

Matthew J. Landry, PhD, RDN, DipACLM, FAND, FAHA

Curriculum Vitae

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EDUCATION

08/2015 - 09/2019	PhD in Nutritional Sciences	The University of Texas at Austin, College of Natural Sciences, Department of Nutritional Science
08/2011 - 05/2015	BS in Nutrition and Food Science (with honors)	Louisiana State University, College of Agriculture, School of Nutrition and Food Sciences
Doctoral Dissertation	Associations between Diet Quality, Vegetable Availability and Access, and Food Security in Low-Income Hispanic Children	
Undergraduate Thesis	A Comparison of Nutrient Intake/Adequacy, Diet Quality, and Obesity Prevalence in Low-Income Children (2-18 y) that Participated or Did Not Participate in the Supplemental Nutrition Assistance Program: NHANES 2003-2010	

REGISTRATIONS & LICENSES

12/2023 - Present	Certified Lifestyle Medicine Professional (DipACLM)	American College of Lifestyle Medicine (No. 0001100)
10/2020 - Present	Registered Dietitian Nutritionist (RDN)	Commission on Dietetic Registration (No. 86032092)
11/2020 - 05/2022	Licensed Dietitian Nutritionist (LDN)	Louisiana Board of Examiners in Dietetics and Nutrition (No. 3205)

CERTIFICATIONS

12/2025	Blue Zones Certified Health Professional	American College of Lifestyle Medicine
07/2016	Plant-Based Nutrition Certificate	T. Colin Campbell Center for Nutrition Studies

FELLOW RECOGNITION

04/2023 - Present	Fellow of the American Heart Association
10/2022 - Present	Fellow of the Academy of Nutrition and Dietetics

PROFESSIONAL EXPERIENCE

07/2026 - Present	Assistant Professor	University of California, Irvine, Samueli College of Health Sciences, Joe C. Wen School of Population & Public
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		Health, Department of Global Health & Biobehavioral Sciences
07/2026 - Present	Assistant Professor (Affiliate)	University of California, Irvine, Samueli College of Health Sciences, Joe C. Wen School of Population & Public Health, Department of Epidemiology & Biostatistics
07/2023 - 06/2026	Assistant Professor	University of California, Irvine, Samueli College of Health Sciences, Joe C. Wen School of Population & Public Health, Department of Population Health and Disease Prevention
09/2021 - 06/2023	Postdoctoral Research Fellow	Stanford University, School of Medicine, Stanford Prevention Research Center, Plant-Based Diet Initiative
09/2020 - 08/2021	Postdoctoral Research Fellow	Stanford University, School of Medicine, Stanford Prevention Research Center, NIH/NHLBI T32 Fellowship in Cardiovascular Disease Prevention (T32HL007034)
09/2021 - 12/2021 09/2022 - 12/2022	Lecturer	Stanford University, School of Medicine, Community Health and Prevention Research Program
09/2019 - 08/2020	Research Scientist Assistant	The University of Texas at Austin, Dell Medical School, Department of Pediatrics, Dell Pediatric Research Institute
09/2019 - 08/2020	Dietetic Intern	The University of Texas at Austin, College of Natural Sciences, Department of Nutritional Sciences, Coordinated Program in Dietetics
08/2015 - 08/2019	Graduate Research Assistant	The University of Texas at Austin, College of Natural Sciences, Department of Nutritional Sciences
08/2017 - 12/2017 08/2018 - 12/2018	Assistant Instructor	The University of Texas at Austin, Faculty Innovation Center
08/2015 - 05/2018	Graduate Teaching Assistant	The University of Texas at Austin, College of Natural Sciences, Department of Nutritional Sciences
05/2015 - 08/2015	Research Assistant, Transient	Louisiana State University, School of Coast and Environment, Department of Environmental Science
01/2015 - 05/2015	Undergraduate Sports Nutrition Intern	LSU Athletics, Department of Athletic Training, Division of Sports Nutrition
01/2013 - 05/2015	Supplemental Instructor	Louisiana State University, Center for Academic Success
10/2012 - 05/2015	Undergraduate Research Assistant	Louisiana State University AgCenter, Department of Entomology, Disaster Ecology Laboratory
05/2014 - 08/2014	Undergraduate Lifestyle Intervention Intern	Pennington Biomedical Research Center, Department of Preventative Medicine

PUBLICATIONS ([NCBI Bibliography](#))

†Shared First or Senior Authorship; ‡Mentored Student

1. Follis S, **Landry MJ**, Cunanan KM, Stefanick ML, Ward CP, Gardner CD. Effect of Low-Carbohydrate vs Low-Fat Diet Intervention on Visceral Fat in a 12-Month Randomized Controlled Trial. *Int J Obes*. 2026; 50(3):640-646.
2. Hooker SA, Lianov L, Billock C, Bruce MA, Jotwani R, **Landry MJ**, Sutin A, Karlsen MC. Meaning, Purpose, and Spirituality in Lifestyle Medicine and Healthcare: A Review of Current Research. *Am J Lifestyle Med*. 2026; 20 (1, Supp):9S-23S.
3. **Landry MJ**, Bagha Z. Lifestyle Management Approaches for Obesity. *J Clin Lipidol*. 2026; 20(1, Supp):38-54.
4. Gandhi SN, Song Y, **Landry MJ**, Malhotra A, Loomba R, Martin JL, Kamdar BB. From Ancient Enemas to Tube Feeding, II: Clinical Outcomes and Future Directions Surrounding Commercial Versus Food-Based Formulas in Critical Illness. *Am J Crit Care*. 2025; 34(6):469-476.
5. Goldman BJ[†], Neves Freiria C, **Landry MJ**, Arikawa AY, Wright L. Research Trends and Gaps Concerning Food Insecurity in College Students in the United States: A Scoping Review. *J Am Coll Health*. 2025; 73(8):2960-2999.
6. Zeitlin AB[‡], Ward CP, Oralia Minerva Cooper AO, **Landry MJ**, Krenek AM, Durand LR, Cunanan KM, Robinson JL, Dant CC, Gardner CD. Diet Quality and Comparison of Plant-Based Versus Omnivore Diets in Identical Twins: A Secondary Analysis of the Twins Nutrition Study (TwINS). *Curr Dev Nutr*. 2025; 9(10):107549.
7. Gandhi SN, Song Y, **Landry MJ**, Malhotra A, Loomba R, Martin JL, Kamdar BB. From Ancient Enemas to Tube Feeding, I: History, Administration, and Nutritional Composition of Commercial Versus Food-Based Formulas in Critical Illness. *Am J Crit Care*. 2025; 34(5):390-398.
8. **Landry MJ**[†], Hollis-Hansen K[†]. Food is Medicine: Prioritizing Equitable Implementation. *Am J Public Health*. 2025; 115(9):1360-1363.
9. **Landry MJ**, Savoie-Roskos MR, Gray V, Mann G, Qamar Z, Hagedorn-Hatfield RL, Cuite CL, Heying E, Hood LB, OoNorasak K. Food Security as a Basic Need: College Students Need Greater Support from Institutional Administration. *J Am Coll Health*. 2025; 73(6):2363-2366.
10. Jústiz AM[†], **Landry MJ**, Davis JN. Associations between Healthy Eating Index and Anthropometric Outcomes in Multiethnic Elementary-Aged Children. *Pediatr Obes*. 2025; 20(18):e70018.
11. Boden-Albala B, Draughter D, Castro M, Gutierrez D, Cardenas C, **Landry MJ**, Wing J, Albala B. Knowledge, Barriers, and Facilitators for Promoting Cardiovascular Health in a Latino Community: A Qualitative Sub-study of the Skills-based Educational Strategies for Reduction of Vascular Events in Orange County. *Front Public Health*. 2025; 13: 1531775.
12. Chrisman M, **Landry MJ**, Klobodu S, Bailey D. Perceived and Desired Items Covered by the Supplemental Nutrition Assistance Program (SNAP): A Survey of Midwest College Students. *Nutr Bull*. 2025; 50(2):220-228.
13. Raj S, Guest NS, **Landry MJ**, Mangels AR, Pawlak R, Rozga M. Vegetarian Dietary Patterns for Adults: A Position of the Academy of Nutrition and Dietetics. *J Acad Nutr Diet*. 2025; 125(6):831-846.
14. Hollis-Hansen K, McElrone M, Albin J, **Landry MJ**. Ensuring that Behavioral Strategies, Nutrition, and Culinary Education Are Key Components of Food is Medicine. *J Nutr Educ Behav*. 2025; 57(5):371-371.
15. Patel ML, **Landry MJ**, Zamora AN, Fielding-Singh P, King AC, Gardner CG. Pretreatment Predictors of Weight Loss in a 12-month Behavioral Obesity Treatment: A Signal Detection Analysis of DIETFITS. *Obesity*. 2025; 33(3):463-477.
16. Gray VB, Cuite C, Patton-López M, Richards R, Savoie-Roskos M, Machado S, Heying E, **Landry M**, Chen S, Hagedorn-Hatfield RL, Mann G, Qamar Z, OoNorasak K, Zigmont VA. Food Insecurity Knowledge and Training among College Students in Health Majors. *J Nutr Educ Behav*. 2024; 56(12):893-903.

