

## **US Together/CRIS Health & Wellness Mental Health Providers**

### Table of Contents

|                                                   |            |
|---------------------------------------------------|------------|
| <a href="#">Provider List</a>                     | ...Page 2  |
| <a href="#">Support Services</a>                  | ...Page 14 |
| <a href="#">Transportation Services Available</a> | ...Page 16 |
| <a href="#">Interpretation Services Available</a> | ...Page 17 |

### Provider List

- Bhutanese Nepali Community of Columbus
- Buckeye Ranch Program
- Center for New Americans (program of NCC)
- Community for New Direction
- Ethiopian Tewahedo Social Services
- Lawrence D. Needleman | (OSU) Harding Hospital
- Lower Lights Christian Health Centers
- Ohio Domestic Violence Network
- One Community Mental Health
- OSU STAR (Stress, Trauma, and Resilience)
- The Center for Family Safety and Healing

## PROVIDERS

### Bhutanese Nepali Community of Columbus

**Address:** 1925 E. Dublin-Granville Rd, Columbus, OH, 43229

**Wait List Time:** For their counseling services, depending on the urgency

**Insurance Accepted:** Accepts clients without insurance. Everything is free.

**Transportation Services:** No transportation services available

**Interpretation Services:** Nepali, Urdu, Hindi, and English

- Tries to accommodate other languages, however does not have a set system.

#### **Services Provided:**

- **Demographic:** Normally Nepali, Pakistani, and South Asian. Also takes English-speaking Afghans, Ukrainians, and Arabs.
- Case Management (applications to social services; assessing social/health/civic/education/economic needs; healthcare education and connections; housing assistance; bills payment and financial management; interpretation and translation; job education and placement)
- Health and Wellness assistance (mental health first aid training; wellness programming; scheduling appointments; scheduling medical transportation; free health screenings and clinics, mental health awareness)
- Counseling Services Highly competitive, only have 4-5 clients at a time.
  - Requirements: no insurance, emergency cases, usually women, usually Nepali speakers.
  - Group Therapy
- Education (ESOL classes; citizenship classes; youth programs; higher education applications)
- Language and Culture (Nepali language classes; early cultural programs; cultural celebrations and awareness)
- Sports and Recreation (boys and girls soccer clubs; karate/dance/cricket clubs)

#### **Referral Process**

- Director of Bhutanese Nepali Community of Columbus: Sudarshan Pyakurel
- Email best for referrals: info@bccoh.org
- Phone: (614)-396-8965

#### **Interested in Spring training on Refugee mental health?**

Yes, providers have minimal experience with refugees and stated they are interested

Not interested or not relevant (provider already serves refugees/immigrants extensively)

### **Buckeye Ranch**

**Address:** 2440 Dawnlight Avenue, Columbus, OH, 43211

**Telephone:** (614)-471-2626

**Wait List Time:** yes, depending on the clients and their needs

**Insurance Accepted:** accept Medicaid and uninsured who meet grant requirements

- Not in network for commercial insurance, but accept clients through Medicaid
- Uninsured clients can be covered if they meet the requirements under the Franklin County ADAMH (Alcohol, Drug, and Mental Health) Fund (sliding scale)
  - Must submit proof of residency and proof of income to be accepted

**Transportation Services:** Yes

**Interpretation Services:** Have Somali/ English speakers available.

**Services Provided:**

- Outpatient counseling
- Mental health education
- Community-based services (not included in the Somali Outreach Program): Intensive Home Based Treatment, Multisystemic Therapy (MST), Functional Family Therapy (FFT), Intensive Family Support Program (IFSP) Advocacy and support.
- Somali Outreach Program - provides culturally specific, intensive, and non-intensive clinical and case management services. Through the use of Somali-speaking interpreters and trained staff, we provide support for Somali youth and families struggling with symptoms related to loss, trauma, and resettlement, as well as issues common to the process of merging two or more cultures. This program also connects Somali families to community resources specific to their needs. Our staff has been trained to provide 24-hour crisis support and intervention
  - Serves mostly children, adolescents, and their families
  - Residential program
  - Outreach services that focus on destigmatizing mental health.
  - Cultural orientation: Adjustment to life in the United States and understanding the school system, where and how to access services
  - Advocating for their clients rights and access to services.

