# **FEBRUARY**

#### **February Planning Guide Index**

- February Themes
- About February
- The Month of February
- Important Dates in February
- Content Ideas for Small Businesses
- February Add-Ons
- Blank Calendar
- February Calendar
- Conclusion



#### Themes and Significance:

#### **Love and Romance**

February is widely associated with love and romance primarily due to Valentine's Day on February 14th. Many people look to businesses to spread affection and appreciation to their loved ones.

#### Leap Year

February 2024 is a leap year that occurs every 4 years, adding a 29th day to the month.

#### Winter or Summer Season

Depending on the hemisphere, February is associated with either winter (in the Northern Hemisphere) or summer (in the Southern Hemisphere). It marks the continuation of the seasonal weather patterns, with winter activities or summer vacations.

#### **Black History Month**

February is recognized as Black History Month. It's a time to celebrate and acknowledge the achievements, contributions, and history of African Americans.

#### **Everything you need to know about February:**

- ★ February is the second month of the year.
- ★ February 2024 is a leap year meaning it has 29 days.
- ★ The birthstone for February is amethyst, a purple variety of quartz. It is believed to bring clarity and sobriety to the wearer.
- ★ The zodiac signs for February are Aquarius (January 20 February 18) and Pisces (February 19 March 20).

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#### **National Month Themes:**

☐ Optimist Day

□ National Texas Day□ National Get Up Day

☐ National Serpent Day

☐ National Baked Alaska Day

| ☐ American Heart Month: February is designated as American Heart Month, raising              |
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| awareness about heart health and cardiovascular diseases.                                    |
| ☐ <b>Black History Month:</b> February is recognized as Black History Month, celebrating the |
| achievements and contributions of African Americans.   |
| ☐ National Children's Dental Health Month: This month focuses on promoting good oral         |
| health practices for children.   |
| ☐ <b>National Bird-Feeding Month:</b> February is National Bird-Feeding Month, encouraging   |
| people to provide food and shelter for wild birds.   |
| ☐ National Time Management Month: February as National Time Management Month,                |
| emphasizing the importance of effective time management.                                     |
| ☐ National Snack Food Month: February is recognized as National Snack Food Month.            |
| ☐ National Weddings Month: With Valentine's Day in February, it's also considered            |
| National Weddings Month.   |
| ☐ National Library Lover's Month: Celebrating the love for libraries, this month             |
| encourages people to appreciate and support their local libraries.                           |
| ☐ National Embroidery Month: National Embroidery Month recognizes the talented               |
| stictchers who needle and thread into an art form.   |
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| Important Dates in February:   |
| Important Dates in February.   |
| Thursday, February 1st   |
| ☐ National Dark Chocolate Day  |

| ☐ National Freedom Day                         |
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| Friday, February 2nd  National Tater Tot Day   |
| ☐ Bubble Gum Day                               |
| ☐ National Wear Red Day                        |
| ☐ National Heavenly Hash Day                   |
| ☐ National Groundhog Day                       |
| Saturday, February 3rd                         |
| ☐ National Play Outside Day                    |
| ☐ Four Chaplains Day                           |
| <ul><li>Ice Cream for Breakfast Day</li></ul>  |
| ☐ National Missing Persons Day                 |
| ☐ National Women's Physicians Day              |
| ☐ National Carrot Cake Day                     |
| ☐ National the Day the Music Died Day          |
| Sunday, February 4th                           |
| ☐ National Hemp Day                            |
| ☐ National Homemade Soup Day                   |
| ☐ National Create a Vacuum Day                 |
| ☐ National Thank a Mail Carrier Day            |
| Monday, February 5th                           |
| ☐ National Shower with a Friend Day            |
| ☐ National Weatherperson's Day                 |
| ☐ National Chopsticks Day                      |
| Tuesday, February 6th                          |
| <ul> <li>National Frozen Yogurt Day</li> </ul> |
| ☐ National Lame Duck Day                       |
| Wednesday, February 7th                        |
| ☐ National Girls and Women in Sports Day       |
| ☐ National Periodic Table Day                  |
| ☐ National Fettuccine Alfredo Day              |
| ☐ National Send a Card to a Friend Day         |
| Thursday, February 8th                         |
| ☐ National Giving Hearts Day                   |
| <ul><li>National Iowa Day</li></ul>            |
| <ul><li>National Kite Flying Day</li></ul>     |
| <ul> <li>National Boy Scouts Day</li> </ul>    |

| Friday, February 9th                        |   |
|---|---|
| ☐ National Cut the Cord Day                 |   |
| ☐ National No One Eats Alone Day            |   |
| ☐ National Pizza Day                        |   |
| ☐ National Bagel and Lox Day                |   |
| ☐ National Toothache Day                    |   |
| Saturday, February 10th                     |   |
| ☐ National Home Warranty Day                |   |
| ☐ National Cream Cheese Brownie Day         |   |
| <ul><li>National Umbrella Day</li></ul>     |   |
| ☐ National Pork and Rind Day                |   |
| Sunday, February 11th                       |   |
| ☐ Super Bowl LVIII (58)                     |   |
| ☐ National Inventors' Day                   |   |
| ☐ National Peppermint Patty Day             |   |
| ☐ National Shut-In Visitation Day           |   |
| ☐ National White Shirt Day                  |   |
| ☐ National Don't Cry Over Spilled Milk Day  | y |
| ☐ National Make-a-Friend Day                |   |
| Monday, February 12th                       |   |
| ☐ National Football Hangover Day            |   |
| <ul><li>National Plum Pudding Day</li></ul> |   |
| ☐ National Clean Out Your Computer Day      |   |
| ☐ Red Hand Day                              |   |
| Tuesday, February 13th                      |   |
| Galentine's Day                             |   |
| Fastnacht Day                               |   |
| ☐ Paczki Day                                |   |
| ☐ National Cheddar Day                      |   |
| ☐ Fat Tuesday                               |   |
| ☐ National Pancake Day                      |   |
| ☐ National Tortellini Day                   |   |
| ☐ Ash Wednesday                             |   |
| Wednesday, February 14th                    |   |
| ☐ National Cream-Filled Chocolates Day      |   |
| ☐ Valentine's Day                           |   |
| ☐ National Ferris Wheel Day                 |   |

| ☐ National Organ Donor Day   |
|--|
| Thursday, February 15th  ☐ Nirvana Day ☐ National Wisconsin Day ☐ National Flag Of Canada Day ☐ Singles Awareness Day ☐ National Gumdrop Day |
| Friday, February 16th  |
| ☐ National Caregivers Day  |
| ☐ National Do A Grouch A Favor Day   |
| ☐ National Almond Day  |
| Saturday, February 17th  |
| ☐ National Red Sock Day  |
| ☐ National Cabbage Day   |
| ☐ National Random Acts of Kindness Day   |
| Sunday, February 18th  |
| ☐ National Battery Day   |
| ☐ National Drink Wine Day  |
| ☐ National Crab Stuffed Flounder Day   |
| Monday, February 19th  |
| ☐ National Arabian Horse Day   |
| ☐ National Vet Girls Rise Day  |
| ☐ National Lash Day  |
| <ul> <li>National Chocolate Mint Day</li> </ul>  |
| ☐ Presidents Day   |
| Tuesday, February 20th   |
| ☐ National Leadership Day  |
| ☐ National Comfy Day   |
| ☐ National Muffin Day  |
| ☐ National Love Your Pet Day   |
| ☐ National Cherry Pie Day  |
| Wednesday, February 21st   |
| ☐ National Grain-Free Day  |
| ☐ National Sticky Bun Day  |
| Thursday, February 22nd  |
| ☐ National Supermarket Employee Day  |

| <ul><li>□ National California Day</li><li>□ National Margarita Day</li></ul>   |
|--|
| Friday, February 23rd  ☐ National Skip the Straw Day ☐ National Tile Day ☐ National Dog Biscuit Day ☐ National Banana Bread Day  |
| Saturday, February 24th  ☐ National Tortilla Chip Day  |
| Sunday, February 25th  ☐ National Clam Chowder Day ☐ National Chocolate Covered Nut Day  |
| Monday, February 26th  ☐ National Letter to an Elder Day ☐ National Set a Good Example Day ☐ National Tell a Fairy Tale Day ☐ National Pistachio Day                           |
| Tuesday, February 27th   |
| <ul> <li>□ Anosmia Awareness Day</li> <li>□ National Retro Day</li> <li>□ National Polar Bear Day</li> <li>□ National Strawberry Day</li> <li>□ National Kahlua Day</li> </ul> |
| Wednesday, February 28th   |
| <ul> <li>□ National Chocolate Souffle Day</li> <li>□ National Tooth Fairy Day</li> <li>□ National Floral Design Day</li> <li>□ National Public Sleeping Day</li> </ul>         |
| Thursday, February 29th  |
| <ul><li>National Leap Day</li></ul>  |
| ☐ National Time Refund Day   |
| ☐ National Toast Day   |
| Rare Disease Day   |
| ☐ National Chili Day   |

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#### **Content Ideas for Small Businesses**

|                                      | Thursday, February 1st   |
|--------------------------------------|--|
| National<br>Dark<br>Chocolate<br>Day | <b>Bakery/Café:</b> Create a special dark chocolate-themed pastry or dessert for the day or share behind-the-scenes footage of the baking process.                         |
|                                      | Coffee Shop: Introduce a dark chocolate-flavored coffee or hot chocolate.  |
|                                      | <b>Gift Shop:</b> Curate a dark chocolate-themed gift basket or share gift ideas for chocolate lovers.   |
|                                      | <b>Fitness/Wellness Center:</b> Share healthy recipes incorporating dark chocolate as an ingredient or discuss the health benefits of moderate dark chocolate consumption. |
|                                      | <b>Bookstore:</b> Create a reading nook in your store with complimentary dark chocolate.   |
|                                      | <b>Flower Shop:</b> Share content on how flowers and dark chocolate make a great gift combination or collaborate with a local chocolate maker for a joint promotion.       |
|                                      | <b>Fashion Boutique:</b> Share fashion tips inspired by the rich tones of dark chocolate.  |
|                                      | All Businesses: Share positive quotes, affirmations, or stories to inspire.  |
| Optimist<br>Day                      | <b>Boutique:</b> Share the stories behind different pieces and why they exude positivity.  |
|                                      | <b>Apparel Brands</b> : Curate a special collection of clothing items with positive and uplifting messages.  |
|                                      | <b>Fitness Center:</b> Host a virtual workout with a focus on positive energy.   |
| National<br>Texas<br>Day             | All Texas Businesses: Celebrate local culture and convince people to visit you state, especially your business. Why is Texas a must visit for people and families?         |
|                                      | Restaurant: Feature a special Texas-inspired menu items.   |
|                                      | <b>Gift Shop:</b> Curate a collection of Texas-themed gifts.   |
|                                      | Fashion Stores: Partner with Texas influencers and have them showcase  |