17. Ward CP, **Landry MJ**, Cunanan KM, Raphael KL, Dant CC, Gardner CD, Pao AC. Urinary Response to Consuming Plant-Based Meat Alternatives in Persons with Normal Kidney Function: The SWAP-MEAT Pilot Trial. *Clin J Am Soc Nephrol*. 2024; 19(11):1417-1425.
18. **Landry MJ**, Ledoux TA, Coleman Collins S, Linsenmeyer W, Gonzalez AL, Wall-Bassett E, Wijayatunga NW, Rozga M. Communicating Nutrition and Dietetics Research: A Crucial Step to Advancing Evidence-Based Practice. *J Acad Nutr Diet*. 2024; 124(12):1668-1678.
19. Hauser ME, Hartle JC, **Landry MJ**, Fielding-Singh P, Shih CW, Qin F, Rigdon J, Gardner CD. Exploring Biases of the Healthy Eating Index and Alternative Healthy Eating Index when Scoring Low-Carbohydrate and Low-Fat Diets. *J Acad Nutr Diet*. 2024; 124(12):1646-1656.
20. **Landry MJ**, Pineda JP, Lee JM, Hoyt MA, Edwards KL, Lindsay KL, Gardner CD, Wong ND. Longitudinal Changes in Lifestyle Behaviours and Cardiovascular Health During the Transition to Fatherhood: The Dad Bod Observational Cohort Study Protocol. *BMJ Open*. 2024; 14:e095200.
21. Guest NS, Raj S, **Landry MJ**, Mangels AR, Pawlak R, Senkus KE, Handu D, Rozga M. Vegetarian and Vegan Dietary Patterns to Treat Adult Type 2 Diabetes: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. *Adv Nutr*. 2024; 15(10):100294.
22. Hoffs CT[‡], Chharan N, **Landry MJ**, Ward CP, Oyewole KA, Wang MC, Egan S, Bruce J, Gardner C. Training for Transformation: Examining Food Systems Courses at US Land-Grant Universities. *Front Sustain Food Syst*. 2024; 8:1472789.
23. **Landry MJ**, Senkus KE, Mangels AR, Guest NS, Pawlak R, Raj S, Handu D, Rozga M. Vegetarian Diets and Cardiovascular Risk Factors and Disease Prevention: An Umbrella Review and Meta-Analysis. *Am J Prev Cardiol*. 2024; 20:100868.
24. **Landry MJ**[†], Hagedorn-Hatfield RL[†], Zigmont VA[†]. Barriers to College Student Food Access: A Scoping Review Examining Policies, Systems, and the Environment. *J Nutr Sci*. 2024; 13:e51.
25. **Landry MJ**[†], Ward CP[†]. Health Benefits of a Plant-Based Dietary Pattern and Implementation in Healthcare and Clinical Practice. *Am J Lifestyle Med*. 2024; 18(5):657-665.
26. **Landry MJ**, Ward CP, Koh LM, Gardner CG. The Knowledge Attitudes, and Perceptions towards a Plant-Based Dietary Pattern: A Survey of Obstetrician-Gynecologists. *Front Nutr*. 2024; 11:1381132
27. Capodici A, Mocciaro G, Gori D, **Landry MJ**, Masini A, Sanmarchi F, Fiore M, Coa A, Castagna G, Gardner CD, Guaraldi F. Cardiovascular Health and Cancer Risk Associated with Plant Based Diets: an Umbrella Review. *PLoS One*. 2024; 15(9):e0300711.
28. Elnakib S, **Landry MJ**, Farris AR, Byker Shanks C. Strategies to Address Food Waste in K-12 Schools: A Narrative Review. *J Child Nutr Manag*. 2024; 48(1): 1-20.
29. **Landry MJ**, Ward CP, Cunanan KM, Fielding-Singh P, Crimarco A, Gardner CD. Switching Diets After 6-months Does Not Result in Renewed Weight Loss: A Secondary Analysis of a 12-month Crossover Randomized Trial. *Sci Rep*. 2024; 14(1):9865.
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32. Haushalter K, Burgermaster M, Hudson E, **Landry MJ**, Sharma SV, Davis JN. An Increase in Food Insecurity Correlated with an Increase in Plasma Triglycerides among Latinx Children. *J Nutr*. 2024; 154(2):565-573.
33. Hauser ME, Hartle JC, **Landry MJ**, Fielding-Singh P, Shih CW, Qin F, Rigdon J, Gardner CD. Association between Dietary Adherence and Diet Quality with Weight Loss Success among those Following Low-Carbohydrate and Low-Fat Diets. *Am J Clin Nutr*. 2024; 119(1):174-184.
34. **Landry MJ**[†], Ward CP[†], Cunanan KM, Durand LR, Perelman D, Dant CC, Robinson JL, Hennings T, Koh L, Zeitlin A, Ebel ER, Sonnenburg E, Sonnenburg J, Gardner CD. Cardiometabolic Effects of Omnivorous vs. Vegan Diets in Identical Twins: A Randomized Clinical Trial. *JAMA Netw Open*. 2023; 6(11):e2344457.
35. Hudson EA, Burgermaster M, Isis SM, Jeans MR, Vandyousefi S, **Landry MJ**, Seguin-Fowler R, Chandra J, Davis JN. School-Based Intervention Impacts Availability of Vegetables and Beverages in Participants' Homes. *Front Nutr*. 2023; 10:1278125.
36. Puchulu MB[‡], García Fernández N, **Landry MJ**. Food Insecurity and Chronic Kidney Disease: Considerations for Practitioners. *J Ren Nutr*. 2023; 33(5):691-697.
37. Ghaddar R, Hudson EA, Jeans MR, Vandyousefi S, **Landry MJ**, Davis JN. Ethnicity/race, Parent Educational Attainment, and Obesity Associated with Prediabetes in Children. *Nutr Diabetes*. 2023; 13(1):15.
38. Vandyousefi S, Ranjit N, **Landry MJ**, Jeans M, Ghaddar R, Davis JN. Dietary Psychosocial Mediators of Vegetable Intake in Schoolchildren from Low-Income and Racial and Ethnic Minority U.S. Families: Findings from the Texas Sprouts Intervention. *J Acad Nutr Diet*. 2023; 123(8): 1187-1196.
39. Hagedorn-Hatfield RL, Qamar Z, Richards R, Patton-López MM, Savoie-Roskos MR, Heying E, **Landry MJ**, Mann G, Vogelzang JL, OoNorasak K, Cuite CL, Hood LB. Barriers and Facilitators to Implementing and Sustaining Campus Food Insecurity Initiatives. *Stud High Edu*. 2023; 48(8):1273-1288.
40. Aronica L, **Landry MJ**, Rigdon J, Gardner C. Weight, Insulin Resistance, Blood Lipids, and Diet Quality Changes Associated with Ketogenic and Ultra Low-Fat Dietary Patterns: A Secondary Analysis of the DIETFITS Randomized Clinical Trial. *Front Nutr*. 2023; 10:1220020.
41. Jeans MR, **Landry MJ**, Vandyousefi S, Hudson EA, Burgermaster M, Bray MS, Chandra J, Davis JN. Effects of a School-Based Gardening, Cooking, and Nutrition Cluster Randomized Controlled Trial on Unprocessed and Ultra-Processed Food Consumption. *J Nutr*. 2023; 153(7):2073-2084.
42. Davis JN, Nikah K, **Landry MJ**, Vandyousefi S, Ghaddar R, Jeans MR, Hockett-Cooper M, Martin B, Waugh L, Sharma SV, van den Berg AE. Effects of a School-Based Garden Program on Academic Performance: A Cluster Randomized Controlled Trial. *J Acad Nutr Diet*. 2023; 123(4):637-642.
43. Steeves BA, Hollis-Hansen K, McElrone M, Nur H, **Landry MJ**. Supporting Food and Nutrition Security Among Migrant, Immigrant, and Refugee Populations. *J Nutr Educ Behav*. 2023; 55(2):83-84.
44. Schier H, Gunther C, **Landry MJ**, Linsenmeyer W, Ohlhorst S. Sex and Gender Data Collection in Nutrition Research: Considerations through an Inclusion, Diversity, Equity, and Access Lens. *J Acad Nutr Diet*. 2023;123(2):247-252.
45. Davis JN, **Landry MJ**, Vandyousefi S, Jeans MR, Hudson EA, Hoelscher DM, van den Berg AE, Perez A. Effects of a School-Based Nutrition, Gardening, and Cooking Intervention on Metabolic Parameters in High-Risk Youth: A Secondary Analysis of a Cluster Randomized Clinical Trial. *JAMA Netw Open*. 2023;6(1):e2250375.
46. Roberts A[‡], Busque V, Robinson JL, **Landry MJ**, Gardner CG. SWAP-MEAT Athlete (Study With Appetizing Plant-Food, Meat Eating Alternatives Trial) – Investigating the Impact of Three Different Diets on Recreational Athletic Performance: a Randomized Crossover Trial. *Nutr J*. 2022;21(1):69.