**Referral process:**

- Intake phone number: (614)-384-7798
- Referrals can be faxed to: (614)-384-7703

**Names of primary contacts/titles/email or phone:**

- Susan Odhiambo: (740)-564-6277 regarding the Somali Outreach Program
- sodhiambo@buckeyeranch.org

**Interested in Spring training on Refugee mental health?**

- ~~Yes, providers have minimal experience with refugees and stated they are interested~~
- Not interested or not relevant (provider already serves refugees/immigrants extensively)

### Center for New Americans

**Address:** 1299 McNaughten Rd, Columbus, OH, 43232

**Waitlist time:** Approximately two weeks for initial assessment

**Insurance Accepted:**

- All CNA services are free or covered by insurance
- Accepts commercial insurance, Ohio Marketplace insurance, Medicaid/Medicare, and MyCare (full insurance list [here](#)).
- Uninsured clients can have their fees covered by a CNA grant as long as they live in Franklin County.

**Transportation Services:** Case managers can provide transportation services once clients are registered into CNA. CNA can also provide bus passes.

**Interpretation Services:** 8 staff are bilingual and speak Nepali. Other interpreters are available, but only at other NCCC offices.

**Services Provided:**

- Counseling services - CNA has a clinician at the office every Thursday
- Case management - taking to doctors appointments or pharmacies, grocery shopping, language assistance, benefit linkage, transportation to office, etc.
- Yoga, karate, dance, and meditation classes (weekend programs)
- Psychoeducation groups on topics such as suicide prevention, women & families, etc.
- Access to mental health and substance abuse treatment; Linkage to community resources and healthcare
- Women's group held on Tuesdays

**Referral process:**

- Referrals can be done through general intake form and sent to intake emails

**Names of primary contacts/titles/email or phone:**

- Name: Uma Acharya
  - Main number: (614)-582-2368
  - Fax: faxcna@northcommunity.com
  - Intake emails: nmishra@northcommunity.com and Uacharya@northcommunity.com

**Interested in Spring training on Refugee mental health?**

Yes, providers have minimal experience with refugees and stated they are interested

Not interested or not relevant (provider already serves refugees/immigrants extensively)

### Community for New Direction

**Address:** Several locations

**Wait List Time:** No wait times - for both therapy sessions and psychiatrists (maximum 2 week wait for appointments, urgent cases can be addressed sooner)

**Insurance Accepted:** Accept Medicaid, most commercial insurance, self pay options (sliding scale fees available, CND often waves these fees when possible)

**Transportation Services:** Transportation available through CND vans for transport to and from appointments; can also provide bus passes

**Interpretation Services:**

- Both in-person and phone interpreters available
- Interpretation services not typically used in group settings

**Services Provided:**

- Outpatient Care services: treatment for minor to severe mental health illnesses, highly equipped for clients with substance use disorders
  - IOP program offered 16 weeks, 3 times per week
  - SPMI (Severe Persistent Mentally Ill) team
  - ACT (Assertive Community Training): team for addressing needs directly in community
  - Focuses on opiate and meth dependencies, secondary addressed marijuana and cocaine dependencies
- Group sessions: based on gender, family therapy, pregnant women
- 5-man house available for those who are homeless/recovering from addiction
- ‘Scholar Houses’ available for ages 18-24 enrolled in school; offers case management and assistance for high-functioning clients with mental illnesses or SUD
- Collaboration with courts and probation offices to work with clients with substance use disorders (treatment, case management, etc.)
- Group therapy
  - Gender groups for substance abuse disorders, family therapy, medication management, and starting a group for pregnant women
- Social Services: Connection for Financial assistance, housing employment, primary care, and emergency needs.

