**PRODUCT- Muscle building program (MadMuscles)** 

## Discover this FREE guide on how to build 19 inch arms

You probably think that building huge guns takes hours of bicep curls in the gym and boring diets you can add 2-3 inches to your biceps in ONLY two months!

Learn all the top secrets that have been hidden from you about getting huge arms

No experience necessary

No gym membership required

No extreme diets

The simple truth that the top models used to efficiently gain muscle and stay lean

# Enter email address CLICK NOW TO LEARN THE SECRETS TO GETTING HUGE.

In the newsletter we also provide fitness tips, goals, nutrition ideas, program discounts and so much more.

#### Email 1-

SL- Learn the truth about building massive guns with our free guide Welcome! We are very excited to have you as part of the MadMuscles Team. In this newsletter you will receive FREE fitness/nutrition tips, goals, program discounts, and of course the free book on how to build massive arms.

**SL- About us** 

Email 2-				
Our head trainer, Coach	worked for	for	years ar	nd he has
helped thousands of people	who are just like	you achie	ve their drea	m results, and
he is willing to help you as	well. People who	worked wit	th Coach	reported
overall better life quality, mo	ore confidence, m	ore energy	, better prod	luctivity, more
women, and better sleep. He	e is truly making	a differenc	e for those n	nen serious
about this.				

Email 3-

#### **SL- Potential Roadblocks**

Do you know exactly what is stopping you from your dream state?

There are hundreds of possibilities on why you are not gaining muscle.

It could be not eating enough protein, it could be having a bad workout split, it could be too much cardio, it could be not even recovery, or maybe not enough sleep.

Click the link below and take the quiz to find out EXACTLY what your roadblock is.

(Link)

Fmail 4-

### SL- The next step to your journey

If you have not read the last email and taken the quiz, do it now. It shows you all the potential reasons on why you are not at your physical dream state, and it even provides a quiz to find out EXACTLY why you are not gaining muscle.

Now you may know exactly WHAT is stopping you but chances are you do not know *HOW* to overcome it.

Our program MadMuscles is a very personalized program that goes over all the keys to getting *HUGE* in the gym *FAST*. We do not only teach fitness training, but we also provide nutrition tips, recovery tips, cardio, sleep tips, how to find time to workout on a busy schedule, and so much more.

Click on the link below to learn more.

Email 5-

**SL- The Final Step of the Beginning** 

When you look in the mirror what do you see staring back at you

Is it a strong, muscular, confident man with indomitable will

That men fear and women chase

Or is it a weak, skinny, unconfident little boy

Who men laugh at, and women ignore.

Turning yourself from that weak little boy to that strong muscular man *HAS NEVER BEEN EASIER*. All you have to do is efficiently apply the proper exercises, nutrition and recovery and you will be HUGE in no time.

Get ready to transform into a beast! Click right here to unveil the path to pure muscle mass!