47. Savoie-Roskos MR, Hood LB, Hagedorn-Hatfield RL, **Landry MJ**, Patton-López MM, Richards R, Vogelzang JL, Qamar Z, OoNorasak K, Mann G. Creating a Culture that Supports Food Security and Health Equity at Higher Education Institutions. *Public Health Nutr.* 2022;26(3):1-7.
48. Braun A, Hill E, Gallo S, **Landry MJ**, Vitolins M, Papoutsakis T, Yakes Jimenez E, Rozga M. Research at the Academy of Nutrition and Dietetics: What, How and Why? *J Acad Nutr Diet.* 2022;122(11):2150-2162.
49. Gardner CD, **Landry MJ**, Aronica L, Cunanan KM, Kim SH. Reply to T Kalayjian and EC Westman. *Am J Clin Nutr.* 2022;116(4):1184-1185.
50. **Landry MJ**, Ruiz LD, Gibbs K, Radtke MD, Lerman J, Vargas AJ. Early Life Nutrition Research Supported by the U.S. National Institutes of Health from 2018 to 2020. *Adv Nutr.* 2022; 13(5):1395-1401.
51. Crimarco A, **Landry MJ**, Carter MM, Gardner CD. Assessing the Effects of Alternative Plant-Based v. Animal Meats on Biomarkers of Inflammation: A Secondary Analysis of the SWAP-MEAT Randomized Crossover Trial. *J Nutr Sci.* 2022;11:e82.
52. Gardner CD, **Landry MJ**, Perelman D, Petlura C, Durand LR, Aronica L, Crimarco A, Cunanan KM, Chang A, Dant CC, Robinson JL, Kim SH. Effect of a Ketogenic Diet versus Mediterranean Diet on Glycated Hemoglobin in Individuals with Prediabetes and Type 2 Diabetes Mellitus: The Interventional Keto-Med Randomized Crossover Trial. *Am J Clin Nutr.* 2022; 116(3):640-652.
53. Jeans MR, Ghaddar R, Vandyousefi S, **Landry MJ**, Gray MJ, Leidy HJ, Whittaker TA, Bray MS, Davis JN. Distinct Racial and Ethnic Metabolic Syndrome Characteristics: A Comparative Assessment in Low-Income Children 7-10 Years of Age. *Pediatr Obes.* 2022; 17(10):e12925.
54. Crimarco A[†], **Landry MJ**[†], Gardner CD. Ultraprocessed Foods, Weight Gain, and Co-Morbidity Risk. *Curr Obes Rep.* 2022; 11(3):80-92.
55. Hagedorn-Hatfield RL, Richards R, Qamar Z, Hood LB, **Landry MJ**, Savoie-Roskos MR, Vogelzang JL, Machado SS, OoNorasak K, Cuite CL, Heying E, Patton-López MM, Snelling AM. Campus-based Programmes to Address Food Insecurity Vary in Leadership, Funding, and Evaluation Strategies. *Nutr Bull.* 2022;47(3):322-332.
56. Vadiveloo MK, **Landry MJ**, Gardner CD. The Quest to Advance Assessment of Dietary Intake: Metabolomic Meat Markers. *Am J Clin Nutr.* 2022; 116(2):295-296.
57. Lebleu G[†], **Landry MJ**. Hunting-Based Food Donation Programs: Program Characteristics Across the US. *J Nutr Educ Behav.* 2022; 54(7); 677-683.
58. Jeans MR, Vandyousefi S, **Landry MJ**, Leidy HJ, Gray MJ, Bray MS, Widen EM, Davis JN. Breakfast Consumption May Improve Insulin Level and HbA1c in Predominately Low-Income, Hispanic Children 7-12 Years of Age. *Nutrients.* 2022; 14(11):2320.
59. **Landry MJ**, Bailey DA, Lee M, Van Gundy S, Ervin A. The Impostor Phenomenon in the Nutrition and Dietetics Profession: An Online Cross-Sectional Survey. *Int J Environ Res Public.* 2022; 19(9):5558.
60. Jeans MR, **Landry MJ**, Asigbee FM, Vandyousefi S, Ghaddar R, Bray MS, Leidy HJ, Davis JN. Comparison of School vs Home Breakfast Consumption on Cardiometabolic and Dietary Parameters in Low-Income, Multi-Racial/Ethnic Elementary School-Aged Children. *J Acad Nutr Diet.* 2022; 122(4):833-847.
61. **Landry MJ**, Gundersen C, Eicher-Miller HA. Food Insecurity on College and University Campuses: A Context and Rationale for Solutions. *J Acad Nutr Diet.* 2022; 122(3):519-524.
62. **Landry MJ**, Alford S, Singleton CR. Call for Evaluation and Reporting of the Equity Impact of Culturally Responsive Nutrition Interventions. *J Nutr Educ Behav.* 2022; 54(2):97-98.

63. Baxter SD, **Landry MJ**, Rodriguez J, Cochran N, Sweat SS, Dotimas LG. Improved Demographic Data are Needed for More Accurate Assessment of Race/Ethnicity and Gender Diversity in the Nutrition and Dietetics Profession. *Crit Diet.* 2022; 6(2):28-44.
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65. **Landry MJ**, Crimarco A, Gardner CD. Findings from Diet Comparison Difficult to Interpret in the Absence of Adherence Assessment. A Comment on “Effects of Low-Carbohydrate versus Mediterranean Diets on Weight Loss, Glucose Metabolism, Insulin Kinetics and β -Cell Function in Morbidly Obese Individuals. *Nutrients* 2021, 13, 1345”. *Nutrients.* 2021; 13(11):3694.
66. Sobba W[†], **Landry MJ**, Cunanan KM, Marcone A, Gardner CD. Changes in Ultra-Processed Food Consumption and Lifestyle Behaviors Following COVID-19 Shelter-in-Place: A Retrospective Study. *Foods.* 2021; 10(11):2553.
67. **Landry MJ**[†], Crimarco A[†], Gardner CD. Benefits of Low-Carbohydrate Diets: A Settled Question or Still Controversial? *Curr Obes Rep.* 2021; 10(3): 409-422.
68. **Landry MJ**, van den Berg AE, Hoelscher DM, Asigbee FM, Vandyousefi S, Ghaddar R, Jeans MR, Waugh L, Nikah K, Sharma SV, Davis JN. Impact of a School-Based Gardening, Cooking, and Nutrition Intervention on Diet Intake and Quality: The TX Sprouts Randomized Controlled Trial. *Nutrients.* 2021; 13(9): 3081.
69. Radtke MD, Poe M, Stookey J, Jilcott Pitts S, Moran NE, **Landry MJ**, Rubin LP, Stage VC, Scherr RE. Recommendations for the Use of the VeggieMeter[®] for Spectroscopy-based Skin Carotenoid Measurements in the Research Setting. *Curr Dev Nutr.* 2021; 5(8): nzab104.
70. **Landry MJ**, Bailey DA, Ervin A. You Are Not an Impostor: The Registered Dietitian Nutritionist and Impostor Phenomenon. *J Nutr Educ Behav.* 2021; 53(7):625-630.
71. **Landry MJ**. *Communicating Nutrition: The Authoritative Guide* [New Resources for Nutrition Educators]. *J Nutr Educ Behav.* 2021; 53(6):547.
72. Mendoza-Vasconez AS, **Landry MJ**, Crimarco A, Bladier C, Gardner CD. Sustainable Diets for Cardiovascular Disease Prevention and Management. *Curr Atheroscler Rep.* 2021; 23(7):31.
73. **Landry MJ**, Phan K, McGuirt JT, Ostander A, Ademu L, Seibold M, McCallops K, Tracy T, Fleischhacker SE, Karpyn A. USDA Special Supplemental Nutrition Program for Women, Infants and Children (WIC) Vendor Criteria: An Examination of US Administrative Agency Variations. *Int J Environ Res Public Health.* 2021; 18(7): 3545.
74. **Landry MJ**, Crimarco A, Perelman D, Durand LR, Petlura C, Aronica L, Robinson JL, Kim SH, Gardner CD. Adherence to Ketogenic and Mediterranean Study Diets in a Crossover Trial: The Keto-Med Randomized Trial. *Nutrients.* 2021; 13(3): 967.
75. Meyer SM, **Landry MJ**, Gustat J, Lemon SC, Webster CA. Physical Distancing \neq Physical Inactivity. *Transl Behav Med.* 2021; 11(4):941-944
76. Singleton CR, Fung W, **Landry MJ**. Strengthening Cross-Sector Collaborations in Hunger-Relief Efforts to Address Structural Racism. *J Nutr Educ Behav.* 2021; 53(2):93-94.
77. Davis JN, Pérez A, Asigbee FM, **Landry MJ**, Vandyousefi S, Ghaddar R, Hoover AI, Jeans M, Nikah K, Fischer B, Pont SJ, Richards D, Hoelscher DM, van den Berg AE. School-based Gardening, Cooking and Nutrition Intervention Increased Vegetable Intake but did not Reduce BMI: TX Sprouts - a Cluster Randomized Controlled Trial. *Int J Behav Nutr Phys Act.* 2021; 18(1):18.

78. Gardner CD, Crimarco A, **Landry MJ**, Fielding-Singh P. Nutrition Study Design Issues – Important Issues for Interpretation. *Am J Health Promot.* 2020; 34(8):951-954.
79. Jústiz A[‡], **Landry MJ**, Asigbee FM, Ghaddar R, Jeans MR, Davis JN. Child and Parent Knowledge of Added Sugar Recommendations is Associated with Decreased Added Sugar Intake in Multiethnic Elementary-Aged Children. *Curr Dev Nutr.* 2020;4(9): nzza140
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81. Jeans MR, Asigbee FM, **Landry MJ**, Vandyousefi S, Ghaddar R, Leidy HJ, Davis JN. Breakfast Consumption in Low-Income Hispanic Elementary School-Aged Children: Associations with Anthropometric, Metabolic, and Dietary Parameters. *Nutrients.* 2020; 12(7):2038.
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83. Elnakib S, **Landry MJ**, Farris A, Coombs C. Food Waste in K-12 Schools: An Opportunity to Create More Equitable and Sustainable Food Systems. *J Nutr Educ Behav.* 2020; 52(5):463.
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87. **Landry MJ**, van den Berg AE, Asigbee FM, Vandyousefi S, Ghaddar R, Davis JN. Child Compared with Parent Perceptions of Child-Level Food Security. *Curr Dev Nutr.* 2019; (3)10: nzz106
88. Davis JN, Nikah K, Asigbee FM, **Landry MJ**, Vandyousefi S, Ghaddar R, Hoover AI, Jeans M, Pont S, Richards D, Hoelscher DM, van den Berg AE, Bluestein M, Perez A. Design and Participant Characteristics of TX Sprouts: A School-Based Cluster-Randomized Gardening, Nutrition, and Cooking Intervention. *Cont Clinical Trials.* 2019; 85: 105834
89. **Landry MJ**, Ranjit N, Hoelscher DM, Asigbee FM, Vandyousefi S, Ghaddar R, Davis JN. Validity and Reliability of an Expanded Fruit and Vegetable Questionnaire Among Elementary School Children. *Curr Dev Nutr.* 2019; 3(8): nzz080
90. **Landry MJ**, van den Berg AE, Asigbee FM, Vandyousefi S, Ghaddar R, Davis JN. Child-Report of Food Insecurity is Associated with Diet Quality in Children. *Nutrients.* 2019; 11(7): 1574.
91. Vandyousefi S, Goran MI, Gunderson EP, Khazaee E, **Landry MJ**, Ghaddar R, Asigbee FM, Davis JN. Association of Breastfeeding and Gestational Diabetes Mellitus with the Prevalence of Prediabetes and the Metabolic Syndrome in Offspring of Hispanic Mothers. *Pediatr Obes.* 2019; 14(7): e12515
92. **Landry MJ**[†], Asigbee FM[†], Vandyousefi S, Khazaee E, Ghaddar R, Boisseau JB, House BT, Davis JN. Diet Quality is an Indicator of Disease Risk Factors in Hispanic College Freshman. *J Acad Nutr Diet.* 2019;119(5): 760-768.

