ODYSSEY OF ONSLAUGHT

| V / X | √ Today's Missions & Strategic Steps To Success √ (Tackle each mission, step by step, and track your progress.) |
|------------------------|--|
| 1. 🔽/🗙 | ⊚ MISSION: (Desired Result) |
| | ⊗ Strategic Steps: (Sequential Blueprint) |
| | (Continue for each subsequent mission) |
| 2. 🚺/💢 | ⊚ MISSION: (Desired Result) |
| | Strategic Steps: (Sequential Blueprint) |
| 3. 🔽 | MISSION: Wake up routine |
| | ⊗ Strategic Steps: |
| | Wake up Clothes on |
| | Walk frijol Workout |
| | Shower Daily checklist |
| 4. 🗸 | ⊚ MISSION: Weigh myself |
| | ⊗ Strategic Steps: |
| 5. 🔽 | MISSION: Goodh4rt maintenance done |
| | ⊗ Strategic Steps: |
| 6. 🗸 | MISSION: Goodh4rt avatar research |
| | Ø Strategic Steps: |
| 7. 🔽 | ⊚ MISSION: Angies ads up |
| | ⊗ Strategic Steps: |
| 8. V / X | ⊚ MISSION: El maestro post (If time) |

| √ Today's Missions & Strategic Steps To Success √ (Tackle each mission, step by step, and track your progress.) |
|--|
| ⊗ Strategic Steps: |
| ⊚ MISSION: Schedule next day |
| ⊗ Strategic Steps: |
| ⊚ MISSION: Sleep 11pm-6:30 am |
| ⊗ Strategic Steps: |
| MISSION: Work 12:15 - 5:15 |
| ⊗ Strategic Steps: |
| ⊚ MISSION: Watch power up call |
| ⊗ Strategic Steps: |
| © MISSION: |
| ⊗ Strategic Steps: |
| MISSION: |
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| © MISSION: |
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| ⊗ Strategic Steps: |
| © MISSION: |
| |



| | Date of Determination 17 |
|-------|--------------------------|
| Date: | 11/27/2023 |

🔥 Igniting Your Flame - Outshine Yesterday's Blaze 🔥

Yesterday's Overall Benchmark Score to Surpass Today = 9-17.5

| | 3 Blessings I Cherish This Morning 🙌 |
|----|---|
| 1. | мом |
| 2. | TRW |
| 3. | TIME TO GET RICH BARELY BUT I CAN DO IT |



| 1. | Avatar research |
|----|--------------------------|
| 2. | Serenity maid ads set up |
| 3. | Daily checklist done |



(Design each hour with intention and reflect upon its journey)

| Mission 🕌 | Mission: What will I do? |
|--------------|---|
| Strategy Q | Strategy: How will I do it, step-by-step action? |
| Reflection / | Reflection: Was the mission accomplished? If not, what stopped me? |
| Score 🏆 | Hourly Score: How did this hour measure up to my standards? Good or bad |

(Continue for each hour, and remember to only include relevant hours for your active day.

Remove the hours that you are asleep.)

| 6:30 AM: Mission | ⊚ MISSION: Wake up routine |
|------------------|----------------------------|
| Strategy Q | |
| | Wake up Clothes on |

| | Walk frijol Workout Shower Daily checklist | | |
|---------------|---|--|--|
| Reflection / | overslept | | |
| Score 🏆 | 0 | | |
| | | | |
| 7 AM: Mission | MISSION: Wake up routine MISSION: Weigh myself MISSION: Goodh4rt maintenance done | | |
| Strategy Q | ⊗ Strategic Steps: | | |

| 7 AM: Mission ↓ | MISSION: Wake up routine MISSION: Weigh myself MISSION: Goodh4rt maintenance done |
|-------------------------------|---|
| Strategy 🔍 | ⊗ Strategic Steps: |
| | Wake up |
| | Clothes on |
| | Walk frijol |
| | Workout |
| | Shower |
| | Daily checklist |
| Reflection / | overslept |
| Score 🏆 | 0 |
| | |

| 8 AM: Mission | Breakfast MISSION: Watch power up call MISSION: Goodh4rt avatar research |
|---------------|---|
| Strategy Q | |
| Reflection / | overslept |
| Score 🏆 | 0 |

| ⊚ MISSION: Angies ads up |
|--------------------------|
| |
| overslept |
| 0 |
| |
| 0 |

