Advanced Placement Psychology
Summer Assignment

Failure to turn in this report on the first day of class will result in your withdrawal from the class.

I. Assignment

1. You will be assigned a psychological disorder. (see the next page for your assignment!)
2. Choose a movie that relates to your psychological disorder. (I have included a good list below)
3. Write a psychological case study for the main character in the movie.

***If you want to do another disorder not on the list, and have a good movie, please let me know.

II. Case Study

1. You must write your case study using THE EXACT STRUCTURE BELOW (it is NOT an essay):

A. Introduction

1. Introduce your main character and state the psychological disorder they suffer from.
2. Give a BRIEF summary of the movie IN YOUR OWN WORDS, in relation to the main character. This may NOT be any more than 3 SENTENCES! ! !

B. Psychological Disorder

1. Google your assigned disorder and make sure find the DSM-V symptoms. Using the actual DSM-V would be the best, but it may not be available online.
2. Define the psychological disorder.
3. List the main specific symptoms/characteristics of the disorder.

*If you are assigned "Phobias" you must look up the SPECIFIC PHOBIA the character displays.

C. Diagnosis

1. Explain 8 specific symptoms that the main character portrays in the movie, which match up with the symptoms required for diagnosis of the disorder stated in the DSM-V.
2. Make sure you give SPECIFIC EXAMPLES.

D. Bibliography

1. Cite the website you used.

III. Example

Refer to the example as a great source for your assignment. (page 4 and 5 of this packet)
FOLLOW THIS EXACT SAME STRUCTURE!

IV. Grading

This assignment is a prerequisite for the course. It will not count as part of your overall grade.
Failure to complete and meet the standards of this assignment correctly will result in your withdrawal from the class.

V. Movie Selection

Choose a movie that you feel comfortable with. Due to the nature of the topic, some movies may be rated "R" and/or involve adult content. Please review the movie before you watch it.

Feel free to email me with any questions: egreene@norton.k12.ma.us

Assignments

You are assigned a psychological disorder. Select a movie that involves the disorder. I have given you a list of movies involving disorders that will fulfill the requirements. You do NOT have to choose from this list.

	Student (Last) Name	Psych Disorder
1	Alphonse	Alzheimer's
2	Andy	Amnesia
3	Becker	Anorexia Nervosa
4	Bohn	Anti-social Personality
5	Boscombe	Autism
6	Bruno	Bipolar
7	Buchanan	Dissociative Identity Disorder
8	Burke	Depression
9	Cabral	Hypochondriasis
10	Calhoun	Insomnia
11	Caroso	Obsessive-Compulsive
12	Carter	Phobias
13	Cota	Post-Traumatic Stress Disorder
14	Dennett, B.	Schizophrenia
15	Dennett, C.	Alzheimer's
16	Dion	Amnesia
17	Donahue	Anorexia Nervosa
18	Dooley	Anti-social Personality
19	Doyle	Autism
20	Dudley	Bipolar
21	Emond	Dissociative Identity Disorder
22	Fairbairn	Depression
23	Ferriera	Hypochondriasis
24	Fierri	Insomnia
25	Freeman	Obsessive-Compulsive
26	Gariepy	Phobias
27	Gonzalez	Post-Traumatic Stress Disorder
28	Goodwin	Schizophrenia
29	Habib	Alzheimer's
30	Hinckley	Amnesia
31	Johnstone	Anorexia Nervosa
32	Kofton	Anti-social Personality
33	LCamera	Autism
34	LaFrancois	Bipolar
35	Lebel	Dissociative Identity Disorder
36	Lennon	Depression
37	Leo	Hypochondriasis
38	Lerner	Insomnia
39	Linsky	Obsessive-Compulsive
40	Lopez	Phobias
41	MacNeil	Post-Traumatic Stress Disorder
42	Manela	Schizophrenia
43	Moberg	Alzheimer's
44	Moon	Amnesia
45	Nardone	Anorexia Nervosa
46	Newll	Anti-social Personality
47	Nichols	Autism
48	O'Keefe	Bipolar
49	Owens	Dissociative Identity Disorder
50	Patel	Depression
51	Pietrasiewicz	Hypochondriasis
52	Podbelski, E.	Insomnia
53	Podbelski, S.	Obsessive-Compulsive
54	Potts	Phobias
55	Robbins	Post-Traumatic Stress Disorder
56	Sbardella	Schizophrenia
57	Scagnoli	Alzheimer's
58	Scovil	Amnesia
59	Silva	Anorexia Nervosa
60	Smith	Anti-social Personality
61	Sutro	Autism
62	Tran-Phuong	Bipolar
63	Vieria	Dissociative Identity Disorder
64	Wood	Depression
65	Wisnaskas	Hypochondriasis
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SUMMER ASSIGNMENT EXAMPLE