93. **Landry MJ**, Markowitz AK, Asigbee FM, Gatto NM, Spruijt-Metz D, Davis JN. Cooking and Gardening Behaviors and Improvements in Dietary Intake in Hispanic/Latino Youth. *Child Obes.* 2019;15(4):262-270
94. **Landry MJ**, Khazae E, Markowitz AK, Vandyousefi S, Ghaddar R, Pillis K, Asigbee FM, Gatto NM, Davis JN. Impact of Food Security on Glycemic Control among Low-Income Primarily Hispanic/Latino Children in Los Angeles, California: A Cross-Sectional Study. *J Hunger Environ Nutr.* 2019; 14(5):709-724.
95. Davis JN, Asigbee FM, Markowitz AK, **Landry MJ**, Vandyousefi S, Khazae E, Goran MI. Consumption of Artificial Sweetened Beverages Associated with Adiposity and Increasing HbA1c in Hispanic Youth. *Clinical Obesity.* 2018; 8(4): 235-243
96. Montazeri N, Maite M, Liu D, Cormier J, **Landry M**, Shackelford J, Lampila LE, Achberger EC, Janes ME. Surveillance of Enteric Viruses and Microbial Indicators in the Eastern Oysters (*Crassostrea virginica*) and Harvest Waters along Louisiana Gulf Coast. *J Food Sci.* 2015; 80(5):M1075-M1082.

Manuscripts in Press

1. **Landry MJ**[†], Hagedorn-Hatfield RL[†], Zigmont VA[†], Dennis M. Experiences of Food Insecurity Among College Students Caring for Children and/or Other Dependents: A Scoping Review. (In press at *Nutr Res Rev*).
2. Itzel G[‡], Enriquez LE, Payán DD, **Landry MJ**. Low-Income and Legally Vulnerable: Immigration-Impacted Latino Students' Perceived Barriers to Accessing Essential Needs Resources at a Hispanic Serving Institution. (In press at *J Hisp High Edu*).
3. Nguyen CT[‡], Itzel G[‡], Gutiérrez JJ[‡], Payán DD, Enriquez LE[‡], **Landry MJ**[†]. Multi-level Factors Influencing College Campus Basic Needs Service Utilization: A Focus on Latino/a/x Immigration-Impacted Students in California. (In press at *J Racial Ethn Health Disparities*).
4. Goldman BJ[‡], Freiria CN, Ross J, **Landry MJ**, Wright L, Arikawa AY. Eating Disorders and Maladaptive Eating Behaviors in College Students Experiencing Food Insecurity: A Scoping Review. (In press at *J Hunger Environ Nutr*).

Manuscripts under Review

1. **Landry MJ**, Piemonte TA, Goss AM, Knippen KL, Robinson JA, Scheunemann DM, Rozga MR, Handu D. Effect of Carbohydrate-Restricted Dietary Patterns Based on Prescribed and Actual Intake in Adults with Overweight and Obesity: A Systematic Review and Meta-Analysis. (Under review at *J Acad Nutr Diet*).
2. **Landry MJ**, Parker JJ. The Role of Fathers in the Intergenerational Transmission of Obesity. (Under review at *Curr Obes Rep*).
3. **Landry MJ**, Koh LM, Ward CP, Krenek AM, Durand LR, Gardner CD. Benefits, Challenges and Opportunities of Using Meal Delivery Services in Dietary Trials. (Under review at *Am J Clin Nutr*).
4. **Landry MJ**. Ultra-Processed Foods (Under review at *Pediatr Rev*).
5. Carter MM, Zeng X, Ward CP, **Landry MJ**, Perelman D, Hennings T, Meng X, Weakly AM, Cabrera AV, Robinson JL, Nguyen T, Higginbottom S, Maecker HT, Sonnenburg ED, Fischbach MA, Gardner CD, Sonnenburg JL. A Gut Pathobiont Regulates Circulating Glycine and Host Metabolism in a Twin Study Comparing Vegan and Omnivorous Diets. (Under review at *Cell*).

Preprint: medRxiv 2025.01.08.25320192; doi: <https://doi.org/10.1101/2025.01.08.25320192>

6. Cutie CL, Hagedorn-Hatfield RL, Chen S, Qamar Z, Machado S, Chodur GM, Patton-López MM, Zigmont VA, **Landry MJ**, OoNorasak K, Savoie-Roskos MR, Mann G, Heying EK, Gray VB. Student's Confidence in Addressing Food Insecurity is Related to Classroom and Extracurricular Exposure (Under review at *J Nutr Educ Behav*).

7. Lazouras WD[†], **Landry MJ**. Ultra-Processed Plant-Based Foods: Considerations for Nutrition Educators. (Under review at *J Nutr Educ Behav*).
8. Shen Q, Mobley C, Wang M, Ferrari P, Adami H, Afshar N, Babic A, van den Brandt PA, Cheng E, Eliassen AH, Fung TT, Giovannucci EL, Hirabayashi M, Hou T, Huang BZ, Huang W, Joshi CE, Kanehara R, Katzke V, Lacey JV, **Landry MJ**, Larsson SC, Liao LM, Martinez ME, McCullough ML, Miller AB, Milne RL, Moore STC, Mucci LA, Naudin S, Prizment A, Park SY, Rohan TE, Riboli E, Robien K, Sandin S, Sawada N, Shams-White MM, Sinha R, Smith-Byrne K, Stampfer MJ, Stolzenberg-Solomon RZ, Um CY, Visvanathan K, Wang SS, Weiderpass E, White E, Willett WC, Wolk A, Wolpin BM, Yaun SS, Yuan C, Smith-Warner SA, Genkinger JM. Adherence to the Mediterranean Diet and Risk of Pancreatic Cancer: an Analysis of 2.3 Million Participants in the Pooling Project of Prospective Studies of Diet and Cancer (DCPP). (Under review *Eur J Epidemiol*).
9. Gutiérrez JJ[†], Enriquez LE, Payán DD, **Landry MJ**. What is Essential?: Legal Vulnerability and the Hierarchy of Basic Needs Among Immigration-Impacted College Students. (Under review at *J Divers High Edu*).
10. Wang Y[†], Hagedorn-Hatfield RL, Qamar Z, **Landry MJ**. Beyond the Basics: Strategies to Enhance Campus-Based Food Pantries. (Under review at *J Nutr Educ Behav*).
11. Beydoun HA, Beydoun MA, Tinker LE, Wallace RB, Allison M, Snetselaar L, **Landry MJ**, Nudy M, Price C, Tsai J. Impact of Food Security and Assistance on Cardiovascular Morbidity and Mortality Risks Among Postmenopausal Women from the Women's Health Initiative. (Under review at *J Nutr*).
12. Shahamati D[†], Nguyen J[†], **Landry MJ**. Twin-Based Randomized Controlled Trials in Nutritional Research: A Scoping Review. (Under review at *Twin Res Hum Genet*).
13. Shahamati D[†], Yang B, Liu S, Odegaard AO, Allison M, Glenn AJ, Yon Jung S, Nudy M, Schnatz PF, Shadyab AH, Shikany JM, Tinker LF, Wallace RB, **Landry MJ**. Association between the Planetary Health Diet Index and Risk of Cardiovascular Diseases in Postmenopausal Women: Findings from the Women's Health Initiative Observational Cohort. (Under review at *J Nutr*).
14. Yao L, **Landry MJ**, Odegaard A. National and State-Level Burden of Cardiometabolic Diseases Attributable to Dietary Risks in the United States, 1990–2023, With Projections to 2045. (Under review at *J Am Heart Assoc*).

POSITION STATEMENTS

1. St. George SM, Frank BS, Prakash S, Chony-Yen C, Sonik N, Rigueroa R, Bean MK, **Landry MJ**, Adams E, Greenthal E. [Society of Behavioral Medicine Position Statement: SBM Supports Mandatory Front-of-Package Nutrition Labeling to Promote Healthier Food Purchasing](#). June 2024.
2. LaRowe L, Frederick G, Figueroa R, Adams E, Bean M, **Landry M**, Nock N. Society of Behavioral Medicine Position Statement: [Pass the RESTORE Act \(Re-Entry Support Through Opportunities for Resources and Essentials\) Act](#). November 2023.
3. Adams E, Bean MK, Figueroa R, **Landry MJ**, Buscemi J, Mandelbaum J, Parker H, Nock NL, St. George SM, Sanchez-Flack J, Wilson D. Society of Behavioral Medicine Position Statement: [Support Policies to Increase Nutrient-Dense Food Access Across Federal Food Assistance Programs](#). October 2022.
4. **Landry MJ**, Adams EL, Bean MK, Anderson Steeves E, St. George SM, Figueroa R, Nock NL, Sanchez-Flack J, Mandelbaum J. Society of Behavioral Medicine Position Statement: [Permanently Increase WIC's Cash Value Benefit for Fruit and Vegetable Purchases](#). September 2022.