|                                    | your texas-themed products and share their favorite Texas styling tips.   |
|------------------------------------|---|
|                                    | <b>Travel Agencies:</b> Highlight the must-see parts of Texas. Exciting activities, things to do for families, tourist attractions, etc.                        |
|                                    | <b>All Businesses:</b> Encourage followers to share stories of overcoming challenges.   |
|                                    | <b>Fitness Center:</b> Offer a special morning workout or fitness challenge that get people out of bed and ready to conquer the day.                            |
|                                    | <b>Coffee Shop:</b> Highlight espresso blends that promote that "Get Up and Go" energy.   |
| National<br>Get UP                 | <b>Fashion Brands:</b> Provide styling tips for customers to feel empowered and confident in their outfit picks.  |
| Day                                | <b>Bookstores:</b> Recommend inspiring and motivational books to kickstart the day.   |
|                                    | Wellness Center/Spa: Create self-care packages with products promoting a positive start to the day.   |
|                                    | Health Food Stores: Share nutritious breakfast recipes and meal ideas.  |
|                                    | <b>Home Decor Store:</b> Share tips on creating a positive and motivating home environment.   |
| National<br>Baked<br>Alaska<br>Day | <b>Bakery:</b> Feature a special Baked Alaska pastry or dessert on the menu for the day or share behind-the-scenes footage of the baking process.               |
|                                    | <b>Restaurant:</b> Create a Baked Alaska-themed menu item for the day or showcase the preparation of the dish in a video or series of photos.                   |
|                                    | <b>Cooking School:</b> Host a virtual or in-person Baked Alaska cooking class or provide a step-by-step tutorial on creating the perfect Baked Alaska.          |
|                                    | Ice Cream Parlor: Collaborate with a local bakery to create a Baked Alaska ice cream flavor.  |
|                                    | <b>Dessert Shop:</b> Feature a Baked Alaska-themed dessert platter with mini variations and create a social media poll to let customers vote on their favorite. |
|                                    | Café/Tea House: Pair a slice of Baked Alaska with specialty teas or coffees.  |

|                            | <b>Food Truck:</b> Create a limited-edition Baked Alaska flavor exclusive to the food truck.  |
|----------------------------|---|
|                            | <b>Grocery Store:</b> Highlight Baked Alaska ingredients, such as ice cream and meringue. Provide recipe cards at the store for customers to try making Baked Alaska at home.                   |
|                            | <b>Pet Store/Reptile Shop:</b> Feature a showcase of snake species with interesting facts about each or host a virtual or in-store event with a reptile expert sharing insights about serpents. |
|                            | Educational Center/Zoo: Highlight educational content about the importance of snakes in ecosystems or create snake-themed educational materials for children.                                   |
|                            | Fashion Boutique: Showcase snake-patterned clothing and accessories.  |
| National<br>Serpent<br>Day | <b>Jewelry Store:</b> Feature snake-inspired jewelry collections or share the symbolism of serpents in different cultures and mythology.  |
|                            | <b>Art Studio/Gallery:</b> Create and showcase snake-themed artwork or sculptures or collaborate with local artists for a serpent-themed community art project.                                 |
|                            | <b>Bookstore:</b> Recommend books on snakes, serpent mythology, or wildlife conservation.   |
|                            | Outdoor Adventure Store: Share tips on safely encountering snakes in the wild.  |
|                            | <b>Health and Wellness Store:</b> Explore the symbolism of serpents in wellness practices (e.g., Kundalini yoga).   |
| National<br>Freedom<br>Day | <b>Bookstore:</b> Feature books written by or about activists who played a key role in the fight for equality.  |
|                            | <b>Coffee Shop:</b> Host a poetry or open mic night focusing on themes of freedom and social justice.   |
|                            | <b>Art Gallery:</b> Feature an art exhibition showcasing works that explore themes of freedom and equality.   |
|                            | <b>Fitness Center:</b> Share inspiring stories of individuals using fitness as a means of overcoming challenges.  |
|                            |   |

| <b>Community Center:</b> Organize community service activities to give back to local organizations.                                   |
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| <b>Hotel/Travel Industry:</b> Highlight local cultural events or attractions that celebrate diversity.                                |
| <b>Entertainment Industry:</b> Showcase films, TV shows, or performances that address themes of civil rights and equality.            |
| All Businesses: Promote awareness on social media by sharing informative posts about the history and significance of National Freedom |

Day.

|                              | Friday, February 2nd   |  |
|------------------------------|--|--|
| National<br>Tater Tot<br>Day | Restaurant or Fast Food Establishment: Feature a special Tater Tot menu with various flavors and toppings.                                       |  |
|                              | <b>Food Truck:</b> Travel to different locations to bring Tater Tot delights to various communities.   |  |
|                              | <b>Bar or Pub:</b> Pair Tater Tots with special dipping sauces and promote them as a happy hour snack.   |  |
|                              | <b>Supermarket or Grocery Store:</b> Share Tater Tot recipes and meal ideas for customers to try at home.  |  |
|                              | Cooking School or Culinary Institute: Host virtual or in-person Tater Tot cooking classes or create a Tater Tot recipe book/guide for customers. |  |
|                              | Social Media Influencer/Food Blogger: Create engaging and visually appealing Tater Tot content for social media platforms.                       |  |
|                              | Family Entertainment Center/Amusement Park: Offer Tater Tot meal deals for families visiting the entertainment center.                           |  |
|                              | Corporate Office or Workplace: Host a Tater Tot-themed office lunch or snack break.  |  |
| Bubble<br>Gum<br>Day         | Candy Store: Create a special display featuring a variety of bubble gum flavors and brands or host a bubble gum taste-testing event.             |  |
|                              | <b>Ice Cream Shop:</b> Introduce a bubble gum-flavored ice cream or milkshake.   |  |

|                             | <b>Toy Store:</b> Create bubble gum-themed toy bundles or organize a bubble gum bubble-blowing contest for kids.                                   |
|-----------------------------|--|
|                             | <b>Coffee Shop or Café:</b> Collaborate with a local bakery to offer bubble gum-flavored pastries.   |
|                             | <b>Bookstore:</b> Feature books with bubble gum themes in a special display or host a reading event with bubble gum and storytelling for children. |
|                             | <b>Gift Shop:</b> Include bubble gum in gift basket or create bubble gum-inspired merchandise such as scented candles or accessories.              |
|                             | Office or Workplace: Organize a bubble gum bubble-blowing competition.   |
|                             | Clothing Store: Promote a special collection of red clothing items and accessories.  |
|                             | <b>Corporate Office/Workplace:</b> Organize a team-building activity or fitness challenge related to heart health.                                 |
|                             | <b>Fitness Center/Gym:</b> Host red-themed fitness classes and provide information on the cardiovascular benefits of regular exercise.             |
|                             | <b>Health and Wellness Clinic:</b> Share heart-healthy recipes, nutrition tips and conduct educational sessions on preventing heart disease.       |
| National<br>Wear Red<br>Day | <b>Restaurant or Café:</b> Create a special red-themed menu with heart-healthy options.  |
|                             | <b>Pharmacy or Health Store:</b> Provide information on supplements that support cardiovascular wellness.  |
|                             | <b>Social Media Influencer/Fitness Blogger:</b> Share heart-healthy recipes, workout routines, and lifestyle tips.                                 |
|                             | <b>Technology Company:</b> Share information on how technology can aid in monitoring heart health.   |
|                             | <b>Beauty Salon/Spa:</b> Share information on self-care practices that contribute to heart health.   |
|                             | <b>Local Community Center:</b> Provide educational workshops on heart health and prevention.   |

| National<br>Heavenly<br>Hash Day | <b>Bakery:</b> Create a special Heavenly Hash dessert for the day or showcase the baking process and ingredients in behind-the-scenes content.                 |
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|                                  | Ice Cream Parlor: Introduce a Heavenly Hash ice cream flavor with a mix of textures and flavors.   |
|                                  | Candy Store: Create custom Heavenly Hash gift baskets for customers.   |
|                                  | Coffee Shop or Café: Develop a Heavenly Hash-flavored coffee or hot chocolate.   |
|                                  | <b>Dessert Shop:</b> Offer a Heavenly Hash dessert flight for customers to try multiple variations.  |
|                                  | Grocery Store: Highlight ingredients commonly used in Heavenly Hash recipes and provide recipe cards for customers to create their own Heavenly Hash at home.  |
|                                  | Social Media Influencer/Food Blogger: Share easy-to-follow Heavenly Hash recipes and encourage followers to try them.  |
|                                  | Cooking School or Culinary Institute: Host virtual or in-person Heavenly Hash cooking classes and share tips and tricks for perfecting Heavenly Hash desserts. |
|                                  | Local Community Event: Organize a Heavenly Hash baking competition or potluck.   |
|                                  | Local Businesses/Community Centers: Host a Groundhog Day event with activities for families, such as crafts and games.   |
| National<br>Ground Hog<br>Day    | Home Improvement Stores/Garden Centers: Highlight gardening supplies for those eager for an early spring.  |
|                                  | <b>Bakery:</b> Create groundhog-shaped cookies or cupcakes or collaborate with a local coffee shop for a joint promotion.                                      |
|                                  | <b>Bookstore:</b> Feature a display of books related to groundhogs and weather folklore or host a storytelling event for children with groundhog-themed books. |
|                                  | <b>Fitness Center/Gym:</b> Host a Groundhog Day-themed fitness class for those looking to stay active in winter.   |
|                                  | <b>Technology Store:</b> Share weather apps or smart home devices for monitoring weather conditions.   |

**Outdoor Adventure Store:** Highlight winter adventure gear for those embracing the cold and share tips on activities and safety.

**Building Companies/Contractors:** Share tips on winter home maintenance and preparation for building.

**Lawn Care Companies:** Provide tips on winter lawn maintenance, including protecting against frost or host a virtual workshop on winterizing lawns and gardens.

**Pet Stores:** Feature winter pet care products, including cozy beds and clothing and provide tips on keeping pets safe and comfortable during winter.

#### Saturday, February 3rd

**Lawn Care Companies:** Share tips on lawn care practices that enhance outdoor play areas.

**Building Companies/Contractors:** Showcase past projects that involve outdoor play structures. How can people get similar layouts in their backyard?

**Outdoor Adventure Store:** Collaborate with local parks or organizations for a community outdoor event and share safety tips and gear recommendations for activities.

#### National Play Outside Day

**Toy Store:** Highlight outdoor toys and games suitable for outdoor activities

**Fitness Centers/Gyms:** Organize outdoor fitness classes or group activities in a local park or highlight workout routines that can be done outdoors.

**Pet Stores:** Highlight outdoor pet toys and accessories for playtime in the yard or provide tips on keeping pets active and engaged outdoors.

