

Ballard University 2020

Course Catalog

Between the two school breaks, Ballard Elementary School, with the help of wonderful volunteer instructors, offers after school programs for our students. Below is a list of course descriptions we offer. Please pay close attention to the details provided as each course differs. All courses meet from 3:10-4:10 on the specified dates. Courses will be filled using a lottery system with courses being selected on February 3rd. Late registrations cannot be included in the lottery pick so please return your registration form as soon as possible.

1. FAIRY GARDENS (Grades 4-5) Wednesday/Thursday: 4/1 & 4/2

Instructors: Jael Beckman & Kari Nolan (Limit of 10 Students)

Students will create their very own enchanted fairy garden. Session one will begin with crafting and creating mini components. During session two, students will put the garden together including live plants. Imagination and attendance at all three sessions is required! *This is a 2-part class. (*There is a \$2 fee associated with this class.)*

2. CHEERLEADING 101 (Grades K-5) Wednesdays: 3/11, 3/25 & 4/8

Instructor: Desiree Struppa-Skaly (Limit of 15 Students)

Students will learn the basics of cheerleading. They will learn motions and formations as well as the types of jumps performed. By the end of the course they will have learned three (3) sideline cheers to perform for family and friends! *This is a 3-part class.*

3. GO KIDS (Grades K-2) Wednesdays: 3/4 & 3/11

Instructor: Emmie Doin (Limit of 15 Students)

Go Kids is perfect for those who love to be active, play, and have fun! Students will play traditional games like basketball, flag football, and soccer, but also classics like Capture the Flag, 4-Square, kickball, and more!. *This is a 2-part class.*

4. HOW COMPUTERS WORK (Grades 4-5) Monday & Wednesday: 3/2 & 3/4

Instructor: Alessandro Spada (Limit of 10 Students)

Students will acquire a basic knowledge of how computers operate and learn about the components of a computer through an interactive demonstration of how to take computers apart and put them back together. *This is a 2-part class.*

5. MAKE YOUR OWN WIND CHIME Session 1 (same as Session 2 & 3)

(Grades K-1) Monday: 3/16

Instructor: Jael Beckman (Limit of 10 Students)

Students will color, construct, and create their very own bug themed wind chime.

This is a 1-part class.

6. MAKE YOUR OWN WIND CHIME Session 2 (same as Session 1 & 3)

(Grades K-1) Thursday: 3/19

Instructor: Jael Beckman (Limit of 10 Students)

Students will color, construct, and create their very own bug themed wind chime.

This is a 1-part class.

7. MAKE YOUR OWN WIND CHIME Session 3 (same as Session 1 & 2)

(Grades K-1) Monday: 3/23

Instructor: Jael Beckman (Limit of 10 Students)

Students will color, construct, and create their very own bug themed wind chime.

This is a 1-part class.

8. LEARN TO CODE! (Grades 2-3) Monday 3/16 & 3/23

Instructor: Janeen Gannon (Limit of 15 students)

Students will use Scratch to learn the basics of coding by picking a name or word and bring the letters to life through animation, sound and music. *This is a 2-part class.*

9. LEARN TO CODE! (Grades 4-5) Monday 3/30 & 4/6

Instructor: Janeen Gannon (Limit of 15 students)

Students will learn about computer science and Scratch and then use loops, events, and sequencing to design and animate a Google logo. *This is a 2-part class.*

10. SOLVING the RUBIK'S CUBE (Grades 4-5) Thursdays: 3/19, 3/26 & 4/2

Instructor: Doug Heller (Limit of 10 Students)

Students will learn the tips and tricks towards solving a 3X3 Rubik's Cube. Cube notation will be introduced along with one method in solving the cube. Solving the cube takes practice, but is a satisfying challenge. Attendance at all sessions is highly recommended. *This is a 3-part class.*

11. LATCH-HOOKING (Grades 4-5) Wednesdays: 3/4, 3/11, 3/18, 3/25, 4/1 & 4/8

Instructor: Mariann Zeigler (Limit of 10 Students)

Students will learn latch-hook weaving using pre-printed design kits. Kits will contain color coded canvases, pre cut yarn, a chart, and a latch hook. At the end of the course, students will bring home a finished product (or a product with the skills to finish it). *This is a 6-part class.*