BOOK CHAPTERS

1. Goldman DM, Nagra M, Warbeck C, Winings E, **Landry MJ**. Plant-Based Diets: Nutritional Considerations and Public Health Implications. In: Preedy VR, Patel VB (eds). *Handbook of Public Health Nutrition: International, National, and Regional Perspectives*. Cham, Switzerland: Springer Nature; 2025: 1-27.
https://doi.org/10.1007/978-3-031-32047-7_163-1
2. **Landry MJ**. Saw Palmetto. In: Wallace TC (editor). *Health Professional’s Guide to Dietary Supplements*. Chicago, IL: Academy of Nutrition and Dietetics; 2023. p. 512-515. ISBN: 978-0-88091-204-4

ONLINE MEDIA

3. **Landry MJ**. “Free School Meals for All Children Can Improve Kids’ Health” *The Conversation*. July 20, 2021.
<https://doi.org/10.64628/AAI.93dxm7cpw>
4. **Landry MJ**, Eicher-Miller H. “Pandemic Threatens Food Security for Many College Students” *The Conversation*. October 9, 2020. <https://doi.org/10.64628/AAI.tgwsng7uj>

GRANTS & FUNDING

Current Funding

Dates	Role	Agency	Title	Direct Costs
04/10/26-12/31/26	PI	UCI Council on Research, Computing and Libraries (CORCL)	Cardiovascular Health Among Postpartum Mothers: A Dyadic Extension of the Dad Bod Study	\$3,000
06/25/25-05/31/26	Co-PI (Lowman)	UCI Illuminations: The Chancellor’s Arts and Culture Initiative	Mesoamerican Food, Mexican Cuisine, and Health	\$2,465
05/01/25-08/30/26	PI	Ardmore Institute of Health	Planting Seeds of Knowledge: Cultivating OB/GYN Expertise in Plant-Predominant Perinatal Nutrition	\$78,003
05/01/25 – 04/30/26	PI (Pilot Project)	NIMHD P50MD017366 Center for Advancing Solutions in Cardiometabolic Health	Community-Based Participatory Design of a Cardiovascular Health Survey Among Jains in Southern California	\$40,000
04/01/24 – 03/31/27	PI	American Heart Association 24CDA1258755	Longitudinal Changes in Lifestyle Behaviors and Cardiovascular Health During the Transition to Fatherhood (<i>Career Development Award</i>)	\$210,000

Completed Funding

04/01/25 – 03/31/26	PI	Injury & Violence Prevention Initiative at UC Irvine	Understanding the Impact of Adverse Childhood Experiences on First-Time Fathers	\$7,500
05/07/24 – 05/07/25	Co-PI (Enriquez)	Center for Economic Justice and Action, UC Essential Needs Consortium	Fulfilling the UC PromISE: Strengthening Access to Essential Needs Services for Undocumented and Immigration-Impacted Latinx UC Students	\$99,894

03/13/24 – 12/31/24	PI	UCI Council on Research, Computing and Libraries (CORCL)	Geospatial Proximity to Registered Dietitian Nutritionists and Nutrition and Dietetics Technicians Registered across the United States	\$3,000
12/20/2023 – 06/01/2024	Co-PI (Zigmont and Hagedorn-Hatfi eld)	Healthy Eating Research	Experiences of Food Insecurity among College Students Caring for Children and or/ other Dependents: A Scoping Review	\$6,000
10/04/2023 – 10/03/2024	PI	American Society for Nutrition	Predictors of Long-Term Weight Loss and Maintenance: A 10 Year Follow-Up of the DIETFITS Study	\$10,000
12/15/22 – 08/31/23	PI	Stanford Plant-Based Diet Initiative	The Knowledge, Attitudes, and Perceptions of Obstetrician-Gynecologists Towards a Whole-Food, Plant-Predominant Eating Pattern	\$4,000
11/01/22 – 08/21/23	PI	American College of Lifestyle Medicine	The Knowledge, Attitudes, and Perceptions of Obstetrician-Gynecologists Towards a Whole-Food, Plant-Predominant Eating Pattern	\$500
05/01/18 - 05/01/19	Co-PI (Yongwood)	UT-Austin, Moody College of Communications, Center for Health Communication	Timed Temptation of “Food Porn” on Social Media: Impact of Repeated Food Posts on Social Media and Eating Behavior	\$1,975
10/01/2014 – 05/31/2015	Co-PI (O’Neil)	LSU Tiger Athletic Foundation Scholarship Supporting Honors Thesis Research	Nutrient Adequacy, Diet Quality, and Weight/Adiposity Parameters of Children Participating in or Eligible for the Supplemental Nutrition Assistance Program: NHANES 2003-2010	\$1,000
08/01/2014 - 05/30/2015	Co-PI (Hooper-Bùi)	LSU College of Agriculture & LSU AgCenter Undergraduate Research Grant	Mechanism of Oil Intake and Distribution of Linolenic and Linoleic Acids in Fire Ant Colonies	\$5,750
08/01/2014- 06/30/2014	Co-PI (Hooper-Bùi)	LSU College of Agriculture & LSU AgCenter Undergraduate Research Grant	Effects of Salinity on the Aggressiveness and Venom Production of the Red Imported Fire Ant, <i>Solenopsis invicta</i>	\$6,999

SELECTED INVITED TALKS, SYMPOSIA, PANELS, & WEBINARS

Date	Entity/Event	Title of Talk	Location
October 2025	Food and Nutrition Conference and Expo	Advancing Type 2 Diabetes Management with Plant-Based Diets: Fresh Evidence, Cultural Insights, and Practical Strategies	Nashville, TN

October 2025	Food and Nutrition Conference and Expo	Telling the Story so it Matters: Why and How to Communicate and Disseminate Nutrition Science	Nashville, TN
June 2025	International Society of Behavioral Nutrition and Physical Activity Conference	Factors Impacting Access and Utilization of Basic Needs Services among Undocumented and Immigration-Impacted Undergraduate Students at California Public Universities	Auckland, New Zealand
April 2025	Maryland Academy of Nutrition and Dietetics	From Resistance to Results: Behavioral Strategies for Plant-Based Diet Adoption	Linthicum, MD
April 2025	Indiana Academy of Nutrition and Dietetics	From Resistance to Results: Behavioral Strategies for Plant-Based Diet Adoption	Plainfield, IN
November 2024	Iowa Academy of Nutrition and Dietetics	The What, Why, and How around Plant-Based Diets	Altoona, IA
November 2024	The Obesity Society, Obesity Week	Effective Strategies to Deliver Lifestyle Medicine at Scale	San Antonio, TX
September 2024	The Joint 7th World Congress on Twin Pregnancy and the 19th Congress of the International Society for Twin Studies	Keynote: You Are What You Eat: A Twin Experiment	Assisi, Italy
September 2024	International Plant-Based Nutrition Healthcare Conference	Plant-Based Dietary Patterns for Cardiometabolic Health: Overcoming Barriers and Facilitating Success	Anaheim, CA
September 2024	National Lipid Association, Clinical Lipid Update	Back to the Basics - Refocusing on LDL-C, Non-HDL-C and ApoB	Dallas, TX
October 2023	American College of Lifestyle Medicine	Health Benefits of a Plant-Based Dietary Pattern and Implementation in Healthcare and Clinical Practice	Denver, CO
October 2023	International Association of Nutrition and Sport Congress	Impact of a Vegan Diet Compared to Omnivorous Diet on Blood Lipids and Weight among Identical Twins	Guanacaste, Costa Rica
April 2023	Dietitians of Canada Annual Conference	Keynote Closing Plenary: You Are a Leader, Not an Imposter / Vous Êtes Des Leaders, Pas Des Imposteurs	Montréal, Canada
April 2023	UCI Program in Public Health, Dean's Distinguished Lecture	From Hunger to Health: The Road Forward to Nutrition Equity	Irvine, CA
March 2023	Utah Academy of Nutrition and Dietetics Annual Conference	Does Switching Diets Result in Renewed Weight Loss?	West Jordan, UT
October 2022	Food and Nutrition Conference and Expo	SNAP Benefit Modernization: Historical Context and Community Stories	Orlando, FL
October 2022	Food and Nutrition Conference and Expo	Disrupting Business as Usual: The Power of Emerging RDNs & NDTRs	Orlando, FL

September 2022	International Association of Nutrition and Sport Congress	The Challenge of Adherence within Dietary Clinical Trials	Lima, Peru
April 2022	California Academy of Nutrition and Dietetics Annual Conference	You Belong: A Discussion on Overcoming Impostor Syndrome	Oakland, CA
June 2018	International Society of Behavioral Nutrition and Physical Activity Conference	International Insights – Using Novel Measurement Approaches to Understand the Multifactorial Determinants and Implications of Child Food Insecurity	Hong Kong, China

CONFERENCE ORAL PRESENTATIONS (FIRST-AUTHORED)

[Coauthored Presentations Available Elsewhere](#)