**Corporate Office/Workplace:** Encourage employees to take breaks outside and engage in outdoor activities.

**Community Centers:** Provide resources on nearby outdoor recreation areas and parks.

|                          | <b>Preschools:</b> Organize a "Nature Exploration Day" for preschoolers in a local park. Put together a scavenger hunt of items that can be found in the area.  |
|--------------------------|---|
|                          | <b>Toy Stores:</b> Feature a "Play Outside Toy Collection" with items like kites, outdoor games, and sports equipment.  |
|                          | <b>Play Centers:</b> Transform indoor play spaces for the day with an outdoor theme or collaborate with a local food vendor for an outdoor picnic at the play center.   |
|                          | <b>Garden Center:</b> Provide resources on creating family-friendly outdoor spaces.   |
|                          | <b>Adventure Gear Rental Service:</b> Provide information on nearby outdoor destinations and trails.  |
|                          | <b>Art Studio with Outdoor Sessions:</b> Arrange outdoor art sessions in a nearby park or garden.   |
|                          | <b>Mobile Outdoor Play Business:</b> Create a mobile play zone with inflatable games, toys, and activities.   |
|                          | <b>Culinary Arts School:</b> Teach participants how to prepare simple and healthy outdoor snacks.   |
|                          | <b>Bookstore:</b> Feature books that narrate the story of the four chaplains and their courageous actions.  |
| Four<br>Chaplains<br>Day | <b>Historical Museum:</b> Organize guided tours or virtual presentations of the heroic actions, history, and artifacts related to the four chaplains.   |
|                          | <b>Veterans Support Organizations:</b> Share resources on supporting veterans and their families.   |
|                          | <b>Art Gallery:</b> Curate an art exhibition featuring works inspired by the theme of selfless sacrifice.   |
|                          | <b>Community Center:</b> Organize a community-wide event with activities that promote unity and remembrance.  |
| Chaplains                | Art Studio with Outdoor Sessions: Arrange outdoor art sessions in a nearby park or garden.  Mobile Outdoor Play Business: Create a mobile play zone with inflat games, toys, and activities.  Culinary Arts School: Teach participants how to prepare simple and healthy outdoor snacks.  Bookstore: Feature books that narrate the story of the four chaplains a their courageous actions.  Historical Museum: Organize guided tours or virtual presentations of heroic actions, history, and artifacts related to the four chaplains.  Veterans Support Organizations: Share resources on supporting veterand their families.  Art Gallery: Curate an art exhibition featuring works inspired by the theme of selfless sacrifice.  Community Center: Organize a community-wide event with activities. |

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|  | <b>Ice Cream Shop:</b> Create a "Build Your Breakfast Sundae" option with morning-friendly toppings.  |
|  | Coffee Shop or Café: Develop coffee-flavored ice cream drinks or affogatos.   |
|  | <b>Bakery:</b> Offer ice cream-filled croissants or donuts for a sweet morning treat. You could even collaborate with a local ice cream shop for a joint promotion. |
|  | <b>Diner or Breakfast Restaurant:</b> Design a special breakfast menu with ice cream-inspired dishes or offer "Ice Cream Pancake Stacks" or waffle sundaes.         |
| Ice Cream                                | <b>Grocery Store:</b> Create DIY Ice Cream Breakfast Kits for customers to enjoy at home.   |
| For<br>Breakfast<br>Day                  | <b>Food Truck:</b> Travel to different locations, offering breakfast ice cream delights.  |
|  | Cereal Brand or Store: Collaborate with an ice cream shop for a limited-edition cereal-flavored ice cream.  |
|  | <b>Fitness Centers/Gym:</b> Share tips on incorporating treats in moderation as part of a balanced lifestyle.   |
|  | Social Media Influencer/Food Blogger: Share recipes and ideas for making ice cream a part of a morning routine.   |
|  | Corporate Office/Workplace: Provide a variety of ice cream flavors and toppings in the office kitchen.  |
|  | <b>Dishware Companies:</b> Curate a collection of dishware items suitable for a DIY ice cream sundae bar at home.   |
|  | <b>Medical Equipment Suppliers:</b> Feature medical equipment designed or invented by women physicians.   |
| National<br>Women's<br>Physicians<br>Day | Flower Shops or Gift Stores: Create bouquets or gift packages specifically designed to express gratitude.   |
|  | <b>Hospital or Healthcare Institutions:</b> Host a recognition event for women physicians, featuring speeches, awards, and appreciation ceremonies.                 |
|  | Bookstore or Publishing Company: Highlight books written by women   |
|  |   |

|                                | physicians, sharing their experiences and expertise.   |
|--------------------------------|--|
|                                | Wellness Centers or Spas: Host a wellness event focused on stress relief and self-care for women in the medical field.   |
|                                | Corporate Offices/Workplaces: Recognize women physicians within the organization through employee spotlights or internal events.                                     |
|                                | Community Events or Health Fairs: Sponsor or organize health fairs with a focus on women's health.   |
|                                | <b>Art Galleries or Studios:</b> Feature art exhibitions showcasing the work of female artists inspired by women in medicine.  |
|                                | <b>Travel Agencies:</b> Highlight wellness-focused destinations or experiences to promote relaxation and rejuvenation.   |
|                                | <b>Pet Stores:</b> Share stories of women physicians and their therapy animals on social media.  |
|                                | Music Stores or Streaming Platforms: Curate playlists featuring music that is listen to by women in the medical field during practice.                               |
|                                | Gardening Centers: Organize gardening workshops focused on stress relief and therapeutic benefits.   |
|                                | <b>Bakeries:</b> Introduce limited-edition carrot cake variations, such as mini cupcakes or carrot cake pops.  |
| National<br>Carrot Cake<br>Day | Coffee Shops or Cafés: Offer carrot cake-themed pastries or desserts to complement coffee orders.  |
|                                | <b>Grocery Stores:</b> Create in-store displays featuring carrot cake mix, cream cheese frosting, and other ingredients. Share an easy-to-follow carrot cake recipe. |
|                                | Cookware and Kitchen Supply Stores: Showcase bakeware and cake decorating tools ideal for baking and decorating carrot cakes.  |
|                                | Flower Shops or Gift Stores: Collaborate with local bakeries to include carrot cake treats in gift packages.   |
|                                | Fitness Centers or Gyms: Share healthy carrot cake recipe.   |
|                                | Pet Stores: Develop carrot-flavored pet treats to celebrate National Carrot  |

| Cake Day.                        |   |  |
|----------------------------------|---|--|
|                                  | Sunday, February 4th  |  |
| National<br>Hemp<br>Day          | <b>CBD Shops or Wellness Stores:</b> Highlight a variety of CBD products, including hemp-derived CBD oils and edibles. Offer educational resources on the benefits of hemp and CBD. |  |
|                                  | Clothing Brands: Feature clothing items made from sustainable hemp fabrics. Share information about the environmental benefits of using hemp in fashion.                            |  |
|                                  | <b>Smoothie or Juice Bars:</b> Create special hemp-infused smoothies or juices. Educate customers on the nutritional value of hemp seeds and hemp-derived products.                 |  |
|                                  | <b>Spas or Wellness Centers:</b> Introduce hemp-infused spa treatments, such as massages or facials. Educate clients on the potential relaxation and therapeutic benefits of hemp.  |  |
|                                  | Local Farmers or Farmers Markets: Feature hemp products, including seeds, oils, and snacks. Collaborate with local hemp farmers for educational workshops or demonstrations.        |  |
|                                  | Yoga Studios or Fitness Centers: Host hemp-themed yoga classes or fitness sessions.   |  |
|                                  | Artisanal Soap Makers: Highlight hemp-infused soap bars or bath products.   |  |
|                                  | <b>Pet Supply Stores:</b> Provide information on the potential benefits of hemp for pets.   |  |
|                                  | <b>DIY Craft Stores:</b> Feature hemp cord, twine, or fibers for craft projects and provide tutorials.  |  |
| National<br>Homemade<br>Soup Day | <b>Grocery Stores:</b> Showcase fresh, locally sourced ingredients for homemade soups. Add easy-to-follow recipes on cards and on social media.                                     |  |
|                                  | <b>Kitchen Supply Stores:</b> Feature a variety of soup pots, ladles, and cookware. Host in-store demonstrations on soup preparation.   |  |
|                                  | Cooking Schools or Culinary Institutes: Organize special soup-making classes for enthusiasts. Provide tips on creating homemade soups from  |  |

|   | scratch.   |
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|   | Artisanal Pottery Shops: Showcase handmade soup bowls with unique designs.   |
|   | Vegetable Stands or Farmers Markets: Showcase a variety of fresh vegetables suitable for homemade soups. Provide recipe cards or suggestions for soup ingredients.                                   |
|   | Cooking Herb Shops: Feature a selection of fresh herbs and spices perfect for enhancing soup flavors. Provide educational materials on pairing different herbs.                                      |
|   | <b>Home Improvement Stores:</b> Highlight the key details of the vacuums in stock. Provide in-store demonstrations or virtual tutorials on vacuum maintenance.                                       |
| National<br>Create a                    | Cleaning Services: Share tips on creating a clean and healthy home environment while using different products.   |
| Vacuum Day                              | STEM Education Centers: Organize special workshops or events where kids can learn and create miniature vacuum models.  |
|   | <b>Interior Design Studios:</b> Provide tips on arranging furniture for efficient vacuuming.   |
| National<br>Thank a Mail<br>Carrier Day | <b>Stationery or Greeting Card Shops:</b> Create thank-you cards specifically designed for mail carriers. Encourage customers on social media to write notes of appreciation to their mail carriers. |
|   | <b>Floral Shops</b> : Design floral arrangements or bouquets for customers to gift their mail carriers. Collaborate with local artists for custom floral arrangements inspired by mail carriers.     |
|   | <b>Coffee Shops:</b> Encourage customers to pay it forward by buying coffee for their local mail carriers.   |
|   | <b>Gift Stores:</b> Curate gift baskets or packages with items like snacks, beverages, and small gifts.  |
|   | <b>Bookstores:</b> Feature books or literature about the postal service, mail carriers, or related topics.   |
|   | <b>Bakery or Dessert Shops:</b> Create special treats or desserts with postal-themed decorations.  |
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**Artisanal Craft Stores:** Provide DIY thank-you card-making kits or craft workshops.

**Outdoor Gear Stores:** Offer items such as comfortable footwear, weather-resistant gear, or backpacks for mail carriers.

| Monday, February 5th               |   |
|------------------------------------|---|
| National<br>Weatherperson's<br>Day | Outdoor Gear Stores: Provide tips for staying prepared for various weather conditions. Highlight weather-resistant clothing or gear.  |
|                                    | <b>Bookstores:</b> Feature books on meteorology or weather phenomena.   |
|                                    | <b>Technology Stores:</b> Showcase weather gadgets, apps, or devices for home use. Offer tutorials on how to use weather-tracking apps effectively.                                     |
|                                    | Outdoor Furniture Retailers: Highlight weather-resistant outdoor furniture suitable for rain. Provide tips on creating a cozy outdoor space to enjoy the rain.                          |
|                                    | <b>Mindfulness Centers:</b> Offer guided meditation sessions using rain sounds as a backdrop.   |
|                                    | Outdoor Adventure Tourism Companies: Promote tours that celebrate rain and explore rainforests.   |
|                                    | <b>All Businesses:</b> Use this prompt: "According to the weatherman, there is a 100% chance that (shopping or working) at/with ( <i>Insert Your Business</i> ) will make you happier!" |
| National<br>Chopsticks<br>Day      | Asian Cuisine Restaurants: Create specialty dishes designed to be enjoyed with chopsticks.  |
|                                    | Culinary Schools: Organize chopstick skills classes for cooking enthusiasts. Feature international cuisines that traditionally use chopsticks.  |
|                                    | Sushi Bars or Japanese Restaurants: Highlight the art of sushi-making and enjoying it with chopsticks.  |
|                                    | <b>Asian Grocery Stores:</b> Highlight a variety of Asian cuisines and ingredients. Provide recipe cards and cooking tip.   |
|                                    | Artisanal Craft Stores: Showcase handmade or artistic chopsticks from start to finish. Share behind-the-scenes moments.   |

**Event Planners or Caterers:** Host chopstick-themed events or catering services.

**Frozen Yogurt Shops:** Showcase the flavor profiles for all the different frozen yogurt flavors.

**Fitness Centers:** Highlight why frozen yogurt is the perfect post-workout treat.

**Grocery Stores:** Feature a variety of frozen yogurt options in the frozen food section. Create in-store displays with creative frozen yogurt recipe ideas.