Name: _____
Summer Assignment: Case Study
Movie: "Girl Interrupted"

A. Introduction

In the movie "Girl Interrupted" the main character, Susanna, suffers from Borderline Personality Disorder. After leading a directionless and depressed life after she graduates high school in the 1960's, Susanna overdoses on aspirin and is accused of committing suicide although she denies it. This "attempt" at suicide causes her to be sent to Claymoore mental hospital after having a chat with her psychiatrist. Throughout her stay at Claymoore, Susanna goes through many challenges that bring out her disorder, as well as many that prove that she is not crazy.

B. Psychological Disorder

According to the Diagnostic and Statistical Manual of Mental Disorders, 5th edition, Borderline Personality disorder features, "A pervasive pattern of instability of interpersonal relationships, self-image, and affects, and marked impulsivity that begins by early adulthood and is present in a variety of contexts" (pg 706).

Symptoms include: (pgs 706-710)
- Making frantic efforts to avoid real or imagined abandonment.
- Patterns of unstable and intense relationships characterized by alternating between extremes of idealization and devaluation.
- Sudden and dramatic shifts in self-image, characterized by shifting goals, values, and vocational aspirations.
- Impulsivity in at least two areas that are potentially self damaging.
- Recurrent suicidal behavior, gestures, or threats, or self-mutilating behavior.
- Periods of anger, panic, or despair that are rarely relieved by periods of well-being or satisfaction.
- Frequently express inappropriate, intense anger or have difficulty controlling their anger.
- Patterns of undermining themselves at the moment a goal is about to be realized.
- Chronic feelings of emptiness.

C. Diagnosis

Throughout the movie Susanna shows symptoms characterized by Borderline Personality disorder which include:

Example 1: Slapping a rubber band on her wrist (has a bruise around her wrist; characterized as a wrist banger when she enters the hospital after attempting suicide).
- *Recurrent suicidal behavior, gestures, or threats, or self-mutilating behavior. (DSM-V)*
- *Impulsivity in at least two areas that are potentially self damaging. (DSM-V)*

Example 2: Chain-smoking. Susanna is almost never seen without a cigarette in her mouth and is very consistent with it.
- *Impulsivity in at least two areas that are potentially self damaging. (DSM-V)*

Example 3: Her mind travels back to harsh memories, for example, when Susanna is talking to her psychiatrist her mind goes back to the memory of a party where a friend of her mother's asks her what she is doing after high school after boasting about her daughter getting into a good school. Susanna doesn't know what she wants to do in the future even though she has many opportunities. Susanna is smart and is capable of many things, yet she underestimates what she can really achieve.

- *Patterns of undermining themselves at the moment a goal is about to be realized. (DSM-V)*
- *Sudden and dramatic shifts in self-image, characterized by shifting goals, values, and vocational aspirations. (DSM-V)*

Example 4: Is sent to the hospital, and eventually sent to a mental hospital after overdosing on a bottle of aspirin. She washed down the aspirin with a bottle of vodka. She later denies that she was committing suicide; she just claims that she had a headache.