1. **Landry MJ**, Ward CP, Gardner CD. Impact of a Vegan Diet Compared to Omnivorous Diet on Blood Lipids and Weight among Identical Twins: The Twins Nutrition Study (TwINS) Randomized Controlled Trial. Presented at the American Heart Association EPI/Lifestyle Scientific Sessions 2023; Boston, MA (March 2023).
2. **Landry MJ**, Ward CP, Cunanan K, Gardner CD. Does Switching Diets Result in Renewed Weight Loss? Secondary Analysis of a 12-month Crossover Trial. Presented during the Ethan Sims Young Investigator Competition session at the Obesity Society conference; San Diego, CA (November 2022)
3. **Landry MJ**, Stayner G, Crimarco A, Gardner CD. “Respiratory Exchange Ratio as a Predictor for Weight Loss on a Low-Carbohydrate versus Low-Fat Diet: A Secondary Analysis of the DIETFITS Trial.” Presented virtually (due to COVID-19) at the American Heart Association EPI | Lifestyle Scientific Sessions 2021 (May 2021).
4. **Landry MJ**, Asigbee FM, Vandyousefi S, Jeans M, Ghaddar R, Hoelscher DM, van den Berg AE, Davis JN. “Effects of TX Sprouts, A School-Based Cluster Randomized Gardening, Nutrition, and Cooking Intervention, on Dietary Quality” Presented virtually for Nutrition 2020 due to COVID-19 pandemic (June 2020).
5. **Landry MJ**, Wang I, Asigbee FM, Vandyousefi S, Ghaddar R, Jeans M, Hoover A, and Davis JN. “Child Food Insecurity Associated with Elevated Fasting Blood Glucose, HbA1c, and Prediabetes.” Presented at The Obesity Society Conference; Las Vegas, NV (November 2019).
6. **Landry MJ**, Evans A, Asigbee FM, Khazaei E, Vandyousefi S, Davis JN “Comparison of Child versus Parent Perceptions of Child-Level Food Security in a Hispanic Cohort” presented at the International Society of Behavioral Nutrition and Physical Activity conference; Hong Kong, China (June 2018)
7. **Landry MJ**, Asigbee FM, Whitney SD, Davis JN “Diet Quality is an Indicator of Disease Risk Factors in Hispanic College Freshman” Presented at the International Society of Behavioral Nutrition and Physical Activity conference; Hong Kong, China (June 2018)
8. **Landry MJ**, Strecker RM, Bui LM. “Mechanism of oil intake and distribution of linolenic and linoleic acids in fire ant colonies.” Presented at the Imported Fire Ant and Invasive Pest Conference, April 6-8, 2015, New Orleans, LA (April 2015)
9. **Landry MJ**, Strecker RM, Bui LM. “Effects of salinity on the aggressiveness and venom production of the red imported fire ant, *Solenopsis invicta*.” Presented at the National Conference on Urban Entomology; San Antonio, TX (March 2014)

CONFERENCE POSTER PRESENTATIONS (FIRST-AUTHORED)

[Coauthored Presentations Available Elsewhere](#)

1. **Landry MJ**. Geospatial Accessibility & Proximity to a Registered Dietitian Nutritionist Across the United States. Presented at Nutrition 2025; Orlando, FL (June 2025).

2. **Landry MJ**, Lee JM, Tinker L, Shadyab AH, Van Horn LV, Springfield-Trice S, Snetselaar L, Neuhouser M, Saquib N, Manson JE, Chen J, Xiao Q, Hedlin H, Follis S, Stefanick ML. Differences in Diet Quality Across US Census 2020 Regions: A Secondary Analysis of the Women’s Health Initiative. Presented at the American Heart Association Epi/Lifestyle Sessions; New Orleans, LA (March 2024).
3. **Landry MJ**. The Knowledge, Attitudes, and Perceptions Towards a Whole-Food, Plant-Based Eating Pattern: A Survey of Obstetrician-Gynecologists. Presented at Lifestyle Medicine 2023; Denver, CO (October 2023).
4. **Landry MJ**, Jeans MR, Davis JN. Child Report of Food Insecurity is not Associated with Increased Consumption of Ultra Processed Foods. Presented at the International Society for Behavioral Nutrition and Physical Activity conference; Uppsala, Sweden (June 2023).
5. **Landry MJ**, Ruiz LD, Gibbs K, Radtke MD, Lerman J, Vargas AJ. “Early Life Nutrition Research Supported by the U.S. National Institutes of Health from 2018-2020. Presented virtually (due to COVID-19) at for Nutrition 2022 conference (June 2021).
6. **Landry MJ**, Aronica L, Crimarco A, Cunanan KM, Perelman D, Petlura C, Durand LR, Chang A, Robinson JL, Kim SH, Gardner CD. “Effect of a Ketogenic Diet vs. Mediterranean Diet on HbA1c: The Keto-Med Randomized Crossover Trial”. Presented virtually (due to COVID-19) at the Obesity Society conference (November 2021).
7. **Landry MJ**, Asigbee FM, Jeans MR, Ghaddar R, Vandyousefi S, van den Berg AE, Perez A, Fischer B, Davis JN. “Effects of a School-Based Obesity Intervention on Knowledge and Preference Towards Fruit and Vegetables” Presented virtually for The Obesity Society Conference due to COVID-19 pandemic (November 2020).
8. **Landry MJ**, Hockett-Cooper M, Davis JN. "Growing Public Health/Community Nutrition Skills in Undergraduate Students Participating in an Innovative Experiential Nutrition and Gardening Community Engagement Course" Presented virtually (due to COVID-19) at the Food and Nutrition Conference and Expo (October 2020)
9. **Landry MJ**, Asigbee FM, Vandyousefi S, Ghaddar R, Jeans M, Hoover A, and Davis JN “Effects of a Cluster Randomized Gardening, Nutrition, and Cooking Intervention on Food Insecurity.” Presented at The Obesity Society Conference; Las Vegas, NV (November 2019).
10. **Landry MJ**, Asigbee FM, Vandyousefi S, Jeans M, Ghaddar R, Davis JN “Association between Cooking Attitudes and Self-Efficacy and Food Insecurity.” Presented at the Food and Nutrition Conference and Expo; Philadelphia, PA (October 2019)
11. **Landry MJ**, Asigbee FM, Vandyousefi S, Ghaddar R, Jeans MR, Hoover A, Davis JN. "Food Insecurity is Associated with Higher Added Sugar and Sugar-Sweetened Beverage Intake among Low-Income Elementary Aged Children” Presented at Nutrition 2019; Baltimore, MD (June 2019)
12. **Landry MJ**, Justiz A, Asigbee FM, Vandyousefi S, Ghaddar R, Jeans MR, Hoover A, Davis JN. "Child and Parent Knowledge of Added Sugar Recommendations is Associated with Decreased Added Sugar Intake in Multiethnic Elementary-Aged Children” Presented at Nutrition 2019; Baltimore, MD (June 2019)
13. **Landry MJ**, Asigbee FM, Khazae E, Vandyousefi S, Ghaddar R, Davis JN “Comparison of Diet Quality in Low-Income Hispanic and Non-Hispanic Children” Presented at the Food and Nutrition Conference and Expo; Washington, DC (October 2018)
14. **Landry MJ**, Asigbee FM, Khazae E, Vandyousefi S, Ghaddar R, Davis JN “National School Lunch Program Associated with Higher Dietary Quality” Presented at the Food and Nutrition Conference and Expo; Washington, DC (October 2018)

15. **Landry MJ**, Khazae E, Markowitz AK, Vandyousefi S, Ghaddar R, Pilles K, Asigbee FM, Davis JN “Reproducibility of a Fruit and Vegetable Screener in Hispanic Fifth-grade Students” Presented at the Food and Nutrition Conference and Expo; Chicago, IL (October 2017)
16. **Landry MJ**, Markowitz AM, Khazae E, Ghaddar R, Davis JN. “Food security and glycemic control among low-income Hispanic children in Los Angeles, California” Presented at The Obesity Society conference; New Orleans, LA (November 2016)
17. **Landry MJ**, O’Neil CE, Nicklas TA, Fulgoni VL. “A comparison of nutrient intake/adequacy, diet quality, and obesity prevalence in low-income children (2-18 y) based on participation in the Supplemental Nutrition Assistance Program: NHANES 2003-2010” Presented at the American Society of Nutrition section at the Experimental Biology conference; Boston, MA (March 2015)

PROFESSIONAL ORGANIZATIONS & SOCIETY MEMBERSHIP

2012-present	Academy of Nutrition and Dietetics <i>Dietetic Practice Groups and Member Interest Groups</i> <ul style="list-style-type: none"> ● Cultures of Gender and Age Member Interest Group (2014-2025) <ul style="list-style-type: none"> ○ Formerly the National Organization of Men in Nutrition ● Hunger and Environmental Nutrition Dietetic Practice Group (2017-2023) ● Public Health/Community Nutrition Practice Group (2017-2023) ● Research Dietetic Practice Group (2014-present) ● Vegetarian Nutrition Dietetic Practice Group (2020-present) ● Weight Management Dietetic Practice Group (2020-present) ● Cardiovascular Health and Wellness Dietetic Practice Group (2023-present) <i>State Affiliates and Local Groups</i> <ul style="list-style-type: none"> ● California Academy of Nutrition and Dietetics (2020-present) <ul style="list-style-type: none"> ○ Silicon Valley District (2020-2023) ○ Orange District (2023-present) ● Texas Academy of Nutrition and Dietetics (2015-2020) ● Austin Registered Dietitian’s Alliance (2019-2020)
2014-present	American Society for Nutrition
2023-present	American Society for Preventive Cardiology
2020-present	American Heart Association <ul style="list-style-type: none"> ● Council on Lifestyle and Cardiometabolic Health ● Council on Epidemiology and Prevention
2018-present	International Society of Behavioral Nutrition and Physical Activity
2024-present	National Lipid Association
2018-present	Society for Nutrition Education and Behavior <ul style="list-style-type: none"> ● Public Health Nutrition Division ● Higher Education Division
2018-present	Society of Behavioral Medicine <ul style="list-style-type: none"> ● Health Policy Ambassador for Child Nutrition (2023-present)
2016-present	The Obesity Society

PROFESSIONAL ORGANIZATION SERVICE

Abbreviations: AHA, American Heart Association; AND, Academy of Nutrition and Dietetics; ASN, American Society for Nutrition; NLA, National Lipid Association; SNEB, Society for Nutrition Education and Behavior; TOS, The Obesity Society