**Dairy Farms or Milk Providers:** Showcase the importance of quality milk in frozen yogurt production. Offer behind-the-scenes content on the dairy production process.

#### National Frozen Yogurt Day

**Ingredient Suppliers:** Highlight businesses that provide their customers with your toppings, syrups, and other frozen yogurt ingredients. Why do you offer the best?

**Influencers or Food Bloggers:** Share your favorite frozen yogurt combinations or highlight your favorite frozen yogurt shops.

**Home Appliance Stores:** Feature appliances like ice cream makers or frozen yogurt machines. Host in-store or virtual demonstrations.

**Farmers Markets or Fresh Produce Stands:** Feature fresh fruits and toppings suitable for frozen yogurt.

**Local Bakeries:** Highlight fresh baked goods for toppings or side treats for frozen yogurt.

**Recipe Platforms:** Create content with frozen yogurt recipes and creative topping ideas.

# National Fettuccine Alfredo Day Wednesday, February 7th Italian Restaurants: Host cooking classes or demonstrations for making the perfect Alfredo sauce. Grocery Stores: Create displays with fresh pasta, Alfredo sauce, and

accompanying ingredients. Share easy-to-follow recipes for homemade Fettuccine Alfredo.

Culinary Schools or Cooking Classes: Organize Fettuccine Alfredo cooking classes for pasta enthusiasts. Collaborate with local chefs for virtual cooking events.

**Cheese Shops:** Showcase a variety of high-quality Parmesan cheese, a key ingredient in Fettuccine Alfredo. Offer cheese tastings and pairings to educate customers on different Parmesan varieties.

Wine or Liquor Stores: Suggest wine pairings for Fettuccine Alfredo, enhancing the dining experience.

**Bakeries:** Collaborate with and Italian restaurant to offer artisanal bread or garlic knots as perfect companions to Fettuccine Alfredo.

**Herb and Spice Shops:** Recommend fresh herbs and spices to enhance the flavor of homemade Alfredo sauce.

**Seafood Markets:** Suggest adding seafood like shrimp or lobster to Fettuccine Alfredo for a luxurious twist.

Artisan Pasta Shops: Feature handcrafted Fettuccine pasta options.

**Influencers or Food Bloggers:** Share your favorite fettuccine alfredo recipe to follow. Encourage your audience to tag you in the recreation of the dish.

**Stationery or Greeting Card Shops:** Encourage customers to send cards to friends.

**Coffee Shops:** Create cozy spaces for friends to meet.

National Send a Card to a Friend Day **Bookstores:** Feature books on friendship, connection, or personal development. Provide reading nooks or cozy corners for people to gather.

**Local Artists or Art Studios:** Collaborate with local artists to create unique and handmade friendship cards.

**Flower Shops:** Combine flower bouquets with a small card and highlight as a thoughtful gift set to send just because!

**DIY or Craft Stores:** Provide a variety of crafting materials for customers to create personalized cards.

| Friday, February 9th                 |  |
|--------------------------------------|--|
| National<br>No One Eats<br>Alone Day | Restaurants or Cafeterias: Create communal dining spaces for individuals to join and make new friends.   |
|                                      | Online Food Delivery Platforms: Run a campaign encouraging users to order meals for friends or neighbors.  |
|                                      | Community Centers: Organize potluck events or community dinners. Facilitate activities to encourage conversations and connections.                             |
| National<br>Pizza Day                | <b>Pizza Restaurants:</b> Introduce special pizza creations or host pizza-making workshops for customers.  |
|                                      | <b>Pizza Places:</b> Encourage all types of businesses to host a pizza party for employee appreciation.  |
|                                      | Food Bloggers/Influencers: Share unique pizza recipes.   |
|                                      | <b>Movie Theaters:</b> Collaborate with a pizza place to offer a pizza and movie night to the community.   |
|                                      | <b>Grocery Stores:</b> Bundle ingredients together to create the perfect pizzas at home. Add ingredient cards for customers to recreate easily.                |
| National<br>Toothache<br>Day         | Dental Clinics: Run educational campaigns on preventive dental care.   |
|                                      | Pharmacies or Health Stores: Promote oral health products. Provide tips and advice on avoiding toothaches.   |
|                                      | Wellness Blogs/Influencers: Share content on holistic approaches to dental care. Collaborate with influencers for tips on maintaining oral health.             |
|                                      | <b>Pediatric Dental Clinics:</b> Collaborate with schools to provide educational sessions on children's dental care. Distribute fun and informative materials. |

| Saturday, February 10th          |   |
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| National<br>Home Warranty<br>Day | <b>Real Estate Agencies</b> : Create informative content on the benefits of home warranties for buyers and sellers. Offer insights into how a home warranty can add value to a real estate transaction. |
| ,                                | Home Service Providers (Plumbing, HVAC, etc.): Promote the  |

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|   | importance of home warranties in maintaining and protecting essential home systems.   |
|   | Home Appliance Retailers: Showcase the latest appliances with built-in warranty features. Provide tips on choosing appliances with extended warranty options.   |
|   | <b>Insurance Companies:</b> Highlight the difference between home insurance and home warranties. Offer resources on how homeowners can ensure comprehensive coverage.                                   |
|   | Home Improvement Blogs/Influencers: Collaborate with influencers to share personal experiences with home warranties. Create content on how home warranties can be a valuable investment for homeowners. |
| National<br>Cream Cheese<br>Brownie Day | <b>Bakeries or Dessert Shops:</b> Feature special cream cheese brownie creations for the day. Have customers vote online on which combination is the best!  |
|   | Cream Cheese Manufacturers: Showcase different uses of cream cheese in brownie recipes or collaborate with bakeries to feature cream cheese brownies made with your products.                           |
|   | <b>Food Bloggers/Influencers:</b> Share unique cream cheese brownie recipes with stunning visuals. Encourage followers to recreate cream cheese brownies at home.                                       |
|   | <b>Grocery Stores:</b> Create displays featuring cream cheese and brownie mix bundles. Provide easy-to-follow recipes for customers to recreate cream cheese brownies.                                  |
|   | <b>Coffee Shops:</b> Pair cream cheese brownies with coffee specials for the day.   |
| National<br>Umbrella<br>Day             | Umbrella Manufacturers or Retailers: Showcase the latest umbrella designs and features.   |
|   | <b>Fashion Retailers:</b> Highlight stylish and functional umbrellas as fashion accessories.  |
|   | <b>Outdoor Gear Stores:</b> Emphasize the durability and weather-resistance of outdoor umbrellas.   |
|   | Travel Agencies: Share tips on packing travel-friendly umbrellas.   |
|   | Weather Apps or Websites: Provide weather forecasts and tips related to   |

| umbrella usa | age. |
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| Sunday, February 11th               |   |
| Super<br>Bowl LVIII<br>(58)         | <b>Sports Bars and Restaurants:</b> Promote Super Bowl viewing parties with special menus and drink offers. Create themed dishes inspired by teams playing in the Super Bowl. |
|                                     | <b>Electronic Stores:</b> Feature discounts on large-screen TVs and home entertainment systems. Run promotions on sound systems for the ultimate game-watching experience.    |
|                                     | <b>Apparel Stores:</b> Offer team-themed apparel and accessories. Highlight Super Bowl merchandise.   |
|                                     | <b>Food Delivery Services:</b> Create Super Bowl party food bundles for home celebrations.  |
|                                     | Online Betting Platforms: Engage users with Super Bowl betting tips and predictions. Run exclusive promotions for Super Bowl betting events.                                  |
|                                     | <b>Food Bloggers:</b> Showcase recipes that people can enjoy while watching the big game.   |
|                                     | <b>Travel Agencies:</b> Super Bowl 58 is being held in Las Vegas. Highlight the best attractions of the area and why it should be peoples next travel destination.            |
|                                     | Candy or Confectionery Shops: Highlight peppermint patty flavors.   |
| National<br>Peppermint<br>Patty Day | Bakeries and Cafés: Incorporate peppermint patty flavors into desserts and drinks.  |
|                                     | <b>Grocery Stores:</b> Showcase a variety of peppermint patty brands and flavors. Create recipe displays using peppermint patties.  |
|                                     | Fitness Studios: Share post-workout treats featuring peppermint patties.  |
|                                     | <b>DIY and Cooking Influencers:</b> Create and share easy-to-make recipes using peppermint patties. Host virtual cooking classes.   |
|                                     | <b>Ice Cream Shops:</b> Introduce a limited-edition peppermint patty ice cream flavor.  |
|                                     | Gourmet Popcorn Stores: Create gift sets with peppermint patty popcorn  |

|                                  | and other treats.   |
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|                                  | Tea Shops: Feature a peppermint patty herbal tea blend.   |
| National<br>Make-a-Friend<br>Day | <b>Social Networking Apps:</b> Run special features or events encouraging users to make new friends. Share success stories of friendships formed through the app. |
|                                  | Local Community Centers: Host virtual meet-and-greet events for residents. Share stories of community members forming lasting friendships.                        |
|                                  | <b>Business Networking Groups:</b> Facilitate speed networking events for professionals. Emphasize the value of professional friendships.                         |
|                                  | Online Learning Platforms: Create courses or workshops on effective communication and friendship building. Encourage learners to connect with each other.         |
|                                  | Coffee Shops or Cafés: Offer "buy one, share one" promotions for National Make-a-Friend Day. Create a cozy atmosphere for friends to meet over coffee.            |

