

ELO 1 Daily Participation

1. I can <u>participate</u> in all instructed activities.
2. I can remain on task and stay <u>engaged</u> in learning.
3. I can demonstrate <u>effort</u> through a variety of motor skills and movement patterns, applying knowledge, concepts, principles, strategies and tactics, while achieving a health-enhancing level of physical activity and fitness.
4. I can exhibit responsible personal and social behavior that respects self and others, while fully adhering to class rules and <u>expectations</u> .
5. I can demonstrate both <u>sportsmanship</u> and the value of physical activity for health, enjoyment, challenge, self-expression, through positive social interactions and a positive attitude in all the various activities.

Week of: 5/4 Ms. Shipman

Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
Monday 5/4	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		
Tuesday 5/5	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		

Wednesday 5/6	Day Of Caring	
Thursday 5/7	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Friday 5/8	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 4/27 Ms. Shipman			
Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
Monday 4/27	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		
Tuesday 4/28	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		

Wednesday 4/29	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Thursday 4/30	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Friday 5/1	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 4/20 Ms. Shipman			
Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
Monday 4/20	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		
Tuesday 4/21	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		

Wednesday 4/22	Guest Teacher -Indigenous Games	
Thursday 4/23	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Friday 4/24	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 4/13 Ms. Shipman			
Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
Monday 4/13	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		
Tuesday 4/14	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		

Wednesday 4/15	Guest Teacher -Indigenous Games	
Thursday 4/16	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Friday 4/17	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 3/30 Ms. Shipman			
Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
Monday 3/30	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		
Tuesday 3/31	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		

Wednesday 4/1	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Thursday 4/2	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Friday 4/3	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 3/23 Ms. Shipman			
Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
Monday 3/23	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		
Tuesday 3/24	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		

Wednesday 3/25	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Thursday 3/26	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Friday 3/27	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 3/16 Ms. Shipman			
Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
Monday 3/16	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		
Tuesday 3/17	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		

Wednesday 3/18	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Thursday 3/19	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Friday 3/20	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 3/9 Ms. Shipman			
Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
Monday 3/9	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		
Tuesday 3/10	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		

Wednesday 3/11	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Thursday 3/12	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Friday 3/13	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 3/2 Ms. Shipman			
Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
Monday 3/2	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Tuesday 3/3	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		

Wednesday 3/4	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Thursday 3/5	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Friday 3/6	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 2/23 Ms. Shipman			
Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
Monday 2/23	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Tuesday 2/24	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		
Wednesday 2/25	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		

Thursday 2/26	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Friday 2/27	No School	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 2/16 Ms. Shipman			
Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
Monday 2/16	No School		
Tuesday 2/17	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		
Wednesday 2/18	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Thursday 2/19	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		

Friday 2/20	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 2/9 Ms. Shipman			
Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
Monday 2/9	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		
Tuesday 2/10	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole -Weight Room		
Wednesday 2/11	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Thursday 2/12	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		

Friday 2/13	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 2/2 Ms. Shipman			
Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
Monday 2/2	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Tuesday 2/3	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Wednesday 2/4	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Thursday 2/5	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Friday 2/6	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		

Goals this week:

- Complete assignments (highlighted in green) by the due date listed.

Week of: 1/26 Ms. Shipman

Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
Monday 1/26	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Tuesday 1/27	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Wednesday 1/28	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Thursday 1/29	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Friday 1/30	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		

Goals this week:

- Complete assignments (highlighted in green) by the due date listed.

Week of: 1/19 Ms. Shipman

Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
Monday 1/19	No School		
Tuesday 1/20	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Wednesday 1/21	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Thursday 1/22	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Friday 1/23	Google classroom E-learning assignment.		

Goals this week:

- Complete assignments (highlighted in green) by the due date listed.

