

Matthew J. Landry, PhD, RDN, DipACLM, FAND, FAHA

Curriculum Vitae

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EDUCATION

08/2015 - 09/2019	PhD in Nutritional Sciences	The University of Texas at Austin, College of Natural Sciences, Department of Nutritional Science
08/2011 - 05/2015	BS in Nutrition and Food Science (with honors)	Louisiana State University, College of Agriculture, School of Nutrition and Food Sciences
Doctoral Dissertation	Associations between Diet Quality, Vegetable Availability and Access, and Food Security in Low-Income Hispanic Children	
Undergraduate Thesis	A Comparison of Nutrient Intake/Adequacy, Diet Quality, and Obesity Prevalence in Low-Income Children (2-18 y) that Participated or Did Not Participate in the Supplemental Nutrition Assistance Program: NHANES 2003-2010	

REGISTRATIONS & LICENSES

12/2023 - Present	Certified Lifestyle Medicine Professional (DipACLM)	American College of Lifestyle Medicine (No. 0001100)
10/2020 - Present	Registered Dietitian Nutritionist (RDN)	Commission on Dietetic Registration (No. 86032092)
11/2020 - 05/2022	Licensed Dietitian Nutritionist (LDN)	Louisiana Board of Examiners in Dietetics and Nutrition (No. 3205)

FELLOW RECOGNITION

04/2023 - Present	Fellow of the American Heart Association
10/2022 - Present	Fellow of the Academy of Nutrition and Dietetics

PROFESSIONAL EXPERIENCE

07/2023 - Present	Assistant Professor	University of California, Irvine, Samueli College of Health Sciences, Joe C. Wen School of Population & Public Health, Department of Population Health and Disease Prevention
09/2021 - 06/2023	Postdoctoral Research Fellow	Stanford University, School of Medicine, Stanford Prevention Research Center, Plant-Based Diet Initiative

09/2020 - 08/2021	Postdoctoral Research Fellow	Stanford University, School of Medicine, Stanford Prevention Research Center, NIH/NHLBI T32 Fellowship in Cardiovascular Disease Prevention (T32HL007034)
09/2021 - 12/2021 09/2022 - 12/2022	Lecturer	Stanford University, School of Medicine, Community Health and Prevention Research Program
09/2019 - 08/2020	Research Scientist Assistant	The University of Texas at Austin, Dell Medical School, Department of Pediatrics, Dell Pediatric Research Institute
09/2019 - 08/2020	Dietetic Intern	The University of Texas at Austin, College of Natural Sciences, Department of Nutritional Sciences, Coordinated Program in Dietetics
08/2015 - 08/2019	Graduate Research Assistant	The University of Texas at Austin, College of Natural Sciences, Department of Nutritional Sciences
08/2017 - 12/2017 08/2018 - 12/2018	Assistant Instructor	The University of Texas at Austin, Faculty Innovation Center
08/2015 - 05/2018	Graduate Teaching Assistant	The University of Texas at Austin, College of Natural Sciences, Department of Nutritional Sciences
05/2015 - 08/2015	Research Assistant, Transient	Louisiana State University, School of Coast and Environment, Department of Environmental Science
01/2015 - 05/2015	Undergraduate Sports Nutrition Intern	LSU Athletics, Department of Athletic Training, Division of Sports Nutrition
01/2013 - 05/2015	Supplemental Instructor	Louisiana State University, Center for Academic Success
10/2012 - 05/2015	Undergraduate Research Assistant	Louisiana State University AgCenter, Department of Entomology, Disaster Ecology Laboratory
05/2014 - 08/2014	Undergraduate Lifestyle Intervention Intern	Pennington Biomedical Research Center, Department of Preventative Medicine

PUBLICATIONS ([NCBI Bibliography](#))

[†]Shared First or Senior Authorship; [‡]Mentored Student

1. Gandhi SN, Song Y, **Landry MJ**, Malhotra A, Loomba R, Martin JL, Kamdar BB. From Ancient Enemas to Tube Feeding, I: History, Administration, and Nutritional Composition of Commercial Versus Food-Based Formulas in Critical Illness. *Am J Crit Care*. 2025; 34(5):390-398.
2. **Landry MJ**[†], Hollis-Hansen K[†]. Food is Medicine: Prioritizing Equitable Implementation. *Am J Public Health*. 2025; 115(9):1360-1363.
3. **Landry MJ**, Savoie-Roskos MR, Gray V, Mann G, Qamar Z, Hagedorn-Hatfield RL, Cuite CL, Heying E, Hood LB, OoNorasak K. Food Security as a Basic Need: College Students Need Greater Support from Institutional Administration. *J Am Coll Health*. 2025; 73(6):2363-2366.
4. Jústiz AM[‡], **Landry MJ**, Davis JN. Associations between Healthy Eating Index and Anthropometric Outcomes in Multiethnic Elementary-Aged Children. *Pediatr Obes*. 2025; 20(18):e70018.
5. Boden-Albala B, Draughter D, Castro M, Gutierrez D, Cardenas C, **Landry MJ**, Wing J, Albala B. Knowledge, Barriers, and Facilitators for Promoting Cardiovascular Health in a Latino Community: A Qualitative Sub-study

of the Skills-based Educational Strategies for Reduction of Vascular Events in Orange County. *Front Public Health*. 2025; 13: 1531775.

6. Chrisman M, **Landry MJ**, Klobodu S, Bailey D. Perceived and Desired Items Covered by the Supplemental Nutrition Assistance Program (SNAP): A Survey of Midwest College Students. *Nutr Bull*. 2025; 50(2):220-228.
7. Raj S, Guest NS, **Landry MJ**, Mangels AR, Pawlak R, Rozga M. Vegetarian Dietary Patterns for Adults: A Position of the Academy of Nutrition and Dietetics. *J Acad Nutr Diet*. 2025; 125(6):831-846.
8. Hollis-Hansen K, McElrone M, Albin J, **Landry MJ**. Ensuring that Behavioral Strategies, Nutrition, and Culinary Education Are Key Components of Food is Medicine. *J Nutr Educ Behav*. 2025; 57(5):371-371.
9. Patel ML, **Landry MJ**, Zamora AN, Fielding-Singh P, King AC, Gardner CG. Pretreatment Predictors of Weight Loss in a 12-month Behavioral Obesity Treatment: A Signal Detection Analysis of DIETFITS. *Obesity*. 2025; 33(3):463-477.
10. Gray VB, Cuite C, Patton-López M, Richards R, Savoie-Roskos M, Machado S, Heying E, **Landry M**, Chen S, Hagedorn-Hatfield RL, Mann G, Qamar Z, OoNorasak K, Zigmont VA. Food Insecurity Knowledge and Training among College Students in Health Majors. *J Nutr Educ Behav*. 2024; 56(12):893-903.
11. Ward CP, **Landry MJ**, Cunanan KM, Raphael KL, Dant CC, Gardner CD, Pao AC. Urinary Response to Consuming Plant-Based Meat Alternatives in Persons with Normal Kidney Function: The SWAP-MEAT Pilot Trial. *Clin J Am Soc Nephrol*. 2024; 19(11):1417-1425.
12. **Landry MJ**, Ledoux TA, Coleman Collins S, Linsenmeyer W, Gonzalez AL, Wall-Bassett E, Wijayatunga NW, Rozga M. Communicating Nutrition and Dietetics Research: A Crucial Step to Advancing Evidence-Based Practice. *J Acad Nutr Diet*. 2024; 124(12):1668-1678.
13. Hauser ME, Hartle JC, **Landry MJ**, Fielding-Singh P, Shih CW, Qin F, Rigdon J, Gardner CD. Exploring Biases of the Healthy Eating Index and Alternative Healthy Eating Index when Scoring Low-Carbohydrate and Low-Fat Diets. *J Acad Nutr Diet*. 2024; 124(12):1646-1656.
14. **Landry MJ**, Pineda JP, Lee JM, Hoyt MA, Edwards KL, Lindsay KL, Gardner CD, Wong ND. Longitudinal Changes in Lifestyle Behaviours and Cardiovascular Health During the Transition to Fatherhood: The Dad Bod Observational Cohort Study Protocol. *BMJ Open*. 2024; 14:e095200.
15. Guest NS, Raj S, **Landry MJ**, Mangels AR, Pawlak R, Senkus KE, Handu D, Rozga M. Vegetarian and Vegan Dietary Patterns to Treat Adult Type 2 Diabetes: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. *Adv Nutr*. 2024; 15(10):100294.
16. Hoffs CT[†], Chharan N, **Landry MJ**, Ward CP, Oyewole KA, Wang MC, Egan S, Bruce J, Gardner C. Training for Transformation: Examining Food Systems Courses at US Land-Grant Universities. *Front Sustain Food Syst*. 2024; 8:1472789.
17. **Landry MJ**, Senkus KE, Mangels AR, Guest NS, Pawlak R, Raj S, Handu D, Rozga M. Vegetarian Diets and Cardiovascular Risk Factors and Disease Prevention: An Umbrella Review and Meta-Analysis. *Am J Prev Cardiol*. 2024; 20:100868.
18. **Landry MJ**[†], Hagedorn-Hatfield RL[†], Zigmont VA[†]. Barriers to College Student Food Access: A Scoping Review Examining Policies, Systems, and the Environment. *J Nutr Sci*. 2024; 13:e51.
19. **Landry MJ**[†], Ward CP[†]. Health Benefits of a Plant-Based Dietary Pattern and Implementation in Healthcare and Clinical Practice. *Am J Lifestyle Med*. 2024; 18(5):657-665.
20. **Landry MJ**, Ward CP, Koh LM, Gardner CG. The Knowledge Attitudes, and Perceptions towards a Plant-Based Dietary Pattern: A Survey of Obstetrician-Gynecologists. *Front Nutr*. 2024; 11:1381132

