

A perfect day

Some days are like sunshine, they light you up and give you hope that life isn't actually that bad. This was one of those days. I woke up to the sound of birds and the smell of the most beautiful flower, the lavender. I checked my window in a hurry and saw that my little lavender plant wasn't so little anymore. I couldn't help but smile, I went downstairs and told my mom. She was shocked when she heard that and said it would be the best if we celebrated. I know this seems like just a little thing that is not worth celebrating, but to me it meant a lot. I got her from my best friend Isabel who died in a car accident last year. Since she passed away I fell into a deep depression. My mom always tried to cheer me up but it wasn't working. I went to therapy, started taking medication, forced myself to go out of the house, but nothing worked, until today. When I smelled the scent I got flashbacks of the most beautiful memories with Isabel, and I wasn't sad I was actually better. I realised that even though I can't see her, she is still here watching me and taking care of me.

When mom said we needed to celebrate, I was all in for it. We got to the car and went to Chubby Chucks to get chicken burgers. That was a place where me and Isabel went almost every day after school. After her death I couldn't bring myself to go there, but now that I was here I felt relieved. I remembered when she gave her mittens to a homeless man in front of the restaurant in December when it was minus five degrees outside. I also remembered how mad she would get at mosquitos biting her in the middle of summer while we were at a bonfire with our friends, and how she fell down the stairs in front of the whole school and broke her tooth because of her ultra sunblock glasses that she couldn't see anything with.

After months of depression and not one smile, I finally started hysterically laughing in front of the whole restaurant. My mom started laughing with me. She was so happy that she finally got to see her daughter smiling again. After we ate, we went to Isabel's grave and left some lavender. I will never forget that day.

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