

MRE Red Ribbon Week

Red Ribbon Week inspires our students to be happy, brave, and live a drug free life by making safe and healthy choices. Red Ribbon Week takes place each year from October 23rd to October 31st. This year's Red Ribbon Week theme is "Be Kind to Your Mind. Live Drug Free."

We encourage Mid Rivers' students to celebrate making safe and healthy choices by participating in the following theme days.



10/25: Don't follow the crowd, use something other than a backpack; be creative.

10/26: Dream of a drug free life, WEAR PAJAMAS.

10/27: Have the power to say NO to drugs, WEAR a SUPERHERO SHIRT or SUPERHERO CAPE.

10/30: Exercise your right to say no to drugs, WEAR athletic clothing or SPORTS GEAR.

10/31: MRE is united against drugs, WEAR the color listed below:

K: Your future is bright, wear YELLOW.

1: We are REDy to say no to drugs, wear RED.

2: Say "Boo" to drugs, wear ORANGE.

3: Don't let drugs find you, wear GREEN/CAMO.

4: We're too cool for drugs, wear BLUE.

5: Say peace out to drugs, wear PINK or TIE-DYE.

For more information about Red Ribbon Week, please visit

<https://www.redribbon.org/>