| Tuesday, February 13th |  |
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| Galentine's<br>Day     | Flower Shops: Create Galentine's Day floral arrangements.  |
|                        | <b>Spa and Wellness Centers:</b> Host a wellness event focused on self-love and friendship.  |
|                        | <b>Coffee Shops:</b> Offer buy-one-get-one deals for friends celebrating together.   |
|                        | <b>Bookstores or Libraries:</b> Host a virtual book club for Galentine's Day.  |
|                        | <b>Boutiques:</b> Showcase matching outfits or accessories for best friends.   |
|                        | <b>Photography Studios:</b> Offer Galentine's Day-themed photoshoot sessions for friends. Create special packages for capturing all the moments. |
|                        | Jewelry Stores: Highlight personalized friendship bracelets or necklaces.  |
|                        | <b>Art Galleries</b> : Host a Galentine's Day art exhibition featuring female artists.   |
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|                            | <b>Yoga Studios:</b> Organize a Galentine's Day yoga class focused on self-love and connection.  |
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|                            | Wine Bars or Wineries: Curate Galentine's Day wine tasting events. Encourage people to bring a friend!   |
|                            | Gardening Centers: Host DIY gardening workshops for creating friendship plants.  |
|                            | <b>Stationery and Gift Shops:</b> Showcase Galentine's Day cards and personalized stationery.  |
|                            | Cosmetic Stores: Post makeup tutorials for creating a "Galentine's Day Glam" look.   |
|                            | Candle Shops: Offer candle-making workshops for groups of friends.   |
|                            | <b>Event Planning Services:</b> Provide themed event planning services for friendship celebrations.  |
|                            | <b>Craft Stores:</b> Offer DIY Galentine's Day craft kits. Host in-store or virtual crafting events for creating friendship crafts.                |
|                            | <b>Dance Studios:</b> Encourage group bookings for a fun and energetic celebration. Arrange Galentine's Day dance classes or workshops.            |
|                            | <b>Travel Agencies:</b> Create Galentine's Day travel packages for friend getaways. Promote destinations ideal for celebrating female friendships. |
|                            | Cooking Schools: Host Galentine's Day cooking classes. Offer group discounts for friends attending together.                                       |
|                            | Community Centers: Collaborate with local businesses to create a local Galentine's Day Event   |
| National<br>Cheddar<br>Day | Cheese Shops: Highlight a variety of cheddar cheese options. Offer tasting events with cheese pairings.  |
|                            | Gourmet Popcorn Stores: Showcase your cheddar-flavored popcorn options or introduce limited-edition cheddar popcorn mixes.                         |
|                            | <b>Burger Restaurants:</b> Feature cheddar-infused burger creations or highlight special cheddar-loaded fries.                                     |
|                            | Food Subscription Boxes: Curate a National Cheddar Day snack box.  |
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Include artisanal cheddar products in subscription boxes. Cooking Classes or Culinary Schools: Host virtual cooking classes focusing on cheddar-centric recipes or create online tutorials for making cheddar-based dishes. Wine and Cheese Bars: Pair different cheddar cheeses with wine flights or host a virtual cheese and wine pairing masterclass. Snack Delivery Services: Create a National Cheddar Day snack box with a variety of complimentary snacks. **Cheddar-Inspired Artisanal Products:** Collaborate with local artisans to create cheddar-inspired jams, spreads, or condiments. Board Game Cafés: Host a National Cheddar Day board game night with special cheddar cheese platters. **Pet-Focused Businesses:** Introduce cheddar-flavored pet treats for National Cheddar Day. **Bakeries:** Bake traditional Fat Tuesday pastries like Paczki. Offer pastry bundles for sharing. **Bars and Pubs:** Host Mardi Gras-themed events with live music and feature New Orleans-inspired cocktails. Party Supply Stores: Highlight Fat Tuesday-themed party decorations or create DIY party packs for at-home celebrations. **Costume Shops**: Showcase Mardi Gras costumes and accessories. Fat Music Streaming Platforms: Curate Fat Tuesday playlists with jazz and Tuesday festive tunes. **Doughnut Shops:** Create a limited-edition Fat Tuesday doughnut collection. Wine and Spirits Retailers: Feature a curated selection of wines and spirits for Mardi Gras celebrations or provide cocktail recipes on Mardi Gras-themed drinks. Catering Services: Offer Mardi Gras catering packages with traditional and creative dishes or provide delivery options for hassle-free celebrations

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|                            | at home.  |
|                            | Local Artisanal Mask Makers: Highlight local artisans to create unique Mardi Gras masks.  |
|                            | <b>Influencer, Mixologists, or Food Bloggers:</b> Highlight Mardi Gras-themed cocktail recipes for at-home celebrations. Include ingredients, recipes, and festive garnishes. |
|                            | <b>Bakery Cooking Classes:</b> Conduct virtual cooking classes on making traditional Paczki. Offer pre-made Paczki kits for customers to decorate at home.                    |
|                            | Local Art Galleries: Feature Mardi Gras-inspired artwork by local artists.  |
|                            | <b>Local History Tours:</b> Offer virtual tours highlighting the history of Mardi Gras in the community. Include interesting facts, anecdotes, and visual elements.           |
|                            | <b>Fitness Studios:</b> Organize a Mardi Gras-themed fitness class or dance workout. Encourage participants to wear festive workout attire.                                   |
|                            | <b>Home Decor and Furnishing Stores:</b> Showcase Mardi Gras-themed home decor items. Provide tips on decorating homes for a festive Fat Tuesday celebration.                 |
|                            | <b>Local Food Trucks:</b> Coordinate a Mardi Gras food truck rally with diverse cuisine options.  |
|                            | Interactive Cajun Cooking Class: Partner with a local chef for a virtual Cajun cooking class. Teach participants how to prepare authentic Mardi Gras dishes.                  |
| National<br>Pancake<br>Day | Pancake Houses: Offer a "build your own pancake car" for your customers to enjoy! Post all the fun on social media.   |
|                            | <b>Food Bloggers/Influencers:</b> Collaborate with influencers to make your favorite pankcake recipe.   |
|                            | Maple Syrup Producers: Provide recipes for unique pancake syrup pairings.   |
|                            | Family Entertainment Centers: Host pancake breakfast events for families.   |
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|                               | <b>Local Farmer's Market Stands:</b> Showcase locally sourced ingredients for making pancakes. Collaborate with vendors to create a pancake ingredient bundle.    |
|                               | <b>Home Improvement Stores:</b> Feature pancake breakfast essentials for home kitchens. Pancake griddles, mixing bowls, utensils, etc.                            |
|                               | <b>Influencer or Food Blogger:</b> Partner with a chef for a live virtual pancake cooking class. Provide step-by-step instructions for creating perfect pancakes. |
|                               | <b>Fitness and Wellness Studios:</b> Organize a "Pancakes and Pilates" or "Yoga and Pancakes" event. Combine a fitness class with a delicious pancake breakfast.  |
|                               | <b>Baking Supply Stores:</b> Feature specialty pancake ingredients and mixes or create themed pancake decorating kits for customers.                              |
|                               | Italian Restaurants: Showcase special tortellini dishes on the menu.  |
|                               | <b>Pasta Shops:</b> Create DIY tortellini-making kits for customers. Host a virtual pasta-making classes.   |
| National<br>Tortellini<br>Day | <b>Food Delivery Services:</b> Feature a curated selection of tortellini dishes from local restaurants.   |
|                               | Cooking Schools: Provide step-by-step guides for perfect tortellini at home.  |
|                               | Gourmet Grocery Stores: Highlight artisanal tortellini brands and flavors. Create in-store displays with recipe suggestions.                                      |
|                               | Wine Bars: Curate a wine and tortellini pairing menu.   |
|                               | Cheese and Charcuterie Board Business: Share creative tortellini-themed charcuterie board ideas.  |
|                               | Italian Cooking Class Experience: Collaborate with local chefs for virtual Italian cooking classes. Focus on mastering the art of making tortellini from scratch. |
|                               | <b>Local Farmer's Market Collaboration:</b> Partner with local farmers for fresh, seasonal tortellini ingredients.  |

**Flower Shops:** Offer exclusive Valentine's Day floral arrangements. Provide flower care tips to make bouquets last longer.

**Chocolatiers and Sweet Shops:** Introduce limited-edition Valentine's Day chocolate assortments. Collaborate with local influencers for chocolate tasting reviews.

Jewelry Stores: Showcase unique Valentine's Day jewelry collections. Share romantic stories behind popular jewelry pieces.

**Restaurants and Cafés:** Create special Valentine's Day menus or host virtual cooking classes for couples to enjoy at home.

Gift Shops: Curate Valentine's Day gift sets for various preferences. Offer personalized gift-wrapping services.

**Spas and Wellness Centers:** Launch Valentine's Day spa packages for couples or share self-care tips for a relaxing at-home spa day.

### Day

**Bookstores:** Recommend romantic books for Valentine's Day reading.

**Local Art Galleries:** Feature love-themed artwork by local artists.

**Fitness Studios:** Highlight partner workouts for Valentine's Day.

Wine and Spirits Retailers: Curate Valentine's Day wine and cocktail selections.

Home Improvement Stores: Highlight DIY projects for creating a romantic ambiance at home.

**Pet-Focused Businesses:** Highlight Valentine's Day pet-friendly treats and accessories and encourage customers to share pet love stories on social media.

**Local Farmers Markets:** Collaborate with local vendors for Valentine's Day-themed products. Create gift baskets with fresh and handmade goods.

**Subscription Box Services:** Launch a Valentine's Day-themed subscription box. Include products from various businesses.

| Thursday, February 15th |  |
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| Nirvana<br>Day          | Meditation and Wellness Studios: Host virtual meditation sessions in honor of Nirvana Day. Share mindfulness tips and resources for a peaceful |

## Valentine's

|                                   | day.  |
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|                                   | <b>Bookstores or Libraries:</b> Curate a collection of books on meditation and spirituality. Recommend literature related to achieving inner peace. |
|                                   | Online Learning Platforms: Offer online courses on meditation techniques or collaborate with meditation experts for virtual workshops.              |
|                                   | <b>Local Yoga Studios:</b> Organize a special Nirvana Day yoga class. Share yoga poses and practices for spiritual well-being.                      |
|                                   | Local Dairy Farms: Highlight Wisconsin's renowned dairy products. Share behind-the-scenes glimpses of dairy farm life.                              |
|                                   | <b>Cheese Shops:</b> Feature a variety of Wisconsin cheeses. Offer cheese pairing suggestions and recipes.  |
| National                          | Local Craft Breweries: Showcase Wisconsin's craft beer culture. Introduce special beer releases in celebration of the state.                        |
| Wisconsin<br>Day                  | Outdoor Adventure Companies: Promote outdoor activities in Wisconsin. Share travel itineraries for exploring the state's natural beauty.            |
|                                   | <b>Travel Agencies:</b> Highlight unique experiences, from exploring state parks to visiting popular attractions.                                   |
|                                   | <b>Boutique Hotels:</b> Highlight why your hotel is the perfect stop on a Wisconsin vacation. Include other local attractions people can enjoy.     |
|                                   | Cafés or Bakeries: Introduce Canadian-inspired menu items or pastries.  |
| National<br>Flag of Canada<br>Day | <b>Travel Agencies:</b> Promote travel packages to Canada. Share travel tips for exploring iconic Canadian destinations.                            |
|                                   | Online Cultural Platforms: Feature Canadian music, films, and literature.   |
|                                   | Maple Syrup Producers: Curate gift sets featuring various grades of Canadian maple syrup.   |
| Singles<br>Awareness<br>Day       | <b>Fitness Studios:</b> Organize singles-friendly fitness classes or events. Promote self-love and wellness for individuals.                        |
|                                   | Online Dating Platforms: Offer virtual speed dating events. Share success stories and dating tips.  |
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|                            | <b>Self-Care Brands:</b> Curate self-care packages for singles. Encourage self-love rituals and pampering.  |
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|                            | Local Restaurants or Cafés: Host a solo dining event with communal seating.   |
|                            | Local Comedy Clubs: Host a singles-themed comedy night with local comedians. Create a relaxed and enjoyable atmosphere for solo attendees.              |
|                            | Solo Travel Agencies: Plan adventure retreats designed for solo travelers. Explore destinations that celebrate independence and self-discovery.         |
|                            | Candy Stores: Showcase a variety of gumdrops and gummy candies.   |
| National<br>Gumdrop<br>Day | Bakeries or Dessert Shops: Incorporate gumdrops into creative desserts.   |
|                            | <b>DIY Cooking Kits Brands:</b> Create DIY gumdrop decorating kits. Share fun and colorful gumdrop recipes.   |
|                            | Children's Toy Stores: Include gumdrop-themed toys or games in-store.   |
|                            | <b>Cupcake Shops:</b> Conduct virtual or in-person cupcake decorating classes featuring gumdrops. Provide kits with different gumdrop colors and sizes. |

| Sunday, February 18th         |  |
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| National<br>Battery Day       | <b>Electronics Retailers:</b> Showcase the latest battery-powered gadgets and devices: battery packs, chargers, and other accessories. |
|                               | <b>Home Improvement Stores:</b> Provide tips for proper battery disposal and recycling and highlight rechargeable batteries.           |
|                               | <b>Tech Blogs/Influencers:</b> Collaborate with tech influencers to review and highlight innovative battery technologies.              |
|                               | <b>Home Security Companies:</b> Highlight battery-powered home security devices: battery-operated cameras, doorbells, and smart locks. |
|                               | Children's Toy Stores: Feature an array of battery-operated toys for children. Create themed displays for different age groups.        |
| National<br>Drink<br>Wine Day | Wine Shops or Vineyards: Host in-store or virtual wine tastings.   |
|                               | <b>Restaurants and Bars:</b> Create wine-themed menus with curated pairings. For an added touch: wine flights or by-the-glass options. |

**Wine Subscription Services:** Provide personalized recommendations based on individual preferences.

**DIY Wine and Paint Night:** Organize virtual or in-person wine and paint events. Provide kits with art supplies and a bottle of wine for participants.