Term	Role	Organization
2025-2027	Committee Member	AND, Research Committee

2024-2026	Committee Member	ASN, Nutrition Scientific Program Committee
2024-2026	Committee Member	SNEB, Journal Committee
2024-2028	Committee Member	AHA, Council on Lifestyle and Cardiometabolic Health, Nutrition Committee
2024-2027	Committee Member	AND Foundation, Master Grant Committee
2023-2026	At-Large Delegate, Chair-Elect	ASN, Medical Nutrition Council
2023-2024	Committee Member, Ex-Officio	AND, Council on Research
2023	Committee Member	AND Foundation, Scholarship Review Committee
2023	Committee Member	AND, Policy and Advocacy Collective Capacity Team
2022-2024	Expert Panel Member	AND, Evidence Analysis Library, Vegetarian Dietary Patterns
2022	Co-Chair	AND, Nutrition Security and Food Safety Strategic Advancement Group
2021-2022	Interim Secretary/Treasurer	California Academy of Nutrition and Dietetics
2021-2025	Spokesperson	TOS, Communications Committee, Spokesperson Network
2021-2023	Expert Panel Member	AND, Evidence Analysis Library, Dietary Approaches and Health Outcomes
2021	Committee Member	AND Foundation, Award Review Committee
2021-2024	Committee Member	ASN, Committee on Advocacy and Science Policy
2021-2024	Committee Member, Vice-Chair, Chair	AND, Legislative and Public Policy Committee
2021-2022	Postdoctoral Representative	ASN, Obesity Research Interest Section
2021-2023	Chair-elect, Chair, Past Chair	SNEB, Public Health Nutrition Division
2020-2024	Chair-elect, Chair, Past Chair, Advisor	AND, Cultures of Gender and Age Member Interest Group
2020-2021	Fellow, ex-officio member	ASN, Committee on Advocacy and Science Policy
2020-2024	Committee Member, Chair	AND, Council on Research, Dissemination Subcommittee
2019-2023	Committee Member	SNEB, Advisory Committee for Public Policy
2019-2021	Committee Member	ASN, Nutrition Education Behavioral Science Research Interest Section, Awards Committee
2019-2021	Committee Member	AND, Public Health/Community Nutrition Practice Group, Awards Committee
2019-2020	Communications Chair	AND, Cultures of Gender and Age Member Interest Group
2019-2020	Committee Member	AND Foundation, Student Advisory Committee
2018-2020	Student Committee Chair	AND, Public Health/Community Nutrition Practice Group

2018-2020	<i>Journal of Hunger and Environmental Nutrition</i> Liaison	AND, Hunger and Environmental Nutrition Dietetic Practice Group
2018-2019	Chair	AND, Student Advisory Committee
2017-2019	Committee Member	AND, Student Advisory Committee
2017-2018	At Large Delegate: Student	AND, House of Delegates
2017-2018	Co-Chair	AND, Public Health/Community Nutrition Practice Group, Student Survey Committee

AWARDS & HONORS

Assistant Professor Level (University of California Irvine, 2023-Present)

2026	UCI, School of Population & Public Health Dr. Bruce Albala Faculty Award for Teaching Excellence
2026	UCI AI Writing & Digital Literacy Fellow
2026	UCI Research Associates Athalie R. Clarke Public Health Research Achievement Award
2026	UCI College of Health Sciences Faculty Assembly, Orange County Population Health Impact Award
2026	LSU College of Agriculture Alumni Association, Early Career Outstanding Alumni Award
2026	California Academy of Nutrition and Dietetics, Excellence in Research Award
2025	UC Washington Center (UCDC) Presidential Policy Fellow
2025	American Society for Nutrition, Outstanding Early Career I Professional Award
2024	Academy of Nutrition and Dietetics, Research Dietetic Practice Group, Emerging Author Award
2024	Award for Excellence in Reviewing <i>Journal of Nutrition Education and Behavior</i>
2024	Academy of Nutrition and Dietetics, Weight Management Dietetic Practice Group, Emerging Leader Excellence Award
2024	<i>International Journal of Behavioral Nutrition and Physical Activity</i> , Most Cited RCT Paper Award for Davis et al. <i>Int J Behav Nutr Phys Act.</i> 2021; 18(1):18.
2024	UCI Madeline Martin Swinden Memorial Lecture
2023	American College of Lifestyle Medicine AVO Award for Lifestyle Medicine Certification

Postdoctoral Level (Stanford University, 2020-2023)

2023	Academy of Nutrition and Dietetics, Gwendolyn Rossell Memorial Continuing Education Award
2023	<i>Today's Dietitian's</i> 14th Annual Showcase of 10 RDs Who Are Making a Difference
2022	Academy of Nutrition and Dietetics, Public Health and Community Nutrition Practice Group Outstanding Young Member of the Year Award
2022	The Obesity Society, Ethan Sims Young Investigator Award Winner
2022	Academy of Nutrition and Dietetics Foundation, Rebecca Snowball Reeves Continuing Education Award
2022	California Academy of Nutrition and Dietetics, Recognized Young Dietitian of the Year
2022	HER/NOPREN WIC Learning Collaborative, High Impact Publication Award for Landry et al. <i>Int J Environ Res Public Health.</i> 2021; 18(7): 3545.
2021	American Society for Nutrition, Nutrition Education and Behavioral Science Early Career Award
2020	Weight Management Dietetic Practice Group, ObesityWeek Travel Award
2020	American Society for Nutrition, Emerging Leader in Nutrition Education and Behavioral Science Topical Area

Dietetic Internship (The University of Texas at Austin, 2019-2020)

- 2020 Hunger and Environmental Nutrition Dietetic Practice Group, School-to-Farm Program Joraan Forbord Memorial Education Award
- 2020 Texas Academy of Nutrition and Dietetics, Outstanding Student Award
- 2019 The Obesity Society Rolls-Simons Travel Award
- 2019 Hunger and Environmental Nutrition Dietetic Practice Group Excellence Award
- 2019 Mead Johnson Nutrition/Research Dietetic Practice Group Student Research Award

Graduate Level (The University of Texas at Austin, 2015-2019)

- 2019 American Society for Nutrition, Understanding Nutritional Science Competition 1st Place Video
- 2019 UT Faculty Innovation Center, Graduate Teaching Showcase Best Presentation
- 2016, 2017, 2018, 2019 UT Office of Graduate Studies Professional Development Award
- 2018 Mead Johnson Nutrition/Research Dietetic Practice Group Student Research Award
- 2018 Academy of Nutrition and Dietetics, Cultures of Gender and Age Conference Travel Award
- 2018 UT School of Human Ecology Lectureship Series Invited Speaker
- 2018 UT Department of Nutritional Science Retreat 2nd Place Poster
- 2018 Academy of Nutrition and Dietetics, Public Health and Community Nutrition Practice Group Outstanding Student of the Year Award
- 2018 UT Department of Nutritional Science Retreat 1st Place Poster
- 2016 UT Student Employee Excellence Certification
- 2016 The Obesity Society Bio-Behavioral Section Top Poster Award
- 2016 UT Department of Nutritional Science Retreat Student Choice Top Poster
- 2016 UT Department of Nutritional Science Retreat 3rd Place Poster

Undergraduate Level (Louisiana State University, 2011-2015)

- 2015 LSU Roger Hadfield Ogden Honors College Outstanding Thesis Award
- 2015 LSU Roger Hadfield Ogden Honors College - Upper Division Honors
- 2015 LSU Roger Hadfield Ogden Honors College - College Honors
- 2015 LSU Communication across the Curriculum Distinguished Communicator
- 2015 LSU Student Employee of the Year
- 2015 LSU Campus Life, 26th Annual Class of Leadership LSU
- 2015 LSU Gamma Sigma Delta Research Competition Top Poster Award
- 2014 LSU Discover Research Day Tiger Choice Best Poster
- 2014 LSU Discover Research Scholar
- 2011, 2013 LSU Homecoming Court
- 2012 LSU Mortar Board, Blazer Chapter Top 10 Freshman
- 2012 LSU Gamma Sigma Delta Sophomore Award of Merit
- Fall 2011, 2014 LSU Chancellor's List
- Spring 2015
- Fall 2012, Spring 2012, 2014 LSU Dean's List
- 2009 Boy Scouts of America, Eagle Scout

SCHOLARSHIPS & FELLOWSHIPS

Dietetic Internship (The University of Texas at Austin, 2019-2021)

Summer 2021	Nutrition and Obesity Policy Research and Evaluation Network (NOPREN) Network Summer Student Stipend
Spring 2020	Commission on Dietetic Registration Faculty Fellowship Award
Spring 2020	Austin Academy of Nutrition and Dietetics Endowed Scholarship
Fall 2019	Dr. David Stump American Society for Parenteral and Enteral Nutrition Student Scholarship

Graduate Level (The University of Texas at Austin, 2015-2019)

Fall 2018	UT Graduate School Continuing Graduate Fellowship
Fall 2018	Phi Kappa Phi Love of Learning Award
Summer 2018	Epidemiology and Population Health Summer Institute at Columbia University (EPIC) Tuition Scholarship
Fall 2017	UT Karen and Charles Matthews Endowed Presidential Fellowship in Nutrition
Fall 2017	Texas Public Education Grant
Spring 2017	UT Tyrrell E. Flawn Graduate Fellowship in Nutrition
Fall 2016	UT Dwight D. Book Scholarship
Spring 2016	Phi Kappa Phi Love of Learning Award
Fall 2015	UT Graduate School College Recruitment Fellowship

Undergraduate Level (Louisiana State University, 2011-2015)

