

Here is Donna's Stage Introduction. Feel free to tweak it to fit your event!

Ladies and gentlemen, allow me to introduce someone whose life story is a profound testament to resilience and triumph. Donna Marie Hayes, who rose from very humble beginnings on the island of Jamaica, where indoor plumbing and electricity were reserved for the fortunate few, embodies the spirit of overcoming adversity. After moving to New York, she faced various challenges but learned to not just survive but to flourish against all odds.

Donna is a multi-talented powerhouse: an award-winning author, an ICF-Certified Life Coach, SAG actress, cabaret singer, speaker, and lifestyle model. Her impressive corporate career spans over three decades, culminating as a Managing Director on Wall Street.

A few of her noteworthy accomplishments include:

- Receiving the 2023 NYC Big Book Award for her memoir, *These Broken Roads*.
- Writing and performing six one-woman cabaret shows on several prestigious New York City stages.
- Appearing as a nun in the Netflix series, *Orange Is the New Black*.
- Completing the NYC Marathon in 2014 at the age of 52, and while it took her 7.5 hours, she was very proud to cross the finish line!

Donna loves animals, the stage, and all things olive green!

Please join me in giving a warm welcome to Donna Marie Hayes!