12. BASIC FIRST AID & YOUTH SAFETY Session 1 (same as Session 2) **(Grades 3-5)**

Monday/Thursday: 3/16 & 3/19

Instructor: Bristie Tracy, RN (Limit of 15 Students)

Students will learn how to recognize unsafe conditions they may encounter in their daily lives, and how to treat injuries with basic First Aid skills. This includes injuries from sports, playgrounds, wilderness, and other areas where potential hazards may be present. Students will make a basic First Aid kit to bring home. *This is a 2-part class.*

13. BASIC FIRST AID & YOUTH SAFETY Session 2 (same as Session 1) **(Grades 3-5)**

Monday/Thursday: 4/6 & 4/9

Instructor: Bristie Tracy, RN (Limit of 15 Students)

Students will learn how to recognize unsafe conditions they may encounter in their daily lives, and how to treat injuries with basic First Aid skills. This includes injuries from sports, playgrounds, wilderness, and other areas where potential hazards may be present. Students will make a basic First Aid kit to bring home. *This is a 2-part class.*

14. YOGA for KIDS (Grades 4 & 5) Wednesdays: 3/4, 3/11 & 3/18

Instructor: Lisa Huchro (Limit of 10 Students)

Students will learn basic YOGA techniques to help improve strength, balance, coordination, and relaxation. We will listen to music and play a variety of games to assist in this learning experience. Either a YOGA mat or beach towel are needed. *This is a 3-part class.*

15. SCRAPBOOKING (Grades 3-5) Wednesdays: 3/18 & 4/1

Instructors: Dianne Petteys & Mariah Ball (Limit of 10 Students)

Students will begin creating a personal scrapbook of pets, hobbies, sports, family and friends using pictures, stickers, and other embellishments. Students will need to bring in pictures to use in creating their scrapbook. *This is a 2-part class.*

16. ARM KNITTING (Grades 3-5) Mondays: 3/16, 3/23, 3/30 & 4/6

Instructor: Jennifer Haviland (Limit of 10 Students)

Students will learn how to knit with just their hands and arms using soft fluffy yarn. *This is a 4-part class.*

17. PAINT & SIP (Grades K-1) Monday/Wednesday: 3/2 & 3/4

Instructors: Jael Beckman & Kari Nolan (Limit of 10 Students)

Students will create a work of art with guidance. *This is a 2-part class.*

18. PAINT & SIP (Grades 2-3) Wednesday/Thursday: 3/11 & 3/12

Instructors: Jael Beckman & Kari Nolan (Limit of 10 Students)

Students will create a work of art with guidance. *This is a 2-part class.*

19. TAE KWON DO (Grades K-1) Wednesdays: 3/18 & 3/25

Instructor: Glens Falls Tae Kwon Do (Limit of 15 Students)

Students will be introduced to the basic kicks, blocks and stances of Tae Kwon Do while exercising the skills of courtesy, respect and self control inherent to this Korean martial art.

This is a 2-part class.

20. TAE KWON DO (Grades 2-3) Wednesdays: 4/1 & 4/8

Instructor: Glens Falls Tae Kwon Do (Limit of 20 Students)

Students will be introduced to the basic kicks, blocks and stances of Tae Kwon Do while exercising the skills of courtesy, respect and self control inherent to this Korean martial art.

This is a 2-part class.

21. TAE KWON DO (Grades 4-5) Mondays: 3/23, 3/30, & 4/6

Instructor: Glens Falls Tae Kwon Do (Limit of 25 Students)

Students will be introduced to the basic kicks, blocks and stances of Tae Kwon Do while exercising the skills of courtesy, respect and self control inherent to this Korean martial art.

This is a 3-part class.

22. “CHOPPED JR” Session 1 (same as Session 2) (Grades 3-5) Wednesday: 3/18

Instructor: Shannon Beckwith (Limit of 20 Students)

Students will work in groups to create a dessert with mystery ingredients. The desserts will be evaluated by the chef and then enjoyed by their creators. *This is a 1-part class.*

(Unfortunately, food allergies can't be accommodated for this class.)

23. “CHOPPED JR” Session 2 (same as Session 1) (Grades 3-5) Thursday: 3/19

Instructor: Shannon Beckwith (Limit of 20 Students)

Students will work in groups to create a dessert with mystery ingredients. The desserts will be evaluated by the chef and then enjoyed by their creators. *This is a 1-part class.*

(Unfortunately, food allergies can't be accommodated for this class.)