Wine and Cheese Pairing Classes: Host virtual or in-person classes on pairing wine with different cheeses.

#### Monday, February 19th

**Beauty Salons/Spas:** Share before-and-after photos of lash transformations while highlighting the confidence boosts that lashes add!

**Beauty Product Retailers:** Highlight a range of mascara products, false lashes, lash serums, and growth-enhancing products. Who would benefit most and how should they be used?

**Lash Styling Tutorials:** Collaborate with beauty influencers for virtual lash styling tutorials. Provide tips for achieving different lash looks at home.

**Lash Care Professionals:** Organize workshops on proper lash care and maintenance. Share information on keeping lashes healthy and long-lasting.

#### National Lash Day

Eye Care Clinics or Optometrists: Share content emphasizing the importance of eye health for maintaining beautiful lashes. Offer tips on preventing eye irritation and maintaining lash hygiene.

**Eyewear Brands:** Showcase how eyeglasses can complement various lash styles. Collaborate with influencers for photos featuring stylish glasses and lashes.

**Contact Lens Brands:** Share content on creating a seamless beauty routine with contact lenses.

**Eyewear Accessory Brands:** Showcase accessories like eyelash curlers, applicators, and lash-friendly eyewear. Provide tutorials on using accessories for effortless lash styling.

**Health and Wellness Brands:** Share content on how nutrition contributes to healthy lashes or provide information on incorporating supplements into

|                                   | a beauty routine.   |
|-----------------------------------|---|
| National<br>Chocolate<br>Mint Day | Chocolatiers and Candy Shops: Create limited-edition chocolate mint truffles or candies.  |
|                                   | <b>Bakeries and Dessert Shops:</b> Feature chocolate mint-flavored cupcakes, cookies, and pastries. Host virtual baking classes for at-home creations.          |
|                                   | Coffee Shops: Highlight chocolate mint-flavored coffee drinks or collaborate with bakeries for chocolate mint-flavored pastry pairings.                         |
|                                   | Food Blogger or Influencer: Share easy-to-follow recipes for making chocolate mint desserts at home.  |
|                                   | Ice Cream Parlors: Introduce a special chocolate mint-flavored ice cream. Host a create-your-own sundae event with chocolate mint toppings.                     |
|                                   | <b>Smoothie Bars:</b> Highlight refreshing chocolate mint smoothies. Share the health benefits of incorporating mint into smoothies.                            |
|                                   | Furniture Stores: Host Presidents Day sales on furniture and home decor.  |
|                                   | <b>Car Dealerships:</b> Feature models that are named after presidents or with historical significance.   |
|                                   | <b>Bookstores:</b> Curate a selection of books about U.S. presidents and history.   |
| President's<br>Day                | <b>Historical Tours and Museums:</b> Highlight tours focusing on presidential history. Share interesting facts and trivia about past presidents.                |
|                                   | <b>DIY Presidential Home Decor:</b> Provide ideas and materials for creating DIY home decor inspired by presidential aesthetics.                                |
|                                   | American-Made Product Brands: Feature and highlight products made in the USA.   |
|                                   | <b>Educational Platforms:</b> Host virtual webinars on specific aspects of U.S. presidential history. Invite historians or scholars for insightful discussions. |
|                                   | Local Art Galleries: Curate an art exhibition featuring work inspired by U.S. presidents. Collaborate with local artists and historians.                        |

|                        | Clothing Retailers: Promote cozy loungewear or comfortable clothing lines.  |
|------------------------|---|
|                        | <b>Home Decor Stores:</b> Showcase cozy home decor items like blankets, cushions, and pillows. Share tips on creating a comfortable and inviting living space.                        |
|                        | Self-Care Brands: Introduce special self-care packages for a day of comfort or highlight how people create their own self-care session in the comfort of their home                   |
|                        | <b>Coffee Shops:</b> Highlight hot beverages and cozy drink options. Encourage customers to share their comfy moments on social media!  |
|                        | <b>Bookstores:</b> Showcase your comfortable reading nook area in your store. Recommend books that are perfect for a relaxing day.  |
| National               | All Businesses: Encourage followers to share their favorite comfy rituals. You could even run a social media contest for the coziest photo or video, with a prize for the winner.     |
| Comfy Day              | <b>Spa and Wellness Centers:</b> Highlight spa treatments focused on relaxation and comfort.  |
|                        | Outdoor Adventure Companies: Feature cozy outdoor gear for comfortable adventures and share tips on creating a cozy outdoor setup for picnics or stargazing.                          |
|                        | <b>Candle Shops:</b> Feature scented and share tips for creating a cozy ambiance with candles.  |
|                        | <b>Tech and Gadget Stores:</b> Showcase tech gadgets designed for comfort and relaxation.   |
|                        | Local Bed and Breakfasts: Offer special cozy retreat packages for a relaxing getaway. Share testimonials from guests about their comfortable experiences.                             |
|                        | <b>Fitness Studios:</b> Promote fitness apparel designed for comfort during home workouts. Share workout routines that focus on relaxation and stretching.                            |
| National<br>Muffin Day | <b>Bakeries and Cafés:</b> Introduce a variety of muffin flavors or a limited-edition National Muffin Day flavor. Promote the offer on social media with images of the yummy muffins. |

Food Bloggers/Influencers: Collaborate with influencers for muffin taste tests and reviews or share creative muffin recipes for followers to try at home. **Grocery Stores or Markets:** Create DIY muffin baking kits with pre-measured ingredients. Fitness Studios: Highlight healthy muffin recipes suitable for fitness enthusiasts or post-workout treats. **Nutritionists or Dietitians:** Create content highlighting the nutritional benefits of muffins or share information on how to make muffins healthier with ingredient alternatives. Local Farms or Farmers Markets: Feature muffin recipes using fresh, local ingredients from farmers or organize a local muffin tasting event with samples from various vendors. Children's Cooking Classes or Culinary Schools: Host virtual or in-person muffin decorating workshops for children. Provide colorful toppings and frosting for creative designs. Senior Living Communities: Organize a muffin baking social hour for senior residents. Share heartwarming stories and photos from the event. **Baking Supply Stores:** Create limited-edition muffin baking kits with unique ingredients. Collaborate with local bakers or chefs for exclusive recipes. Community Centers or Libraries: Compile a digital or printed booklet of contributed recipes. **Pet Supply Stores:** Host a pet fashion show featuring cozy and stylish pet accessories. **Veterinary Clinics:** Share tips for pampering and caring for pets at home. National **Pet Grooming Salons:** Feature adorable pet makeovers and grooming Love Your sessions. Pet Day **Pet-Friendly Restaurants or Cafés:** Introduce a special pet menu or treats for furry companions. Create a designated pet-friendly space for customers to enjoy with their pets. **All Businesses:** Encourage followers to share photos and stories of their

beloved pets. Local Parks or Recreation Centers: Host a pet-friendly picnic day at a local park. Share safety tips and guidelines for outdoor activities with pets. **Pet Photography Studios:** Share behind-the-scenes footage of the creative process of a pet photoshoot. **Pet Treat Brands:** Create a digital booklet of pet-friendly recipes. Encourage participants to share photos of their pets enjoying the treats. Pet Insurance Companies: Organize webinars on pet health and wellness. Share tips on choosing the right insurance coverage for pets. **Local Pet Adoption Centers:** Host an event promoting pet adoptions or feature success stories of pets finding forever homes. **Pet-Focused Tech Companies:** Feature smart gadgets for pets, such as automatic feeders or health monitors. Provide demonstrations and answer common questions. **Pet-Friendly Hotels or Resorts:** Share tips for pet owners planning vacations with their furry friends. **Bakeries and Dessert Shops:** Feature classic and creative cherry pie options or host a virtual pie-making class with cherry pie as the star. Farmers Markets: Highlight fresh, local cherries for pie baking. Collaborate with local bakers for cherry-themed recipes. **Home Decor Shops:** Create cherry-pie-themed kitchen decor displays or offer discounts on pie servers and baking accessories. All Businesses: Run a "Cherry Pie Contest" where followers can share **National** photos of their homemade cherry pies. Cherry Pie Day Local Orchards or Fruit Farms: Highlight cherry-picking events at local orchards or share details about the types of cherries best suited for pie baking. **Cooking Supply Stores:** Create curated baking kits with all the necessary ingredients for cherry pie. Include pie pans, cherry pitters, and other essential tools. Community Centers or Libraries: Compile a digital or printed booklet

of contributed recipes or collaborate with local chefs for in-person or virtual pie-making workshops. Highlight tips and tricks for the perfect cherry pie.

**Food and Recipe Bloggers/Influencers:** Collaborate with influencers for a virtual cherry pie cook-off or create printable recipe cards featuring unique cherry pie variations.