Week of: 1/12 Ms. Shipman

Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
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Monday 1/12	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Tuesday 1/13	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Wednesday 1/14	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Thursday 1/15	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Friday 1/16	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 1/5 Ms. Shipman			
Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
Monday 1/5	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		

Tuesday 1/6	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Wednesday 1/7	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Thursday 1/8	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Friday 1/9	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 12/15 Ms. Shipman			
Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
Monday 12/15	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Tuesday 12/16	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		

Wednesday 12/17	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Thursday 12/18	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Friday 12/19	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 12/8 Ms. Shipman			
Day	Unit: Basketball	ELO: Grading Rubric	Due Date (If applicable)
Monday 12/8	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Tuesday 12/9	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Wednesday 12/10	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		

Thursday 12/11	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Friday 12/12	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 11/24 Ms. Shipman			
Day	Unit / Activity: ?	ELO: 1	Due Date (If applicable)
Monday	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Tuesday	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Wednesday	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole		
Thursday	No School		

Friday	No School	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 11/17 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 11/17	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Tuesday 11/18	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Wednesday 11/19	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Thursday 11/20	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Friday 11/21	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	

Goals this week:

- Complete assignments (highlighted in green) by the due date listed.

Week of: 11/10 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
Monday 11/10	No School	
Tuesday 11/11	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Wednesday 11/12	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Thursday 11/13	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Friday 11/14	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	

Goals this week:

- Complete assignments (highlighted in green) by the due date listed.

Week of: 11/3 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
Monday 11/3	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Tuesday 11/4	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Wednesday 11/5	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Thursday 11/6	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Friday 11/7	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	

Goals this week:

- Complete assignments (highlighted in green) by the due date listed.

Week of: 10/27 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
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Monday 10/27	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Tuesday 10/28	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Wednesday 10/29	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Thursday 10/30	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Friday 10/31	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 10/20 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 10/20	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	

Tuesday 10/21	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Wednesday 10/22	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Thursday 10/23	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Friday 10/24	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 10/13 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 10/13	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Tuesday 10/14	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	

Wednesday 10/15	-Ping pong -Spikeball -Basketball -Volleyball -Corn Hole	
Thursday 10/16	No School	
Friday 10/17	No School	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 9/8 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 9/8	-Ping pong -Spikeball -Basketball -Volleyball	
Tuesday 9/9	-Ping pong -Spikeball -Basketball -Volleyball	
Wednesday 9/10	-Ping pong -Spikeball -Basketball -Volleyball	

Thursday 9/11	-Ping pong -Spikeball -Basketball -Volleyball	
Friday 9/12	-Ping pong -Spikeball -Basketball -Volleyball	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 9/1 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 9/1	-No School	
Tuesday 9/2	-Class Intro -Cover Syllabus -Open Gym Time	
Wednesday 9/3	-Open -Locker Assignments	
Thursday 9/4	-Ping pong -Spikeball -Basketball -Volleyball	

Week of: 5/12 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
Monday 5/12	-4 Square -Pingpong -Volleyball	
Tuesday 5/13	-4 Square -Pingpong -Volleyball	
Wednesday 5/14	-4 Square -Pingpong -Volleyball	
Thursday 5/15	-4 Square -Pingpong -Volleyball	
Friday 5/16	-4 Square -Pingpong -Volleyball	

Goals this week:

- Complete assignments (highlighted in green) by the due date listed.

Week of: 4/28 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
Monday 4/28	-4 Square -Pingong -Volleyball	
Tuesday 4/29	-4 Square -Pingpong -Volleyball	
Wednesday 4/30	-4 Square -Pingpong -Volleyball	
Thursday 5/1	-4 Square -Pingpong -Volleyball	
Friday 5/2	-4 Square -Pingpong -Volleyball	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 4/22 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
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Monday 4/21	-No School	
Tuesday 4/22	-4 Square -Pingpong -Volleyball	
Wednesday 4/23	-4 Square -Pingpong -Volleyball	
Thursday 4/24	-4 Square -Pingpong -Volleyball	
Friday 4/25	-4 Square -Pingpong -Volleyball	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 4/14 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 4/14	-Pickleball -Pingpong -Weight Room -Basketball	

Tuesday 4/15	-Pickleball -Pingpong -Weight Room -Basketball	
Wednesday 4/16	-Pickleball -Pingpong -Weight Room -Basketball	
Thursday 4/17	No School	
Friday 4/18	No School	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 4/7 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 4/7	-Pickleball -Pingpong -Weight Room	
Tuesday 4/8	-Pickleball -Pingpong -Weight Room	