Spring 2015	LSU Chapter of Phi Kappa Phi Graduate Fellowship
Fall 2014	LSU College of Agriculture Sibyl and Joseph Dore' Memorial Scholarship
Fall 2014	LSU School of Human Ecology Nicole Melissa Munn Memorial Scholarship
Spring 2014	LSU KC Toups Memorial Les Voyageur Award and Scholarship
Fall 2013	LSU College of Agriculture Lee Berwick Working Student Scholarship
Fall 2013	LSU Chapter of Alpha Lambda Delta Sophomore Merit Scholarship
Fall 2012	LSU College of Agriculture Charles Stewart Churchill Memorial Scholarship
Fall 2011	LSU School of Human Ecology Dorothy C. Howell Alumni Scholarship
Fall 2011-Spring 2015	LSU Tiger Excellence Resident Award
Fall 2011-Spring 2015	Louisiana TOPS Honors Award
Fall 2011	National Eagle Scout Association Merit Scholarship

JOURNAL BOARD OF EDITORS

09/2023 – Present	<i>Journal of Nutrition Education and Behavior</i>
03/2024 – Present	<i>Journal of Hunger and Environmental Nutrition</i>
03/2024 – Present	<i>International Journal of Behavioral Nutrition and Physical Activity</i>

JOURNAL AD-HOC PEER REVIEWER ([Web of Science Verified Reviews](#))

1. <i>Academic Pediatrics</i>	15. <i>Health Behavior and Policy Review</i>	29. <i>Nutrition and Health</i>
2. <i>Advances in Nutrition</i>	18. <i>Health Education Research</i>	30. <i>Nutrition Research Reviews</i>
3. <i>American Journal of Clinical Nutrition</i>	19. <i>International Journal of Behavioral Medicine</i>	31. <i>Nutrients</i>
4. <i>American Journal of Lifestyle Medicine</i>	20. <i>International Journal of Environmental Research and Public Health</i>	32. <i>Paediatric and Perinatal Epidemiology</i>
5. <i>American Journal of Men's Health</i>	21. <i>JAMA Network Open</i>	33. <i>Pediatric Obesity</i>

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| 6. <i>American Journal of Preventive Medicine</i> | 22. <i>Journal of General Internal Medicine</i> | 34. <i>Public Health Nutrition</i> |
| 7. <i>BMC Nutrition</i> | 23. <i>Journal of Nutrition</i> | 35. <i>Progress in Community Health Partnerships</i> |
| 8. <i>BMC Pediatrics</i> | 24. <i>Journal of Nutrition Education and Behavior</i> | 36. <i>Sustainability</i> |
| 9. <i>BMC Public Health</i> | 25. <i>Journal of Public Health</i> | 37. <i>Translational Behavioral Medicine</i> |
| 10. <i>British Journal of Nutrition</i> | 26. <i>Journal of the Academy of Nutrition and Dietetics</i> | |
| 11. <i>Childhood Obesity</i> | 27. <i>Journal of the American Heart Association</i> | |
| 12. <i>Current Developments in Nutrition</i> | 28. <i>Lancet Planetary Health</i> | |
| 13. <i>Food Security</i> | 29. <i>Nature Food</i> | |
| 14. <i>Foods</i> | 30. <i>Nutrition & Dietetics</i> | |

UNDERGRADUATE-LEVEL COURSES TAUGHT

Qrtr/Year Taught	Course #	Title	Units	Enrollment	Course Type	% Effort
Fall 2025	PUBHLTH 159	Public Health Nutrition	4	121	Lecture	100
Fall 2025	PUBHLTH 198	Directed Studies	4	1	Research	100
Fall 2025	PUBHLTH 199	Undergraduate Research	4	2	Research	100
Summer 2025	PUBHLTH 159	Public Health Nutrition	4	20	Lecture	100
Summer 2025	PUBHLTH 198	Directed Studies in Bali	2	16	Discussion	50
Winter 2025	PUBHLTH 159	Public Health Nutrition	4	124	Lecture	100
Winter 2025	PUBHLTH 199	Undergraduate Research	1-4	6	Research	100
Winter 2025	UNISTU 198	LA Mentoring	2	1	Activity	100
Fall 2024	PUBHLTH 199	Undergraduate Research	2-4	4	Research	100
Winter 2024	PUBHLTH 159	Public Health Nutrition	4	54	Lecture	100

GRADUATE-LEVEL COURSES TAUGHT

Qrtr/Year Taught	Course #	Title	Units	Enrollment	Course Type	% Effort
Winter 2026	PUBHLTH 290	Nutrition in Health & Disease	4	TBD	Lecture	100
Winter 2025	PUBHLTH 298	Directed Studies	3	1	Tutorial	100
Winter 2025	EPIDEM 298	Directed Studies	2-4	2	Seminar	100
Fall 2024	PUBHLTH 290	Nutrition in Health & Disease	4	33	Lecture	100
Fall 2022	CHPR 237 (Stanford)	Hunger & Food Insecurity: Challenges and Solutions	1	7	Seminar	100
Fall 2021	CHPR 237 (Stanford)	Hunger & Food Insecurity: Challenges and Solutions	1	16	Seminar	100

ASSISTANT INSTRUCTOR, TEACHING ASSISTANT, & SUPPLEMENTAL INSTRUCTION

Qrtr/Year Taught	University	Course #	Title	Course Type	Role
Spring 2021	Stanford University	CHPR 130	Human Nutrition	Lecture	Teaching Assistant
Fall 2018, Fall 2017	University of Texas at Austin	GRS 097	Fundamentals for Teaching Assistants	Seminar	Assistant Instructor
Spring 2018	University of Texas at Austin	NTR 330	Nutrition Education and Counseling	Lecture	Assistant Instructor
Spring 2017, Spring 2016	University of Texas at Austin	NTR 365	Obesity and Metabolic Health	Lecture	Teaching Assistant

Spring 2016, Fall 2015	University of Texas at Austin	NTR 107L	Introductory Food Science Laboratory	Laboratory	Teaching Assistant
Spring 2015, Fall 2014, Spring 2014, Fall 2013, Spring 2013	Louisiana State University	KIN 2500	Human Anatomy	Lecture	Supplemental Instructor

MENTORED DOCTORAL STUDENTS

Date	Student	University	Program	Status	Role
2026	Anais Fernandez Calzavara	UC Irvine	PhD in Epidemiology	PhD Student	Committee Member
2025 -	Donya Shahamati	UC Irvine	PhD in Public Health	PhD Student	Dissertation Advisor
2025 -	Yujue 'Iris' Wang	UC Irvine	PhD in Public Health	PhD Student	Dissertation Advisor
2025 -	Wendy Lazouras	UC Irvine	PhD in Epidemiology	PhD Candidate	Committee Member
2025 -	Saba Sohail	UC Irvine	PhD in Epidemiology	PhD Candidate	Committee Member
2023 -2024	Barbara Goldman	University of North Florida	Doctor of Clinical Nutrition	PhD Awarded	Committee Member

MENTORED MASTERS STUDENTS

Date	Student	University	Program	Status	Role
2025-	Persia Hemmati	UC Irvine	MS in Epidemiology	MS Student	Thesis Committee
2022-2023	Charlie Hoffs	Stanford University	MS in Community Health Prevention	Degree Awarded	Thesis Committee
2021-2022	Aubrey Roberts	Stanford University	MS in Community Health Prevention	Degree Awarded	Thesis Committee

MENTORED UNDERGRADUATE STUDENTS

Abbreviations: PHH - Public Health Honors; CHC - Campuswide Honors Collegium; UR - Undergraduate Research

Date	Student	Role	UC Irvine UROP Research Experience Fellowship Recipient
2026 -	Brenda Duong	CHC Thesis Mentor	
2026 -	Ellie Struve	PHH Thesis Mentor	
2025 -	Iris Lin	CHC Thesis Mentor	
2025 -	Rhea Mehta	UR Mentor, Global Health Minor	
2025 -	Kaelyn Kwon	UR Mentor	X (Recognition)
2025 -	Sofia Marin	PHH Thesis Mentor	X (\$100)
2025 - 2026	Maren Rhee	CHC Thesis Mentor	X (\$250); SPPH Undergraduate Research Award
2025 -	Katie Ngoc Ai Vo	CHC Thesis Mentor	
2024 - 2025	Shuangyu 'Alice' Li	PHH Thesis Mentor	X (\$200)
2024 - 2025	Jessica Nguyen	UR Mentor	
2023-2024	Emilia Pronczuk	UR Mentor (RD Mentorship Program)	
2022-2023	Joanna Cohen	UR Mentor (RD Mentorship Program)	
2021	Walter Sobba	UR Mentor (Stanford)	

2021-2022	María Bernardita Puchulu	UR Mentor (RD Mentorship Program)	
2020-2021	Grace LeBleu	UR Mentor (RD Mentorship Program)	
2019-2020	Hannah Wang	Honors in Advanced Nutritional Sciences (UT-Austin)	
2018-2019	Amanda Jústiz	Honors in Advanced Nutritional Sciences (UT-Austin)	
2017-2018	Adelyn Yau	Honors in Advanced Nutritional Sciences (UT-Austin)	

UCI – UNIVERSITY SERVICE

2024-2027 Academic Senate, Board on Undergraduate Scholarships, Honors, and Financial Aid (BUSHFA) Chair (25-26), Committee Member (24-25; 26-27)

UCI – SUSAN & HENRY SAMUELI COLLEGE OF HEALTH SCIENCES SERVICE

2025-2026 Faculty Assembly, Allied Health and Interprofessional Education Committee

UCI – JOE C. WEN SCHOOL OF POPULATION & PUBLIC HEALTH SERVICE

2025-Present MS in Nutrition Proposal Committee Chair

2025-Present Student Affairs Committee

2025 Student Affairs Honors and Awards Ad Hoc Committee

2024 Master of Public Health Program Admissions Review Committee

2023-2025 DEI Committee and Climate Council