## **Index for Shamanic Chinese Medicine**

Notes:

VXOld: This is the old version of the books with multiple volumes (X = volume number)

OldBk: This is the original single-volume book.

1 through 10 Meditation:

Impact: V3, Ch29, 371

Instructions: V2, Ch20, 575-582

Acupuncture:

Rippling Point Therapy: V3, Ch25, 218 Flicking the Needle: V3, Ch25, 218

Attention: See "Awareness" Aura: V3, Ch21, 36-54

Colors: V3, Ch21, 39-40, 48-9 Seeing: V3, Ch21, 42-8

> Stages of: V3, Ch21, 47-8 Tips for: V3, Ch21, 49-50

Awakening:

Phases: V3, Ch21, 8-9

Awareness:

Types of conscious awareness:

Imagination: V3, Ch21, 17 Intention: V3, Ch21, 17 Attention: V3, Ch21, 17

Banishing Incense: V3, Ch29, 367-8

Blue, Red, White Light treatment (Small Heaven Regulation treatment): See "Qi Emission, Techniques, Blue, Red, White

Light treatment"

Body's Energetic "Blue-prints": See "External energetic grids"

Breath Incantations: V3, Ch25, 204

Cancer:

Brain Tumor: V3, Ch26, 233

Chords: V3, Ch29, 392, 394-95 (multiple small references)

Casting: See "Qi Emission, Techniques, Casting"

Chords: V3, Ch29, 391-7

Between practitioner and patient: V3, Ch29, 39i3, 403

Detecting: V3, Ch29, 394-5 Recreating: V3, Ch29, 397 Removing: V3, Ch29, 395-7 Stories related to: V3, Ch29, 394-5

Clinic:

Energetic safety: see "Safety"

Clinical Hexing: V3, Ch30, 443-4

**Colors:** 

Casting: V3, Ch26, 244

Practitioner's clothes and treatment room: V3, Ch21, 49

Projected light: V3, Ch34, 563-6 With Auras: V3, Ch21, 39-40 With sound: V3, Ch34, 551

**Conception Vessel:** 

Stimulate and energize: V4, Ch58, 671

Symptoms of deficiency: V4, Ch58, 671

Congenital Disease:

Energy fields: V3, Ch21, 13

**Contraindications:** 

Cautions for treatment: V3, Ch31, 467

Core Qi:

Diagnosis and treatment based on cleaning the: V3, Ch21, 34

**Crystals:** 

Cleaning: V3, Ch29, 399

Cupping: See "Qi Emission, Techniques, Cupping"

Dantians:

Opening and closing: V2, Ch19, 515, (V2, Ch17, 441); V2, Ch16, 388

Wisdom of: V3, Ch21, 16

Depersonalization Disorder: V2, Ch19, 536

Diagnosis:

Aura fields: See "Aura" Body regions: V3, Ch21, 32 Distance: V3, Ch21, 55 Empathic: V3, Ch21, 35 Flat Palm: V3, Ch21, 30-3 Inner vision: V3, Ch21, 21-2, 25 Intuitive: V3, Ch21, 7-8,

Exercise: V3, Ch21, 14-5 Patient during: V3, Ch21, 34

Pulling the Silk method: V3, Ch29, 390

Distance Healing: V3, Ch21, 55-67

Performing:

Using an energy ball to visualize patient: V3, Ch21, 60-62

Training for: V3, Ch21, 55 Treating self: V3, Ch21, 63 Via doll: V3, Ch21, 65-7 Via photo: V3, Ch21, 64

Divine River of Light treatment: See "Qi Emission, Techniques, Divine River of Light"

Divine Spark: V3, Ch21, 8

Doll:

Distance healing: See "Distance Healing, Via doll"

Herbal healing doll: V3, Ch21, 66-7 **Dredging:** See "Treatment Dredging and Purging"

**Dredging:** See "Treatment Dredging and Purging" **Elght Miscellaneous Causes of Disease:** Vol 3 - p.662

Energetic Ball of Light: See "Qi Emission, Techniques, Ball of Light"

**Energetic Circle/Bubble:** 

General: V3, Ch29, 381

Protection or defense: V3, Ch29, 381-2, 386-7

Wrapping patient before and after treatment: V3, Ch29, 383-4, 409

Haven't read to break down: V3, Ch22, 93-104

**Energetic Fields:** 

Body: V3, Ch21, 10-2

Distortions within: V3, Ch21, 13

Feeling: V3, Ch21, 37

Interpreting bio-information: V3, Ch21, 11

Energetic Ghost Chord: V3, Ch29, 393

**Energetic Hygiene:** 

Avoiding poor hygiene between practitioner and patient: V3, Ch29, 377

Purifying bath: V3, Ch29, 399

Washing hands: V3, Ch29, 399, 403, 408

Energy Balls: See "Energetic Circle/Bubble" Energy Projection: See "Qi Emission"