**Referral process:** Send referral information to intake specialist or vice president (below)

**Names of primary contacts/titles/email or phone:**

- Treatment number: (614)-252-4941
- Info number: (614)-272-1464
- Chelsea Vanburen: Intake specialist
- Charles Williams: VP, can refer to programs and intakes

**Interested in Spring training on Refugee mental health?**

Yes, providers have minimal experience with refugees and stated they are interested

Not interested or not relevant (provider already serves refugees/immigrants extensively)

### **Ethiopian Tewahedo Social Services**

**Address:** 1060 Mt. Vernon Ave, Columbus, OH, 43203

**Wait List Time:** No wait time

**Insurance Accepted:** No fees for services

**Transportation Services:** Outsource transportation services

**Interpretation Services:** Outsource interpretation services

**Services Provided:**

- Serve clients ages 5 and older
- Adult Services: Workforce program (case management, ESOL, financial literacy); Family care program (empowerment and education, resources to address domestic violence, sexual assault, human trafficking or stalking); Community Mental Wellness Navigator Program (addressing behavioral and mental health needs); Crisis Counseling program (outreach, referral, and community education for behavioral health, food insecurity, rent, etc.)
- Youth Programs: several programs (after school, summer, etc.) focused on academic skill attainment, cultural enrichment, social emotional learning, wellness and parental engagement from a trauma-informed care approach
- Community Involvement: New American Community Impact Collaborative (coordination with law enforcement, collaboration with the interfaith community and dialogue between New Americans, government officials, long-time residents, business community and stakeholders); Cultural Competency Training (for individuals, companies, school institutions); Trauma Responsive Care Training

**Names of primary contacts/titles/email or phone:**

- Main number: (614)-252-5362
- Suzanne Schaefer, Director of Adult Services
  - Phone: (614)-252-5362 x 206
- Amanuel Merdassa, Director of Youth Programs
  - Phone: (614)-252-5362 s209
- Email: info@ethiotss.org

**Interested in Spring training on Refugee mental health?**

Yes, providers have minimal experience with refugees and stated they are interested

Not interested or not relevant (provider already serves refugees/immigrants extensively)

**Lawrence D. Needleman (OSU)**

**Address:** 1800 Zollinger Rd, Columbus, OH, 43221

**Wait List Time:** No wait time for the refugee clinic. The refugee client is only open on Thursdays. If a refugee wants to access services outside of the refugee clinic, a wait time is around 3 months.

**Insurance Accepted:** The refugee clinic takes refugee clients: insured and uninsured.

**Transportation Services:** Transportation services are provided through CRIS.

**Interpretation Services:** Interpretation services are through CRIS and Montii.

**Services Provided:**

- Inpatient- age/length of average stay: 5 days
- Outpatient: group therapy
- Family medicine
- Psychologist
  - Specialized in anxiety disorders (OCD, panic disorder, generalized anxiety, phobias, and PTSD)
- Refugee clinic: Open to all refugees on Thursdays.

**Referral process:**

- Igboeli Blessing, Psychiatrist (only clinician for the refugee clinic)
  - Email: blessing.igboeli@osumc.edu

**Interested in Spring training on Refugee mental health?**

Yes, providers have minimal experience with refugees and stated they are interested

Not interested or not relevant (provider already serves refugees/immigrants extensively)

### Lower Lights Christian Health Center

**Address:** 7 locations

**Wait List Time:** Can be scheduled right away, but it may be a wait to be seen.

**Insurance Accepted:**

- Accepts both insured and uninsured; sliding fee scale available for those who qualify.
- Federally qualified (FQHC) – community health center than can serve anyone regardless of immigration status or whether they have insurance

**Transportation Services:** Possibly vouchers available for transportation/Medical Taxis

**Interpretation Services:** Doctors, nurses, and staff available who speak other languages; On-site Spanish interpreters at Franklinton health center; other interpretation services through phone and iPad are available

