

# Greenville County K-8 Virtual Program

## Virtual Middle School

### Health and Physical Education

### Syllabus

#### **Course Offerings**

This course fulfills the regulation that all students will complete one quarter of physical education each year and one quarter of health education in grade 6-8. The content of the course will consist of both Health and PE standards-based instruction.

#### **Health Education Description:**

This section is designed to promote student learning with regard to health issues that affect their immediate and long-term health. Maintaining a healthy way of living requires a balance of physical, mental-emotional, and social well-being. Therefore, Health education provides students with knowledge of skills necessary to confront health related issues and make a smooth transition from childhood to adolescence and into adulthood.

#### **Physical Education Description:**

Physical Education is an important part of the total educational program. Students participate in physical activities that allow them to develop an understanding of the physical abilities of themselves and others. The total development of students is the goal of the educational system. Therefore, Physical Education is a vital part in reaching this goal. A variety of activities are incorporated into the physical education program. Activities vary including creative movement; fitness-related activities, individual and team sports; and lifetime activities.

#### **Communication**

Virtual classrooms are very different from traditional classrooms. In this course, I am here to help you. My job is to answer your questions, provide you with the resources you need to demonstrate subject mastery and to assist you throughout the course. I look forward to working with you and getting to know you a little better throughout the term. If you have any technical issues or other questions relating to our course, feel free to contact me in one of these ways:

1.) E-mail me at [jcbanks@greenville.k12.sc.us](mailto:jcbanks@greenville.k12.sc.us) I do not mind student emails. If you have a question, please ask! I am here to help you. Please use proper letter format, your best spelling, punctuation and grammar in your emails to me. Please identify yourself and the period you are in at the beginning of your email. Always use your school email account for any correspondence in this course.

2.) Send a message through Google Classroom using the private comment attached to the assignment. This will allow me to have a better understanding of what you are asking about in regards to any assignments.

3.) If I am unavailable or you call during school hours, your call may go straight to voicemail. Leave a message, and I will call you back within 24 hours. Remember to include your first and last name, which course you are taking, how to reach you, and what you need. Speak slowly and clearly when leaving voicemail messages.

Remember! As an instructor, I am here to help you learn. But I don't know you need help unless you ASK. Always reach out to me with your questions!

## **Teacher Office Hours**

Monday-Friday 7:30 - 7:45; 3:15-3:30.

Communication is the KEY to success. If you contact me and I do not respond within 24-48 hours, then I did not get your message for some reason. Please contact me again.

If you experience issues with your login, technical issues, or have questions about the content, contact me as soon as possible.

## **Student Expectations**

As an online student, I expect you to--

- log in regularly to our course (daily and on weekends)
- check your email daily (Greenville County school district email)
- communicate, collaborate, and challenge your online colleagues, including me
- complete all assignments
- communicate regularly with me through the course, email, phone or private comments
- ask questions as needed anytime you are confused or need help.

## **Teacher Expectations**

As your teacher, you can expect me to--

- guide your learning through course assignments, questions, etc. in a manner that meets your needs
- provide relevant and timely feedback
- communicate regularly with you through phone calls, email, and forums
- answer questions as needed.

## **Grading**

You will be graded on positive participation in the course while completing physical-based activities along with written assignments and assessments based on South Carolina Standards for Health and Physical Education. This may include the following:

- Activity Logs
- Video recordings
- Skill-based assignments/activities
- Participating in live session activities
- Completing assignments/assessments through Google Apps, Edpuzzle, EverFi, etc...

## **Viewing**

During the semester, students may view their grades in Google Classroom under the “Classwork” tab. Weekly grades for assignments, projects, and assessments will be kept here as well as in PowerSchool/Backpack.

## **Illness and injuries**

If you are going to miss time due to illness or injury, your parent or guardian must contact me via email informing me of this.

If you are going to miss an extended period of time, a doctor’s note must be provided. If the injury is going to limit you from participating in this course “physically”, then an alternative assignment will be provided and a grade will be given upon completion of that assignment.

## **Absence Make-Up Work:**

- Students are responsible to get makeup work from their teacher(s).
- Provisions to make up school work missed during extended absences can be worked out with the teacher(s)/team concerned.
- All Make-Up Work, Redos and Retakes are due no later than 5 school days before the end of the quarter, unless this coincides with an absence(s) before the quarter ends.

## **Late Work/Redo/Retake/Make-Up Work:**

In order for Virtual Program Middle School staff to support students in their learning, the evaluation of completed work partnered with feedback for growth is essential. This process is layered with communication, differentiation, as well as timeliness. We are very proud of the ways in which our students continue to demonstrate ownership of their learning, and we are focused on creating policies which foster their development as young people in the areas of responsibility and time management, while understanding that circumstances arise that cause students, just like adults, to miss deadlines. The procedure outlined below allows space for mistakes to be made without impacting a student’s grade beyond the point from which they can recover. Learning is a process. We recognize that students learn at different rates and that while mastery of skills or standards remains the primary goal, students may require additional attempts in order to achieve success. In pursuit of giving students the opportunity to be

successful, and in accordance with a growth mindset, the Virtual Program Middle School has set forth the following redo/retake procedures.

- Work assigned is expected to be completed and submitted by the due date and time given for each assignment and according to each individual teacher. Work not completed by the due date and time for each assignment and according to each individual teacher, will be considered Late and given a final grade of Not Handed In (NHI). However, partially completed work can be graded at the discretion of the teacher whether or not it is submitted through the online classroom.
- It remains the responsibility of the student to turn in work even if it is late.
- All Make-Up Work, Redos and Retakes for qualifying assignments as outlined below are due no later than 5 school days before the end of the quarter, unless this coincides with an absence(s) before the quarter ends.
- **Students will be able to Retake/Redo 1 MAJOR assignment for each quarter, in each subject, within 5 days of the due date, if absent, or when you receive your grade if you are wanting to do a redo/retake.**
  - Reading Tests are meant to assess a student's level of understanding at their present level, so retakes will NOT be allowed.
  - In order to request a redo or retake, your grade must be a 59 or below.
  - Students must submit a Google Form that will be provided by each teacher to request a Redo/Retake of 1 MAJOR assignment each quarter acknowledging the following:
    - I understand that it is my responsibility to meet with the teacher to complete preparation for this retake.
    - **I understand that this will be the ONE and ONLY MAJOR Grade retake for the Quarter indicated above.**
    - I understand the highest score will be recorded in Backpack/PowerSchool.
    - I understand that the retake must be submitted by the last day of the grading period or by the date and time grades are due, whichever comes first.
    - I have read all of the above and by checking this box I am agreeing to the requirements and expectations.
  - Teachers will handle unique situations on a case-by-case basis, and have the autonomy, in conjunction with administration, to determine whether they will accept work beyond the 5 school days for credit.
- Assignments that are submitted later than 5 days before the end of the quarter will have the Greenville County Schools' grade floor applied (NHI), which equals a 50 as a grade.
- Students/Parents will need to communicate with the teacher(s) when a late assignment is submitted.
- **Students may only retake/redo 2 Minor Assignments for each quarter in each subject, except Reading and must be submitted no later than 5 school days before the end of the quarter.**
- Students may **NOT** request a redo/retake on work submitted late.
- Only the highest score will count; **NOT** an average of the two assessments. A grade should represent the most current understanding of the material.