**Antique Shops or Vintage Stores:** Showcase vintage kitchenware and décor items inspired by cherry pies.

| Thursday, February 22nd                 |   |
|---|---|
| National<br>Supermarket<br>Employee Day | Supermarkets and Grocery Stores: Showcase different supermarket employees through social media posts. Share their stories, roles, and contributions to the community.                 |
| National<br>California<br>Day           | Local Restaurants and Cafés: Highlight California-inspired menus featuring dishes with fresh, local ingredients.  |
|   | Outdoor Adventure Companies: Promote outdoor activities unique to California, such as hiking, surfing, or biking. Collaborate with local tour guides for California adventure tours.  |
|   | <b>Local Art Galleries and Studios:</b> Feature art exhibitions showcasing California-inspired artworks.  |
|   | <b>Boutiques and Fashion Stores:</b> Showcase California-inspired fashion collections. Host fashion shows or style events featuring clothing influenced by the Californian lifestyle. |
|   | Wine and Brewery Tours: Highlight California's renowned wine regions with special tasting events or offer brewery tours showcasing local craft beers.                                 |
|   | <b>Travel Agencies:</b> Promote travel packages to iconic California destinations. Create travel itineraries for exploring the state's diverse landscapes.                            |
|   | <b>Music Venues and Studios:</b> Feature live music events with a focus on California artists and genres.   |
|   | Local Farmers Markets: Highlight fresh, locally grown produce that represents California agriculture. Collaborate with farmers to create  |

|                              | California-themed recipe cards.   |
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|                              | <b>Surf Shops and Water Sports Companies:</b> Organize surf lessons or paddleboarding events.   |
|                              | <b>Fitness Studios and Wellness Centers:</b> Host outdoor fitness classes, taking advantage of California's pleasant climate.   |
|                              | Local Breweries and Distilleries: Highlight California-themed brews or cocktails.   |
|                              | Local Home and Garden Centers: Create displays with California-native plants and flowers.   |
|                              | Bars and Restaurants: Margarita tasting flights with different flavors.   |
|                              | <b>Mixology Classes:</b> Host virtual or in-person mixology classes teaching customers how to craft the perfect margarita. Provide recipe cards for participants to recreate at home. |
|                              | Liquor Stores and Brands: Highlight DIY margarita kits with all the necessary ingredients.  |
|                              | <b>Travel Agencies:</b> Highlight destinations with renowned margaritas and beachfront vibes. Provide information about local culture and mixology.                                   |
| National<br>Margarita<br>Day | <b>Mexican Restaurants:</b> Highlight your best-selling margaritas along with what they pair best with.   |
|                              | Local Tequila Distilleries: Offer tours and tastings at tequila distilleries. Highlight which tequilas make the best margaritas.  |
|                              | Catering Services: Provide margarita-themed catering services for events and parties. Create custom menus with margarita-infused appetizers and beverages.                            |
|                              | <b>Poolside Resorts and Hotels:</b> Offer exclusive margarita packages for guests or host poolside margarita parties with live music or entertainment.                                |
|                              | Outdoor Furniture Stores: Showcase outdoor furniture sets for creating the perfect margarita lounging area.   |

|                                | <b>Tile and Flooring Stores:</b> Feature special discounts on tiles and flooring materials or showcase the latest tile trends and design inspirations.             |
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|                                | <b>Interior Design Studios:</b> Create mood boards with tile recommendations for various home styles. Offer virtual consultations on tile selection and placement. |
|                                | <b>Home Improvement Centers:</b> Host DIY tile installation workshops or provide guides on tile maintenance and care.  |
|                                | <b>Real Estate Agencies:</b> Showcase homes with unique and stylish tile designs. Offer tips on using tiles to increase property value.                            |
| National                       | <b>Architectural Firms:</b> Share insights into incorporating tiles into architectural designs.  |
| Tile Day                       | Artisanal Tile Makers: Share the tile-making process through behind-the-scenes content.  |
|                                | Home Decor and Furnishing Stores: Highlight your tile-themed home decor displays while showcasing your best-sellers.   |
|                                | Furniture Stores: Feature furniture pieces that complement tile designs.   |
|                                | Landscaping and Garden Centers: Provide inspiration for incorporating tiles into outdoor landscaping for patios and garden paths.                                  |
|                                | Custom Home Builders: Showcase custom homes with intricate tile designs.   |
|                                | <b>Lighting Stores:</b> Offer lighting solutions that complement different tile styles. Highlight how lighting can enhance tile features in a space.               |
| National<br>Dog Biscuit<br>Day | <b>Pet Supply Stores:</b> Organize dog-friendly events or highlight special dog biscuit flavors.   |
|                                | <b>Pet Bakeries:</b> Feature dog biscuit baking classes or tutorials or offer personalized dog biscuit packages.   |
|                                | <b>Pet Grooming Salons:</b> Highlight the dog biscuit treats you offer during grooming sessions.   |
|                                | <b>Veterinary Clinics:</b> Share tips on choosing healthy dog treats, including biscuits.  |
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|                                 | Pet-Friendly Cafés and Restaurants: Introduce dog-friendly menus with  |
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|                                 | homemade biscuits.   |
|                                 | <b>Local Farmers Markets:</b> Collaborate with local vendors to offer the best dog biscuit options.  |
|                                 | <b>Bakeries and Cafés:</b> Feature a variety of banana bread flavors and toppings.   |
|                                 | <b>Farmers Markets:</b> Highlight fresh and locally sourced bananas for banana bread or collaborate with local bakers for banana bread recipe cards. |
|                                 | Cooking Schools or Culinary Classes: Host virtual or in-person banana bread baking classes. Share tips for perfecting the art of banana bread.       |
| National<br>Banana<br>Bread Day | <b>Grocery Stores:</b> Create DIY banana bread baking kits with recipe cards for at-home baking.   |
|                                 | <b>Health and Wellness Blogs:</b> Share healthy and alternative banana bread recipes or provide nutritional insights about bananas.                  |
|                                 | <b>Smoothie and Juice Bars:</b> Feature banana bread-inspired smoothies or shakes. Collaborate with bakeries for cross-promotions.                   |
|                                 | Nutrition and Wellness Coaches: Provide guidance on incorporating banana bread into a balanced diet.   |
|                                 | <b>Local Artisanal Jam or Honey Makers:</b> Collaborate with banana bread makers for unique jam or honey pairings.                                   |
|                                 | Children's Cooking Schools: Offer banana bread baking classes for kids.  |
|                                 | Local Bookstores: Feature cookbooks with banana bread recipes.   |
|                                 | <b>Kitchenware Stores:</b> Feature banana bread baking essentials in-store: loaf pans, mixing bowls, and other baking tools.                         |
|                                 | Local Community Centers: Organize a community-wide banana bread baking competition.  |

**Mexican Restaurants:** Feature special tortilla chip appetizers paired with your famous salsa.

**Local Salsa Companies:** Collaborate with tortilla chip brands for joint promotions. Host tastings of different salsa and tortilla chip pairings.

**Cinemas and Movie Theaters:** Highlight tortilla chips as a snack option with different dips.

**Food Trucks:** Create special nacho or loaded tortilla chip menu items. Share behind-the-scenes footage of preparation.

## National Tortilla Day

Local Breweries or Bars: Create special beer and tortilla chip pairings.

**Grocery Stores:** Create DIY nacho kits with tortilla chips, cheese, and toppings. Provide recipe cards for making gourmet nachos at home.

**Yoga Studios or Wellness Centers:** Host a "Yoga and Nachos" event, combining relaxation with a tasty treat.

**Local Artisanal Cheese Shops:** Highlight the best cheese options for cheese and chip pairings, nachos, etc.

**Sports Bars:** Feature tortilla chip-based appetizers during game nights.

**Community Centers:** Host a family-friendly event with games and activities centered around tortilla chips.

## Sunday, February 25th

## National p Clam Chowder

Day

**Seafood Restaurants:** Feature a special clam chowder menu with variations like New England and Manhattan styles. Share behind-the-scenes content of your chefs preparing the clam chowder.

**Grocery Stores:** Offer ready-to-cook clam chowder kits with pre-measured ingredients. Share recipes and cooking tips for making the perfect clam chowder.

Food Bloggers/Influencers: Recreate your favorite clam chowder recipes.

**Tourist Agencies:** Highlight the best locations to experience clam chowder.

Cooking Schools or Culinary Classes: Host clam chowder cooking classes for enthusiasts to learn the art of preparing different styles or share

|  | video tutorials featuring renowned chefs demonstrating clam chowder techniques.   |
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|  | techniques.   |
|  | <b>Local Farmers Markets:</b> Offer bundles with fresh clams, vegetables, and recipe cards for making clam chowder at home.   |
|  | Outdoor Adventure Companies: Offer adventure packages that include clam chowder tastings during nature hikes or beach excursions.   |
|  | Local Artisanal Cheese Shops: Suggest cheese pairings for clam chowder dishes.  |
|  | <b>Dairy Farms:</b> Feature behind-the-scenes content showcasing your dairy farm's contribution to the creamy texture of clam chowder.  |
| National<br>Chocolate<br>Covered Nut Day | Chocolate Shops: Showcase a variety of chocolate-covered nuts with unique flavor combinations.  |
|  | <b>Healthy Snack Brands:</b> Promote chocolate-covered nuts as a guilt-free snack option or share the nutritional benefits of different nuts used in chocolate-covered treats.        |
|  | <b>Nut Farms:</b> Offer guided tours of the nut farm focusing on the chocolate-covered nut-making process.  |
|  | <b>Bakeries and Cafés:</b> Incorporate chocolate-covered nuts into pastries, cakes, and cookies.  |
|  | <b>Fitness and Wellness Brands:</b> Promote chocolate-covered nuts as a post-workout snack option or collaborate with nutritionists for informational content about healthy snacking. |
|  | Online Cooking Communities: Run a poll to determine the community's favorite chocolate-nut pairing.   |

| Tuesday, February 27th   |   |
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|                          | <b>Vintage Clothing Stores:</b> Host a retro fashion show featuring iconic looks from different decades.  |
| National<br>Retro<br>Day | Record Shops or Vinyl Stores: Showcase a selection of retro vinyl records and host listening sessions or organize a "Guess the Retro Song" contest on social media. |

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|                               | <b>Diners and Cafés:</b> Introduce a limited-time retro menu with classic dishes from past decades. Decorate the establishment with retro memorabilia and themes.   |
|                               | <b>Antique Shops:</b> Arrange a retro-themed showcase with items from different eras. Share stories behind unique retro finds in the store.                         |
|                               | Thrift Stores: Highlight vintage and retro clothing pieces.   |
|                               | Arcades or Gaming Cafés: Feature retro video games.   |
|                               | Furniture Restoration Shops: Showcase refurbished retro furniture.  |
|                               | <b>Photography Studios:</b> Arrange retro-themed photoshoots. Collaborate with makeup artists for vintage-style makeovers.  |
|                               | <b>Zoos and Wildlife Reserves:</b> Organize educational programs about polar bears and their conservation. Offer behind-the-scenes tours of polar bear habitats.    |
| National<br>Polar Bear        | Winter Apparel Stores: Highlight polar bear-themed winter apparel and accessories. Run promotions where a percentage of sales goes towards polar bear conservation. |
| Day                           | <b>Ice Cream Shops:</b> Create a special polar bear ice cream flavor. Decorate the shop with polar bear-themed decorations.   |
|                               | Winter Adventure Tour Companies: Offer polar bear-watching tours in cold climates. Collaborate with wildlife photographers for special excursions.                  |
|                               | <b>Farmers Markets:</b> Showcase a variety of locally grown strawberries. Collaborate with local bakeries for strawberry-themed treats.                             |
| National<br>Strawberry<br>Day | Smoothie and Juice Bars: Feature strawberry-centric smoothies and fresh juices.   |
|                               | <b>Dessert Shops and Bakeries:</b> Introduce a lineup of strawberry desserts, cakes, and pastries or offer strawberry dessert-making classes.                       |
|                               | Outdoor Adventure Companies: Organize strawberry-picking excursions or tours or host picnics or outdoor events with strawberry-inspired menus.                      |
|                               | Yogurt Shops: Feature strawberry-flavored yogurts and frozen yogurt.  |