**Ethics:** 

Chords: V3, Ch29, 393

Consent:

Chords: V3, Ch29, 395

During treatment session: See "Treatment session, Beginning, Patient consent"

Doctor patient relationship: V3, Ch29, 377
Honoring patient's belief system: V3, Ch29, 375
Francis Crida (in Wei Ci Fields), V3, Ch29, 400

External Energetic Grids (in Wei Qi Fields): V3, Ch29, 409

Faith:

Faith Projection: V3, Ch21, 68-72, 73

Falling Asleep:

Chord treatment: V3, Ch29, 395

Gazing Therapy: V3, Ch25, 204

**Governing Vessel**:

Stimulate and energize: V4, Ch58, 672-3 Hand and Palm Techniques: V3, Ch25 206-26

Bellows Palm: V3, Ch29, 404; V3, Ch25, 219

Dragon's Mouth Palm (Duckbill Palm): V3, Ch25, 220

Extended Fan Palm: V3, Ch25, 206-7 Exercises: V3, Ch25, 207-12

Five Thunder Fingers: V3, Ch25, 222, 225-6

Exercises: V3, Ch25, 223-5 Flat Palm diagnosis: V3, Ch21, 25, 30-3

General: V3, Ch 25, 206

Invisible Needle Palm: V3, Ch 25, 220

Kneading Tiger Claw Palm (Spreading Claw): V3, Ch25, 220-1

One Finger: V3, Ch25, 215-19 Exercises: V3, Ch25, 216

Sword Fingers: V3, Ch25, 212-14

Rippling Point Technique: V3, Ch25, 218

Scar tissue: V3, Ch25, 217 Soaring Dragon: V3, Ch25, 218

Exercises: V3, Ch25, 213-4

Hand Seals/Mudras:

Specific seals

See "1 through 10 Meditation, Instructions"

See "Invocations, Instructions"

**Heel Vessels:** 

Stimulate and energize: V4, Ch58, 672-3

Imagination: See "Awareness"

Immortal Post Standing Posture: V3, Ch26, 250-1

**Imprinting Energy:** 

Time, space, and permanence: V3, Ch28, 337-8

???: V3, Ch22, 96-? Intention: See "Awareness"

Intuition: See "Intuitive Perception"
Intuitive Perception: V3, Ch21, 3-90
General: V3, Ch21, 3-5

Limitations of the senses: V3, Ch21, 6

Types:

Kinesthetic: V3, Ch21, 8, 16-7, 35

Empathic: V3, Ch21, 8, 16-7 Inner knowing: V3, Ch21, 27-9 Inner vision: V3, Ch21, 20-6 Intuitive: V3, Ch21, 8, 16-7 Senses: V3, Ch21, 18-9

Invisible Needle: V3, Ch 27

See also "Hand and Palm Techniques, Invisible Needle Palm"

Divine River of Light Technique: V3, Ch27, 303 (variation of invisible needle technique; this is not the Divine River of

Light Treatment)

Invocations:

Clinical functions and impact of: V3, Ch29, 371-373; V3, Ch21, 59, 60

Divine Hook-up and distance healing: V3, Ch21, 59

Instructions: V2, Ch20, 583-6

**Ligaments and Tendons:** 

Qi emissions: V3, Ch26, 248, 252 Speed of movement: V3, Ch26, 258

Meditation:

Nei Guan (inner vision): V3, Ch21, 22-6

Wu Dang (inner knowing; spotlight from 8 directions): V3, Ch21, 27-9

**Microcosmic Orbit:** 

Guiding: See "Qi Emissions, Techniques, Guiding orbits in body"

Meditation:

Pattern: V3, Ch26, 236

Multiple Circular Pattern techniques: See "Qi Emission, Techniques, Multiple Circular Pattern techniques:"

Nei Guan: See "Meditation, Nei Guan"

Pain:

Relief: V3, Ch26, 246

Palm Techniques: See Hand and Palm Techniques

Parkinson's Disease: V4, Ch58, 667-78

Patient:

Connecting patient to the Divine: V3, Ch29, 375-6

Creating rapport with: V3, Ch29, 374-380 Matching respiration: V3, Ch29, 377

Responsiveness to treatment: V3, Ch25, 205 Faith projection: V3, Ch21, 70

Resistance to treatment V3, Ch31, 466

Perception: See "Intuitive Perception"

Practitioner:

Burnout: V3, Ch29, 393

Energizing and charging for treatment: See "Invocations" What makes an effective practitioner: V3, Ch29, 371

For faith projection: V3, Ch21, 70-72

**Protection:** 

Clinic: see "Safety"

Circle: see "Energetic circle/bubble, Protection of the practitioner"

Pulling the Silk diagnosis method: V3, Ch29, 390 Purging: See "Treatment Dredging and Purging"

**Purification:** 

Clinic: see "Safety"

Qi Emission:

Controlling: V3, Ch25, 205 General: V3, Ch25, 201

Techniques:

Blue, Red, White Light treatment (Small Heaven Regulation treatment): V3, Ch26, 236-8

Casting:

Creating: V3, Ch25, 244, 245

Circular and spiraling techniques: V3, Ch26, 233-46

Ball of light:

Creating: V3, Ch26, 267

Creating chord of Divine light: V3, Ch26, 266

Cupping: V3, Ch26, 246

Divine River of Light (aka: Pushing Linear Energy Application): V3, Ch26, 229 V3

Drilling techniques: V3, Ch26, 242-3 Exercises: V3, Ch26, 243

Energy vibrating technique:

Exercises: V3, Ch21, 250-65 General: V3, Ch26, 248-9

General: V3, Ch26, 227

Guiding orbits in body: V3, Ch26, 233, 236

Exercises: V3, Ch26, 240 Linear techniques: V3, Ch26, 228-32 Multiple Circular Pattern techniques:

> Chain of Pearls pattern: V3, Ch26, 235 Eternity Circular pattern: V3, Ch26, 234 Microcosmic Orbit pattern: V3, Ch26, 236 Yin and Yang pattern: V3, Ch26, 239

Physical shaking technique: V3, Ch26, 247

Types:

From dantians: V3, Ch25, 202, 203

From eyes, throat, mind: V3, Ch25, 202, 204

From extremities: V3, Ch25, 202

**Qigong Exercises:** 

Dredging the Channels: V2, Ch16, 377-8

Pulling Down the Heavens: V2, Ch 16, 399; V2, Ch 17, 422

Relaxation:

Inducing: V3, Ch21, 71-2

Ren Wu Zang (Four Guardian) Meditation: V2, Ch20, 570-574)

Safety: V2, Ch20; V3, Ch29

Energetic safety of the clinic: V3, Ch29 Disposal of: V3, Ch29, 398-9

> By burning incense: V3, Ch29, 399 By candles: V3, Ch29, 399 By light: V3, Ch29, 398

By minerals and crystals: V3, Ch29, 399

By water: V3, Ch29, 399

Purification:

By air and wind: V3, Ch29, 368-9

By light: V3, Ch29, 369 By sound: V3, Ch29, 369 General: V3, Ch29, 367-8, 370 Of treatment table: V3, Ch29, 369-70

**Scar Tissue:** 

Treatment: V3, Ch25, 217

Sensations:

Flat Palm diagnosis: V3, Ch21, 31-3

Patient:

After qi stagnation removed: V3, Ch26, 249

Body contortions: V3Old, 312

Cold: V3Old, 312

Energetic chord treatment: V3, Ch29, 394-5

Facial distortions: V3Old, 313

Linear emission techniques: V3, Ch26, 228, 230 Spiraling emission techniques: V3, Ch26, 241

Vibration techniques: V3, Ch26, 247

Practitioner:

Connecting to Divine: V3, Ch29, 372; V2, Ch20, 583

Experiences during diagnosis: V3, Ch29, 388, 405; V3, Ch21, 25, 55

Treating qi stagnation: V3, Ch21, 249

Shen:

Healing of: V2, Ch19, 537-8

Wounding and closing: V2, Ch19, 535-6; V3, Ch33,504-7

Shening out (Shen disassociation) V3, Ch31, 467:

Small Heavenly Cycle: See "Microcosmic Orbit"

Soul Retrieval:

General: V2, Ch19, 532-41; V3, Ch25, 205

Meditations for: V2, Ch19, 542-9

Sounds: V3, Ch34

Characteristics:

Frequency: V3, Ch34, 557 Length (pulse): V3, Ch34, 548 Pitch: V3, Ch34, 546-7

Volume: See below in "Sounds"

