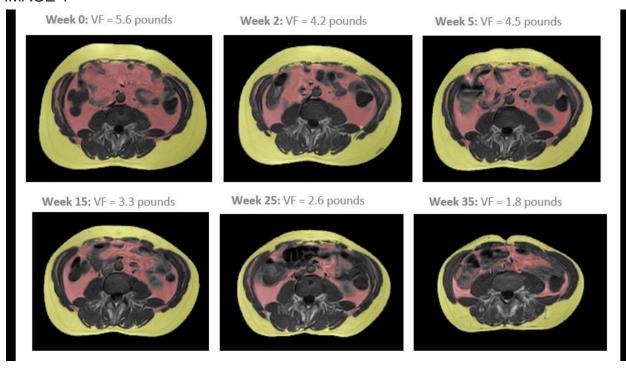
This image shows how a large atherosclerotic plaque in a major brain artery was reversed by eliminating visceral fat.

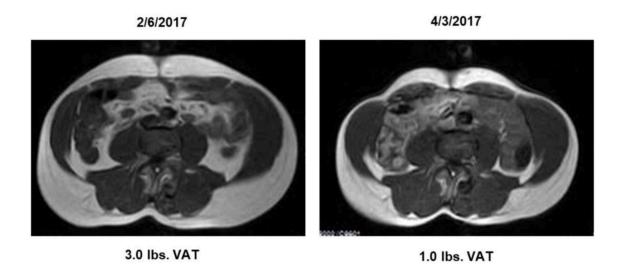


These two photos show the significant changes to the appearance of my face and body after I eliminated almost all of my visceral fat.

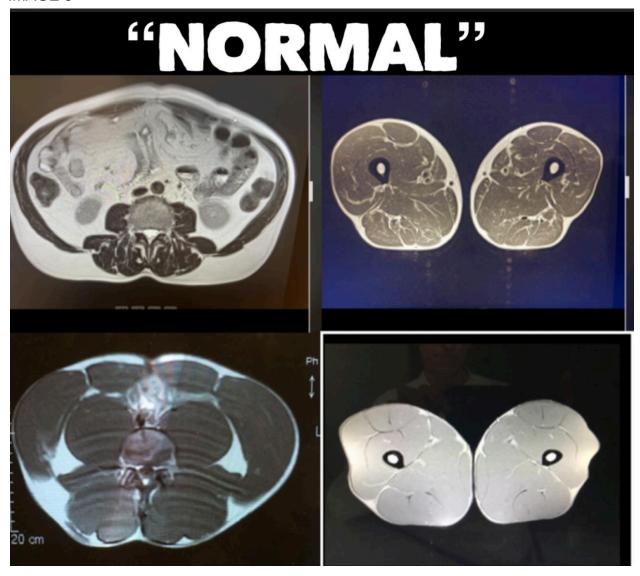




This image shows the profound loss of visceral fat in the abdomen of a 58-year-old who just stopped distance running and switched to sprinting in just 2 months.



This image shows visceral fat's relationship to fatty replacement of muscle tissue (ie: "human muscle marbling" which is medically termed: Myomeastosis).



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