21. Capodici A, Mocciaro G, Gori D, **Landry MJ**, Masini A, Sanmarchi F, Fiore M, Coa A, Castagna G, Gardner CD, Guaraldi F. Cardiovascular Health and Cancer Risk Associated with Plant Based Diets: an Umbrella Review. *PLoS One*. 2024; 15(9):e0300711.
22. Elnakib S, **Landry MJ**, Farris AR, Byker Shanks C. Strategies to Address Food Waste in K-12 Schools: A Narrative Review. *J Child Nutr Manag*. 2024; 48(1): 1-20.
23. **Landry MJ**, Ward CP, Cunanan KM, Fielding-Singh P, Crimarco A, Gardner CD. Switching Diets After 6-months Does Not Result in Renewed Weight Loss: A Secondary Analysis of a 12-month Crossover Randomized Trial. *Sci Rep*. 2024; 14(1):9865.
24. **Landry MJ**, Heying E, Qamar Z, Hagedorn-Hatfield RL, Savoie-Roskos MR, Cuite CL, Zigmont VA, OoNorasak K, Chen S. Advancing College Food Security: Priority Research Gaps. *Nutr Res Rev*. 2024; 37(1):108-120.
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29. Hudson EA, Burgermaster M, Isis SM, Jeans MR, Vandyousefi S, **Landry MJ**, Seguin-Fowler R, Chandra J, Davis JN. School-Based Intervention Impacts Availability of Vegetables and Beverages in Participants' Homes. *Front Nutr*. 2023; 10:1278125.
30. Puchulu MB[‡], García Fernández N, **Landry MJ**. Food Insecurity and Chronic Kidney Disease: Considerations for Practitioners. *J Ren Nutr*. 2023; 33(5):691-697.
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33. Hagedorn-Hatfield RL, Qamar Z, Richards R, Patton-López MM, Savoie-Roskos MR, Heying E, **Landry MJ**, Mann G, Vogelzang JL, OoNorasak K, Cuite CL, Hood LB. Barriers and Facilitators to Implementing and Sustaining Campus Food Insecurity Initiatives. *Stud High Edu*. 2023; 48(8):1273-1288.
34. Aronica L, **Landry MJ**, Rigdon J, Gardner C. Weight, Insulin Resistance, Blood Lipids, and Diet Quality Changes Associated with Ketogenic and Ultra Low-Fat Dietary Patterns: A Secondary Analysis of the DIETFITS Randomized Clinical Trial. *Front Nutr*. 2023; 10:1220020.
35. Jeans MR, **Landry MJ**, Vandyousefi S, Hudson EA, Burgermaster M, Bray MS, Chandra J, Davis JN. Effects of a School-Based Gardening, Cooking, and Nutrition Cluster Randomized Controlled Trial on Unprocessed and Ultra-Processed Food Consumption. *J Nutr*. 2023; 153(7):2073-2084.

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37. Steeves BA, Hollis-Hansen K, McElrone M, Nur H, **Landry MJ**. Supporting Food and Nutrition Security Among Migrant, Immigrant, and Refugee Populations. *J Nutr Educ Behav*. 2023; 55(2):83-84.
38. Schier H, Gunther C, **Landry MJ**, Linsenmeyer W, Ohlhorst S. Sex and Gender Data Collection in Nutrition Research: Considerations through an Inclusion, Diversity, Equity, and Access Lens. *J Acad Nutr Diet*. 2023;123(2):247-252.
39. Davis JN, **Landry MJ**, Vandyousefi S, Jeans MR, Hudson EA, Hoelscher DM, van den Berg AE, Perez A. Effects of a School-Based Nutrition, Gardening, and Cooking Intervention on Metabolic Parameters in High-Risk Youth: A Secondary Analysis of a Cluster Randomized Clinical Trial. *JAMA Netw Open*. 2023;6(1):e2250375.
40. Roberts A[†], Busque V, Robinson JL, **Landry MJ**, Gardner CG. SWAP-MEAT Athlete (Study With Appetizing Plant-Food, Meat Eating Alternatives Trial) – Investigating the Impact of Three Different Diets on Recreational Athletic Performance: a Randomized Crossover Trial. *Nutr J*. 2022;21(1):69.
41. Savoie-Roskos MR, Hood LB, Hagedorn-Hatfield RL, **Landry MJ**, Patton-López MM, Richards R, Vogelzang JL, Qamar Z, OoNorasak K, Mann G. Creating a Culture that Supports Food Security and Health Equity at Higher Education Institutions. *Public Health Nutr*. 2022;26(3):1-7.
42. Braun A, Hill E, Gallo S, **Landry MJ**, Vitolins M, Papoutsakis T, Yakes Jimenez E, Rozga M. Research at the Academy of Nutrition and Dietetics: What, How and Why? *J Acad Nutr Diet*. 2022;122(11):2150-2162.
43. Gardner CD, **Landry MJ**, Aronica L, Cunanan KM, Kim SH. Reply to T Kalayjian and EC Westman. *Am J Clin Nutr*. 2022;116(4):1184-1185.
44. **Landry MJ**, Ruiz LD, Gibbs K, Radtke MD, Lerman J, Vargas AJ. Early Life Nutrition Research Supported by the U.S. National Institutes of Health from 2018 to 2020. *Adv Nutr*. 2022; 13(5):1395-1401.
45. Crimarco A, **Landry MJ**, Carter MM, Gardner CD. Assessing the Effects of Alternative Plant-Based v. Animal Meats on Biomarkers of Inflammation: A Secondary Analysis of the SWAP-MEAT Randomized Crossover Trial. *J Nutr Sci*. 2022;11:e82.
46. Gardner CD, **Landry MJ**, Perelman D, Petlura C, Durand LR, Aronica L, Crimarco A, Cunanan KM, Chang A, Dant CC, Robinson JL, Kim SH. Effect of a Ketogenic Diet versus Mediterranean Diet on Glycated Hemoglobin in Individuals with Prediabetes and Type 2 Diabetes Mellitus: The Interventional Keto-Med Randomized Crossover Trial. *Am J Clin Nutr*. 2022; 116(3):640-652.
47. Jeans MR, Ghaddar R, Vandyousefi S, **Landry MJ**, Gray MJ, Leidy HJ, Whittaker TA, Bray MS, Davis JN. Distinct Racial and Ethnic Metabolic Syndrome Characteristics: A Comparative Assessment in Low-Income Children 7-10 Years of Age. *Pediatr Obes*. 2022; 17(10):e12925.
48. Crimarco A[†], **Landry MJ**[†], Gardner CD. Ultraprocessed Foods, Weight Gain, and Co-Morbidity Risk. *Curr Obes Rep*. 2022; 11(3):80-92.
49. Hagedorn-Hatfield RL, Richards R, Qamar Z, Hood LB, **Landry MJ**, Savoie-Roskos MR, Vogelzang JL, Machado SS, OoNorasak K, Cuite CL, Heying E, Patton-López MM, Snelling AM. Campus-based Programmes to Address Food Insecurity Vary in Leadership, Funding, and Evaluation Strategies. *Nutr Bull*. 2022;47(3):322-332.
50. Vadiveloo MK, **Landry MJ**, Gardner CD. The Quest to Advance Assessment of Dietary Intake: Metabolomic Meat Markers. *Am J Clin Nutr*. 2022; 116(2):295-296.