- *Recurrent suicidal behavior, gestures, or threats, or self-mutilating behavior. (DSM-V)*

Example 5: When Susanna is talking to her psychiatrist, she has memories that go back to her teachers and parents not accepting or liking her because she claims she just wants to be a writer. The school guidance counselor seems angry and claims that women have so many more opportunities these days and doesn't forget to remind her that she is the only student in her school not going onto college. Susanna seems confused and angry with her life. She claims that she is a writer and that her fear is ending up like her mother.

- *Patterns of undermining themselves at the moment a goal is about to be realized. (DSM-V)*
- *Sudden and dramatic shifts in self-image, characterized by shifting goals, values, and vocational aspirations. (DSM-V)*

Example 6: Very gloomy, depressed, and serious mood at all times. Very pessimistic.

- *Chronic feelings of emptiness. (DSM-V)*

Example 7: Has an affair with her mother's friend's husband.

- *Patterns of unstable and intense relationships characterized by alternating between extremes of idealization and devaluation. (DSM-V)*

Example 8: At a party, Susanna engages in sexual behavior after just meeting a person. She tells him all about herself and shows signs of fear of abandonment. Later this boy comes to visit her at Claymoore and they engage in sexual behavior again.

- *Patterns of unstable and intense relationships characterized by alternating between extremes of idealization and devaluation. (DSM-V)*
- *Making frantic efforts to avoid real or imagined abandonment. (DSM-V)*

Example 9: Befriends Lisa, a sociopath, and when she is taken away Susanna just wants to sleep all of the time. She also says many racial and hurtful things to the black nurse named Valerie. This shows what could occur if Susanna became abandoned, as well as her inability to control her anger.

- *Making frantic efforts to avoid real or imagined abandonment. (DSM-V)*
- *Frequently express inappropriate, intense anger or have difficulty controlling their anger.*
- *Periods of anger, panic, or despair that are rarely relieved by periods of well-being or satisfaction. (DSM-V)*

Works Cited

"Borderline Personality Disorder." Diagnostic and Statistical Manual of Mental Disorders IV. Washington D.C. : 2000. Pages 706-710.