**Services Provided:**

- PCP/NP for general medical care
- Psychiatric Mental Health Nurse Practitioner – for med management
- Substance Use Disorder Treatment (MAT)
- Outpatient therapy
- Primary care
- Pharmacy (prescriptions available at reduced costs)
- Women's health (prenatal and postpartum care, case management, OB-GYN care)
- Nutrition services
- Pediatric care
- Dental and Vision care
- Spiritual care
- PrEP HIV prevention

**Names of primary contacts/titles/email or phone:**

- Main number: (614)-274-1455
- For refugee/immigrant behavioral health referrals: Behavioral Health Navigator - Kate Porter kate.porter@llchc.org (x1501)
  - Director of Behavioral Health - Karen O'Brien: karen.obrien@llchc.org
  - Clinician - Amanda Epting, LSW: amanda.epting@llchc.org

**Interested in Spring training on Refugee mental health?**

Yes, providers have minimal experience with refugees and stated they are interested

Not interested or not relevant (provider already serves refugees/immigrants extensively)

### **Ohio Domestic Violence Network**

**Address:** 1855 E. Dublin-Granville Rd, Suite 301, Columbus, OH, 43229

**Wait List Time:** No wait list. However programs may not be open because of funding.

**Insurance Accepted:** Accepts everyone regardless of insurance.

**Transportation Services:** It is provided in their services.

**Interpretation Services:** Yes, Provides to each client's need.

**Services Provided:**

- Brain injury
- Legal services/ attorney assistance (depending on income and their case)
- GBV Prevention
- Relocation, safety assistance, escape planning, provide up to \$1200 for relocating assistance.
- Training to NGO employees on how to deal with victims of domestic violence

**Referral process:**

- Sarah Froimson, MPH: Director of Health Access
- Email: sarahf@odvn.org

**Names of primary contacts/titles/email or phone:**

- Main Telephone: (614)-781-9651

**Interested in Spring training on Refugee mental health?**

Yes, providers have minimal experience with refugees and stated they are interested

Not interested or not relevant (provider already serves refugees/immigrants extensively)

### One Community Mental Health

**Address:** 1425 East Dublin-Granville Rd, Suite 105, Columbus, OH, 43229

**Wait List Time:** No current wait list

**Insurance Accepted:** Medicaid provider; accepts Molina Healthcare, United Healthcare, Aetna, Paramount Advantage, CareSource, Buckeye Health Plan

**Transportation Services:** Transportation provided for clients who need it

**Interpretation Services:** One on-site case worker who speaks Swahili; interpretation services primarily used via phone

**Services Provided:** 4 programs available:

- **Peer Recovery Program:** (community-based addiction/substance abuse recovery, help promote self-sufficiency after recovery, 1-3+ meetings a week)
- **Therapeutic Behavioral Services:** (case management program, linkage of healthcare/behavioral health/non-healthcare services, 1-4 meetings a week with families and children)
- **Psychosocial Rehabilitation:** (assisting clients with MH issues in parenting skills, emotional/social/cognitive skills, through evidence-based practices. Can refer out for therapy if needed. 1-3 meetings a week, any age)
- **Community Psychology Supportive Services:** (coordination through case management to link with employment, housing, medical services, food pantries, clothing, etc.; meet 2-3 times per week). More information on programs can be found [here](#).

#### **Referral process:**

- complete referral form on website or call to get information; takes about a week to contact client; able to complete client's assessment in office, at home, or via telehealth (takes 90 minutes). Can find referral form at <https://onecmh.com/referral>.

#### **Names of primary contacts/titles/email or phone:**

- Main number: (614)-902-4503
- can contact Roberta with questions at [r.acheampong@onecmh.com](mailto:r.acheampong@onecmh.com)

#### **Interested in Spring training on Refugee mental health?**

Yes, providers have minimal experience with refugees and stated they are interested

Not interested or not relevant (provider already serves refugees/immigrants extensively)

### **OSU STAR (Stress, Trauma, and Resilience)**

**Address:** 3650 Olentangy River Road, Suite 302, Columbus, OH, 43214

- Program with the University hospital

**Wait List Time:** Two weeks usually for the referral process plus 1.5 to 3 weeks for placement in a therapy session with a clinician. However all clients have access to informal psychosocial aid and training prior to the group therapy. This information is mostly available in the orientation.