51. Lebleu G[‡], **Landry MJ**. Hunting-Based Food Donation Programs: Program Characteristics Across the US. *J Nutr Educ Behav*. 2022; 54(7): 677-683.
52. Jeans MR, Vandyousefi S, **Landry MJ**, Leidy HJ, Gray MJ, Bray MS, Widen EM, Davis JN. Breakfast Consumption May Improve Insulin Level and HbA1c in Predominately Low-Income, Hispanic Children 7-12 Years of Age. *Nutrients*. 2022; 14(11):2320.
53. **Landry MJ**, Bailey DA, Lee M, Van Gundy S, Ervin A. The Impostor Phenomenon in the Nutrition and Dietetics Profession: An Online Cross-Sectional Survey. *Int J Environ Res Public*. 2022; 19(9):5558.
54. Jeans MR, **Landry MJ**, Asigbee FM, Vandyousefi S, Ghaddar R, Bray MS, Leidy HJ, Davis JN. Comparison of School vs Home Breakfast Consumption on Cardiometabolic and Dietary Parameters in Low-Income, Multi-Racial/Ethnic Elementary School-Aged Children. *J Acad Nutr Diet*. 2022; 122(4):833-847.
55. **Landry MJ**, Gundersen C, Eicher-Miller HA. Food Insecurity on College and University Campuses: A Context and Rationale for Solutions. *J Acad Nutr Diet*. 2022; 122(3):519-524.
56. **Landry MJ**, Alford S, Singleton CR. Call for Evaluation and Reporting of the Equity Impact of Culturally Responsive Nutrition Interventions. *J Nutr Educ Behav*. 2022; 54(2):97-98.
57. Baxter SD, **Landry MJ**, Rodriguez J, Cochran N, Sweat SS, Dotimas LG. Improved Demographic Data are Needed for More Accurate Assessment of Race/Ethnicity and Gender Diversity in the Nutrition and Dietetics Profession. *Crit Diet*. 2022; 6(2):28-44.
58. Azelton KR[‡], Crowley AP, Vance N, Underwood K, Morris G, Kelly J, **Landry MJ**. Digital Health Coaching for Type 2 Diabetes: Randomized Controlled Trial of Healthy at Home. *Front Digit Health*. 2021; 3:764735.
59. **Landry MJ**, Crimarco A, Gardner CD. Findings from Diet Comparison Difficult to Interpret in the Absence of Adherence Assessment. A Comment on “Effects of Low-Carbohydrate versus Mediterranean Diets on Weight Loss, Glucose Metabolism, Insulin Kinetics and β -Cell Function in Morbidly Obese Individuals. *Nutrients* 2021, 13, 1345”. *Nutrients*. 2021; 13(11):3694.
60. Sobba W[‡], **Landry MJ**, Cunanan KM, Marcone A, Gardner CD. Changes in Ultra-Processed Food Consumption and Lifestyle Behaviors Following COVID-19 Shelter-in-Place: A Retrospective Study. *Foods*. 2021; 10(11):2553.
61. **Landry MJ**[†], Crimarco A[†], Gardner CD. Benefits of Low-Carbohydrate Diets: A Settled Question or Still Controversial? *Curr Obes Rep*. 2021; 10(3): 409-422.
62. **Landry MJ**, van den Berg AE, Hoelscher DM, Asigbee FM, Vandyousefi S, Ghaddar R, Jeans MR, Waugh L, Nikah K, Sharma SV, Davis JN. Impact of a School-Based Gardening, Cooking, and Nutrition Intervention on Diet Intake and Quality: The TX Sprouts Randomized Controlled Trial. *Nutrients*. 2021; 13(9): 3081.
63. Radtke MD, Poe M, Stookey J, Jilcott Pitts S, Moran NE, **Landry MJ**, Rubin LP, Stage VC, Scherr RE. Recommendations for the Use of the VeggieMeter[®] for Spectroscopy-based Skin Carotenoid Measurements in the Research Setting. *Curr Dev Nutr*. 2021; 5(8): nzab104.
64. **Landry MJ**, Bailey DA, Ervin A. You Are Not an Impostor: The Registered Dietitian Nutritionist and Impostor Phenomenon. *J Nutr Educ Behav*. 2021; 53(7):625-630.
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67. **Landry MJ**, Phan K, McGuirt JT, Ostander A, Ademu L, Seibold M, McCallops K, Tracy T, Fleischhacker SE, Karpyn A. USDA Special Supplemental Nutrition Program for Women, Infants and Children (WIC) Vendor

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68. **Landry MJ**, Crimarco A, Perelman D, Durand LR, Petlura C, Aronica L, Robinson JL, Kim SH, Gardner CD. Adherence to Ketogenic and Mediterranean Study Diets in a Crossover Trial: The Keto-Med Randomized Trial. *Nutrients*. 2021; 13(3): 967.
69. Meyer SM, **Landry MJ**, Gustat J, Lemon SC, Webster CA. Physical Distancing ≠ Physical Inactivity. *Transl Behav Med*. 2021; 11(4):941-944
70. Singleton CR, Fung W, **Landry MJ**. Strengthening Cross-Sector Collaborations in Hunger-Relief Efforts to Address Structural Racism. *J Nutr Educ Behav*. 2021; 53(2):93-94.
71. Davis JN, Pérez A, Asigbee FM, **Landry MJ**, Vandyousefi S, Ghaddar R, Hoover AI, Jeans M, Nikah K, Fischer B, Pont SJ, Richards D, Hoelscher DM, van den Berg AE. School-based Gardening, Cooking and Nutrition Intervention Increased Vegetable Intake but did not Reduce BMI: TX Sprouts - a Cluster Randomized Controlled Trial. *Int J Behav Nutr Phys Act*. 2021; 18(1):18.
72. Gardner CD, Crimarco A, **Landry MJ**, Fielding-Singh P. Nutrition Study Design Issues – Important Issues for Interpretation. *Am J Health Promot*. 2020; 34(8):951-954.
73. Jústiz A[‡], **Landry MJ**, Asigbee FM, Ghaddar R, Jeans MR, Davis JN. Child and Parent Knowledge of Added Sugar Recommendations is Associated with Decreased Added Sugar Intake in Multiethnic Elementary-Aged Children. *Curr Dev Nutr*. 2020;4(9): nzza140
74. **Landry MJ**, Olvany JM, Mueller MP, Chen T, Ikeda D, Sinclair D, Schatz LE, Connors P, Valgenti RT, Amster Challamel G, Gardner CD, Policastro P. Faith in Fat: A Multisite Examination of University Student' Perceptions of Fat in the Diet. *Nutrients*. 2020; 12(9): 2560.
75. Jeans MR, Asigbee FM, **Landry MJ**, Vandyousefi S, Ghaddar R, Leidy HJ, Davis JN. Breakfast Consumption in Low-Income Hispanic Elementary School-Aged Children: Associations with Anthropometric, Metabolic, and Dietary Parameters. *Nutrients*. 2020; 12(7):2038.
76. **Landry MJ**, Burgermaster M, van den Berg AE, Asigbee FM, Vandyousefi S, Ghaddar R, Jeans MR, Yau A[‡], Davis JN. Barriers to Preparing and Cooking Vegetables is Associated with Decreased Home Availability of Vegetables in Low-Income Households. *Nutrients*. 2020; 12(6):1823.
77. Elnakib S, **Landry MJ**, Farris A, Coombs C. Food Waste in K-12 Schools: An Opportunity to Create More Equitable and Sustainable Food Systems. *J Nutr Educ Behav*. 2020; 52(5):463.
78. Hooper-Bùi LM, Strecker RM, Stewart DM, **Landry MJ**, Papillion AM, Peterson SN. Effects of Sea-level Rise on Physiological Ecology of a Ground-dwelling Ant. *PLoS One*. 2020; 15(4): e0223304.
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90. Montazeri N, Maite M, Liu D, Cormier J, **Landry M**, Shackleford J, Lampila LE, Achberger EC, Janes ME. Surveillance of Enteric Viruses and Microbial Indicators in the Eastern Oysters (*Crassostrea virginica*) and Harvest Waters along Louisiana Gulf Coast. *J Food Sci*. 2015; 80(5):M1075-M1082.

