

Vision Rehabilitation Therapy Terms and Acronyms:

VRT Acronyms:

- **VRT: Vision Rehabilitation Therapy and Vision Rehabilitation Therapist.**
- **ADLs: Activities of Daily Living.**
- **ADLAs: Adaptive Daily Living Aids.**
- **ADLTs: Adaptive Daily Living Techniques.**
- **IOM: Indoor Orientation & Mobility.**
- **LLI: Liquid Level Indicator.**

Vision Rehabilitation Therapy (VRT):

A service provided by a Vision Rehabilitation Therapist (VRT) that helps visually impaired people increase their independence by providing adaptive daily living aids, adapting appliances, teaching indoor orientation & mobility, teaching adaptive daily living techniques, and providing technology instruction.

Vision Rehabilitation Therapist (VRT):

A professional who assists visually impaired individuals in increasing their independence by providing adaptive daily living aids, adapting appliances, teaching indoor orientation & mobility, teaching adaptive daily living techniques, and providing technology instruction.

**Indoor Orientation and Mobility
(IOM): A service that is provided
by an Orientation & Mobility
Specialist or Vision Rehabilitation
Therapist that assists visually
impaired individuals with
increasing their orientation skills
and mobility skills within their
residence.**

**Assistive Technology (AT):
Devices, apps, software,
and hardware that is used
to increase or maintain
independence in
completing tasks.**

Low Vision Doctor (LVD): A specialist in low vision that provides low vision exams (LVEs), magnifiers, telescopes, audio devices, glasses, and adaptive daily living aids.

Adaptive Daily Living Aid (ADLA):

A product that can be used for or was created to be used to complete activities of daily living more independently and safely for individuals with disabilities. ADLAs for individuals with visual impairments consist of products that can help someone see something easier, complete a task by feel instead of by sight, or listen instead of looking.

**Adaptive Daily Living
Techniques (ADLTs):
Techniques that help visually
impaired individuals in
completing their activities of
daily living more
independently and safely.**

Adaptive Daily Living Skills (ADLSs):

**Skills that individuals with
disabilities need to
complete activities of daily
living in alternative ways.**

**Activities of Daily
Living (ADLs): Basic
skills that are
necessary for
independent living
and self-care.**

**Bump Dots: Tactile
stickers used to adapt
buttons and surfaces.**

Liquid Level Indicator (LLI):

A device that hangs on the edge of a cup, bowl, pot, pan, etc that beeps or vibrates when the liquid has reached the bottom of the prongs which tells you that it's time to stop pouring.