Wednesday 4/9	-Pickleball -Pingpong -Weight Room	
Thursday 4/10	-Pickleball -Pingpong -Weight Room	
Friday 4/11	-Pickleball -Pingpong -Weight Room	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 3/31 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 3/31	-Pickleball -Pingpong -Weight Room	
Tuesday 4/1	-Pickleball -Pingpong -Weight Room	
Wednesday 4/2	-Pickleball -Pingpong -Weight Room	

Thursday 4/3	-Pickleball -Pingpong -Weight Room	
Friday 4/4	-Pickleball -Pingpong -Weight Room	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 3/25 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 3/24	No School	
Tuesday 3/25	-Pickleball -Pingpong -Weight Room	
Wednesday 3/26	-Pickleball -Pingpong -Weight Room	
Thursday 3/27	-Pickleball -Pingpong -Weight Room	

Friday 3/28	-Pickleball -Pingpong -Weight Room	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 3/10 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 3/10	Green Gym -Badminton -Ping Pong -Working Out	
Tuesday 3/11	Green Gym -Badminton -Ping Pong -Working Out	
Wednesday 3/12	Green Gym -Badminton -Ping Pong -Working Out	
Thursday 3/13	Green Gym -Badminton -Ping Pong -Working Out	
Friday 3/14	Green Gym -Badminton -Ping Pong -Working Out	

Goals this week:

- Complete assignments (highlighted in green) by the due date listed.

Week of: 3/3 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
Monday 3/3	-Volleyball -Spikeball -Basketball	
Tuesday 3/4	-Volleyball -Spikeball -Basketball	
Wednesday 3/5	-Volleyball -Spikeball -Basketball	
Thursday 3/6	-Volleyball -Spikeball -Basketball	
Friday 3/7	-Volleyball -Spikeball -Basketball	

Goals this week:

- Complete assignments (highlighted in green) by the due date listed.

Week of: 2/24 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
Monday 2/24	-Volleyball -Basketball -Spikeball	
Tuesday 2/25	-Volleyball	
Wednesday 2/26	-Volleyball	
Thursday 2/27	-Volleyball	
Friday 2/28	No School	

Goals this week:

- Complete assignments (highlighted in green) by the due date listed.

Week of: 2/18 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
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Monday 2/17	-No School	
Tuesday 2/18	-Volleyball -Corn Hole -Basketball	
Wednesday 2/19	-Volleyball -Corn Hole -Basketball	
Thursday 2/20	-Volleyball -Corn Hole -Basketball	
Friday 2/21	-Volleyball -Corn Hole -Basketball	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 2/10 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 2/10	-Basketball -Spikeball	

Tuesday 2/11	-Basketball -Spikeball	
Wednesday 2/12	-Basketball -Spikeball	
Thursday 2/13	-Basketball -Spikeball	
Friday 2/14	-Basketball -Spikeball	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 2/3 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 2/3	-Volleyball	
Tuesday 2/4	-Volleyball -Basketball	

Wednesday 2/5	-Volleyball	
Thursday 2/6	-Volleyball	
Friday 2/7	-Volleyball -Basketball	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 1/27 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 1/27	-Warm up with a volleyball - 2 games of volleyball	
Tuesday 1/28	-Warm up with a volleyball or basketball - Half court basketball - Volleyball	
Wednesday 1/29	-Warm up with a volleyball - 2 games of volleyball	

Thursday 1/30	--Warm up with a volleyball or basketball - Half court basketball - Volleyball	
Friday 1/31	-Warm Up -Mix up game	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 12/16 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 12/16	-Ultimate Frisbee -Weight Lifting	
Tuesday 12/17	-Volleyball	

Wednesday 12/18	-Choice Day -Weight Lifting	
Thursday 12/19	-E-learning Day -Complete Assignment on Google Classroom- due today.	
Friday 12/20	-Choice Day	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 12/9 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 12/9	-Warm up -Intro to Pickleball	
Tuesday 12/10	-Warm up -Serving, rotating	
Wednesday 12/11	-Warm up -Pickleball Doubles	

