AGOGE NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

Power Phrases (2-3)

- I am Abhay
- I have a dream to chase and people to inspire.
- It was always me vs me every single day.

Core Values (2-3)

- Bravery
- Consistent
- Determined

Daily Non-Negotiables (2-3)

- Daily checklist
- Jogging
- 100 Burpees within 5 min

Goals Achieved

- Earning 3-5k per month.
- Living on my own money.

Rewards Earned

- Closed many satisfied clients.

Appearance And How Others Perceive Him

- Always confident.
- Well dressed.
- And Inspire others

Day In The Life

- Wake up at 6 am
- Reading this
- Put on shoes and start jogging.
- After jogging doing 100 Burpees
- Take shower 35
- Start working on clients
- After some work take breakfast
- Daily works
- Lunch
- Working on improving my skills
- Some more work with another client.
- Evening tea 🍧
- Again work with clients
- Dinner
- Walking on the road with my friend
- Working on some new skills
- At 12 am again reading this
- Sleep 😴