

Student Health Advisory Council
Meeting Minutes
May 2, 2024

1. Sign In & meeting called to order by: Carolyn Baker @ 2:17 p.m.
2. Welcome. Members Present: Carolyn Baker, Boogie Barber, Pam Harris, Mercedes Deviney, Angela Gonzales, Leslie Garza, Elizabeth Ramirez, Candace Kovar, Carmen Speis, Manda Lesak and Debbie Havens.
3. Review and Accept minutes from the last meeting.
Motion to accept/approve: 1st Boogie Barber, 2nd Manda Lesak
4. **Old Business/New Business/Pending Business:**
 - a. Boogie Barber with Texas A&M Agrilife Extension and Healthy South Texas- Early Childhood, Learn Grow Eat Go for 2023-24 wrapping up
Walk Across Texas 2024 (kids and adults in fall)- Boogie will focus on the student WAT and Carolyn will focus on the adult WAT again
Cooking Well with Diabetes Class- Plans are to have another 4 series class in Oct/Nov 2024. Dates will be decided at the Sept meeting.
Dinner Tonight presentation for teacher WISD? Boogie looking into and will contact nurse Baker in the summer.
Strong People, Strong Body program-plan for the fall
Looking at the "Egg to Chick" program for elementary school students next year. More info to come.
Planning to do the Mindful Self program with 6th graders next year in the early fall.

Healthy South Texas School Recognition-4th year
 - b. My Plate Poster contest completed. Will be announced and given \$25 for 1st & 2nd place will get \$10
PK-1st Grade: 1st Weston Cordova, 2nd Ryder Wiley
2-5th Grade: 1st Wynter Lewis, 2nd Rylan Lee
JR High: 1st Temperance Lewis
High School: 1st John Baker
 - c. Always changing hygiene/puberty will be presented to the 5th graders by myself, Carmen Speis, Elizabeth Allen, and Coach Lesak tentatively May 9 (girls) and May 10 (boys).
 - d. Final Nurse newsletter will be shared on the last day of school.
Letters will be sent out to 5th & 6th graders needing vaccinations for the 2023-2024 school year on May 20, 2024.
 - e. Elizabeth Ramirez-End of year fun:
Running events are May 2,
May 21 is Play Day/Picnic
 - f. Other:
 - Sara Anariva with YES is wanting to do Aim for Success-look at scheduling for fall. Manda checking into cost and scheduling for Late Sept/Early Oct.
 - May 3 there is a bullying and teen dating violence presentation for secondary campus. The seniors main focus will be on the dating portion.
 - Pam Harris would like to honor Crystal Escobar along with the Fierova's at graduation for their hard work and dedication to our students. This year, all seniors earned a red cord for blood donation.
5. Next Regular Meeting Dates for the 2023-2024 school year:
September 2024, October 2024, February 2025, and April 2025.
6. Adjournment: Motion to adjourn made by: Carolyn Baker
Motion to accept 1st Leslie Garza & 2nd Boogie Barber @ 2:45 pm.