Thursday 12/12	-Warm -Pickleball Games	
Friday 12/13	-Badminton -Pickleball Games	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 12/2 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 12/2	-Ping Pong -Weight Room -Basketball	
Tuesday 12/3	-Ping Pong -Weight Room -Basketball	
Wednesday 13/4	-Ping Pong	
Thursday 12/5	-Ping Pong	

Friday 12/6	-Ping Pong	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 11/25 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 11/25	-Weight Room -Ping Pong -Basketball	
Tuesday 11/26	-Weight Room -Ping Pong -Basketball	
Wednesday 11/27	-Weight Room -Ping Pong -Basketball	
Thursday 11/28	No School	
Friday 11/29	No School	

Goals this week:

- Complete assignments (highlighted in green) by the due date listed.

Week of: 11/12 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
Monday 11/12	-Weight Lifting -Basketball -Corn Hole	
Tuesday 11/13	-Weight Lifting -Basketball -Corn Hole	
Wednesday 11/14	-Weight Lifting -Big Base	
Thursday 11/15	-Weight Lifting	
Friday 11/16	-Weight Lifting	

Goals this week:

- Complete assignments (highlighted in green) by the due date listed.

Week of: 11/4 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
Monday 11/4	-Warm-up -Badminton	
Tuesday 11/5	-Warm-up -Badminton	
Wednesday 11/6	-Warm-up -Badminton	
Thursday 11/7	-Warm-up - Badminton	
Friday 11/8	-Warm-up - Badminton	
Goals this week: • Complete assignments (highlighted in green) by the due date listed.		

Week of: 10/28 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
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Monday 10/28	-Warm-up -Weight Room -Basketball -Corn Hole	
Tuesday 10/29	-Warm-up -Basketball	
Wednesday 10/30	-Warm-up -Basketball	
Thursday 10/31	-Warm-up -Basketball	
Friday 11/1	-Warm-up -Basketball	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 10/21 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 10/21	-Warm-up -Cornhole -Basketball -Weight Room	

Tuesday 10/22	-Warm-up -Intro to Speedball -Weight Room	
Wednesday 10/23	-Warm-up -Speedball	
Thursday 10/24	-Warm-up - Speedball	
Friday 10/25	-Warm-up -Speedball	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 10/7 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 10/7	-Warm-up - Volleyball	
Tuesday 10/8	-Warm-up -Weight room -Corn Hole -Volleyball -Basketball	

Wednesday 10/9	-Warm-up Walk -Volleyball	
Thursday 10/10	-Warm-up Walk - Volleyball	
Friday 10/11	-Warm-up Walk -Volleyball	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 9/30 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 9/30	-Warm-up - Intro to Volleyball	
Tuesday 10/1	-Warm-up -Volleyball	
Wednesday 10/2	-Warm-up Walk -Volleyball	

Thursday 10/3	-Warm-up Walk - Volleyball	
Friday 10/4	-Warm-up Walk -Volleyball	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 9/23 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 9/23	-Warm-up Walk -Corn Hole -Weight Lifting -Basketball	
Tuesday 9/24	-Badminton -Pickelball -Weight Lifting	
Wednesday 9/25	-Badminton -Pickelball -Weight Lifting	
Thursday 9/26	-Badminton -Pickelball -Weight Lifting	

Friday 9/27	-Badminton -Pickelball -Weight Lifting	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 9/16 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 9/16	-Warm-up Walk -Corn Hole -Weight Lifting -Basketball	
Tuesday 9/17	-Warm-up Walk -Volleyball -Weight Lifting	
Wednesday 9/18	-Warm-up Walk -Basketball -Weight Lifting -Volleyball	
Thursday 9/19	-Warm-up Walk -Basketball -Weight Lifting -Volleyball	
Friday 9/20	-Warm-up Walk -Trench Dodgeball -Weight Lifting	

Goals this week:

- Complete assignments (highlighted in green) by the due date listed.