Manuscripts in Press

1. Goldman BJ[†], Neves Freiria C, **Landry MJ**, Arikawa AY, Wright L. Research Trends and Gaps Concerning Food Insecurity in College Students in the United States: A Scoping Review. (In press at *J Am Coll Health*).
2. Gandhi SN, Song Y, **Landry MJ**, Malhotra A, Loomba R, Martin JL, Kamdar BB. From Ancient Enemas to Tube Feeding: Part II – Clinical Outcomes and Future Directions Surrounding Commercial Versus Food-Based Formulas in Critical Illness. (In press at *Am J Crit Care*).
3. Zeitlin AB, Ward CP, Oralia Minerva Cooper AO, **Landry MJ**, Krenek AM, Durand LR, Cunanan KM, Robinson JL, Dant CC, Gardner CD. Diet Quality and Comparison of Plant-Based Versus Omnivore Diets in Identical Twins: A Secondary Analysis of the Twins Nutrition Study (TwINS). (In press at *Curr Dev Nutr*).
4. **Landry MJ**, Bagha Z. Lifestyle Management Approaches for Obesity. (In press at *J Clin Lipidol*).

Manuscripts under Review

1. **Landry MJ**[†], Hagedorn-Hatfield RL[†], Zigmont VA[†], Dennis M. Experiences of food insecurity among college students caring for children and/or other dependents: A scoping review. (Under review at *Nutr Res Rev*).
2. **Landry MJ**, Handu D, Piemonte TA, Goss AM, Knippen KL, Robinson JA, Scheunemann DM, Rozga MR. Effect of Carbohydrate-Restricted Dietary Patterns Based on Prescribed and Actual Intake in Adults with Overweight and Obesity: A Systematic Review and Meta-Analysis. (Under review at *J Nutr*).

3. Follis S, **Landry MJ**, Cunanan KM, Stefanick ML, Ward CP, Gardner CD. Effect of Low-Carbohydrate vs Low-Fat Diet Intervention on Visceral Fat in a 12-Month Randomized Controlled Trial. (Under review at *Int J Obes*).
4. Carter MM, Zeng X, Ward CP, **Landry MJ**, Perelman D, Hennings T, Meng X, Weakly AM, Cabrera AV, Robinson JL, Nguyen T, Higginbottom S, Maecker HT, Sonnenburg ED, Fischbach MA, Gardner CD, Sonnenburg JL. A Gut Pathobiont Regulates Circulating Glycine and Host Metabolism in a Twin Study Comparing Vegan and Omnivorous Diets. (Under review at *Cell*).
5. Goldman BJ[†], Freiria CN, Ross J, **Landry MJ**, Wright L, Arikawa AY. Eating Disorders and Maladaptive Eating Behaviors in College Students Experiencing Food Insecurity: A Scoping Review. (Under review at *J Hunger Environ Nutr*).
6. Nguyen CT[†], Itzel G[†], Gutiérrez JJ[†], Payán DD, Enriquez LE[†], **Landry MJ**[†]. Multi-level Factors Influencing College Campus Basic Needs Service Utilization: A Focus on Latino/a/x Immigration-Impacted Students in California (Under review at *J Racial Ethn Health Disparities*).
7. Cutie CL, Hagedorn-Hatfield RL, Chen S, Qamar Z, Machado S, Chodur GM, Patton-López MM, Zigmont VA, **Landry MJ**, OoNorasak K, Savoie-Roskos MR, Mann G, Heying EK, Gray VB. Student's Confidence in Addressing Food Insecurity is Related to Classroom and Extracurricular Exposure (Under review at *J Nutr Educ Behav*).
8. Lazouras WD[†], **Landry MJ**[†]. Ultra-Processed Plant-Based Foods: Considerations for Nutrition Educators. (Under review at *J Nutr Educ Behav*).
9. Itzel G[†], Enriquez LE, Payán DD, **Landry MJ**[†]. Low-Income and Legally Vulnerable: Immigration-Impacted Latino Students' Perceived Barriers to Accessing Essential Needs Resources at a Hispanic Serving Institution. (Under review at *J Hisp High Edu*).

POSITION STATEMENTS

1. St. George SM, Frank BS, Prakash S, Chony-Yen C, Sonik N, Riguerroa R, Bean MK, **Landry MJ**, Adams E, Greenthal E. [Society of Behavioral Medicine Position Statement: SBM Supports Mandatory Front-of-Package Nutrition Labeling to Promote Healthier Food Purchasing](#). June 2024.
2. LaRowe L, Frederick G, Figueroa R, Adams E, Bean M, **Landry M**, Nock N. Society of Behavioral Medicine Position Statement: [Pass the RESTORE Act \(Re-Entry Support Through Opportunities for Resources and Essentials\) Act](#). November 2023.
3. Adams E, Bean MK, Figueroa R, **Landry MJ**, Buscemi J, Mandelbaum J, Parker H, Nock NL, St. George SM, Sanchez-Flack J, Wilson D. Society of Behavioral Medicine Position Statement: [Support Policies to Increase Nutrient-Dense Food Access Across Federal Food Assistance Programs](#). October 2022.
4. **Landry MJ**, Adams EL, Bean MK, Anderson Steeves E, St. George SM, Figueroa R, Nock NL, Sanchez-Flack J, Mandelbaum J. Society of Behavioral Medicine Position Statement: [Permanently Increase WIC's Cash Value Benefit for Fruit and Vegetable Purchases](#). September 2022.

BOOK CHAPTERS

1. Goldman DM, Nagra M, Warbeck C, Winings E, **Landry MJ**. Plant-Based Diets: Nutritional Considerations and Public Health Implications. In: Preedy VR, Patel VB (eds). *Handbook of Public Health Nutrition: International, National, and Regional Perspectives*. Cham, Switzerland: Springer Nature; 2025: 1-27.
https://doi.org/10.1007/978-3-031-32047-7_163-1

2. **Landry MJ.** Saw Palmetto. In: Wallace TC (editor). Health Professional's Guide to Dietary Supplements. Chicago, IL: Academy of Nutrition and Dietetics; 2023. p. 512-515. ISBN: 978-0-88091-204-4

ONLINE MEDIA

3. **Landry MJ.** "Free School Meals for All Children Can Improve Kids' Health" *The Conversation*. July 20, 2021. <https://theconversation.com/free-school-meals-for-all-children-can-improve-kids-health-161957>
4. **Landry MJ,** Eicher-Miller H. "Pandemic Threatens Food Security for Many College Students" *The Conversation*. October 9, 2020. <https://theconversation.com/pandemic-threatens-food-security-among-college-students-146823>

GRANTS & FUNDING

Current Funding

Dates	Role	Agency	Title	Direct Costs
06/25/25-05/31/26	Co-PI (Lowman)	UCI Illuminations: The Chancellor's Arts and Culture Initiative	Mesoamerican Food, Mexican Cuisine, and Health	\$2,465
05/01/25-04/30/26	PI	Ardmore Institute of Health	Planting Seeds of Knowledge: Cultivating OB/GYN Expertise in Plant-Predominant Perinatal Nutrition	\$88,996
04/01/25 – 03/31/26	PI	Injury & Violence Prevention Initiative at UC Irvine	Understanding the Impact of Adverse Childhood Experiences on First-Time Fathers	\$7,500
05/01/25 – 04/30/26	PI	UCLA/UCI Center for Eliminating Cardiometabolic Disparities in Multi-Ethnic Populations (UC END DISPARITIES)	Community-Based Participatory Design of a Cardiovascular Health Survey Among Jains in Southern California	\$40,000
05/07/24 – 05/07/25	Co-PI (Enriquez)	Center for Economic Justice and Action, UC Essential Needs Consortium	Fulfilling the UC Promise: Strengthening Access to Essential Needs Services for Undocumented and Immigration-Impacted Latinx UC Students	\$99,894
04/01/24 – 03/31/27	PI	American Heart Association 24CDA1258755	Longitudinal Changes in Lifestyle Behaviors and Cardiovascular Health During the Transition to Fatherhood (<i>Career Development Award</i>)	\$210,000

