

 But if you'll just <u>press through</u> the crowd of fear, shame, or doubt, God will meet you with <u>power</u>.

# What can you do?

- Reach again.
- Stop waiting until you "feel" full of faith.

# Don't ignore that the healing took place in the press.

• Lean into worship, the Word, and community.

# Application:

What area of your life needs additional acts of faith—persistent reaching toward Heaven?

# 3. GOD DOES DECLARE OUR PEACE

Mark 5:34 Daughter, your faith has made you well; go in peace...

# Tension in the Text:

She wasn't just **healed** 

—she was **helped**.

⇒ Jesus gave her a title she hadn't heard in years: "DAUGHTER."

He didn't just <u>restore</u> her **health** 

—He <u>restored</u> her **home**.

### Cultural Insight:

In Jewish culture, calling her "Daughter" wasn't just sweet

—it was **scandalous**.

- This "unclean" woman had just been affirmed in front of everyone.
- Jesus was making a public declaration: "She's mine."

# Jesus didn't just heal her body

—He renamed her soul.

• She came in **broken**; she left as **beloved**.

"God loves you just the way you are, but He refuses to leave you that way." —Max Lucado Just Like Jesus (Nashville: Word Publishing, 1998), 13.

- From shame to shalom.
- Healing isn't just physical
   —it's personal, powerful, and permanent.
  - It's about wholeness.
- She reached for His hem

—but He reached for her **heart**.

You may **feel defined** by your **failure**, your **trauma**, or your **past**.

 But when Jesus calls you "Daughter" or "Son," that redefines everything.

Healing isn't just about feeling better.

• It's about becoming whole.

• Peace doesn't mean you'll never struggle again

—it means you'll never struggle alone.

# What can you do?

- Let go of the **label** the world gave you and listen to the **name Jesus speaks over you**.
- Choose to live in **peace**, not in **panic**.
- Reach up, because Jesus is reaching down.

# Application:

What false name or broken label have you been answering to instead of the one God can give you?

#### **CLOSING**

- God sees what others overlook.
- God **heals** what others **ignore**.
- God **restores** what others say is **ruined**.

# **Bottom Line**:

You don't leave the same way you came when Jesus gets involved.

- Are you tired of bleeding in silence?
- Are you afraid that your story disqualifies you?

• Are you willing—like her—to reach up in public?

If you reach for Jesus today, you won't just get **relief**—you might get **restoration**.

Because God does HEAL.

And today could be the first day of the rest of your life.

#### **ILLUSTRATION**:

Joyce Meyer, now a global speaker and author, was sexually abused by her father more than 200 times. For years, she lived with deep emotional trauma, shame, and a sense of spiritual disqualification.

#### She writes:

"I felt dirty, used, unworthy, and unlovable. I had no idea that God could heal emotional pain."

But through a process of reaching out to Jesus—through prayer, Scripture, and spiritual mentoring—she experienced deep inner healing.

"When I finally believed that God loved me unconditionally, that's when the bleeding stopped. That's when I felt peace I had never known."

—Joyce Meyer

Beauty for Ashes: Receiving Emotional Healing (New York: Warner Books, 1994), 63–65.