Movies Involving Psychological Disorders

	Movie	Psychological Disorder	Main Actor/Actress
1	The Notebook (PG-13, 2004)*	Alzheimer's	Ryan Gosling, Rachel McAdams
2	Away From Her (PG-13, 2006)	Alzheimer's	Julie Christie
3	Momento (R, 2000)*	Amnesia	Guy Pearce
4	Finding Nemo (G, 2003)*	Amnesia	Albert Brooks, Ellen DeGeneres
5	When Friendship Kills (TV, 1996)	Anorexia Nervosa	Lynda Carter
6	The Dark Night (PG-13, 2008)*	Anti-social Personality	Heath Ledger
7	Dahmer (R, 2003)	Anti-social Personality	Jeremy Renner
8	Halloween (R, 2007)	Anti-social Personality	Malcolm McDowell
9	Psycho (R, 1998)	Anti-social Personality	Vince Vaughn
10	Seven (R, 1995)*	Anti-social Personality	Kevin Spacey, Brad Pitt, Morgan Freeman
11	Natural Born Killers (R, 1994)	Anti-social Personality	Woody Harrelson, Juliette Lewis
12	12 Monkeys (R, 1995)	Anti-social Personality	Bruce Willis, Brad Pitt
13	Silence of the Lambs (R, 1991)*	Anti-social Personality	Jodie Foster
14	I Am Sam (PG-13, 2001)	Autism	Sean Penn, Michelle Pfeiffer, Dakota Fanning
15	Mercury Rising (R, 1998)	Autism	Bruce Willis, Alec Baldwin, Miko Hughes
16	Rain Man (R, 1998)*	Autism	Tom Cruise, Dustin Hoffman
17	Adam (PG-13, 2009)	Autism	Hugh Dancy, Rose Byrne
18	Napoleon Dynamite (PG, 2004)*	Autism	Jon Heder
19	What's Eating Gilbert Grape? (PG-13, 1993)	Autism	Leonardo DiCaprio
20	Forest Gump (PG-13, 1994)*	Autism	Tom Hanks
21	Radio (PG, 2003)	Autism	Cuba Gooding Jr.
22	Mad Love (PG-13, 1995)	Bipolar	Drew Barrymore, Chris O'Donnell
23	Mr. Jones (R, 1993)	Bipolar	Richard Gere, Lena Olin
24	Silver Linings Playbook (R 2012)*	Bipolar	Bradley Cooper, Jennifer Lawrence
25	Me, Myself, and Irene (R, 2000)	Dissociative Identity Disorder	Jim Carrey, Rene Zellweger
26	Primal Fear (R, 1996)	Dissociative Identity Disorder	Richard Gere, Laura Linney, Francis MacDormand
27	Color of Night (R, 1994)	Dissociative Identity Disorder	Bruce Willis, Jane March
28	Sybil (Unrated, 1976)*	Dissociative Identity Disorder	Sally Field
29	Never Talk to Strangers (R, 1995)	Dissociative Identity Disorder	Antonio Banderas, Rebecca DeMornay
30	Hide and Seek (R, 2005)	Dissociative Identity Disorder	Robert De Niro, Dakota Fanning
31	Split (R, 2017)	Dissociative Identity Disorder	James McAvoy, Anya Taylor-Joy
32	Ordinary People (R, 1980)	Depression	T. Hutton, D. Sutherland, Mary Tyler Moore
33	Prozac Nation (R, 2001)	Depression	Jason Biggs, Christina Ricci
34	My Girl (PG, 1991)*	Hypochondria	Macaulay Culkin, Anna Chlumsky
35	Fight Club (R, 1999)	Insomnia	Edward Norton, Brad Pitt
36	The Machinist (R, 2004)	Insomnia	Christian Bale
37	Insomnia (R, 2002)	Insomnia	Al Pacino, Robin Williams, Hillary Swank
38	As Good As It Gets (PG-13, 1997)*	Obsessive-Compulsive	Jack Nicholson, Helen Hunt, Greg Kinnear
39	Conspiracy Theory (R, 1997)	Obsessive-Compulsive	Mel Gibson , Julia Roberts
40	High Anxiety (PG, 1977)	Phobias	Mel Brooks, Cloris Leachman
41	Copycat (R, 1995)	Phobias (Agoraphobia)	Sigourney Weaver, Holly Hunter, Dylan McDermot
42	What About Bob? (PG, 1991)*	Phobias	Bill Murray, Richard Dreyfuss, Julie Hagerty
43	The Hurt Locker (R, 2008)	Post Traumatic Stress	Jeremy Renner
44	Courage Under Fire (R, 1996)	Post Traumatic Stress	Denzel Washington, Meg Ryan , Matt Damon)
45	Iron Man 3 (PG-13 2013)	Post Traumatic Stress	Robert Downy Jr., Gwyneth Paltrow
46	American Sniper (R, 2014)*	Post Traumatic Stress	Bradley Cooper
47	Shutter Island (R, 2010)*	Schizophrenia	Leonardo DiCaprio, Mark Ruffalo, Ben Kingsley
48	The Soloist (PG-13, 2009)	Schizophrenia	Jamie Foxx, Robert Downey Jr.
49	Mr. Brooks (R, 2007)	Schizophrenia	Kevin Costner, Demi Moore, Dane Cook
50	Benny & Joon (PG, 1993)	Schizophrenia	Aidan Quinn , Mary Stuart Masterson, Johnny Dep

51	A Beautiful Mind (PG-13, 2001)*	Schizophrenia	Russell Crowe

*Mr. Greene's recommendation (all movies are very good and will fulfill the requirements; these are my favorites)