

Unit Planner: Introduction to Cooperative Games and Activities PE 1

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*Archdiocesan Essential Curriculum > 2019-2020 > Grade 1 > Physical Education/Health > PE 1 (**EM**) > Week 29 - Week 36

Introduction to Cooperative Games and Activities

Stage 1: Desired Results	
General Information	Essential Question(s)
The unit map is flexible and can be completed at a time that is appropriate for your students. This unit will focus on identifying relationship and behavioral skills to develop a sense of community in physical activity settings.	-What is cooperation? -What is teamwork? -What does it mean to be a good team player?
Enduring Understandings and Knowledge	Skills
Students will be introduced to games and activities that integrate cooperation and teamwork.	Students will be able to: Cooperation
Students will understand: Cooperation Identify relationships and behavioral skills to develop a sense of community in physical activity settings	 Demonstrate relationships and behavioral skills to develop a sense of community in physical activity settings Use socially acceptable behaviors of cooperation, respect, and responsibility to interact positively with peers
Teamwork	Teamwork
 Identify characteristics of positive teamwork Identify the various roles of team Identify the importance of teamwork 	 Demonstrate characteristics of positive teamwork Demonstrate the various roles of team Demonstrate the importance of teamwork
Team Player	Team Player
 Identify characteristics of a good team player Identify your role in a team setting Identify the importance of a good team player 	 Demonstrate characteristics of a good team player Demonstrate your role in a team setting Demonstrate the importance of a good team player
Connections to Catholic Identity / Other Subjects	Vocabulary Teamwork Cooperation Respect
Students will grow in their understanding of how to responsibly contribute to a team.	Team Player Role Positive Responsibility
 Social Studies How do we cooperate and interact with others who are different? How do we resolve conflict and work together? 	Team Community

Standards & Frameworks Addressed

MD: Physical Education (2009)

MD: Grade 1
Skillfulness

Standard I: Skillfulness - Students will demonstrate the ability to enhance their performance of a variety of physical skills by developing fundamental movement skills, creating original skill combinations, combining skills effectively in skill themes, and applying skills.

A. Fundamental Movement

- 1. Show fundamental movement skills.
 - e. Identify and perform movement skills of chasing and fleeing.

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