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Week of: 9/9 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
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Monday 9/9	-Warm-up - Spike ball -Corn Hole -Basketball -Weight Room	
Tuesday 9/10	-Warm-up - Spike ball -Corn Hole -Basketball -Weight Room	
Wednesday 9/11	-Warm-up Walk - Spike ball -Corn Hole -Basketball -Weight Room	
Thursday 9/12	-Warm-up Walk - Spike ball -Corn Hole -Basketball -Weight Room	
Friday 9/13	-Warm-up Walk - Spike ball -Corn Hole -Basketball -Weight Room	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 9/3 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 9/2	-No School	

Tuesday 9/3	-Class Intro -Cover Syllabus -Open Gym Time	
Wednesday 9/4	-Warm-up Walk -Big Base -Locker Assignments	
Thursday 9/5	-Warm-up Walk -Big Base	
Friday 9/6	-Warm-up Walk -Flicker Ball	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 01/15 Ms.		
Day	Assignment/Activity	Due Date (If applicable)

Monday 01/15	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art -Puzzles	
Tuesday 01/16	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art -Puzzles	
Wednesday 01/17	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art -Puzzles	
Thursday 01/18	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art -Puzzles	
Friday 01/19	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art -Puzzles	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 01/08 Ms.

Day	Assignment/Activity	Due Date (If applicable)
Monday 01/08	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art -Puzzles	
Tuesday 01/09	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art -Puzzles	
Wednesday 01/10	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art -Puzzles	
Thursday 01/11	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art -Puzzles	
Friday 01/12	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art -Puzzles	

Week of: 01/01 Ms.

Day	Assignment/Activity	Due Date (If applicable)
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Monday 01/01	Christmas Break	
Tuesday 01/02	Christmas Break	
Wednesday 01/03	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art -Puzzles	
Thursday 01/04	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art -Puzzles	
Friday 01/05	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art -Puzzles	

Week of: 12/18 Ms.

Day	Assignment/Activity	Due Date (If applicable)
Monday 12/18	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong	

	-Basketball -Art -Football -Puzzles	
Tuesday 12/19	Various choices, students choose -Cornhole -Pickleball -Board Games -Card Games -Basketball -Art -Badminton -Spikeball -Volleyball -Ping Pong -Football -Puzzles	
Wednesday 12/20	Various choices, students choose -Cornhole -Pickleball -Board Games -Card Games -Basketball -Art -Badminton -Spikeball -Volleyball -Ping Pong -Football -Puzzles	
Thursday 12/21	Various choices, students choose -Cornhole -Pickleball -Board Games -Card Games -Basketball -Art -Badminton -Spikeball -Volleyball -Ping Pong -Football -Puzzles	
Friday 12/22	Merry Christmas!!!!	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 12/11 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 12/11	Various choices, students choose -Cornhole -Pickleball -Board Games -Card Games	

	-Basketball -Art	-Football -Puzzles	
Tuesday 12/12	Various choices, students choose -Cornhole -Pickleball -Board Games -Card Games -Basketball -Art	-Badminton -Spikeball -Volleyball -Ping Pong -Football -Puzzles	
Wednesday 12/13	Various choices, students choose -Cornhole -Pickleball -Board Games -Card Games -Basketball -Art	-Badminton -Spikeball -Volleyball -Ping Pong -Football -Puzzles	
Thursday 12/14	Various choices, students choose -Cornhole -Pickleball -Board Games -Card Games -Basketball -Art	-Badminton -Spikeball -Volleyball -Ping Pong -Football -Puzzles	
Friday 12/15	Various choices, students choose -Cornhole -Pickleball -Board Games -Card Games -Basketball -Art	-Badminton -Spikeball -Volleyball -Ping Pong -Football -Puzzles	
Goals this week: Complete assignments (highlighted in green) by the due date listed.			

Week of: 12/04 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
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Monday 12/04	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art -Puzzles	
Tuesday 12/05	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art -Puzzles	
Wednesday 12/06	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art -Puzzles	
Thursday 12/07	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art -Puzzles	
Friday 12/08	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art -Puzzles	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 11/27 Ms. Shipman