24. SIMPLE SEWING FOR KIDS (Grade 3-5) Mondays: 3/2, 3/16, 3/23 & 3/30

Instructor: Janelle Heath (Limit of 10 Students)

Students will craft their own mini-soft plushie or “ugly doll” using a hand-sewing running stitch. Their design will be stuffed with polyfill and embellished with buttons and topped with googly eyes. *This is a 4-part class.*

25. DESIGN YOUR OWN T-SHIRT (Grades 3-5) Monday/Thursday: 3/23 & 3/26

Instructor: Mariah Ball and Babs James (Limit 10 Students)

Students will draw their own design that will be ironed on a t-shirt! *This is a 2-part class.*

26. GOT POT-HOLDERS? Session 1 (same as Session 2) **(Grades 3-5)**

Thursdays: 3/5, 3/12 & 3/19

Instructor: Mariann Zeigler (Limit of 10 Students)

Students will be introduced to the joy of creating something useful with their own hands. This activity encourages creative expression and the opportunity to make a functional item for use in their home. At the end of the course, students will bring home at least one finished product.

This is a 3-part class.

27. GOT POT-HOLDERS? Session 2 (same as Session 1) **(Grades 3-5)**

Thursdays: 3/26, 4/2 & 4/9

Instructor: Mariann Zeigler (Limit of 10 Students)

Students will be introduced to the joy of creating something useful with their own hands. This activity encourages creative expression and the opportunity to make a functional item for use in their home. At the end of the course, students will bring home at least one finished product.

This is a 3-part class.

28. RAMP RACE! STEM Activity (Grades 3-5) Monday: 3/2

Instructor: Kymberly Amodio & Allison Hudson (Limit of 15 Students)

Students will investigate how to slow the speed of an object as it travels down a ramp. *This is a 1-part class.*

29. FOLLOW the LEADER! STEM Activity (Grades 3-5) Monday: 3/16

Instructor: Kymberly Amodio & Allison Hudson (Limit of 15 Students)

Students will create paper airplanes using a collaborative, problem-solving approach. Each team will have a "Leader" and a "Follower." The Leaders will examine a paper airplane and write a set of directions for constructing it. The Followers will follow the written instructions to reconstruct the object. *This is a 1-part class.*

30. HALF HOUR TOWER! STEM Activity (Grades 3-5) Monday: 3/23

Instructor: Kymberly Amodio & Allison Hudson (Limit of 15 Students)

Students will work in teams to construct the tallest tower possible from spaghetti sticks and miniature marshmallows in 30 minutes. *This is a 1-part class.*

31. BRIDGE BUILDERS! STEM Activity (Grades 3-5) Monday: 3/30

Instructor: Kymberly Amodio & Allison Hudson (Limit of 15 Students)

Students will design and build a bridge that can hold a cup of marbles without breaking or collapsing. *This is a 1-part class.*

32. THE SKY IS FALLING! STEM Activity (Grades 3-5) Monday: 4/6

Instructor: Kymberly Amodio & Allison Hudson (Limit of 15 Students)

Students will work in teams to design and construct a parachute that will slow the descent of a golf ball as much as possible when dropped from a predetermined height. *This is a 1-part class.*

33. GAMES GALORE! Session 1 (same as Session 2) (Grades 2-5)

Thursday/Monday: 3/19 & 3/23

Instructors: Ginny Lee (Limit of 20 Students)

Students will collaborate with Skidmore College students and their professor to design and play a variety of FUN and engaging games that enhance number sense and mathematical reasoning. *This is a 2-part class.*

34. GAMES GALORE! Session 2 (same as Session 1) (Grades 2-5)

Thursday/Monday: 4/2 & 4/6

Instructors: Ginny Lee (Limit of 20 Students)

Students will collaborate with Skidmore College students and their professor to design and play a variety of FUN and engaging games that enhance number sense and mathematical reasoning. *This is a 2-part class.*

35. CHOCOLATE GIFT BAG (Grades K & 1) Wednesday: 4/1

Instructor: Lisa Huchro (Limit of 15 Students)

Students will press premade chocolate clay into molds and create a gift bag to hold the tasty treats. *This is a 1-part class.*

36. CHOCOLATE GIFT BAG (Grades 1 & 2) Wednesday: 4/8

Instructor: Lisa Huchro (Limit of 15 Students)