Cancer treatment: V3, Ch34, 548-50

Contraindications for healing sounds V4, Ch 45, p78

Chords: V3, Ch34, 544

Dr Zhi and Dr Sha healing Mandarin number sounds V4, Ch45, 85-94

How it works: V3, Ch34, 542-3

Increasing intensity: V3, Ch34, 546, 557 Mantra Sounds for purging V4, Ch45, p80-82 Projection exercises: V3, Ch34, 552-6

Into specific tissues: V3, Ch34, 556-7

Pulse wave, form: V3, Ch34, 545
Purification by sound: V3, Ch29, 369
Related to the Three Bodies: V3, Ch34, 541
Six Breath method (Liu Qi Fa): V3, Ch34, 558-60
Specific sounds: V3, Ch34, 548-51, 555, 556-7, 558-9

Technique: V3, Ch34, 544, 551, 558-60 The Old Man at the Tide Pool V4, Ch 45,76-77

Volume: V3, Ch34, 544

Levels: V3, Ch34, 545 With color: V3, Ch34, 551

Still Point: V3, Ch21, 5

Stroke: V3, Ch26, 233, 234, 239

Talisman:

Activate healing doll: V3, Ch21, 67

Haven't read to break down: V3, Ch 22, 120+

Tendons: See "Ligaments and Tendons"

Third eye:

General: V3, Ch21, 40-1 Openning: V3, Ch21, 50-54

Thoughts:

Positive and negative: V3, Ch21, 69

Thunder Bell: V3, Ch29, 369
Treatment, Dredging and Purging:

Definition: V3, Ch29, 388-9 General: V3, Ch21, 33

Techniques: V3, Ch29, 388-390, 404-6 Pulling the Silk: V3, Ch29, 390

> Standing by the patient's right side: V3, Ch29, 389 Standing by the patient's feet: V3, Ch29, 389

**Treatment, General Notes:** 

Maintain energetic shift from treatment session: V3, Ch29, 409 Qualities to support a successful treatment: V3, Ch29, 378-80

Turning head and exhaling: V3, Ch29, 404

**Treatment Modality:** 

Bubble detox treatment session: V3, Ch29, 384-5

General steps of a treatment session: V3, Ch29, 379-80, 384

General (Basic) Treatment Protocol:

Tonifying: V3, Ch29, 400-3 Regulating: V3, Ch29, 404-8

Separating three bodies for treatment: V3, Ch29, 410

Treatment, Regulating:

Techniques: V3, Ch29, 404-8

**Treatment Session:** 

Beginning:

Patient consent: V3, Ch29, 376

Patient Guidelines during treatment: V3, Ch29, 377-8

Ending:

Closing: V3, Ch29, 403, 408

Discussing treatment modalities with patient: V3, Ch29, 374-5

General: V2, Ch20, 586; V3, Ch29, 378 Instructions for patient: V3, Ch29, 408 Treatment goals: V3, Ch29, 374

General:

Order of treatments: V3, Ch29, 379-80, 388

Treatment Table:

Purification of: V3, Ch29, 369-70

Treatment, Tonifying:

General: V3, Ch29, 400-8; V3, Ch21, 33

**Vibrational Resonance:** 

Bones: V3, Ch26, 248, 254 Jing/physical: V3, Ch26, 249, 253-4

Qi: 249, 254 Shen: 249, 255

Voice:

Use of in healing: V3, Ch21, 71

Vortex:

Creation during invocations: V3, Ch29, 373, 383-5; V2, Ch20, 586

Wei Qi Fields:

Energetic characteristics: V3, Ch21, 37-9

External grids: See "External Energetic Grids (in Wei Qi Fields)"

Wind: V3, Ch34, 542-3

Words:

Delivery of: V3, Ch21, 71, 72, 73

Faith projection: See "Faith, Faith Projection"

Healing phrases: V3, Ch21, 70 Incantations: V3, Ch21, 68 Keywords: V3, Ch21, 70 Power of: V3, Ch21, 70-3 Thoughts: See "Thoughts"

Wu Dang: See "Meditation, Wu Dang"

Wuji Posture:

18 rules for posture: V2, Ch16, 282-335

Impacts of proper posture on qi emissions: V3, Ch26, 250, 253

Yin/Yang:

Attraction/repelling: V3, Ch25, 210-1

Body divisions: V3, Ch21, 32 Healthy vs. turbid: V3, Ch21, 11-2 Palm Breathing exercises: V3, Ch25, 210-1

Separating Yin and Yang to Find the Still Point: V3, Ch21, 5

Yiquan Moving Postures: V3, Ch26, 256-62