Day	Assignment/Activity	Due Date
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		(If applicable)
Monday 11/27	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art	
Tuesday 11/28	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art	
Wednesday 11/29	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art	
Thursday 11/30	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art	
Friday 12/01	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 11/20 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
Monday 11/20	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art	
Tuesday 11/21	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art	
Wednesday 11/22	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Football -Art	
Thursday 11/23	Thanksgiving Break	
Friday 11/24	Thanksgiving Break	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 11/13 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
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Monday 11/13	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Art	
Tuesday 11/14	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Art	
Wednesday 11/15	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Art	
Thursday 11/16	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Art	
Friday 11/17	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Art	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 11/06 Ms. Shipman

Day	Assignment/Activity	Due Date
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		(If applicable)
Monday 11/06	No School	
Tuesday 11/07	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Art	
Wednesday 11/08	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Art	
Thursday 11/09	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Volleyball -Card Games -Ping Pong -Basketball -Art	
Friday 11/10	No School	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 10/30 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
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Monday 10/30	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Card Games -Basketball -Art	
Tuesday 10/31	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Card Games -Basketball -Art	
Wednesday 11/01	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Card Games -Basketball -Art	
Thursday 11/02	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Card Games -Basketball -Art	
Friday 11/03	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Card Games -Basketball -Art	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 10/23 Ms. Shipman

Day	Assignment/Activity	Due Date
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		(If applicable)
Monday 10/23	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Card Games -Basketball -Art	
Tuesday 10/24	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Card Games -Basketball -Art	
Wednesday 10/25	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Card Games -Basketball -Art	
Thursday 10/26	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Card Games -Basketball -Art	
Friday 10/27	Various choices, students choose -Cornhole -Badminton -Pickleball -Spikeball -Board Games -Card Games -Basketball -Art	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 10/16 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
Monday 10/16	Various choices, students choose -Cornhole -Pickleball -Board Games -Card Games -Basketball -Art	
Tuesday 10/17	Various choices, students choose -Cornhole -Pickleball -Board Games -Card Games -Basketball -Art	
Wednesday 10/18	Various choices, students choose -Cornhole -Pickleball -Board Games -Card Games -Basketball -Art	
Thursday 10/19	MEA	
Friday 10/20	MEA	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 10/09 Ms. Shipman

Day	Assignment/Activity	Due Date (If applicable)
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Monday 10/09	-GaGa Ball -Cornhole -Soccer/Kicking -Board Games -Card Games	
Tuesday 10/10	-GaGa Ball -Cornhole -Soccer/Kicking -Board Games -Card Games	
Wednesday 10/11	-GaGa Ball -Cornhole -Soccer/Kicking -Board Games -Card Games	
Thursday 10/12	-GaGa Ball -Cornhole -Soccer/Kicking -Board Games -Card Games	
Friday 10/13	-GaGa Ball -Cornhole -Soccer/Kicking -Board Games -Card Games	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 10/02 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 10/02	-Warm-up Walk -Cornhole -Soccer/Kicking -Board Games -Card Games	

Tuesday 10/03	-Warm-up Walk -Cornhole -Soccer/Kicking -Board Games -Card Games	
Wednesday 10/04	-Warm-up Walk -Cornhole -Soccer/Kicking -Board Games -Card Games	
Thursday 10/05	-Warm-up Walk -Cornhole -Soccer/Kicking -Board Games -Card Games	
Friday 10/06	-Warm-up Walk -Cornhole -Soccer/Kicking -Board Games -Card Games	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 9/25 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 9/25	-Warm-up Walk -Volleyball -Badminton -Board Games -Card Games	
Tuesday 9/26	-Warm-up Walk -Volleyball -Badminton -Board Games -Card Games	

Wednesday 9/27	-Warm-up Walk -Volleyball -Badminton -Board Games -Card Games	
Thursday 9/28	-Warm-up Walk -Volleyball -Badminton -Board Games -Card Games	
Friday 9/29	-Warm-up Walk -Volleyball -Badminton -Board Games -Card Games	
Goals this week: Complete assignments (highlighted in green) by the due date listed.		

Week of: 9/18 Ms. Shipman		
Day	Assignment/Activity	Due Date (If applicable)
Monday 9/18	-Warm-up Walk -Volleyball -Board Games -Card Games	
Tuesday 9/19	-Warm-up Walk -Volleyball -Board Games -Card Games	
Wednesday 9/20	-Warm-up Walk -Volleyball -Board Games -Card Games	

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