

Your Name: \_\_\_\_\_ Class: \_\_\_\_\_

## **Beginning of the Year Journal Activities**

You will find a variety of writing prompts and activities designed to help you think about your goals, reflect on your experiences, and express yourself creatively. This is your mahi and there is no right or wrong way to say what you want to. Be honest, be creative and most importantly, have fun.

### **ABOUT ME**

**Prompt 1:** Write a brief introduction about yourself. Include your full name, age, year level, and any hobbies or interests that you have.

**Prompt 2:** What is something unique about you that you'd like your classmates and teachers to know?

### **MY SUMMER**

**Prompt 3:** Describe your summer vacation. What did you do? Where did you go? Who did you spend time with?

**Prompt 4:** What was the highlight of your summer?

### **GOALS FOR THE SCHOOL YEAR**

**Prompt 5:** What are three academic goals that you have for this year? How do you plan to achieve these goals?

**Prompt 6:** What are three personal goals that you have for this year? How do you plan to achieve these goals?

### **ACADEMIC REFLECTIONS**

**Prompt 7:** What subjects are you most excited about this year? Why?

**Prompt 8:** What subjects do you think will be the most challenging? Why? How can you prepare to tackle these challenges?

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### **PERSONAL REFLECTIONS**

**Prompt 9:** Reflect on a time when you faced a challenge and overcame it. What did you learn from that experience?

**Prompt 10:** What qualities do you value most in your friends and why?

### **HOPES AND DREAMS**

**Prompt 11:** What are your dreams for the future? What career or path are you considering?

**Prompt 12:** How do you think this school year will help you move closer to your dreams?

### **GETTING TO KNOW MY TEACHERS**

**Prompt 13:** Write down the names of your teachers and the subjects they teach.

**Prompt 14:** What is one thing you'd like to know about each of your teachers?

**Prompt 15:** How can you build a positive relationship with your teachers?

### **SCHOOL AND COMMUNITY INVOLVEMENT**

**Prompt 16:** Are you planning on joining any clubs, sports, cultural groups or activities this year? Which ones? Why are these activities important to you?

### **INSPIRATIONAL QUOTES**

**Prompt 17:** Write down three inspirational quotes that motivate you and for each, say why each quote is meaningful to you.

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### **FINAL THOUGHTS**

**Prompt 18:** As you begin the school year, what you most excited about?

**Prompt 19:** What are you most nervous about?

**Prompt 20:** What do you hope to learn and experience by the end of the year?

### **DOODLES AND DRAWINGS**

Unleash your creativity. Use the space below to draw and doodle if you choose to.

### **A TIME FOR GRATITUDE**

Use this space below to write the things that you are grateful for.