| 10 AM: Mission | |
|----------------|---------|
| Strategy Q | |
| Reflection / | Meeting |
| Score 🏆 | 1 |

| 11 AM: Mission [™] / ₊ | Snack |
|---|-----------------|
| Strategy Q | |
| Reflection / | Daily checklist |
| Score 🏆 | 1 |

| 12 PM: Mission 🖔 | Lunch |
|------------------|--|
| Strategy Q | |
| Reflection / | Daily checklist Finished working out Finished breaking down copy |

| 1 | |
|---|--|
| | |
| | |
| MISSION: Work 12:15 - 5:15 | |
| | |
| watching power up call while I go to work | |
| 1 | |
| | |
| | |
| ⊚ MISSION: Work 12:15 - 5:15 | |
| | |
| work | |
| 1 | |
| | |
| | |
| ⊚ MISSION: Work 12:15 - 5:15 | |
| | |
| Made music while driving | |
| 1 | |
| | |
| | |
| Snack | |
| | |

Strategy Q

Went home worked on music

Had meeting

| Reflection / | |
|-----------------|---|
| Score 🏆 | 1 |
| | |
| | |
| 5 PM: Mission 💃 | MISSION: Work 12:15 - 5:15 |
| Strategy < | |
| Reflection / | Made music at home |
| Score 🏆 | 1 |
| | |
| | |
| 6 PM: Mission 💃 | MISSION: Goodh4rt avatar research |
| Strategy Q | |
| Reflection / | Deep work session Reviewed power up call and took notes |
| Score 🏆 | |
| | |
| | |
| 7 PM: Mission 💃 | MISSION: Goodh4rt avatar research |
| Strategy Q | 7:45 - break |
| Reflection / | Avatar research |
| Score 🏆 | 1 |
| | |
| | |
| 8 PM: Mission 🐇 | Dinner |

@ MISSION: Goodh4rt avatar research

| Strategy 🔍 | |
|--------------|-----------------|
| Reflection / | Avatar research |
| Score 🏆 | 1 |
| | |

| 9 PM: Mission 🖔 | MISSION: Goodh4rt avatar research |
|-----------------|-----------------------------------|
| Strategy Q | 9:45 - break |
| Reflection / | Avatar research |
| Score 🏆 | 1 |

| 10 PM: Mission 辈 | ⊚ MISSION: Schedule next day |
|------------------|---|
| Strategy Q | |
| Reflection / | Reviewed someone elses copy Scheduled next day |
| Score 🏆 | 1 |

| 11 PM: Mission 辈 | ⊚ MISSION: Sleep 11pm-6:30 am |
|------------------|---|
| Strategy Q | |
| Reflection / | Slept a little later but my day has been scheduled for tomorrow |
| Score 🏆 | 1 |



| Today's Learnings: Wisdom or lessons learned from the day |
|---|
| - I can get things done quicker than I thought |
| |
| |
| * Victories Celebrated: Accomplishments and successes of the day |
| Did deep work sessions Finished my daily checklist |
| |
| |
| Stumbles Along the Way: Points of difficulty or mistakes made. |
| - Getting distracted by family |
| |
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| |
| - Work outside of home, possibly in the amazon warehouse. |

- Consistencies to Keep: Recognize what worked well and should be repeated.
- Get top 3 tasks done for the day
- Finish daily checklist

| | ■ Communications: Identifying individuals to connect with. |
|---------|---|
| - W | ill |
| | esse |
| | |
| | |
| | Pending Missions: Tasks that remain uncompleted |
| - EI | maestro post |
| | |
| | |
| | Day's Overall Score: A final assessment of the day's productivity |
| 13/17.5 | |
| | |
| | |

Freestyle Thoughts Chamber:

(Let your thoughts flow here. No judgment, no boundaries.)

Where am I?

| Ganas | Serenity maid |
|-------|---------------|
| | |
| | |
| | |

Where do I want to go? 6

| Ganas | Serenity maid |
|-------|---------------|
| | |
| | |
| | |
| | Problems? |
| Ganas | Serenity maid |
| | |
| | |
| | |
| | Solutions |
| Ganas | Serenity maid |
| | |
| | |
| | |

Steps from where I am now to where I want to go?

| Ganas | Serenity maid |
|-------|---------------|
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