Completed Funding

03/13/24 – 12/31/24	PI	UCI Council on Research, Computing and Libraries (CORCL)	Geospatial Proximity to Registered Dietitian Nutritionists and Nutrition and Dietetics Technicians Registered across the United States	\$3,000
12/20/2023 – 06/01/2024	Co-PI (Zigmont and	Healthy Eating Research	Experiences of Food Insecurity among College Students Caring for	\$6,000

	Hagedorn-Hatfield)		Children and or/ other Dependents: A Scoping Review	
10/04/2023 – 10/03/2024	PI	American Society for Nutrition	Predictors of Long-Term Weight Loss and Maintenance: A 10 Year Follow-Up of the DIETFITS Study	\$10,000
12/15/22 – 08/31/23	PI	Stanford Plant-Based Diet Initiative	The Knowledge, Attitudes, and Perceptions of Obstetrician-Gynecologists Towards a Whole-Food, Plant-Predominant Eating Pattern	\$4,000
11/01/22 – 08/21/23	PI	American College of Lifestyle Medicine	The Knowledge, Attitudes, and Perceptions of Obstetrician-Gynecologists Towards a Whole-Food, Plant-Predominant Eating Pattern	\$500
05/01/18 - 05/01/19	Co-PI (Yongwood)	UT-Austin, Moody College of Communications, Center for Health Communication	Timed Temptation of “Food Porn” on Social Media: Impact of Repeated Food Posts on Social Media and Eating Behavior	\$1,975
10/01/2014 – 05/31/2015	Co-PI (O’Neil)	LSU Tiger Athletic Foundation Scholarship Supporting Honors Thesis Research	Nutrient Adequacy, Diet Quality, and Weight/Adiposity Parameters of Children Participating in or Eligible for the Supplemental Nutrition Assistance Program: NHANES 2003-2010	\$1,000
08/01/2014 - 05/30/2015	Co-PI (Hooper-Bùi)	LSU College of Agriculture & LSU AgCenter Undergraduate Research Grant	Mechanism of Oil Intake and Distribution of Linolenic and Linoleic Acids in Fire Ant Colonies	\$5,750
08/01/2014- 06/30/2014	Co-PI (Hooper-Bùi)	LSU College of Agriculture & LSU AgCenter Undergraduate Research Grant	Effects of Salinity on the Aggressiveness and Venom Production of the Red Imported Fire Ant, <i>Solenopsis invicta</i>	\$6,999

INVITED TALKS, SYMPOSIA, PANELS, & WEBINARS

Date	Entity/Event	Title of Talk	Location
September 2024	The Joint 7th World Congress on Twin Pregnancy and the 19th Congress of the International Society for Twin Studies	Keynote: You Are What You Eat: A Twin Experiment	Assisi, Italy
September 2024	International Plant-Based Nutrition Healthcare Conference	Plant-Based Dietary Patterns for Cardiometabolic Health: Overcoming Barriers and Facilitating Success	Anaheim, CA
September 2024	National Lipid Association, Clinical Lipid Update	Back to the Basics - Refocusing on LDL-C, Non-HDL-C and ApoB	Dallas, TX

October 2023	American College of Lifestyle Medicine	Health Benefits of a Plant-Based Dietary Pattern and Implementation in Healthcare and Clinical Practice	Denver, CO
October 2023	International Association of Nutrition and Sport Congress	Impact of a Vegan Diet Compared to Omnivorous Diet on Blood Lipids and Weight among Identical Twins	Guanacaste, Costa Rica
April 2023	Dietitians of Canada Annual Conference	Keynote Closing Plenary: You Are a Leader, Not an Imposter / Vous Êtes Des Leaders, Pas Des Imposteurs	Montréal, Canada
April 2023	Stanford University Women's Club	Great Discussions: Global Famine	Virtual
April 2023	UCI Program in Public Health, Dean's Distinguished Lecture	From Hunger to Health: The Road Forward to Nutrition Equity	Irvine, CA
March 2023	Academy of Nutrition and Dietetics Weight Management Dietetic Practice Group Spring Symposium	Does Switching to a New Diet Kick Start Weight Loss?	Virtual
March 2023	Utah Academy of Nutrition and Dietetics Annual Conference	Does Switching Diets Result in Renewed Weight Loss?	West Jordan, UT
October 2022	Food and Nutrition Conference and Expo	SNAP Benefit Modernization: Historical Context and Community Stories	Orlando, FL
October 2022	Food and Nutrition Conference and Expo	Disrupting Business as Usual: The Power of Emerging RDNs & NDTRs	Orlando, FL
September 2022	International Association of Nutrition and Sport Congress	The Challenge of Adherence within Dietary Clinical Trials	Lima, Peru
September 2022	Academy of Nutrition and Dietetics, Nutrition Educators for the Public Dietetic Practice Group	You Are Not An Impostor: Taming Feelings of Insecurity and Impostor Syndrome	Virtual
August 2022	Academy of Nutrition and Dietetics Weight Management Dietetic Practice Group	Low Carbohydrate Diets for Weight Management: A Settled Question?	Virtual
May 2022	Society for Nutrition Education and Behavior	Overcoming Impostorism and Promoting the Expertise of Nutrition Educators	Virtual
April 2022	California Academy of Nutrition and Dietetics Annual Conference	You Belong: A Discussion on Overcoming Impostor Syndrome	Oakland, CA
February 2022	Academy of Nutrition and Dietetics, Nutrition Entrepreneurs Dietetic Practice Group	You Are Not An Impostor: Taming Feelings of Insecurity and Impostor Syndrome	Virtual
October 2021	Food and Nutrition Conference and Expo	Leadership Zipline or Ladder: Is Going Horizontal the Best Direction for You?	Virtual
October 2021	PepsiCo Health and Nutrition Sciences	You Are Not An Impostor: Taming Feelings of Insecurity and Impostor Syndrome	Virtual

May 2021	Purdue University conference on COVID-19 Pandemic: Food Insecurity, Crisis Communication, and Community Wellness	Hungry for Change: Addressing Food Insecurity in Our Communities	Virtual
March 2021	Society for Nutrition Education and Behavior, Public Health Nutrition Division	The Narrative Review Process as a Fieldwork Experience for Graduate Students During COVID-19	Virtual
February 2021	Society for Nutrition Education and Behavior, Higher Education Division	Policy Perspective: Food Insecurity and College Students	Virtual
January 2021	California Academy of Nutrition and Dietetics Leadership Summit	You Are Not An Imposter: Taming Feelings of Insecurity and Imposter Syndrome	Virtual
November 2020	Society for Nutrition Education and Behavior, Nutrition Educators in the Food Sector Division	Policy Update: Pandemic Electronic Benefit Transfer (P-EBT)	Virtual
October 2020	Food and Nutrition Conference and Expo	Power in Your Presence: Taming Feelings of Insecurity and Imposter Syndrome	Virtual
June 2020	International Society of Behavioral Nutrition and Physical Activity xChange Conference	International Insights and Solutions for the Relationship between Food Literacy and Food Security	Virtual
June 2018	International Society of Behavioral Nutrition and Physical Activity Conference	International Insights – Using Novel Measurement Approaches to Understand the Multifactorial Determinants and Implications of Child Food Insecurity	Hong Kong, China

CONFERENCE ORAL PRESENTATIONS (FIRST-AUTHORED)

[Coauthored Presentations Available Elsewhere](#)

1. **Landry MJ**, Ward CP, Gardner CD. Impact of a Vegan Diet Compared to Omnivorous Diet on Blood Lipids and Weight among Identical Twins: The Twins Nutrition Study (TwINS) Randomized Controlled Trial. Presented at the American Heart Association EPI/Lifestyle Scientific Sessions 2023; Boston, MA (March 2023).
2. **Landry MJ**, Ward CP, Cunanan K, Gardner CD. Does Switching Diets Result in Renewed Weight Loss? Secondary Analysis of a 12-month Crossover Trial. Presented during the Ethan Sims Young Investigator Competition session at the Obesity Society conference; San Diego, CA (November 2022)
3. **Landry MJ**, Stayner G, Crimarco A, Gardner CD. “Respiratory Exchange Ratio as a Predictor for Weight Loss on a Low-Carbohydrate versus Low-Fat Diet: A Secondary Analysis of the DIETFITS Trial.” Presented virtually (due to COVID-19) at the American Heart Association EPI | Lifestyle Scientific Sessions 2021 (May 2021).
4. **Landry MJ**, Asigbee FM, Vandyousefi S, Jeans M, Ghaddar R, Hoelscher DM, van den Berg AE, Davis JN. “Effects of TX Sprouts, A School-Based Cluster Randomized Gardening, Nutrition, and Cooking Intervention, on Dietary Quality” Presented virtually for Nutrition 2020 due to COVID-19 pandemic (June 2020).
5. **Landry MJ**, Wang I, Asigbee FM, Vandyousefi S, Ghaddar R, Jeans M, Hoover A, and Davis JN. “Child Food Insecurity Associated with Elevated Fasting Blood Glucose, HbA1c, and Prediabetes.” Presented at The Obesity Society Conference; Las Vegas, NV (November 2019).