Students will press premade chocolate clay into molds and create a gift bag to hold the tasty treats. *This is a 1-part class.*

37. SCIENCE CLUB (Kindergarten) Wednesdays: 4/1 & 4/8

Instructor: Debbie Wright (Limit of 15 Students)

Students will engage in a variety of fun kid-friendly science experiments that will develop their appreciation of everyday science. Some experiments may get a little messy so participants should dress accordingly. *This is a 2-part class.*

38. SCIENCE CLUB (Grade 1) Wednesday/Monday: 3/25 & 4/6

Instructor: Debbie Wright (Limit of 15 Students)

Students will engage in a variety of fun kid-friendly science experiments that will develop their appreciation of everyday science. Some experiments may get a little messy so participants should dress accordingly. *This is a 2-part class.*

39. SCIENCE CLUB (Grade 2) Mondays: 3/2 & 3/16

Instructor: Debbie Wright (Limit of 20 Students)

Students will engage in a variety of fun kid-friendly science experiments that will develop their appreciation of everyday science. Some experiments may get a little messy so participants should dress accordingly. *This is a 2-part class.*

40. SCIENCE CLUB (Grade 3) Wednesdays: 3/4 & 3/18

Instructor: Debbie Wright (Limit of 20 Students)

Students will engage in a variety of fun kid-friendly science experiments that will develop their appreciation of everyday science. Some experiments may get a little messy so participants should dress accordingly. *This is a 2-part class.*

41. SCIENCE CLUB (Grade 4) Mondays: 3/23 & 3/30

Instructor: Debbie Wright (Limit of 20 Students)

Students will engage in a variety of fun kid-friendly science experiments that will develop their appreciation of everyday science. Some experiments may get a little messy so participants should dress accordingly. *This is a 2-part class.*

42. SCIENCE CLUB (Grade 5) Wednesday: 3/11 (potential K Helpers on 4/1 & 4/8)

Instructor: Debbie Wright (Limit of 20 Students)

Students will engage in a variety of fun kid-friendly science experiments that will develop their appreciation of everyday science. Some experiments may get a little messy so participants should dress accordingly. *This is a 1-part class.*

Ballard University Course Registration Form

Please review the course descriptions and select the classes in which you are most interested. Every attempt will be made to place all children in their first choice, but class sizes are limited so it is important to let us know a second or third choice. **We will assign classes through a lottery system.** Please fill out this registration form and return it to your teacher right away!

On the day of your child's course he/she will be dismissed to the cafeteria at 3:10 for sign in. Classes conclude at 4:10 and children will be brought to the Main Lobby and released once they are signed out by the person designated below.

All registrations must be received no later than January 30th.
Confirmations will be emailed (or sent home if no email is indicated) on
Tuesday, February 11th.

Student name: _____

Teacher: _____ Grade: _____

Parent/Caregiver Name(s):

E-mail address _____

Phone number _____ Emergency Phone Number

Please Check One:

☐ My child will ride the late bus to this address: _____

☐ My child will be picked up at 4:10 by _____

☐ My child will go to Kids Korner

For safety reasons, all students will need to be signed out by the adult designated on this registration form.

I am available to assist in my child's class if additional help is needed: YES NO

(List Course Choices on Back)

PLEASE TEAR OFF TO BE RETURNED TO BALLARD NO LATER THAN JANUARY 30TH!

BALLARD UNIVERSITY COURSE CHOICES

1st choice

(Number) _____

(Course Title) _____

2nd choice

(Number) _____

(Course Title) _____

3rd choice

(Number) _____

(Course Title) _____

By signing below I give my child permission to participate in the BALLARD UNIVERSITY after school program. **I understand that I am responsible for sending snack in for my child and for his/her transportation home at 4:10PM when class has ended (unless I have requested district transportation). I will also discuss with my child that he/she will be staying at school for the course on the day(s) of the program as well as review the dismissal plan(bus/pick-up, //Kids Korner). A note is not necessary unless there is a change (from what is indicated on this form) in dismissal plan.**

Parent/Caregiver Signature _____

If you have any questions, please contact
Mr. Huchro at huchrom@sgfcsd.org

Please note if your child has any allergies, medical concerns, or other special needs that may impact them during a Ballard University course.

***Student allergies or medical alerts:

PLEASE TEAR OFF TO BE RETURNED TO BALLARD NO LATER THAN JANUARY 30TH!