

SUGGESTED PACKING LIST

Academy of Civic Life Summer Residency

MEDICAL

- | | |
|---|---|
| ☐ Prescription medicines and descriptions and procedures for each prescription | ☐ Bug repellent |
| ☐ Asthma pump | ☐ Medical insurance card |
| ☐ Prescription glasses/contact lenses, case, and contact solution | ☐ Covid Vaccination card |
| ☐ Suntan lotion | ☐ Emergency contacts |
| | ☐ First Aid kit |

CLOTHING

Your space will be limited, so only bring what you think you will wear. You can always bring more back to school after your first trip home.

- | | |
|---|--|
| ☐ Shoes | ☐ Stain remover stick |
| ☐ Flip flops (for shared dorm showers) | |

TOILETRIES

Linens will be provided, including a fitted sheet, flat sheet, blanket, pillow, pillow case, and towels (small, medium, and large).

- | | |
|---|--|
| ☐ Bathrobe | ☐ Lotion |
| ☐ Washcloths | ☐ Shower Cap |
| ☐ Shower shoes (Community Showers) | ☐ Cosmetics |
| ☐ Shower bucket/basket/caddy to carry items to and from the dorm showers | ☐ Travel soap container |
| ☐ Shower gel or bath soap | ☐ Dental floss |
| ☐ Shampoo and conditioner | ☐ Eye drops |
| ☐ Deodorant | ☐ Mouthwash |
| ☐ Hair grooming tools (combs, hair dryer, brush) | ☐ Loofah |
| ☐ Toothbrush and toothpaste | ☐ Shaving kit |

TECHNOLOGY AND ELECTRICS

- | | |
|---|---|
| ☐ Computer or Tablet and any necessary supplies/accessories. | ☐ Surge Protector |
| ☐ Headphones | ☐ Phone and any necessary supplies/accessories |

SCHOOL SUPPLIES

- | | |
|--|--|
| ☐ A backpack or book bag | ☐ Calendar or planner |
| ☐ Pens, pencils, and highlighters | ☐ Extra paper |
| ☐ Notebook | ☐ Paperclips |
| ☐ Folder | ☐ Sticky notes |

MISCELLANEOUS ITEMS

- | | |
|---|---------------------------------------|
| ☐ Tissues | ☐ Snacks |
| ☐ Paper towels | ☐ Umbrella |
| ☐ Fan | ☐ Sunglasses |
| ☐ Travel mug/thermos | ☐ Flashlight |
| ☐ Water bottle | ☐ Ziplock bags |

BANNED ITEMS

Students who bring any of the following items will be in violation of Stony Brook University Terms of Occupancy and will risk expulsion from the program.

- | | |
|--|--|
| <ul style="list-style-type: none">• Alcoholic beverages or other illegal substances;• E-Cigarettes / Vapes / Tobacco / Marijuana• Firearms, weapons, or explosives (including firecrackers);• Candles• Chemicals/combustibles• "Cut to fit" Decorative string lights• Appliances not approved to your building and area (microwaves, toasters, rice cookers, hot plates, grills, crock pots, pressure cookers, air fryers, etc.)*• Non-Surge Protected Extension Cords, Outlet Splitters & Adapters• Devices that could potentially degrade Stony Brook's wireless services such as personal routers (wireless and wired), proxy servers, gateways, compromised/infected personal devices, and Dynamic Host Configuration Protocol (DHCP) appliances | <ul style="list-style-type: none">• Bed Raisers and non-University bed frames, lofts, or lofted bed• Foam / Gel Mattress Toppers• Air Conditioning Units & Space Heaters• Coffee Makers & Water Boilers with warming plates• Hoverboards, Electric Skateboard, Electric Scooters, & other Electric or Motorized Transportation Devices• Plug-in Air Fresheners• Lamps that do not use compact fluorescent bulbs (CFL) or light-emitting diode (LED) bulbs and lamps that have non-USB power outlets built in• Pets / Animals• Irons without auto shut off• Non-Approved Personal Furniture (furniture that does not meet California Technical Bulletin 117 (CAL 117) standards)• Wall Decorations that cover more than 10% of the wall space |
|--|--|