6. **Landry MJ**, Evans A, Asigbee FM, Khazaei E, Vandyousefi S, Davis JN "Comparison of Child versus Parent Perceptions of Child-Level Food Security in a Hispanic Cohort" presented at the International Society of Behavioral Nutrition and Physical Activity conference; Hong Kong, China (June 2018)
7. **Landry MJ**, Asigbee FM, Whitney SD, Davis JN "Diet Quality is an Indicator of Disease Risk Factors in Hispanic College Freshman" Presented at the International Society of Behavioral Nutrition and Physical Activity conference; Hong Kong, China (June 2018)
8. **Landry MJ**, Strecker RM, Bui LM. "Mechanism of oil intake and distribution of linolenic and linoleic acids in fire ant colonies." Presented at the Imported Fire Ant and Invasive Pest Conference, April 6-8, 2015, New Orleans, LA (April 2015)
9. **Landry MJ**, Strecker RM, Bui LM. "Effects of salinity on the aggressiveness and venom production of the red imported fire ant, *Solenopsis invicta*." Presented at the National Conference on Urban Entomology; San Antonio, TX (March 2014)

CONFERENCE POSTER PRESENTATIONS (FIRST-AUTHORED)

[Coauthored Presentations Available Elsewhere](#)

1. **Landry MJ**. Geospatial Accessibility & Proximity to a Registered Dietitian Nutritionist Across the United States. Presented at Nutrition 2025; Orlando, FL (June 2025).
2. **Landry MJ**, Lee JM, Tinker L, Shadyab AH, Van Horn LV, Springfield-Trice S, Snetselaar L, Neuhouser M, Saquib N, Manson JE, Chen J, Xiao Q, Hedlin H, Follis S, Stefanick ML. Differences in Diet Quality Across US Census 2020 Regions: A Secondary Analysis of the Women's Health Initiative. Presented at the American Heart Association Epi/Lifestyle Sessions; New Orleans, LA (March 2024).
3. **Landry MJ**. The Knowledge, Attitudes, and Perceptions Towards a Whole-Food, Plant-Based Eating Pattern: A Survey of Obstetrician-Gynecologists. Presented at Lifestyle Medicine 2023; Denver, CO (October 2023).
4. **Landry MJ**, Jeans MR, Davis JN. Child Report of Food Insecurity is not Associated with Increased Consumption of Ultra Processed Foods. Presented at the International Society for Behavioral Nutrition and Physical Activity conference; Uppsala, Sweden (June 2023).
5. **Landry MJ**, Ruiz LD, Gibbs K, Radtke MD, Lerman J, Vargas AJ. "Early Life Nutrition Research Supported by the U.S. National Institutes of Health from 2018-2020. Presented virtually (due to COVID-19) at for Nutrition 2022 conference (June 2021).
6. **Landry MJ**, Aronica L, Crimarco A, Cunanan KM, Perelman D, Petlura C, Durand LR, Chang A, Robinson JL, Kim SH, Gardner CD. "Effect of a Ketogenic Diet vs. Mediterranean Diet on HbA1c: The Keto-Med Randomized Crossover Trial". Presented virtually (due to COVID-19) at the Obesity Society conference (November 2021).
7. **Landry MJ**, Asigbee FM, Jeans MR, Ghaddar R, Vandyousefi S, van den Berg AE, Perez A, Fischer B, Davis JN. "Effects of a School-Based Obesity Intervention on Knowledge and Preference Towards Fruit and Vegetables" Presented virtually for The Obesity Society Conference due to COVID-19 pandemic (November 2020).
8. **Landry MJ**, Hockett-Cooper M, Davis JN. "Growing Public Health/Community Nutrition Skills in Undergraduate Students Participating in an Innovative Experiential Nutrition and Gardening Community Engagement Course" Presented virtually (due to COVID-19) at the Food and Nutrition Conference and Expo (October 2020)
9. **Landry MJ**, Asigbee FM, Vandyousefi S, Ghaddar R, Jeans M, Hoover A, and Davis JN "Effects of a Cluster Randomized Gardening, Nutrition, and Cooking Intervention on Food Insecurity." Presented at The Obesity Society Conference; Las Vegas, NV (November 2019).

10. **Landry MJ**, Asigbee FM, Vandyousefi S, Jeans M, Ghaddar R, Davis JN "Association between Cooking Attitudes and Self-Efficacy and Food Insecurity." Presented at the Food and Nutrition Conference and Expo; Philadelphia, PA (October 2019)
11. **Landry MJ**, Asigbee FM, Vandyousefi S, Ghaddar R, Jeans MR, Hoover A, Davis JN. "Food Insecurity is Associated with Higher Added Sugar and Sugar-Sweetened Beverage Intake among Low-Income Elementary Aged Children" Presented at Nutrition 2019; Baltimore, MD (June 2019)
12. **Landry MJ**, Justiz A, Asigbee FM, Vandyousefi S, Ghaddar R, Jeans MR, Hoover A, Davis JN. "Child and Parent Knowledge of Added Sugar Recommendations is Associated with Decreased Added Sugar Intake in Multiethnic Elementary-Aged Children" Presented at Nutrition 2019; Baltimore, MD (June 2019)
13. **Landry MJ**, Asigbee FM, Khazaei E, Vandyousefi S, Ghaddar R, Davis JN "Comparison of Diet Quality in Low-Income Hispanic and Non-Hispanic Children" Presented at the Food and Nutrition Conference and Expo; Washington, DC (October 2018)
14. **Landry MJ**, Asigbee FM, Khazaei E, Vandyousefi S, Ghaddar R, Davis JN "National School Lunch Program Associated with Higher Dietary Quality" Presented at the Food and Nutrition Conference and Expo; Washington, DC (October 2018)
15. **Landry MJ**, Khazaei E, Markowitz AK, Vandyousefi S, Ghaddar R, Pillis K, Asigbee FM, Davis JN "Reproducibility of a Fruit and Vegetable Screener in Hispanic Fifth-grade Students" Presented at the Food and Nutrition Conference and Expo; Chicago, IL (October 2017)
16. **Landry MJ**, Markowitz AM, Khazaei E, Ghaddar R, Davis JN. "Food security and glycemic control among low-income Hispanic children in Los Angeles, California" Presented at The Obesity Society conference; New Orleans, LA (November 2016)
17. **Landry MJ**, O'Neil CE, Nicklas TA, Fulgoni VL. "A comparison of nutrient intake/adequacy, diet quality, and obesity prevalence in low-income children (2-18 y) based on participation in the Supplemental Nutrition Assistance Program: NHANES 2003-2010" Presented at the American Society of Nutrition section at the Experimental Biology conference; Boston, MA (March 2015)

PROFESSIONAL ORGANIZATIONS & SOCIETY MEMBERSHIP

2012-present	Academy of Nutrition and Dietetics
	<i>Dietetic Practice Groups and Member Interest Groups</i>
	<ul style="list-style-type: none"> ● Cultures of Gender and Age Member Interest Group (2014-present) <ul style="list-style-type: none"> ○ Formerly the National Organization of Men in Nutrition ● Hunger and Environmental Nutrition Dietetic Practice Group (2017-2023) ● Public Health/Community Nutrition Practice Group (2017-2023) ● Research Dietetic Practice Group (2014-2024) ● Vegetarian Nutrition Dietetic Practice Group (2020-present) ● Weight Management Dietetic Practice Group (2020-present) ● Cardiovascular Health and Wellness Dietetic Practice Group (2023-present)
	<i>State Affiliates and Local Groups</i>
	<ul style="list-style-type: none"> ● California Academy of Nutrition and Dietetics (2020-present) <ul style="list-style-type: none"> ○ Silicon Valley District (2020-2023) ○ Orange District (2023-present) ● Texas Academy of Nutrition and Dietetics (2015-2020) ● Austin Registered Dietitian's Alliance (2019-2020)
2014-present	American Society for Nutrition
2023-present	American Society for Preventive Cardiology

