



LCS'S REACHING OUT PROGRAM

How to Become a Reaching Out Companion

About the Reaching Out Program

The LCS Reaching Out Program was established in March 2020 as a direct response to the challenges brought on by the COVID-19 pandemic. The program's main goal is to ensure that individuals who live alone, are sick, or are elderly remain safe and supported during times of isolation.

How the Program Works

Reaching Out Volunteers make daily contact with Reaching Out Companions using email, messenger, or WhatsApp. Each day, Companions are asked to respond to confirm their well-being. This daily check-in provides reassurance and helps build a sense of community among participants.

Every Companion is asked to provide an emergency contact person. If a Companion does not respond by a predetermined time, the Volunteer will reach out to the emergency contact. The emergency contact is then asked to personally check on the Companion to ensure their safety.

Benefits of Becoming a Companion

- Daily support and connection with a caring Volunteer,
- Peace of mind for both Companions and their loved ones and,
- Quick assistance in case of an emergency.

Joining the Program

If you are interested in joining as a Reaching Out Companion, please click the link below, complete the required questions, and submit your application. Your participation can help ensure your safety and well-being and connect you with a supportive community.

[I want to be a Reaching Out Companion](#)

The coordinator's email address is reachingout@lcsac.org.