#### **Insurance Accepted:**

- All services are free of charge. If a client needs medication and does not have insurance, OSU Star works with them to acquire healthcare insurance.

#### **Transportation Services:**

- Company driver: Free of charge
- Free bus passes

#### **Interpretation Services:**

- Ohio State University offers in person translation of the top 10 most common languages.
- If a language is not available, they use Manti.
- Translation services to the hard of hearing.

#### **Services Provided:**

- Trauma informed therapy from violence
- Professional training - emotional support team training
- Support for survivors - evidence based therapies
- Orientation - introduction the psychotherapy, relaxation techniques, what to expect, psych 101, coping skills
- Ethically approved psychological assessments: DASS 21, PC15, general questions.
- Group therapy
- CBT Therapy
- Individual based therapy for non-English speakers
- Referral to non-mental health or unavailable mental health services

#### **Referral process:**

- Main number: (614)-293-7827
- Sara Ghiloni
  - Email: sara.ghiloni@osumc.edu
  - (614)-366-2333

#### **Interested in Spring training on Refugee mental health?**

Yes, providers have minimal experience with refugees and stated they are interested

Not interested or not relevant (provider already serves refugees/immigrants extensively)

### **The Center for Family Safety and Healing**

**Address:** 655 East Livingston Avenue, Columbus, OH, 43205

**Wait List Time:** Varies based on the program

**Insurance Accepted:** Medicare, Medicaid, accept uninsured clients.

**Transportation Services:** Sometimes offer bus vouchers

**Interpretation Services:** Utilizes the hospital interpretation program.

#### **Services Provided:**

- Counseling and advocacy services for adult victims of domestic violence
- Comprehensive evaluations of alleged abuse or neglect for children/adolescents
- Child and family counseling for experiencing/witnessing physical abuse, sexual abuse, or domestic violence
  - Group and Family Therapy Services: Just for child abuse and neglect
  - Behavioral health therapy
- Community training programs on education and prevention
- Fostering Connections Program (clinic for children and adolescents placed in foster or out-of-home care)
- Prenatal and Home Visiting services

#### **Referral process:**

- Adult Services: (614) 722-8293

#### **Names of primary contacts/titles/email or phone:**

- Main number: (614)-722-8200
- Fax: (614)-722-4046
- Email: Info@FamilySafetyandHealing.org
- Director of External Affairs: Sheryl E. Clinger
  - sheryl.clinger@familysafetyandhealing.org
  - Direct dial: (614)-722-4830
- Intake: Jami Casto
  - Phone (614)-722-3278

#### **Interested in Spring training on Refugee mental health?**

Yes, providers have minimal experience with refugees and stated they are interested

Not interested or not relevant (provider already serves refugees/immigrants extensively)

**OTHER MENTAL HEALTH PROVIDERS**

Attempted to contact multiple times but did not respond

Heart of Ohio Family Health Centers

Mount Carmel CTAP

Netcare (Emergency Psychiatric Care In-Patient)

North Community Counseling (includes CNA)

Ohio Guidestone

Primary One Health

## **ADDITIONAL ORGANIZATIONS**

Provide supportive services - Mental Health services NOT provided

### **Charitable Healthcare Network - offer referral services**

**Address:** 88 East Broad Street, Suite 1475, Columbus, OH, 43215

**Insurance Accepted:** Charitable Healthcare provided within its clinics

**Services Provided:**

- “The Charitable Healthcare Network is the support and advocacy organization for Ohio's charitable health care organizations. We exist to connect and strengthen Ohio's health care safety net through member development, resource sharing, advocacy, organizational development, and capacity building.”
- Free medicine distribution
- Types of health services:
  - Primary Care, Physicals, Dental Care, Vision Screenings, Prescription Assistance, Women's Health, Mental Health Counseling