2020-present	American Heart Association <ul style="list-style-type: none"> ● Council on Lifestyle and Cardiometabolic Health ● Council on Epidemiology and Prevention
2018-present	International Society of Behavioral Nutrition and Physical Activity
2024-present	National Lipid Association
2018-present	Society for Nutrition Education and Behavior <ul style="list-style-type: none"> ● Public Health Nutrition Division ● Higher Education Division
2018-present	Society of Behavioral Medicine <ul style="list-style-type: none"> ● Health Policy Ambassador for Child Nutrition (2023-present)
2016-present	The Obesity Society

PROFESSIONAL ORGANIZATION SERVICE

Abbreviations: AHA, American Heart Association; AND, Academy of Nutrition and Dietetics; ASN, American Society for Nutrition; NLA, National Lipid Association; SNEB, Society for Nutrition Education and Behavior; TOS, The Obesity Society

Term	Role	Organization
2025-2027	Committee Member	AND, Research Committee
2024-2026	Committee Member	ASN, Nutrition Scientific Program Committee
2024-2025	Committee Member	SNEB, Journal Committee
2024-2026	Committee Member	AHA, Council on Lifestyle and Cardiometabolic Health, Nutrition Committee
2024-2027	Committee Member	AND Foundation, Master Grant Committee
2023-2026	At-Large Delegate, Chair-Elect	ASN, Medical Nutrition Council
2023-2024	Committee Member, Ex-Officio	AND, Council on Research
2023	Committee Member	AND Foundation, Scholarship Review Committee
2023	Committee Member	AND, Policy and Advocacy Collective Capacity Team
2022-2024	Expert Panel Member	AND, Evidence Analysis Library, Vegetarian Dietary Patterns
2022	Co-Chair	AND, Nutrition Security and Food Safety Strategic Advancement Group
2021-2022	Interim Secretary/Treasurer	California Academy of Nutrition and Dietetics
2021-2025	Spokesperson	TOS, Communications Committee, Spokesperson Network
2021-2023	Expert Panel Member	AND, Evidence Analysis Library, Dietary Approaches and Health Outcomes
2021	Committee Member	AND Foundation, Award Review Committee
2021-2024	Committee Member	ASN, Committee on Advocacy and Science Policy
2021-2024	Committee Member, Vice-Chair, Chair	AND, Legislative and Public Policy Committee
2021-2022	Postdoctoral Representative	ASN, Obesity Research Interest Section

2021-2023	Chair-elect, Chair, Past Chair	SNEB, Public Health Nutrition Division
2020-2024	Chair-elect, Chair, Past Chair, Advisor	AND, Cultures of Gender and Age Member Interest Group
2020-2021	Fellow, ex-officio member	ASN, Committee on Advocacy and Science Policy
2020-2024	Committee Member, Chair	AND, Council on Research, Dissemination Subcommittee
2019-2023	Committee Member	SNEB, Advisory Committee for Public Policy
2019-2021	Committee Member	ASN, Nutrition Education Behavioral Science Research Interest Section, Awards Committee
2019-2021	Committee Member	AND, Public Health/Community Nutrition Practice Group, Awards Committee
2019-2020	Communications Chair	AND, Cultures of Gender and Age Member Interest Group
2019-2020	Committee Member	AND Foundation, Student Advisory Committee
2018-2020	Student Committee Chair	AND, Public Health/Community Nutrition Practice Group
2018-2020	<i>Journal of Hunger and Environmental Nutrition</i> Liaison	AND, Hunger and Environmental Nutrition Dietetic Practice Group
2018-2019	Chair	AND, Student Advisory Committee
2017-2019	Committee Member	AND, Student Advisory Committee
2017-2018	At Large Delegate: Student	AND, House of Delegates
2017-2018	Co-Chair	AND, Public Health/Community Nutrition Practice Group, Student Survey Committee

AWARDS & HONORS

Assistant Professor Level (University of California Irvine, 2023-Present)

2025	UC Washington Center (UCDC) Presidential Policy Fellow
2025	American Society for Nutrition, Outstanding Early Career I Professional Award
2024	Academy of Nutrition and Dietetics, Research Dietetic Practice Group, Emerging Author Award
2024	Award for Excellence in Reviewing <i>Journal of Nutrition Education and Behavior</i>
2024	Academy of Nutrition and Dietetics, Weight Management Dietetic Practice Group, Emerging Leader Excellence Award
2024	<i>International Journal of Behavioral Nutrition and Physical Activity</i> , Most Cited RCT Paper Award for Davis et al. <i>Int J Behav Nutr Phys Act.</i> 2021; 18(1):18.
2024	UCI Madeline Martin Swinden Memorial Lecture
2023	American College of Lifestyle Medicine AVO Award for Lifestyle Medicine Certification

Postdoctoral Level (Stanford University, 2020-2023)

2023	Academy of Nutrition and Dietetics, Gwendolyn Rossell Memorial Continuing Education Award
2023	<i>Today's Dietitian's</i> 14th Annual Showcase of 10 RDs Who Are Making a Difference
2022	Academy of Nutrition and Dietetics, Public Health and Community Nutrition Practice Group Outstanding Young Member of the Year Award
2022	The Obesity Society, Ethan Sims Young Investigator Award Winner

2022	Academy of Nutrition and Dietetics Foundation, Rebecca Snowball Reeves Continuing Education Award
2022	California Academy of Nutrition and Dietetics, Recognized Young Dietitian of the Year
2022	HER/NOPREN WIC Learning Collaborative, High Impact Publication Award for Landry et al. <i>Int J Environ Res Public Health</i> . 2021; 18(7): 3545.
2021	American Society for Nutrition, Nutrition Education and Behavioral Science Early Career Award
2020	Weight Management Dietetic Practice Group, ObesityWeek Travel Award
2020	American Society for Nutrition, Emerging Leader in Nutrition Education and Behavioral Science Topical Area

Dietetic Internship (The University of Texas at Austin, 2019-2020)

2020	Hunger and Environmental Nutrition Dietetic Practice Group, School-to-Farm Program Joraan Forbord Memorial Education Award
2020	Texas Academy of Nutrition and Dietetics, Outstanding Student Award
2019	The Obesity Society Rolls-Simons Travel Award
2019	Hunger and Environmental Nutrition Dietetic Practice Group Excellence Award
2019	Mead Johnson Nutrition/Research Dietetic Practice Group Student Research Award

Graduate Level (The University of Texas at Austin, 2015-2019)

2019	American Society for Nutrition, Understanding Nutritional Science Competition 1 st Place Video
2019	UT Faculty Innovation Center, Graduate Teaching Showcase Best Presentation
2016, 2017, 2018, 2019	UT Office of Graduate Studies Professional Development Award
2018	Mead Johnson Nutrition/Research Dietetic Practice Group Student Research Award
2018	Academy of Nutrition and Dietetics, Cultures of Gender and Age Conference Travel Award
2018	UT School of Human Ecology Lectureship Series Invited Speaker
2018	UT Department of Nutritional Science Retreat 2 nd Place Poster
2018	Academy of Nutrition and Dietetics, Public Health and Community Nutrition Practice Group Outstanding Student of the Year Award
2018	UT Department of Nutritional Science Retreat 1 st Place Poster
2016	UT Student Employee Excellence Certification
2016	The Obesity Society Bio-Behavioral Section Top Poster Award
2016	UT Department of Nutritional Science Retreat Student Choice Top Poster
2016	UT Department of Nutritional Science Retreat 3 rd Place Poster

Undergraduate Level (Louisiana State University, 2011-2015)

2015	LSU Roger Hadfield Ogden Honors College Outstanding Thesis Award
2015	LSU Roger Hadfield Ogden Honors College - Upper Division Honors
2015	LSU Roger Hadfield Ogden Honors College - College Honors
2015	LSU Communication across the Curriculum Distinguished Communicator
2015	LSU Student Employee of the Year
2015	LSU Campus Life, 26 th Annual Class of Leadership LSU
2015	LSU Gamma Sigma Delta Research Competition Top Poster Award
2014	LSU Discover Research Day Tiger Choice Best Poster
2014	LSU Discover Research Scholar
2011, 2013	LSU Homecoming Court
2012	LSU Mortar Board, Blazer Chapter Top 10 Freshman