|                           | Offer special toppings and combinations with fresh strawberries.  |
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|                           | <b>Local Jam and Preserve Stores:</b> Showcase a variety of strawberry jams, preserves, and sauces. Collaborate with bakeries for joint promotions.                             |
|                           | Ice Cream Parlors: Introduce limited-edition strawberry ice cream flavors. Highlight sundae specials with fresh strawberries.   |
|                           | Salad Bar or Healthy Cafés: Include strawberry salads on the menu with various healthy ingredients or highlight strawberry-infused water or beverages.                          |
|                           | Bars and Pubs: Feature special Kahlua cocktails on the menu.  |
|                           | <b>Coffee Shops:</b> Introduce Kahlua-infused coffee drinks or collaborate with local bakeries for Kahlua-flavored pastries.  |
| National<br>Kahlua<br>Day | <b>Dessert Parlors:</b> Create Kahlua-flavored desserts, such as cakes, ice creams, and chocolates. Collaborate with local distilleries for Kahlua-infused confections.         |
|                           | Cooking Schools or Culinary Classes: Offer virtual or in-person cooking classes featuring dishes with Kahlua.   |
|                           | Cocktail Bars and Lounges: Feature a special Kahlua cocktail menu with creative and signature drinks. Chocolate Shops: Create a line of Kahlua-infused chocolates and truffles. |
|                           | <b>Bakeries and Patisseries:</b> Introduce a range of Kahlua-flavored pastries, cakes, and cookies or host Kahlua-themed baking workshops or classes.                           |

| Wednesday, February 28th             |   |
|--------------------------------------|---|
|                                      | Bakeries and Patisseries: Feature a special chocolate soufflé on the menu.  |
| National<br>Chocolate<br>Souffle Day | Cooking Schools or Culinary Classes: Host virtual or in-person chocolate soufflé baking classes or collaborate with chefs for live demonstrations and tips. |
|                                      | Chocolate Shops: Create a limited-edition chocolate soufflé-flavored chocolate. Share behind-the-scenes content of the chocolate-making process.            |

|                                  | <b>Chocolatiers:</b> Collaborate with influencers for chocolate soufflé taste tests. Share easy-to-follow recipes for making chocolate soufflés at home.                                   |
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|                                  | <b>Event Spaces or Restaurants:</b> Host chocolate soufflé tasting events with live music or entertainment or collaborate with local chefs to create a chocolate-themed dining experience. |
|                                  | <b>Dessert Food Trucks:</b> Feature chocolate soufflé-inspired desserts on the food truck menu. Promote special stops where customers can get freshly baked soufflés.                      |
|                                  | <b>Dental Clinics:</b> Share fun and educational content about oral hygiene for children.  |
|                                  | Children's Toy Stores: Create tooth fairy-themed toy displays.   |
|                                  | <b>Bookstores:</b> Feature children's books about the tooth fairy or host virtual storytime sessions for kids.   |
| National<br>Tooth Fairy<br>Day   | Local Schools or Daycares: Share dental health tips with parents and teachers.   |
| Day                              | Pediatric Dental Clinics: Host tooth fairy-themed events or workshops for kids to get them comfortable in your facility.   |
|                                  | Children's Clothing Stores: Feature tooth fairy-themed clothing or accessories for kids.   |
|                                  | <b>Children's Museums:</b> Organize tooth fairy-related exhibits or interactive activities or host educational workshops on dental health.   |
|                                  | Flower Shops: Create vibrant floral arrangements or host workshops.  |
| National<br>Floral Design<br>Day | <b>Home Decor Stores:</b> Feature floral-themed home decor items and provide tips on incorporating floral designs into home interiors.   |
|                                  | <b>Artisanal Florists:</b> Showcase unique and artistic floral arrangements or collaborate with local artists for joint promotions.  |
|                                  | <b>DIY and Craft Stores:</b> Host DIY floral design kits for customers. Provide instructional videos for creating floral designs or social media.  |
|                                  | <b>Interior Design Studios:</b> Offer consultations on incorporating floral designs into home interiors.   |
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|                              | <b>Event Planning Companies:</b> Highlight floral design as a crucial element in event planning or share behind-the-scenes glimpses of event setups featuring exquisite floral arrangements.   |
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|                              | Wedding Planners: Feature floral design trends in wedding arrangements.  |
|                              | <b>Gardening Centers:</b> Provide tips on growing and arranging flowers at home.   |
|                              | Mattress and Bedding Stores: Share tips for improving sleep quality as well as other bedding products.   |
|                              | Wellness Centers: Offer relaxation or meditation sessions and share the importance of rest and sleep.  |
|                              | <b>Pajama Brands:</b> Highlight pajamas or loungewear. Encourage followers to share cozy sleep setups.   |
|                              | <b>Bookstores or Libraries:</b> Recommend books on the benefits of sleep and relaxation or host a virtual book club focused on sleep-related literature.   |
| National Public Sleeping Day | <b>Spas and Relaxation Centers:</b> Promote services that aid relaxation and enhance sleep quality or share tips on creating a serene sleep environment at home.   |
|                              | <b>Technology Stores:</b> Showcase sleep-enhancing gadgets or products like sleep trackers, white noise machines, and smart lighting. Collaborate with health experts for insights into the role of technology in sleep improvement. |
|                              | <b>Fitness Studios:</b> Offer classes focused on relaxation techniques and sleep-inducing exercises.   |
|                              | Home Decor and Furnishing Stores: Provide tips on creating a comfortable bedroom space conducive to better sleep. Feature products like blackout curtains, comfortable pillows, and ambient lighting.                                |

| Thursday, February 29th |  |
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| National                | <b>Fitness Studios:</b> Promote leap year fitness challenges or special classes. Encourage followers to share their Leap Day workout routines. |
| Leap Day                | <b>Travel Agencies:</b> Highlight travel deals or special Leap-Year travel packages. Create content about destinations that are perfect for a  |

|                       | memorable Leap-Day getaway.  |
|-----------------------|--|
|                       | <b>Event Planners:</b> Host a Leap Day-themed event or party. Encourage people to celebrate life milestones on this unique day.  |
|                       | Outdoor Adventure Companies: Promote Leap Day-themed outdoor activities like hiking, bungee jumping, or zip-lining. Share tips on making the most of the extra day by experiencing thrilling adventures. |
|                       | Coffee Shops or Cafés: Create a cozy atmosphere with Leap Day decorations and encourage customers to share their Leap Day coffee moments.  |
|                       | <b>Bakeries and Cafés:</b> Showcase a variety of toast options with creative toppings or host a "Build Your Own Toast" event with a range of spreads and toppings.                                       |
|                       | <b>Health and Wellness Blogs/Influencers:</b> Highlight your favorite healthy and nutritious toast recipes to keep you full and energized for the day.   |
|                       | <b>Grocery Stores:</b> Create themed displays featuring various toast options and toppings.  |
| National<br>Toast Day | <b>Fitness Studios:</b> Share toast recipes that are ideal for pre or post-workout nutrition.  |
| Toast Day             | <b>Wine Shops:</b> Provide recommendations for wine pairings with different toasts.  |
|                       | <b>Local Bakeries:</b> Introduce a variety of artisanal bread for toasting or share creative toast recipes using your bakery's bread, catering to different tastes.                                      |
|                       | Cooking Schools or Culinary Classes: Conduct virtual cooking classes focused on unique and delicious toasts.   |
|                       | <b>Diners or Cafes:</b> Showcase a variety of toast options with creative toppings such as avocado, nut butter, and artisanal jams.  |
|                       | <b>Restaurants and Cafés:</b> Feature a variety of chili options, including vegetarian and spicy versions. Offer a chili flight.   |
| National<br>Chili Day | <b>Grocery Stores:</b> Promote chili ingredients with easy-to-follow recipes for making delicious chili at home.   |
|                       | Cooking Schools or Culinary Classes: Offer virtual or in-person  |

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|               | chili-making   | classes.                               |                             |  |  |  |  |
|               | Outdoor Adventure Companies: Organize a chili picnic or outdoor event.   |  |                             |  |  |  |  |
|               | Hot Sauce I sauces.  | <b>Brands:</b> Feature a variety of cl | nili recipes using your hot |  |  |  |  |
|               | <b>Sporting Goods Stores:</b> Promote chili cook-off competitions or tailgating events for sports enthusiasts. Share outdoor gear suitable for chili cookouts and camping. |  |                             |  |  |  |  |
|               | Local Brew   | eries: Suggest beer pairings fo        | or different chili flavors. |  |  |  |  |
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|               |  | Calendar Add-Ons                       |                             |  |  |  |  |
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|               |  | <u>Content Ideas:</u>                  |                             |  |  |  |  |
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| Masti         | nac:   | Annointmonto                           | Special Events              |  |  |  |  |
| <u>Meeti.</u> | ngs.   | <u>Appointments:</u>                   | <u>Special Events:</u>      |  |  |  |  |
|               |  |  |                             |  |  |  |  |
|               |  |  |                             |  |  |  |  |
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|        |        |         | Extras:            |                |        |          |
|        |        |         |                    |                |        |          |
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|        |        |         |                    |                |        |          |
|        |        |         |                    |                |        |          |
|        |        |         | *                  |                |        |          |
|        |        | В       | ★<br>Blank Calenda | ar             |        |          |
| Sunday | Monday | Tuesday |                    | ar<br>Thursday | Friday | Saturday |
| Sunday | Monday | Τ       | Blank Calenda      | Γ              | Friday | Saturday |
| Sunday | Monday | Τ       | Blank Calenda      | Γ              | Friday | Saturday |
| Sunday | Monday | Τ       | Blank Calenda      | Γ              | Friday | Saturday |
| Sunday | Monday | Τ       | Blank Calenda      | Γ              | Friday | Saturday |
| Sunday | Monday | Τ       | Blank Calenda      | Γ              | Friday | Saturday |
| Sunday | Monday | Τ       | Blank Calenda      | Γ              | Friday | Saturday |
| Sunday | Monday | Τ       | Blank Calenda      | Γ              | Friday | Saturday |

| Notes: |  |  |  |  |  |  |  |  |
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| *      |  |  |  |  |  |  |  |  |

## February Calendar

|                      |    |    |    | 1  | 2  | 3  |  |
|----------------------|----|----|----|----|----|----|--|
|                      |    |    |    |    |    |    |  |
| 4                    | 5  | 6  | 7  | 8  | 9  | 10 |  |
|                      |    |    |    |    |    |    |  |
| 11                   | 12 | 13 | 14 | 15 | 16 | 17 |  |
| 18 19 20 21 22 23 24 |    |    |    |    |    |    |  |

| 25 | 26 | 27 | 28 | 29 |
|----|----|----|----|----|
|    |    |    |    |    |

| Notes: |  |  |
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|        |  |  |



Thank you for downloading *Your February Planning Guide*! If you're ready to take your business to the next level it's time to sign up for a discovery call where we will get the ball rolling on customizing a monthly calendar that is easy to follow and gets your business consistently on social media each month!

<u>Click here to access my contact page</u>. This is where you can sign up for a discovery call or dive in directly to my customization page! I'm so excited to simplify your process!