**Names of primary contacts/titles/email or phone:**

- Main number: (614)-914-6458
- Email: available on website
- Nora Lyons, Director of Resource Development
  - Phone number: (614)-869-3415
  - [nlyons@charitablehealth.org](mailto:nlyons@charitablehealth.org)
- Website to refer clients:
  - <https://www.charitablehealthcarenetwork.org/who-we-are/clinic-map-test.html>

### **Muslim Family Services - offer support/social services**

**Address:** 4900 Reed Rd, Columbus, OH, 43220

**Insurance Accepted:** Program services are no cost to patients

**Services Provided:**

- They help with basic needs (like shelter, utilities, and food), resettlement support and paperwork assistance (like applying for benefits, insurances or completing immigration documents). They also offer offer mediation and conflict resolution services, ESL classes, Janazah (Muslim funeral) services; and they hold a school supply drive, toy drive and provide food boxes.

**Names of primary contacts/titles/email or phone:**

- Jenn Sami
- Main phone number: (614)-470-2848
- Email: [ohiomfs2@gmail.com](mailto:ohiomfs2@gmail.com)

### Transportation Services Available

*Provider:* **Center for New Americans**

*Transportation Services:* Case managers can provide transportation services once clients are registered into CNA. CNA can also provide bus passes.

*Provider:* **Community for New Direction**

*Transportation Services:* Transportation available through CND vans for transport to and from appointments; can also provide bus passes

*Provider:* **Ethiopian Tewahedo Social Services**

*Transportation Services:* Outsource transportation services

*Provider:* **Lawrence D. Needleman (OSU)**

*Transportation Services:* Transportation services are provided through CRIS.

*Provider:* **Lower Lights Christian Health Center**

*Transportation Services:* Possibly vouchers available for transportation/Medical Taxis

*Provider:* **Ohio Domestic Violence Network**

*Transportation Services:* Provided in their services.

*Provider:* **One Community Mental Health**

*Transportation Services:* Transportation provided for clients who need it

*Provider:* **OSU STAR (Stress, Trauma, and Resilience)**

*Transportation Services:* Company driver (free of charge); free bus passes

*Provider:* **The Center for Family Safety and Healing**

*Transportation Services:* Sometimes offer bus vouchers

### Interpretation Services Available

*Provider:* **Bhutanese Nepali Community of Columbus**

*Interpretation Services:* Nepali, Urdu, Hindi, and English

*Provider:* **Center for New Americans**

*Interpretation Services:* 8 staff are bilingual and speak Nepali. Other interpreters are available, but only at other NCCC offices.

*Provider:* **Community for New Direction**

*Interpretation Services:* Both in-person and phone interpreters available, interpretation services not typically used in group settings

*Provider:* **Ethiopian Tewahedo Social Services**

*Interpretation Services:* Outsource interpretation services

*Provider:* **Lawrence D. Needleman (OSU)**

*Interpretation Services:* Interpretation services are through CRIS and Montii.

*Provider:* **Lower Lights Christian Health Center**

*Interpretation Services:* Doctors, nurses, and staff available who speak other languages; On-site Spanish interpreters at Franklinton health center; other interpretation services through phone and iPad are available.

*Provider:* **Ohio Domestic Violence Network**

*Interpretation Services:* Yes, Provides to each client's need.

*Provider:* **One Community Mental Health**

*Interpretation Services:* One on-site case worker who speaks Swahili; interpretation services primarily used via phone

*Provider:* **OSU STAR (Stress, Trauma, and Resilience)**

*Interpretation Services:* Ohio State University offers in person translation of the top 10 most common languages (if a language is not available, they use Mantii). Translation services to the hard of hearing.

*Provider:* **The Center for Family Safety and Healing**

*Interpretation Services:* Utilizes the hospital interpretation program.