2012	LSU Gamma Sigma Delta Sophomore Award of Merit
Fall 2011, 2014	LSU Chancellor's List
Spring 2015	
Fall 2012,	LSU Dean's List
Spring 2012, 2014	
2009	Boy Scouts of America, Eagle Scout

SCHOLARSHIPS & FELLOWSHIPS

Dietetic Internship (The University of Texas at Austin, 2019-2021)

Summer 2021	Nutrition and Obesity Policy Research and Evaluation Network (NOPREN) Network Summer Student Stipend
Spring 2020	Commission on Dietetic Registration Faculty Fellowship Award
Spring 2020	Austin Academy of Nutrition and Dietetics Endowed Scholarship
Fall 2019	Dr. David Stump American Society for Parenteral and Enteral Nutrition Student Scholarship

Graduate Level (The University of Texas at Austin, 2015-2019)

Fall 2018	UT Graduate School Continuing Graduate Fellowship
Fall 2018	Phi Kappa Phi Love of Learning Award
Summer 2018	Epidemiology and Population Health Summer Institute at Columbia University (EPIC) Tuition Scholarship
Fall 2017	UT Karen and Charles Matthews Endowed Presidential Fellowship in Nutrition
Fall 2017	Texas Public Education Grant
Spring 2017	UT Tyrrell E. Flawn Graduate Fellowship in Nutrition
Fall 2016	UT Dwight D. Book Scholarship
Spring 2016	Phi Kappa Phi Love of Learning Award
Fall 2015	UT Graduate School College Recruitment Fellowship

Undergraduate Level (Louisiana State University, 2011-2015)

Spring 2015	LSU Chapter of Phi Kappa Phi Graduate Fellowship
Fall 2014	LSU College of Agriculture Sibyl and Joseph Dore' Memorial Scholarship
Fall 2014	LSU School of Human Ecology Nicole Melissa Munn Memorial Scholarship
Spring 2014	LSU KC Toups Memorial Les Voyageur Award and Scholarship
Fall 2013	LSU College of Agriculture Lee Berwick Working Student Scholarship
Fall 2013	LSU Chapter of Alpha Lambda Delta Sophomore Merit Scholarship
Fall 2012	LSU College of Agriculture Charles Stewart Churchill Memorial Scholarship
Fall 2011	LSU School of Human Ecology Dorothy C. Howell Alumni Scholarship
Fall 2011-Spring 2015	LSU Tiger Excellence Resident Award
Fall 2011-Spring 2015	Louisiana TOPS Honors Award
Fall 2011	National Eagle Scout Association Merit Scholarship

JOURNAL BOARD OF EDITORS

09/2023 – Present	<i>Journal of Nutrition Education and Behavior</i>
03/2024 – Present	<i>Journal of Hunger and Environmental Nutrition</i>
03/2024 – Present	<i>International Journal of Behavioral Nutrition and Physical Activity</i>

JOURNAL AD-HOC PEER REVIEWER ([Web of Science Verified Reviews](#))

1. <i>Academic Pediatrics</i>	15. <i>Health Behavior and Policy Review</i>	29. <i>Nutrition and Health</i>
2. <i>Advances in Nutrition</i>	18. <i>Health Education Research</i>	30. <i>Nutrition Research Reviews</i>
3. <i>American Journal of Clinical Nutrition</i>	19. <i>International Journal of Behavioral Medicine</i>	31. <i>Nutrients</i>
4. <i>American Journal of Lifestyle Medicine</i>	20. <i>International Journal of Environmental Research and Public Health</i>	32. <i>Paediatric and Perinatal Epidemiology</i>
5. <i>American Journal of Men's Health</i>	21. <i>JAMA Network Open</i>	33. <i>Pediatric Obesity</i>
6. <i>American Journal of Preventive Medicine</i>	22. <i>Journal of General Internal Medicine</i>	34. <i>Public Health Nutrition</i>
7. <i>BMC Nutrition</i>	23. <i>Journal of Nutrition</i>	35. <i>Progress in Community Health Partnerships</i>
8. <i>BMC Pediatrics</i>	24. <i>Journal of Nutrition Education and Behavior</i>	36. <i>Sustainability</i>
9. <i>BMC Public Health</i>	25. <i>Journal of Public Health</i>	37. <i>Translational Behavioral Medicine</i>
10. <i>British Journal of Nutrition</i>	26. <i>Journal of the Academy of Nutrition and Dietetics</i>	
11. <i>Childhood Obesity</i>	27. <i>Journal of the American Heart Association</i>	
12. <i>Current Developments in Nutrition</i>	28. <i>Lancet Planetary Health</i>	
13. <i>Food Security</i>	29. <i>Nature Food</i>	
14. <i>Foods</i>	30. <i>Nutrition & Dietetics</i>	

COLLEGIATE COURSES TAUGHT

Semester/Quarter	Role	Course Name (Course Number – University)	Number of Students
Fall 2024	Instructor	Nutrition in Health and Disease (PUBHLTH 290 – UC Irvine)	33
Winter 2024	Instructor	Public Health Nutrition (PUBHLTH 159 – UC Irvine)	54
Autumn 2021, Autumn 2022	Instructor	Hunger & Food Insecurity: Challenges and Solutions (CHPR 237 – Stanford)	7
Spring 2021	Teaching Assistant	Human Nutrition (CHPR 130 – Stanford)	36
Fall 2017, Fall 2018	Assistant Instructor	Fundamentals for Teaching Assistants (GRS 097 – UT Austin)	17
Spring 2018	Teaching Assistant	Nutrition Education and Counseling (NTR 330 – UT Austin)	
Spring 2016, Spring 2017	Teaching Assistant	Obesity and Metabolic Health (NTR 365 – UT Austin)	
Fall 2015, Spring 2016	Teaching Assistant	Introductory Food Science Laboratory (NTR 107L – UT Austin)	

Spring 2013, Fall 2013, Spring 2014, Fall 2014, Spring 2015	Supplemental Instructor	Human Anatomy (KIN 2500 – LSU)
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MENTORING

2024-2025	Lauren Martin	Arizona State University, RD Mentorship Program
2023-2024	Emilia Pronczuk	Johnson & Wales University, RD Mentorship Program
2023-2024	Barbara Goldman	University of North Florida, Doctorate of Clinical Nutrition student
2022-2023	Charlie Hoffs	Stanford University, Community Health Prevention Research Masters student
2022-2023	Joanna Cohen	Saybrook University undergraduate, RD Mentorship Program
2021-2022	Aubrey Roberts	Stanford University, Community Health Prevention Research Masters student
2021-2022	María Bernardita Puchulu	University of Buenos Aires postdoctoral, RD Mentorship Program
2021	Walter Sobba	Stanford University, undergraduate thesis
2020-2021	Grace LeBleu	Framingham State University undergraduate, RD Mentorship Program
2019-2020	Hannah Wang	UT-Austin Honors in Advanced Nutritional Sciences undergraduate
2018-2019	Amanda Jústiz	UT-Austin College of Natural Sciences Dean's Scholar undergraduate
2017-2018	Adelyn Yau	UT-Austin Honors in Advanced Nutritional Sciences undergraduate

UCI – UNIVERSITY SERVICE

2025-2026	Academic Senate, Board on Undergraduate Scholarships, Honors, and Financial Aid (BUSHFA) Chair
2024-2025	Academic Senate, Board on Undergraduate Scholarships, Honors, and Financial Aid (BUSHFA) Committee Member

UCI – SUSAN & HENRY SAMUELI COLLEGE OF HEALTH SCIENCES SERVICE

2025-2026	Faculty Assembly, Allied Health and Interprofessional Education Committee
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UCI – JOE C. WEN SCHOOL OF POPULATION & PUBLIC HEALTH SERVICE

2025	SPPH Honors and Awards Ad Hoc Committee
2024	Master of Public Health Program Admissions Review Committee
2023-2025	DEI Committee and Climate Council

COMMUNITY & CIVIC INVOLVEMENT

2020-2021	Mentor	Baton Rouge Youth Coalition
2019-2020	Volunteer	Austin-Travis County Food Policy Board, Healthy Food Access to All Communities Working Group
2018, 2019, 2021, 2022, 2023	Attendee	Academy of Nutrition and Dietetics Public Policy Workshop and Capitol Hill Visits